Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Table of Contents

## Cancer
- Breast Cancer........................................................................................................2
- Gastrointestinal Cancers..........................................................................................4
- Gynecological Cancers............................................................................................7
- Head & Neck Cancers...............................................................................................9
- Immunotherapy ........................................................................................................i
- Leukemia & Lymphoma ............................................................................................11
- Lung Cancer ...........................................................................................................12
- Melanoma / Skin Cancers .......................................................................................14
- Neurological Oncology ............................................................................................15
- Pancreatic Cancer ....................................................................................................17
- Precision Medicine ..................................................................................................18
- Psychosocial Oncology ............................................................................................i
- Sarcoma (Bone and Soft Tissue) ................................................................................i
- Urologic Cancer .........................................................................................................19

## Colon and Rectal Surgery
..........................................................................................................................20

## Endocrinology
..........................................................................................................................20

## Hematology/Blood Diseases
..........................................................................................................................21

## Internal Medicine
..........................................................................................................................22

## Medical Oncology
..........................................................................................................................24

## Nephrology (Kidney)
- Apheresis ................................................................................................................i
- Chronic Kidney Disease ............................................................................................25
- Critical Care Nephrology ..........................................................................................26
- Dialysis ......................................................................................................................27
- Transplant Nephrology ...............................................................................................i

## Obstetrics & Gynecology
- General Gynecology ..................................................................................................28
- Gynecologic Oncology ...............................................................................................29
- Maternal-Fetal Medicine (Perinatology) ....................................................................i
- Midwifery ...................................................................................................................i
- Reproductive Endocrinology and Infertility .................................................................i
- Urogynecology ..........................................................................................................30

## Orthopedics
- Foot & Ankle ................................................................................................................i
- Hand & Upper Extremity ............................................................................................32
- Joint ...........................................................................................................................33
- Orthopedic Trauma ....................................................................................................i
- Spine ..........................................................................................................................35
- Sports Medicine ........................................................................................................36

## Palliative Care
.................................................................................................................................37

## Plastic Surgery
- Cosmetic Surgery .....................................................................................................38
- Reconstructive Surgery .............................................................................................39

## Primary Care
....................................................................................................................................40

## Radiation Oncology
............................................................................................................................42

## Rheumatology
..........................................................................................................................44

## Sports Medicine
..........................................................................................................................45

## Surgery
- Critical Care ...............................................................................................................i
- General and Gastrointestinal Surgery .......................................................................47
- Hepatobiliary Surgery ...............................................................................................i
- Minimally Invasive Surgery .......................................................................................i
- Surgical Oncology ......................................................................................................i
- Thyroid and Parathyroid Surgery ..............................................................................i
- Trauma .......................................................................................................................i

## Urology
- Incontinence ...............................................................................................................i
- Kidney Stones ............................................................................................................i
- Male Infertility ............................................................................................................i
- Urogynecology ............................................................................................................i
- Urologic Cancer ..........................................................................................................i

## Index
.......................................................................................................................................51
Cancer

Cancer is an abnormal growth of cells which creates tumors, abnormal growths of tissue, and clusters of cells that are capable of growing and dividing uncontrollably — oncology is the branch of medicine concerned with the diagnosis and treatment of cancer. Learn more about cancer at UC San Diego Health.

Daniel Vicario, MD
Medical Director, San Diego Cancer Center
Director, Integrative Oncology Program

Specialty:
Cancer

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Dr. Vicario is a medical oncologist who co-founded the San Diego Cancer Center (SDCC). He is a pioneer in the research of mind-body medicine (the influence of the human spirit on the healing process) and in the field of integrative medicine. He created the Integrative Medicine Program at SDCC in 1988, and has been director of the program for over a decade.
Cancer - Breast Cancer

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer
Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer
Add'l Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Ava Hosseini, MD
Surgical Oncologist
Assistant Professor of Surgery

Specialties:
Surgery, Cancer
Subspecialties:
Breast Cancer, Surgical Oncology

La Jolla - Koman Family Outpatient Pavilion
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Koman Family Outpatient Pavilion: (866) 773-2703

Bio:
Ava Hosseini, MD, is a surgical oncologist and board-certified general surgeon who specializes in breast health, including breast cancer and benign breast disease. Dr. Hosseini's expertise includes general and oncology breast surgery. She performs mastectomy, image-guided lumpectomy, benign breast disease excisions and axillary surgery. She also works closely with plastic and reconstructive surgeons to offer women the best possible cosmetic options and results following treatment.
Cancer - Breast Cancer (cont.)

**Dominique Rash, MD**  
Radiation Oncologist  
Assistant Professor of Radiation Medicine and Applied Sciences  

**Specialties:**  
Radiation Oncology, Cancer  

**Subspecialties:**  
Gynecological Cancers, Gastrointestinal Cancers, Breast Cancer  

**Encinitas - Garden View Road**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0500  

**Bio:**  
Dominique Rash, MD, is a board-certified radiation oncologist who specializes in treating breast, gynecologic and gastrointestinal cancer. As a radiation oncologist, Dr. Rash uses carefully targeted, high doses of radiation energy to destroy or damage cancer cells. Her expertise includes conformal radiation therapy (CRT), intensity-modulated radiation therapy (IMRT), image-guided radiation therapy (IGRT) and high-dose rate (HDR) brachytherapy.

