UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Cancer

Cancer is an abnormal growth of cells which creates tumors, abnormal growths of tissue, and clusters of cells that are capable of growing and dividing uncontrollably — oncology is the branch of medicine concerned with the diagnosis and treatment of cancer. Learn more about cancer at UC San Diego Health.

Daniel Vicario, MD
Medical Director, San Diego Cancer Center
Director, Integrative Oncology Program

Specialty:
Cancer

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Dr. Vicario is a medical oncologist who co-founded the San Diego Cancer Center (SDCC). He is a pioneer in the research of mind-body medicine (the influence of the human spirit on the healing process) and in the field of integrative medicine. He created the Integrative Medicine Program at SDCC in 1988, and has been director of the program for over a decade.
Cancer - Breast Cancer

**Anjali Bharne, MD**  
Hematologist/Medical Oncologist

**Specialties:**  
Hematology/Blood Diseases, Cancer

**Subspecialties:**  
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

**Add'l Language:**  
Spanish

**Encinitas - Garden View Road**  
**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

**Bio:**  
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

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**Rupa Subramanian, MD**

**Specialty:**  
Cancer

**Subspecialty:**  
Breast Cancer

**Add'l Language:**  
Hindi

**Encinitas - Garden View Road**  
**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

**Bio:**  
Rupa Subramanian, MD, is a board-certified oncologist and director of breast cancer services at our Encinitas and Vista locations. She believes in compassionate and personalized patient care and using new advanced therapies to create the optimal healing environment for the mind and body.
Cancer - Gastrointestinal Cancers

**Anjali Bharne, MD**
Hematologist/Medical Oncologist

**Specialties:**
Hematology/Blood Diseases, Cancer

**Subspecialties:**
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

**Add'l Language:**
Spanish

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

---

**Derek Helton, MD, FACP**
Medical Oncologist
Medical Director of North County Cancer Services

**Specialties:**
Medical Oncology, Cancer, Hematology/Blood Diseases

**Subspecialties:**
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Gynecological Cancers

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Head & Neck Cancers

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Additional Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Head & Neck Cancers (cont.)

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Leukemia & Lymphoma

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqi, MD, is a board-certified oncologist and hematologist, specializing in the treatment of a wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Lung Cancer

Anjali Bharne, MD
Hematologist/Medical Oncologist

**Specialties:**
Hematology/Blood Diseases, Cancer

**Subspecialties:**
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

**Add'l Language:**
Spanish

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

**Specialties:**
Medical Oncology, Cancer, Hematology/Blood Diseases

**Subspecialties:**
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Lung Cancer (cont.)

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Pancreatic Cancer

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers,
Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical
director of cancer services at our Encinitas and Vista locations. He
specializes in the treatment of a broad range of solid tumor malignancies
and benign and malignant blood disorders. He has a special interest in the
treatment of gastrointestinal cancers, including colorectal, esophagus,
stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Urologic Cancer

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Add'l Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about hematology/blood diseases at UC San Diego Health.

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer
Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer
Add'l Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases
Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Sonia Bajwa-Dulai, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Hindi, Punjabi

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.

Jennifer DeConde, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Jennifer DeConde, MD, is a board-certified internal medicine physician. She provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.
Internal Medicine (cont.)

Mary Jaramillo, MD  
Primary Care Physician  
Specialties: Primary Care, Internal Medicine  
Vista - Sycamore Avenue  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  
Bio:  
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Steven Li, MD  
Primary Care Physician  
Specialties: Primary Care, Internal Medicine  
Sorrento Valley - Directors Place  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5400  
Bio:  
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.

Neil Levine, MD  
Primary Care Physician  
Assistant Clinical Professor of Medicine  
Specialties: Primary Care, Internal Medicine  
Vista - Sycamore Avenue  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  
Bio:  
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Nicole Mandich, MD  
Primary Care Physician  
Specialties: Primary Care, Internal Medicine  
Sorrento Valley - Directors Place  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5400  
Bio:  
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.
Marlene Millen, MD  
Primary Care Physician  
Chief Medical Information Officer, Ambulatory Care  
Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Sorrento Valley - Directors Place  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5400  

Bio:  
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Christine Nguyen, MD  
Primary Care Physician  
Assistant Clinical Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Add'l Language:  
Vietnamese  

Vista - Sycamore Avenue  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  

Bio:  
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan W. Stewart, MD  
Primary Care Physician  

Specialties:  
Primary Care, Internal Medicine  

Vista - Sycamore Avenue  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  

Bio:  
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Melissa A. