UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*. 

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Table of Contents

Family Medicine
  Integrative & Holistic Medicine .................................................................................................................. 6
  Infertility .......................................................................................................................................................... 7
Internal Medicine ................................................................................................................................................. 10
Obstetrics & Gynecology
  General Gynecology ....................................................................................................................................... i
  Gynecologic Oncology ...................................................................................................................................... i
  Maternal-Fetal Medicine (Perinatology) ............................................................................................................ i
  Midwifery ............................................................................................................................................................ i
  Reproductive Endocrinology and Infertility ....................................................................................................... 11
  Urogynecology ................................................................................................................................................... 11
Osteopathic Medicine .......................................................................................................................................... 13
Pain Management ................................................................................................................................................. 15
Physical Medicine & Rehabilitation .................................................................................................................... 16
Primary Care ...................................................................................................................................................... 17
Psychiatry
  Eating Disorders .................................................................................................................................................. i
  Geriatric Psychiatry .......................................................................................................................................... i
Psychology ............................................................................................................................................................... 23
Sports Medicine ..................................................................................................................................................... 24
Surgery
  Critical Care ...................................................................................................................................................... i
  General and Gastrointestinal Surgery ............................................................................................................ i
  Hepatobiliary Surgery ....................................................................................................................................... i
  Minimally Invasive Surgery ............................................................................................................................... i
  Surgical Oncology ............................................................................................................................................. i
  Thyroid and Parathyroid Surgery ...................................................................................................................... i
  Trauma ............................................................................................................................................................... i
Urology
  Incontinence .................................................................................................................................................... i
  Kidney Stones ................................................................................................................................................... i
  Male Infertility ................................................................................................................................................... 27
  Urogynecology ................................................................................................................................................... i
  Urologic Cancer ............................................................................................................................................... i
Index .................................................................................................................................................................... 28
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Carlsbad - 7710 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawii, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
French, Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Patricia Brady, MD
Primary Care Physician
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
Portuguese, Spanish

La Jolla - 9333 Genesee Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Allison M. Lynch, MD
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Add'l Language:**
Spanish

La Jolla - 9333 Genesee Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Allison Lynch, MD, is a board-certified family physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.

Rina S. Edi, MD
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Rina Edi, MD, is board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including infants, children, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health. Dr. Edi’s expertise is in providing well women care such as contraception, including intrauterine devices (IUDs) and birth control implants, as well as performing endometrial biopsies and colposcopy for abnormal Pap test results.

Sheldon Morris, MD, MPH
Primary Care Physician
Associate Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Sheldon Morris, MD, MPH, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He has special training in preventive medicine.
Chad Osborne, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Chad Osborne, MD, is a board-certified family medicine doctor at La Jolla Family and Sports Medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
French, Spanish, Swahili

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.

Divya K. Reddy, MD
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Add'l Language:**
Spanish

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Divya K. Reddy, MD, is a board-certified family medicine doctor who cares for patients of all ages. She provides primary care to infants and children and adults and seniors, including preventive care and treatment of acute and chronic diseases. As a family physician with advanced training in obstetrics care, Dr. Reddy can provide prenatal care and deliver babies. She also provides well woman care, including health care maintenance and contraception.

Rebecca L Rosen, MD
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
French, Italian, Spanish

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Rebecca L. Rosen, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.

Kenneth S. Taylor, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a particular interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Mary Wang, MD
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Add'l Languages:
Korean, Mandarin

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Mary Wang, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Family Medicine (cont.)

Lesley D. Wilkinson, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Lesley D. Wilkinson, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Family Medicine - Integrative & Holistic Medicine

Gordon Saxe, MD
Specialty:
Family Medicine
Subspecialty:
Integrative & Holistic Medicine
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Gordon Saxe, MD, is a board-certified family medicine doctor. He provides care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Daniel Slater, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Subspecialty:
Integrative & Holistic Medicine
Add'l Language:
Spanish
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Daniel Slater, MD, is a board-certified family medicine physician. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He also offers consultations in integrative medicine through UC San Diego’s Center for Integrative Medicine, which focuses on whole-person wellness by addressing physical, lifestyle, psychological, and spiritual needs. Integrative therapies recommended often include, but are not limited to, complementary modalities such as acupuncture, osteopathic manipulation, mindfulness, acupressure, specific movement therapies, and natural supplements.

Jesse Sozanski, MD
Primary Care Physician

Specialties:
Family Medicine, Primary Care
Subspecialty:
Integrative & Holistic Medicine
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Jesse Sozanski, MD, is a board-certified family medicine physician who has expertise in medical acupuncture and mind-body medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Infertility

Infertility is a problem of the reproductive system that affects the body's ability to conceive a child. Learn more about [infertility in women](https://health.ucsd.edu), [male infertility](https://health.ucsd.edu) (andrology), and the range of treatments available at UC San Diego Health.

