Physician Directory

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Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

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**Physician Access Services**

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Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Table of Contents

Family Medicine
  Integrative & Holistic Medicine ................................................................. i
Internal Medicine .......................................................................................... 1
Primary Care ................................................................................................. 2
Index .............................................................................................................. 3
**Family Medicine**

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health.

**Heeran Abawi, MD**  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
La Jolla - 4373 La Jolla Village Drive  
Contact:  
Direct Clinic Line: (619) 232-3500  
Bio:  
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

**Internal Medicine**

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

**Cindy H. Tsai, MD**  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Internal Medicine  
La Jolla - 4373 La Jolla Village Drive  
Contact:  
Direct Clinic Line: (619) 232-3500  
Bio:  
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
# Index

**A**

| Abawi, Heeran | 1, 2 |

**T**

| Tsai, Cindy H. | 1, 2 |