**Rupa Subramanian, MD**  
Specialty:  
Cancer  

Subspecialty:  
Breast Cancer  

Add'l Language:  
Hindi  

**Encinitas - Garden View Road**  
**Vista - Sycamore Avenue**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700  

**Bio:**  
Rupa Subramanian, MD, is a board-certified oncologist and director of breast cancer services at our Encinitas and Vista locations. She believes in compassionate and personalized patient care and using new advanced therapies to create the optimal healing environment for the mind and body.

**James Urbanic, MD**  
Radiation Oncologist  
Associate Professor of Radiation Medicine and Applied Sciences  

**Specialties:**  
Radiation Oncology, Cancer  

**Subspecialties:**  
Head & Neck Cancers, Breast Cancer, Lung Cancer, Neurological Oncology  

**Encinitas - Garden View Road**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0500  

**Bio:**  
James Urbanic, MD, is a board-certified radiation oncologist and the medical director of Radiation Oncology Services in Encinitas. He specializes in a variety of radiotherapy and radiosurgical techniques, including intensity-modulated radiation therapy, image guided radiation therapy and stereotactic radiosurgery and stereotactic body radiation therapy.
Cancer - Gastrointestinal Cancers

Anjali Bharne, MD  
Hematologist/Medical Oncologist

Specialties:
- Hematology/Blood Diseases, Cancer
Subspecialties:
- Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer
Add'l Language:
- Spanish

Encinitas - Garden View Road  
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP  
Medical Oncologist  
Medical Director of North County Cancer Services

Specialties:
- Medical Oncology, Cancer, Hematology/Blood Diseases
Subspecialties:
- Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road  
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.

Samuel Eisenstein, MD  
Surgeon  
Assistant Professor of Surgery

Specialties:
- Colon and Rectal Surgery, Surgery, Cancer
Subspecialty:
- Gastrointestinal Cancers

La Jolla - Perlman Medical Offices  
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277  
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Samuel Eisenstein, MD, is a colon and rectal surgeon, specializing in the treatment of colon cancer and other intestinal disorders, including Crohn’s disease and ulcerative colitis. He is an expert in the surgical treatment of anorectal disorders such as hemorrhoids, fistulas and fissures.
Cancer - Gastrointestinal Cancers (cont.)

Lisa A. Parry, MD
Surgeon
Assistant Professor of Surgery

Specialties: Colon and Rectal Surgery, Cancer, Surgery
Subspecialties: Minimally Invasive Surgery, General and Gastrointestinal Surgery, Gastrointestinal Cancers

La Jolla - Perlman Medical Offices
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Lisa Parry, MD, is a board-certified colon and rectal surgeon, specializing in the treatment of colorectal cancers and other intestinal disorders, including Crohn’s disease, ulcerative colitis and diverticulitis.

Dominique Rash, MD
Radiation Oncologist
Assistant Professor of Radiation Medicine and Applied Sciences

Specialties: Radiation Oncology, Cancer
Subspecialties: Gynecological Cancers, Gastrointestinal Cancers, Breast Cancer

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0500

Bio:
Dominique Rash, MD, is a board-certified radiation oncologist who specializes in treating breast, gynecologic and gastrointestinal cancer. As a radiation oncologist, Dr. Rash uses carefully targeted, high doses of radiation energy to destroy or damage cancer cells. Her expertise includes conformal radiation therapy (CRT), intensity-modulated radiation therapy (IMRT), image-guided radiation therapy (IGRT) and high-dose rate (HDR) brachytherapy.
Cancer - Gastrointestinal Cancers (cont.)

Daniel R. Simpson, MD
Radiation Oncologist
Assistant Professor of Radiation Medicine and Applied Sciences

Specialties:
Radiation Oncology, Cancer

Subspecialties:
Neurological Oncology, Gastrointestinal Cancers

Moores Cancer Center
Encinitas - Garden View Road
Chula Vista - Lane Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6040

Bio:
Daniel R. Simpson, MD, is a radiation oncologist who specializes in treating cancer of the liver, gastrointestinal tract and central nervous system (the brain and spinal cord). Dr. Simpson uses carefully targeted, high doses of radiation energy to destroy or damage cancer cells. He is experienced in intensity-modulated radiation therapy (IMRT), image-guided radiation therapy (IGRT), stereotactic radiosurgery (SRS) and stereotactic body radiotherapy (SBRT). Dr. Simpson also manages the care and treatment of cancer patients and works closely with other doctors, including medical and surgical oncologists, to provide comprehensive care.
Cancer - Gynecological Cancers

Pratibha S. Binder, MD
Gynecologic Oncologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Cancer
Subspecialties:
Gynecologic Oncology, Gynecological Cancers
Add'l Languages:
Hindi, Urdu

Moores Cancer Center
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line - Encinitas: (858) 657-8745

Bio:
Pratibha Binder, MD, is a gynecologic oncologist who specializes in diagnosing and treating female reproductive system cancers, including ovarian, uterine, cervical, endometrial, vulvar and vaginal cancer. Her expertise also includes surgical management of these cancers.

