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Table of Contents

Family Medicine
  Integrative & Holistic Medicine .......................................................................................................................... i

Internal Medicine .................................................................................................................................................. 1

Primary Care ....................................................................................................................................................... 2

Index ...................................................................................................................................................................... 4
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact: Direct Clinic Line: (619) 232-3500
Bio: Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact: Direct Clinic Line: (619) 232-3500
Bio: Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact: Direct Clinic Line: (619) 232-3500
Bio: Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician

- **Specialties:**
  - Primary Care, Family Medicine

- **Carlsbad - 7740 El Camino Real**
  - **Downtown - Columbia St**

- **Contact:**
  - Direct Clinic Line: (619) 232-3500

- **Bio:**
  - Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Victoria Bayliss, PA
Physician Assistant

- **Specialty:**
  - Primary Care

- **Carlsbad - 7740 El Camino Real**

- **Contact:**
  - Direct Clinic Line: (619) 232-3500

- **Bio:**
  - Victoria Bayliss, PA, MPH, is a certified physician assistant providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

John D. Awad, MD
Primary Care Physician

- **Specialty:**
  - Primary Care

- **Carlsbad - 7740 El Camino Real**

- **Contact:**
  - Direct Clinic Line: (619) 232-3500

- **Bio:**
  - John Awad, MD, provides primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician

- **Specialties:**
  - Primary Care, Internal Medicine

- **Carlsbad - 7740 El Camino Real**
  - **Downtown - Columbia St**

- **Contact:**
  - Direct Clinic Line: (619) 232-3500

- **Bio:**
  - Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Bruce Olmscheid, MD
Affiliated Provider

Specialty:
Primary Care

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
# Index

<table>
<thead>
<tr>
<th>A</th>
<th>Abawi, Heeran</th>
<th>1, 2</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Awad, John D.</td>
<td>2</td>
</tr>
</tbody>
</table>

| B | Bayliss, Victoria | 2 |

| M | Mayeda, Donna | 1, 2 |

| O | Olmscheid, Bruce | 3 |

| T | Tsai, Cindy H. | 1, 3 |