UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD  
Primary Care Physician  

Affiliated Provider

Specialties:  
Primary Care, Family Medicine

Carlsbad - 7740 El Camino Real  
Downtown - Columbia St

Contact:  
Direct Clinic Line: (619) 232-3500

Bio:  
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Victoria Bayliss, PA  
Physician Assistant  

Affiliated Provider

Specialty:  
Primary Care

Carlsbad - 7740 El Camino Real

Contact:  
Direct Clinic Line: (619) 232-3500

Bio:  
Victoria Bayliss, PA, MPH, is a certified physician assistant providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

John D. Awad, MD  
Primary Care Physician  

Affiliated Provider

Specialty:  
Primary Care

Carlsbad - 7740 El Camino Real

Contact:  
Direct Clinic Line: (619) 232-3500

Bio:  
John Awad, MD, provides primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Donna Mayeda, MD  
Primary Care Physician  

Affiliated Provider

Specialties:  
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real  
Downtown - Columbia St

Contact:  
Direct Clinic Line: (619) 232-3500

Bio:  
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Bruce Olmscheid, MD
Affiliated Provider

**Specialty:**
Primary Care

**Carlsbad - 7740 El Camino Real**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician

Affiliated Provider

**Specialties:**
Primary Care, Internal Medicine

**Carlsbad - 7740 El Camino Real**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
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