Ramez N. Eskander, MD
Gynecologic Oncologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Cancer
Subspecialties:
Gynecologic Oncology, Gynecological Cancers, Precision Medicine
Add'l Languages:
Arabic, Spanish

Moores Cancer Center
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line - Encinitas: (760) 536-7700

Bio:
Ramez Eskander, MD, is a board-certified gynecologic oncologist who specializes in the surgical management of female reproductive system cancers, including ovarian, uterine, cervical, vulvar and vaginal cancer. His expertise includes diagnostic and therapeutic procedures, including minimally invasive (robotic) surgery, chemotherapy and novel drugs. Dr. Eskander is also experienced in clinical trial development and aims to provide individuals with access to innovative medicines during their treatment.
Cancer - Gynecological Cancers (cont.)

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.

Dominique Rash, MD
Radiation Oncologist
Assistant Professor of Radiation Medicine and Applied Sciences

Specialties:
Radiation Oncology, Cancer

Subspecialties:
Gynecological Cancers, Gastrointestinal Cancers, Breast Cancer

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0500

Bio:
Dominique Rash, MD, is a board-certified radiation oncologist who specializes in treating breast, gynecologic and gastrointestinal cancer. As a radiation oncologist, Dr. Rash uses carefully targeted, high doses of radiation energy to destroy or damage cancer cells. Her expertise includes conformal radiation therapy (CRT), intensity-modulated radiation therapy (IMRT), image-guided radiation therapy (IGRT) and high-dose rate (HDR) brachytherapy.
Cancer - Head & Neck Cancers

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Add'l Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Head & Neck Cancers (cont.)

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of a wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.

James Urbanic, MD
Radiation Oncologist
Associate Professor of Radiation Medicine and Applied Sciences

Specialties:
Radiation Oncology, Cancer

Subspecialties:
Head & Neck Cancers, Breast Cancer, Lung Cancer, Neurological Oncology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0500

Bio:
James Urbanic, MD, is a board-certified radiation oncologist and the medical director of Radiation Oncology Services in Encinitas. He specializes in a variety of radiotherapy and radiosurgical techniques, including intensity-modulated radiation therapy, image guided radiation therapy and stereotactic radiosurgery and stereotactic body radiation therapy.
Cancer - Leukemia & Lymphoma

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Lung Cancer

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Add'l Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Lung Cancer (cont.)

**Fareeha Siddiqui, MD**  
Medical Oncologist/Hematologist

**Specialties:**  
Hematology/Blood Diseases, Cancer  
**Subspecialties:**  
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer  
**Add'l Languages:**  
French, Urdu

**Encinitas - Garden View Road**  
**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Encinitas: (760) 536-7700  
Direct Clinic Line - Vista: (760) 536-7737

**Bio:**  
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.

---

**James Urbanic, MD**  
Radiation Oncologist  
Associate Professor of Radiation Medicine and Applied Sciences

**Specialties:**  
Radiation Oncology, Cancer  
**Subspecialties:**  
Head & Neck Cancers, Breast Cancer, Lung Cancer, Neurological Oncology

**Encinitas - Garden View Road**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0500

**Bio:**  
James Urbanic, MD, is a board-certified radiation oncologist and the medical director of Radiation Oncology Services in Encinitas. He specializes in a variety of radiotherapy and radiosurgical techniques, including intensity-modulated radiation therapy, image guided radiation therapy and stereotactic radiosurgery and stereotactic body radiation therapy.
Cancer - Melanoma / Skin Cancers

Tyler Seibert, MD, PhD
Radiation Oncologist

Specialties:
Radiation Oncology, Cancer

Subspecialties:
Neurological Oncology, Urologic Cancer, Melanoma / Skin Cancers

Add'l Language:
Spanish

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Tyler Seibert, MD, PhD, is a board-certified radiation oncologist who sees people with a variety of cancers such as brain cancer, breast cancer and prostate cancer.
Cancer - Neurological Oncology

Tyler Seibert, MD, PhD
Radiation Oncologist

Specialties:
Radiation Oncology, Cancer

Subspecialties:
Neurological Oncology, Urologic Cancer, Melanoma / Skin Cancers

Add'l Language:
Spanish

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Tyler Seibert, MD, PhD, is a board-certified radiation oncologist who sees people with a variety of cancers such as brain cancer, breast cancer and prostate cancer.