---

**Sanjay Agarwal, MD, FACOG**  
Director of Fertility Services  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialties:**  
Obstetrics & Gynecology, Infertility

**Subspecialty:**  
Reproductive Endocrinology and Infertility

**Add'l Language:**  
Hindi

**La Jolla - 9333 Genesee Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

**Bio:**  
Dr. Agarwal is Clinical Professor and Director of Fertility Services in the UC San Diego Department of Reproductive Medicine. He is also Director of the innovative UC San Diego Center for Endometriosis Research and Treatment (CERT, www.cert.ucsd.edu).

---

**R. Jeffrey Chang, MD**  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialties:**  
Obstetrics & Gynecology, Infertility

**Subspecialty:**  
Reproductive Endocrinology and Infertility

**La Jolla - 9333 Genesee Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

**Bio:**  
Dr. Chang has had a long-standing clinical and research interest in Polycystic Ovary Syndrome. He is widely published, and has achieved significant recognition for his research accomplishments. He is a reviewer for many medical journals and has written several books. His past involvement with the National Institutes Of Health (NIH) included serving on the Reproductive Biology Study Section and two years as the Administrative Chair for NIH Physiological Sciences Review Section.
Infertility (cont.)

**Antoni Duleba, MD**
Chief, Division of Reproductive Endocrinology and Infertility
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialties:**
Obstetrics & Gynecology, Infertility

**Subspecialty:**
Reproductive Endocrinology and Infertility

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
Antoni Duleba, MD, is a board-certified reproductive endocrinologist who specializes in diagnosing and treating infertility and regulating ovarian function. His primary research focuses on polycystic ovary syndrome (PCOS) and endometriosis.

**T. Mike Hsieh, MD**
Urologist
Director, Men's Health Center
Associate Professor of Urology

**Specialties:**
Urology, Infertility, Surgery

**Subspecialty:**
Male Infertility

**Add'l Languages:**
Mandarin, Taiwanese

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7676

**Bio:**
T. Mike Hsieh, MD, is a board-certified urologist specializing in male fertility and men’s health. He treats men with sexual dysfunction including low testosterone, erectile dysfunction, and Peyronie’s disease. He also treats male infertility including men with ejaculatory disorder, hormone imbalance, sperm production impairment, cancer, and genetic causes of infertility.
Infertility (cont.)

H. Irene Su, MD
Reproductive Endocrinologist
Associate Professor of Obstetrics, Gynecology, and
Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Infertility
Subspecialty:
Reproductive Endocrinology and Infertility
Add'l Language:
Chinese

Moores Cancer Center
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
H. Irene Su, MD, is a board-certified reproductive endocrinologist. She has a special interest in treating infertility, reproductive aging and fertility preservation. Dr. Su directs the fertility and reproductive health in cancer survivors program at UC San Diego Health, which offers reproductive health services and counseling for young female survivors. She also provides fertility preservation, IVF and a range of infertility treatment options at Reproductive Partners Fertility Center—San Diego.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Donna Mayeda, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7710 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Obstetrics & Gynecology - Reproductive Endocrinology and Infertility

Reproductive endocrinology and infertility is a surgical subspecialty of obstetrics and gynecology that addresses hormonal functioning as it applies to reproduction and infertility. Learn more about reproductive endocrinology and infertility at UC San Diego Health.

Sanjay Agarwal, MD, FACOG
Director of Fertility Services
Professor of Obstetrics, Gynecology, and Reproductive Sciences

- **Specialties:** Obstetrics & Gynecology, Infertility
- **Subspecialty:** Reproductive Endocrinology and Infertility
- **Add'l Language:** Hindi

**La Jolla - 9333 Genesee Avenue**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-8745

**Bio:**
Dr. Agarwal is Clinical Professor and Director of Fertility Services in the UC San Diego Department of Reproductive Medicine. He is also Director of the innovative UC San Diego Center for Endometriosis Research and Treatment (CERT, www.cert.ucsd.edu).

R. Jeffrey Chang, MD
Professor of Obstetrics, Gynecology, and Reproductive Sciences

- **Specialties:** Obstetrics & Gynecology, Infertility
- **Subspecialty:** Reproductive Endocrinology and Infertility

**La Jolla - 9333 Genesee Avenue**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-8745

**Bio:**
Dr. Chang has had a long-standing clinical and research interest in Polycystic Ovary Syndrome. He is widely published, and has achieved significant recognition for his research accomplishments. He is a reviewer for many medical journals and has written several books. His past involvement with the National Institutes Of Health (NIH) included serving on the Reproductive Biology Study Section and two years as the Administrative Chair for NIH Physiological Sciences Review Section.
Obstetrics & Gynecology - Reproductive Endocrinology and Infertility (cont.)

