UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by U.S. News & World Report.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Table of Contents

Family Medicine
   Integrative & Holistic Medicine ................................................................. i
Internal Medicine ....................................................................................... 1
Primary Care ............................................................................................... 2
Index ............................................................................................................ 3
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician

Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Carlsbad - 7740 El Camino Real**
**Downtown - Columbia St**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

Donna Mayeda, MD
Primary Care Physician

Affiliated Provider

**Specialties:**
Primary Care, Internal Medicine

**Carlsbad - 7740 El Camino Real**
**Downtown - Columbia St**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Index

A
Abawi, Heeran ................................................. 1, 2

M
Mayeda, Donna ............................................... 1, 2