Daniel R. Simpson, MD
Radiation Oncologist
Assistant Professor of Radiation Medicine and Applied Sciences

Specialties:
Radiation Oncology, Cancer

Subspecialties:
Neurological Oncology, Gastrointestinal Cancers

Moores Cancer Center
Encinitas - Garden View Road
Chula Vista - Lane Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6040

Bio:
Daniel R. Simpson, MD, is a radiation oncologist who specializes in treating cancer of the liver, gastrointestinal tract and central nervous system (the brain and spinal cord). Dr. Simpson uses carefully targeted, high doses of radiation energy to destroy or damage cancer cells. He is experienced in intensity-modulated radiation therapy (IMRT), image-guided radiation therapy (IGRT), stereotactic radiosurgery (SRS) and stereotactic body radiotherapy (SBRT). Dr. Simpson also manages the care and treatment of cancer patients and works closely with other doctors, including medical and surgical oncologists, to provide comprehensive care.
Cancer - Neurological Oncology (cont.)

James Urbanic, MD  
Radiation Oncologist  
Associate Professor of Radiation Medicine and Applied Sciences

Specialties:  
Radiation Oncology, Cancer

Subspecialties:  
Head & Neck Cancers, Breast Cancer, Lung Cancer, Neurological Oncology

Encinitas - Garden View Road

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0500

Bio:  
James Urbanic, MD, is a board-certified radiation oncologist and the medical director of Radiation Oncology Services in Encinitas. He specializes in a variety of radiotherapy and radiosurgical techniques, including intensity-modulated radiation therapy, image guided radiation therapy and stereotactic radiosurgery and stereotactic body radiation therapy.
Cancer - Pancreatic Cancer

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
**Cancer - Precision Medicine**

**Ramez N. Eskander, MD**  
Gynecologic Oncologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialties:**  
Obstetrics & Gynecology, Cancer

**Subspecialties:**  
Gynecologic Oncology, Gynecological Cancers, Precision Medicine

**Add'l Languages:**  
Arabic, Spanish

**Moores Cancer Center**  
Encinitas - Garden View Road

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Moores Cancer Center: (858) 822-6100  
Direct Clinic Line - Encinitas: (760) 536-7700

**Bio:**  
Ramez Eskander, MD, is a board-certified gynecologic oncologist who specializes in the surgical management of female reproductive system cancers, including ovarian, uterine, cervical, vulvar and vaginal cancer. His expertise includes diagnostic and therapeutic procedures, including minimally invasive (robotic) surgery, chemotherapy and novel drugs. Dr. Eskander is also experienced in clinical trial development and aims to provide individuals with access to innovative medicines during their treatment.
Cancer - Urologic Cancer

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer
Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer
Add'l Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Tyler Seibert, MD, PhD
Radiation Oncologist

Specialties:
Radiation Oncology, Cancer
Subspecialties:
Neurological Oncology, Urologic Cancer, Melanoma / Skin Cancers
Add'l Language:
Spanish

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Tyler Seibert, MD, PhD, is a board-certified radiation oncologist who sees people with a variety of cancers such as brain cancer, breast cancer and prostate cancer.
Colon and Rectal Surgery

Colon and Rectal surgery is the medical specialty dealing with surgeries for disorders of the rectum, anus, and colon. Learn more about colon and rectal surgery at UC San Diego Health.

Samuel Eisenstein, MD
Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer
Subspecialties:
Gastrointestinal Cancers

La Jolla - Perlman Medical Offices
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Samuel Eisenstein, MD, is a colon and rectal surgeon, specializing in the treatment of colon cancer and other intestinal disorders, including Crohn’s disease and ulcerative colitis. He is an expert in the surgical treatment of anorectal disorders such as hemorrhoids, fistulas and fissures.

Lisa A. Parry, MD
Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Cancer, Surgery
Subspecialties:
Minimally Invasive Surgery, General and Gastrointestinal Surgery, Gastrointestinal Cancers

La Jolla - Perlman Medical Offices
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Lisa Parry, MD, is a board-certified colon and rectal surgeon, specializing in the treatment of colorectal cancers and other intestinal disorders, including Crohn’s disease, ulcerative colitis and diverticulitis.

Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about hematology/blood diseases at UC San Diego Health.

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer
Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer
Add'l Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases
Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

**Bio:**
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

**Bio:**
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.
Internal Medicine (cont.)

Mary Jaramillo, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776
Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Add'l Language:
Vietnamese
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776
Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Neil Levine, MD
Primary Care Physician
Assistant Clinical Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776
Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan W. Stewart, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776
Bio:
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Medical Oncology

Medical oncology focuses on the diagnosis and treatment of all types of cancer and other benign and malignant tumors. Medical oncologists administer therapy for these malignancies and collaborate with surgical and radiation oncologists to provide cancer treatments. Learn more about cancer care at UC San Diego Health.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

**Specialties:**
Medical Oncology, Cancer, Hematology/Blood Diseases

**Subspecialties:**
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Nephrology (Kidney) - Chronic Kidney Disease

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Nephrology (Kidney) - Critical Care Nephrology

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Nephrology (Kidney) - Dialysis

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

**Specialties:**
Nephrology (Kidney), Palliative Care

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

**Bio:**
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
## Obstetrics & Gynecology - General Gynecology

### Kathryn Macaulay, MD
**Obstetrician/Gynecologist**
**Professor of Obstetrics, Gynecology, and Reproductive Sciences**

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** General Gynecology

**Locations:**  
- **Encinitas - Garden View Road**
- **La Jolla - 8910 Villa La Jolla**
- **Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

**Bio:**  
Kathryn Macaulay, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections. Dr. Macaulay's expertise is in caring for perimenopausal and menopausal women. She treats common symptoms and conditions of menopause, such as hot flashes, night sweats, insomnia, mood changes, osteoporosis, and weight gain. She also has extensive experience in hormone replacement therapy.