**Antoni Duleba, MD**
Chief, Division of Reproductive Endocrinology and Infertility
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialties:** Obstetrics & Gynecology, Infertility
**Subspecialty:** Reproductive Endocrinology and Infertility

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
Antoni Duleba, MD, is a board-certified reproductive endocrinologist who specializes in diagnosing and treating infertility and regulating ovarian function. His primary research focuses on polycystic ovary syndrome (PCOS) and endometriosis.

---

**H. Irene Su, MD**
Reproductive Endocrinologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialties:** Obstetrics & Gynecology, Infertility
**Subspecialty:** Reproductive Endocrinology and Infertility

**Add'l Language:** Chinese

**Moores Cancer Center**
La Jolla - 9333 Genesee Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
H. Irene Su, MD, is a board-certified reproductive endocrinologist. She has a special interest in treating infertility, reproductive aging and fertility preservation. Dr. Su directs the fertility and reproductive health in cancer survivors program at UC San Diego Health, which offers reproductive health services and counseling for young female survivors. She also provides fertility preservation, IVF and a range of infertility treatment options at Reproductive Partners Fertility Center—San Diego.
Osteopathic Medicine

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Michael Kurisu, DO
Osteopathic Physician

Specialty:
Osteopathic Medicine

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Hollis H. King, DO, is a board-certified osteopathic physician who provides comprehensive care for people of all ages, including children and adults. As a holistic medicine doctor, the cornerstone of his approach focuses on an internal capacity to heal. He considers the whole person — physical and emotional — in the quest for optimal health and wellness.

Roger Mignosa, DO
Physical Medicine and Rehabilitation Specialist
Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Osteopathic Medicine (cont.)

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health System.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
**Physical Medicine & Rehabilitation**

**Amelia Eastman, DO**  
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Family Medicine and Public Health

**Specialties:**  
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine,  
Osteopathic Medicine

**La Jolla - Perlman Medical Offices**  
La Jolla - 9333 Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  
Direct Clinic Line: (844) 747-0474

**Bio:**  
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

---

**Roger J. Mignosa, DO**  
Physical Medicine and Rehabilitation Specialist  
Professor of Family Medicine and Public Health

**Specialties:**  
Physical Medicine & Rehabilitation, Osteopathic Medicine

**La Jolla - 9333 Genesee Avenue**  
**Scripps Ranch - 9909 Mira Mesa Blvd**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8600  
Direct Clinic Line - Scripps Ranch: (858) 657-7750

**Bio:**  
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Heeran Abawi, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Carlsbad - 7710 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Patricia Brady, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Portuguese, Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Languages:
French, Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Rina S. Edi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Rina Edi, MD, is board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including infants, children, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health. Dr. Edi's expertise is in providing well women care such as contraception, including intrauterine devices (IUDs) and birth control implants, as well as performing endometrial biopsies and colposcopy for abnormal Pap test results.
Primary Care (cont.)

Allison M. Lynch, MD
Primary Care Physician

Specialties:  
Primary Care, Family Medicine

Add'l Language:  
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:  
Allison Lynch, MD, is a board-certified family physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.

Sheldon Morris, MD, MPH
Primary Care Physician  
Associate Professor of Family Medicine and Public Health

Specialties:  
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:  
Sheldon Morris, MD, MPH, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He has special training in preventive medicine.

Donna Mayeda, MD
Primary Care Physician

Affiliated Provider

Specialties:  
Primary Care, Internal Medicine

Carlsbad - 7710 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:  
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Chad Osborne, MD
Primary Care Physician  
Assistant Professor of Family Medicine and Public Health

Specialties:  
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:  
Chad Osborne, MD, is a board-certified family medicine doctor at La Jolla Family and Sports Medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.

Divya K. Reddy, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Divya K. Reddy, MD, is a board-certified family medicine doctor who cares for patients of all ages - children, adolescents, and adults. She provides primary care to infants and children and adults and seniors, including preventive care and treatment of acute and chronic diseases. As a family physician with advanced training in obstetrics care, Dr. Reddy can provide prenatal care and deliver babies. She also provides well woman care, including health care maintenance and contraception.

Rebecca L. Rosen, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Italian, Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Rebecca L. Rosen, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health’s [Sports Concussion Clinic](#), which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.
Primary Care (cont.)