### Maureen C. Ries, MD
**Obstetrician/Gynecologist**
**Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences**

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** General Gynecology

**Additional Languages:**  
Indonesian, Spanish, Swahili

**Locations:**  
- **La Jolla - 8910 Villa La Jolla**
- **Encinitas - Garden View Road**
- **Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

**Bio:**  
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Obstetrics & Gynecology - Gynecologic Oncology

Gynecologic oncology is the medical specialty focusing on cancers of the female reproductive system, including ovarian cancer, uterine cancer, vaginal cancer, cervical cancer, and vulvar cancer. Learn more about gynecologic cancers at UC San Diego Health.

Pratibha S. Binder, MD
Gynecologic Oncologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Cancer

Subspecialties:
Gynecologic Oncology, Gynecological Cancers

Add'l Languages:
Hindi, Urdu

Moores Cancer Center
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line - Encinitas: (858) 657-8745

Bio:
Pratibha Binder, MD, is a gynecologic oncologist who specializes in diagnosing and treating female reproductive system cancers, including ovarian, uterine, cervical, endometrial, vulvar and vaginal cancer. Her expertise also includes surgical management of these cancers.

Ramez N. Eskander, MD
Gynecologic Oncologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Cancer

Subspecialties:
Gynecologic Oncology, Gynecological Cancers, Precision Medicine

Add'l Languages:
Arabic, Spanish

Moores Cancer Center
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line - Encinitas: (760) 536-7700

Bio:
Ramez Eskander, MD, is a board-certified gynecologic oncologist who specializes in the surgical management of female reproductive system cancers, including ovarian, uterine, cervical, vulvar and vaginal cancer. His expertise includes diagnostic and therapeutic procedures, including minimally invasive (robotic) surgery, chemotherapy and novel drugs. Dr. Eskander is also experienced in clinical trial development and aims to provide individuals with access to innovative medicines during their treatment.
Marianna Alperin, MD
Urogynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
Urogynecology

Add'l Languages:
Russian, Spanish

La Jolla - 4520 Executive Drive
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8737
Direct Clinic Line - Encinitas: (858) 657-8745

Bio:
Marianna Alperin, MD, MS, is a board-certified female pelvic medicine and reconstructive surgery expert who specializes in diagnosing and treating pelvic floor conditions, including urinary and fecal incontinence and pelvic organ prolapse.
Orthopedics

Orthopedics is the branch of medicine specializing in the treatment of injuries or disorders of the skeletal system including bones, muscles, joints and ligaments. Learn more about orthopedics at UC San Diego Health.

Dana Curtis Covey, MD
Orthopedic Surgeon and Sports Medicine Physician
Clinical Professor of Orthopedic Surgery

Specialties:
Sports Medicine, Orthopedics, Surgery

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dana Covey, MD, is a board-certified orthopedic surgeon. He specializes in sports medicine with an emphasis on knee and shoulder injuries. Dr. Covey sees patients with knee ligament tears and shoulder dislocation.
Orthopedics - Hand & Upper Extremity

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Add'l Languages:
German, Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Eric Hentzen, MD, PhD, is a board-certified orthopedic surgeon who specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.

Gregory D. Middleton, MD
Rheumatologist
Professor of Medicine and Orthopaedic Surgery

Specialties:
Rheumatology, Orthopedics

Subspecialty:
Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Gregory D. Middleton, MD, is a board-certified rheumatologist who specializes in the nonsurgical care of patients with joint and muscle pain, particularly those with rheumatic disorders such as osteoarthritis. He takes a comprehensive approach to treating arthritis, pain and autoimmune diseases, and strives to help patients maintain a satisfying and active lifestyle.
Orthopedics - Joint

Scott Taber Ball, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialty: Orthopedics
Subspecialty: Joint
Add'l Language: Spanish

Encinitas - Garden View Road
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Scott Ball, MD, is a board-certified orthopedic surgeon who specializes in joint replacement surgery for both the hip and knee, and salvage reconstruction for failed joint replacements. Using minimally invasive approaches, he helps facilitate reduced complication rates and faster recovery. Dr. Ball has expertise in hip resurfacing surgery, a technique that is used to preserve the hip bone, allowing younger patients with good bone quality to resume high levels of activity in sports such as surfing, skiing, basketball, and running.

Krishna R. Cidambi, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty: Orthopedics
Subspecialty: Joint
Add'l Languages: Spanish, Tamil

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Krishna R. Cidambi, MD, is an orthopedic surgeon who specializes in hip and knee replacements. His areas of expertise include anterior total hip replacement (minimally invasive hip replacement), posterior total hip replacement, total knee replacement and partial knee replacement.
Francis B Gonzales, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Joint

Add'l Language:
Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Francis Gonzales, MD, is a board-certified orthopedic surgeon who specializes in adult hip and knee joint replacement surgery.
Orthopedics - Spine

Vinko Zlomislic, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery

Subspecialty:
Spine

Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Vinko Zlomislic, MD, is a board-certified orthopedic surgeon who specializes in the surgical and nonsurgical management of cervical, thoracic, and lumbar spine disorders. His expertise includes treating degenerative conditions of the cervical and lumbar spine, spinal trauma and infections, and spinal reconstruction for complex spinal deformity and tumors. Dr. Zlomislic emphasizes nonoperative management, recommending surgery only when conservative measures have failed. If surgical treatment is necessary, he uses minimally invasive methods whenever possible.
Orthopedics - Sports Medicine

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Add'l Languages:
German, Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Eric Hentzen, MD, PhD, is a board-certified orthopedic surgeon who specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Palliative Care

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hilcrest - UC San Diego Medical Center
Hilcrest - Medical Offices North
Hilcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Plastic Surgery - Cosmetic Surgery

Christopher Reid, MD
Plastic Surgeon
Assistant Professor of Surgery

**Specialty:** Plastic Surgery
**Subspecialties:** Cosmetic Surgery, Reconstructive Surgery

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North
Encinitas - Garden View Road

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746
Direct Clinic Line - Hillcrest: (619) 294-3746
Direct Clinic Line - Encinitas: (858) 657-7000

**Bio:**
Christopher Reid, MD, is a plastic surgeon with expertise in microsurgery, breast reconstruction, complex reconstruction, and aesthetic surgery of the breast and body. He performs breast reconstruction with a variety of flap surgery methods, including DIEP flap, TRAM flap, SGAP flap and PAP flap.
Plastic Surgery - Reconstructive Surgery

Christopher Reid, MD
Plastic Surgeon
Assistant Professor of Surgery

Specialty:
Plastic Surgery

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746
Direct Clinic Line - Hillcrest: (619) 294-3746
Direct Clinic Line - Encinitas: (858) 657-7000

Bio:
Christopher Reid, MD, is a plastic surgeon with expertise in microsurgery, breast reconstruction, complex reconstruction, and aesthetic surgery of the breast and body. He performs breast reconstruction with a variety of flap surgery methods, including DIEP flap, TRAM flap, SGAP flap and PAP flap.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Mary Jaramillo, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.

Neil Levine, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Vietnamese

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan W. Stewart, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Radiation Oncology

Radiation oncology is the medical specialty that uses radiation to treat cancer. Learn more about radiation oncology at UC San Diego Health.

Dominique Rash, MD
Radiation Oncologist
Assistant Professor of Radiation Medicine and Applied Sciences

Specialties:
Radiation Oncology, Cancer
Subspecialties:
Gynecological Cancers, Gastrointestinal Cancers, Breast Cancer

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0500

Bio:
Dominique Rash, MD, is a board-certified radiation oncologist who specializes in treating breast, gynecologic and gastrointestinal cancer. As a radiation oncologist, Dr. Rash uses carefully targeted, high doses of radiation energy to destroy or damage cancer cells. Her expertise includes conformal radiation therapy (CRT), intensity-modulated radiation therapy (IMRT), image-guided radiation therapy (IGRT) and high-dose rate (HDR) brachytherapy.

Tyler Seibert, MD, PhD
Radiation Oncologist

Specialties:
Radiation Oncology, Cancer
Subspecialties:
Neurological Oncology, Urologic Cancer, Melanoma / Skin Cancers
Add'l Language:
Spanish

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Tyler Seibert, MD, PhD, is a board-certified radiation oncologist who sees people with a variety of cancers such as brain cancer, breast cancer and prostate cancer.
Radiation Oncology (cont.)

Daniel R. Simpson, MD
Radiation Oncologist
Assistant Professor of Radiation Medicine and Applied Sciences

Specialties:
Radiation Oncology, Cancer
Subspecialties:
Neurological Oncology, Gastrointestinal Cancers

Moores Cancer Center
Encinitas - Garden View Road
Chula Vista - Lane Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6040

Bio:
Daniel R. Simpson, MD, is a radiation oncologist who specializes in treating cancer of the liver, gastrointestinal tract and central nervous system (the brain and spinal cord). Dr. Simpson uses carefully targeted, high doses of radiation energy to destroy or damage cancer cells. He is experienced in intensity-modulated radiation therapy (IMRT), image-guided radiation therapy (IGRT), stereotactic radiosurgery (SRS) and stereotactic body radiotherapy (SBRT). Dr. Simpson also manages the care and treatment of cancer patients and works closely with other doctors, including medical and surgical oncologists, to provide comprehensive care.