Daniel Slater, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Subspecialty:
Integrative & Holistic Medicine
Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Daniel Slater, MD, is a board-certified family medicine physician. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He also offers consultations in integrative medicine through UC San Diego's Center for Integrative Medicine, which focuses on whole-person wellness by addressing physical, lifestyle, psychological, and spiritual needs. Integrative therapies recommended often include, but are not limited to, complementary modalities such as acupuncture, osteopathic manipulation, mindfulness, acupressure, specific movement therapies, and natural supplements.

Jesse Sozanski, MD
Primary Care Physician

Specialties:
Family Medicine, Primary Care
Subspecialty:
Integrative & Holistic Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Jesse Sozanski, MD, is a board-certified family medicine physician who has expertise in medical acupuncture and mind-body medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Kenneth S. Taylor, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a particular interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Mary Wang, MD
Primary Care Physician
Associate Professor of Family Medicine and Public Health

- Specialties: Primary Care, Family Medicine
- Additional Languages: Korean, Mandarin

La Jolla - 9333 Genesee Avenue

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-8600

Bio:
Mary Wang, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Lesley D. Wilkinson, MD
Primary Care Physician
Professor of Family Medicine and Public Health

- Specialties: Primary Care, Family Medicine
- Location: La Jolla - 9333 Genesee Avenue

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-8600

Bio:
Lesley D. Wilkinson, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - 9909 Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).
Psychology

Kriston B. Schellinger, PhD
Psychologist

Specialty:
Psychology

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Kriston Schellinger, PhD, is a licensed clinical psychologist who provides care for mental health concerns in the family medicine setting. She treats individuals of all ages for mental health issues such as depression, anxiety and substance use disorders, or other behavioral changes.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health System.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
French, Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.
Sports Medicine (cont.)

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.

Kenneth S. Taylor, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a particular interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

T. Mike Hsieh, MD
Urologist
Director, Men's Health Center
Associate Professor of Urology

Specialties:
Urology, Infertility, Surgery

Subspecialty:
Male Infertility

Add'l Languages:
Mandarin, Taiwanese

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
T. Mike Hsieh, MD, is a board-certified urologist specializing in male fertility and men’s health. He treats men with sexual dysfunction including low testosterone, erectile dysfunction, and Peyronie’s disease. He also treats male infertility including men with ejaculatory disorder, hormone imbalance, sperm production impairment, cancer, and genetic causes of infertility.
T. Mike Hsieh, MD  
Urologist  
Director, Men's Health Center  
Associate Professor of Urology

Specialties:  
Urology, Infertility, Surgery  
Subspecialty:  
Male Infertility  
Add'l Languages:  
Mandarin, Taiwanese

La Jolla - 9333 Genesee Avenue

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7876

Bio:  
T. Mike Hsieh, MD, is a board-certified urologist specializing in male fertility and men’s health. He treats men with sexual dysfunction including low testosterone, erectile dysfunction, and Peyronie's disease. He also treats male infertility including men with ejaculatory disorder, hormone imbalance, sperm production impairment, cancer, and genetic causes of infertility.
Index

A
Abawi, Heeran ........................................ 1, 17
Achar, Suraj A. .................................. 1, 17, 24
Agarwal, Sanjay ................................. 7, 11

B
Brady, Patricia ................................. 2, 17

C
Chang, R. Jeffrey ................................. 7, 11

D
Duleba, Antoni .................................. 8, 12

E
Eastman, Amelia ......................... 13, 15, 16, 24
Edi, Rina S. ........................................ 2, 17

H
Hsieh, T. Mike .......................... 8, 26, 27

K
King, Hollis H. ................................. 13
Kurisu, Michael ............................... 13

L
Le, Julie L. ......................................... 22
Lynch, Allison M. .......................... 2, 18

M
Mayeda, Donna ............................... 10, 18
Mignosa, Roger J. .......................... 13, 16
Morris, Sheldon .............................. 2, 18

O
Osborne, Chad ............................... 3, 18

R
Rahman, Akbar ............................... 3, 19

S
Reddy, Divya K. .............................. 3, 19
Rosen, Rebecca L ............................. 3, 19

Saxe, Gordon .................................. 6
Schellinger, Kriston B. ...................... 23
Shahtaji, Alan ................................. 4, 14, 19, 25
Slater, Daniel ................................. 6, 20
Sozanski, Jesse .............................. 6, 20
Su, H. Irene ................................. 9, 12

T
Taylor, Kenneth S. ......................... 4, 20, 25

W
Wang, Mary ................................. 4, 21
Wilkinson, Lesley D. ..................... 5, 21