James Urbanic, MD
Radiation Oncologist
Associate Professor of Radiation Medicine and Applied Sciences

Specialties:
Radiation Oncology, Cancer
Subspecialties:
Head & Neck Cancers, Breast Cancer, Lung Cancer, Neurological Oncology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0500

Bio:
James Urbanic, MD, is a board-certified radiation oncologist and the medical director of Radiation Oncology Services in Encinitas. He specializes in a variety of radiotherapy and radiosurgical techniques, including intensity-modulated radiation therapy, image guided radiation therapy and stereotactic radiosurgery and stereotactic body radiation therapy.
Rheumatology

Rheumatology is a medical specialization concerned with the study and treatment of rheumatic disease; diseases which are usually caused by inflammation, swelling and pain in the joints and muscles. Learn more about [rheumatology](https://health.ucsd.edu) at UC San Diego Health.

**Gregory D. Middleton, MD**
Rheumatologist
Professor of Medicine and Orthopaedic Surgery

**Specialties:**
Rheumatology, Orthopedics

**Subspecialty:**
Hand & Upper Extremity

**Location:**
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Gregory D. Middleton, MD, is a board-certified rheumatologist who specializes in the nonsurgical care of patients with joint and muscle pain, particularly those with rheumatic disorders such as osteoarthritis. He takes a comprehensive approach to treating arthritis, pain and autoimmune diseases, and strives to help patients maintain a satisfying and active lifestyle.

**Brian A. Pedersen, MBBS**
Rheumatologist
Assistant Professor of Medicine

**Specialty:**
Rheumatology

**Add'l Language:**
Spanish

**Location:**
Hillcrest - Medical Offices South
Encinitas - Garden View Road

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - Encinitas: (760) 536-7300

**Bio:**
Brian A. Pedersen, MBBS, is a board-certified rheumatologist. He diagnoses and treats autoimmune conditions and musculoskeletal diseases that affect the joints, muscles, connective tissue and bones. This may include conditions such as back pain and muscle strains, and diseases such as osteoarthritis, rheumatoid arthritis, gout, and lupus.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health.

Dana Curtis Covey, MD
Orthopedic Surgeon and Sports Medicine Physician
Clinical Professor of Orthopedic Surgery

Specialties:
Sports Medicine, Orthopedics, Surgery

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dana Covey, MD, is a board-certified orthopedic surgeon. He specializes in sports medicine with an emphasis on knee and shoulder injuries. Dr. Covey sees patients with knee ligament tears and shoulder dislocation.

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Subspecialties:
Hand & Upper Extremity, Sports Medicine
Add'l Languages:
German, Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Eric Hentzen, MD, PhD, is a board-certified orthopedic surgeon who specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health.

Dana Curtis Covey, MD
Orthopedic Surgeon and Sports Medicine Physician
Clinical Professor of Orthopedic Surgery

Specialties:
Sports Medicine, Orthopedics, Surgery

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dana Covey, MD, is a board-certified orthopedic surgeon. He specializes in sports medicine with an emphasis on knee and shoulder injuries. Dr. Covey sees patients with knee ligament tears and shoulder dislocation.

Vinko Zlomislic, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery

Subspecialty:
Spine

Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Vinko Zlomislic, MD, is a board-certified orthopedic surgeon who specializes in the surgical and nonsurgical management of cervical, thoracic, and lumbar spine disorders. His expertise includes treating degenerative conditions of the cervical and lumbar spine, spinal trauma and infections, and spinal reconstruction for complex spinal deformity and tumors. Dr. Zlomislic emphasizes nonoperative management, recommending surgery only when conservative measures have failed. If surgical treatment is necessary, he uses minimally invasive methods whenever possible.

Samuel Eisenstein, MD
Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer

Subspecialty:
Gastrointestinal Cancers

La Jolla - Perlman Medical Offices
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Samuel Eisenstein, MD, is a colon and rectal surgeon, specializing in the treatment of colon cancer and other intestinal disorders, including Crohn’s disease and ulcerative colitis. He is an expert in the surgical treatment of anorectal disorders such as hemorrhoids, fistulas and fissures.
Surgery - General and Gastrointestinal Surgery

Lisa A. Parry, MD
Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Cancer, Surgery

Subspecialties:
Minimally Invasive Surgery, General and Gastrointestinal Surgery, Gastrointestinal Cancers

La Jolla - Perlman Medical Offices
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Lisa Parry, MD, is a board-certified colon and rectal surgeon, specializing in the treatment of colorectal cancers and other intestinal disorders, including Crohn’s disease, ulcerative colitis and diverticulitis.
Surgery - Minimally Invasive Surgery

**Seth K. Bechis, MD**
Urologist  
Assistant Professor of Urology

**Specialties:**  
Urology, Surgery  

**Subspecialties:**  
Kidney Stones, Minimally Invasive Surgery

**Encinitas - Garden View Road**  
**Hillcrest - Medical Offices North**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7876

**Bio:**  
Seth Bechis, MD, is a board-certified urologist who cares for patients with diseases of the urinary tract, including kidney stones, benign prostatic hyperplasia (BPH) or enlarged prostate, and men's health issues. As member of the comprehensive Kidney Stone Center at UC San Diego Health, he has a special interest in advanced surgical treatment, medical prevention and research on kidney stone disease. He also performs advanced procedures for BPH as well as robotic surgery.

**Lisa A. Parry, MD**
Surgeon  
Assistant Professor of Surgery

**Specialties:**  
Colon and Rectal Surgery, Cancer, Surgery  

**Subspecialties:**  
Minimally Invasive Surgery, General and Gastrointestinal Surgery, Gastrointestinal Cancers

**La Jolla - Perlman Medical Offices**  
**Encinitas - Garden View Road**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277  
Direct Clinic Line - Encinitas: (760) 536-7300

**Bio:**  
Lisa Parry, MD, is a board-certified colon and rectal surgeon, specializing in the treatment of colorectal cancers and other intestinal disorders, including Crohn's disease, ulcerative colitis and diverticulitis.
Surgery - Surgical Oncology

Ava Hosseini, MD
Surgical Oncologist
Assistant Professor of Surgery

Specialties:
Surgery, Cancer

Subspecialties:
Breast Cancer, Surgical Oncology

La Jolla - Koman Family Outpatient Pavilion
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Koman Family Outpatient Pavilion: (866) 773-2703

Bio:
Ava Hosseini, MD, is a surgical oncologist and board-certified general surgeon who specializes in breast health, including breast cancer and benign breast disease. Dr. Hosseini's expertise includes general and oncology breast surgery. She performs mastectomy, image-guided lumpectomy, benign breast disease excisions and axillary surgery. She also works closely with plastic and reconstructive surgeons to offer women the best possible cosmetic options and results following treatment.
Urology - Kidney Stones

Seth K. Bechis, MD
Urologist
Assistant Professor of Urology

Specialties:
Urology, Surgery

Subspecialties:
Kidney Stones, Minimally Invasive Surgery

Encinitas - Garden View Road
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Seth Bechis, MD, is a board-certified urologist who cares for patients with diseases of the urinary tract, including kidney stones, benign prostatic hyperplasia (BPH) or enlarged prostate, and men's health issues. As member of the comprehensive Kidney Stone Center at UC San Diego Health, he has a special interest in advanced surgical treatment, medical prevention and research on kidney stone disease. He also performs advanced procedures for BPH as well as robotic surgery.
# Index

**A**
- Alperin, Marianna ................................................................. 30

**B**
- Ball, Scott Taber ................................................................. 33
- Bechis, Seth K. ................................................................. 48, 50
- Bharne, Anjali ......................................................... 2, 4, 9, 12, 19, 21
- Binder, Pratibha S. ................................................................. 7, 29

**C**
- Cadman, Karen ................................................................. 22, 40
- Cidambi, Krishna R. ................................................................. 33
- Covey, Dana Curtis ................................................................. 31, 45, 46

**E**
- Eisenstein, Samuel ................................................................. 4, 20, 46
- Eskander, Ramez N. ................................................................. 7, 18, 29

**G**
- Gonzales, Francis B ................................................................. 34

**H**
- Helton, Derek ......................................................... 4, 8, 9, 11, 12, 17, 21, 24
- Hentzen, Eric ................................................................. 32, 36, 45
- Heresheimer, Charles ................................................................. 22, 40
- Hosseini, Ava ................................................................. 2, 49
- Hupfeld, Christopher J. ................................................................. 20

**J**
- Jaramillo, Mary ................................................................. 23, 40

**L**
- Levine, Neil ................................................................. 23, 40

**M**
- Macaulay, Kathryn ................................................................. 28
- Middleton, Gregory D. ................................................................. 32, 44

**N**
- Nguyen, Christine ................................................................. 23, 41

**P**
- Parry, Lisa A. ................................................................. 5, 20, 47, 48

**R**
- Rash, Dominique ................................................................. 3, 5, 8, 42
- Reid, Christopher ................................................................. 38, 39
- Ries, Maureen C. ................................................................. 28
- Rubenzik, Tamara ................................................................. 25, 26, 27, 37

**S**
- Seibert, Tyler ................................................................. 14, 15, 19, 42
- Siddiqui, Fareeha ................................................................. 10, 11, 13, 22
- Simpson, Daniel R. ................................................................. 6, 15, 43
- Stewart, Ryan W. ................................................................. 23, 41
- Subramanian, Rupa ................................................................. 3

**U**
- Urbanic, James ................................................................. 3, 10, 13, 16, 43

**V**
- Vicario, Daniel ................................................................. 1

**Z**
- Zlomislic, Vinko ................................................................. 35, 46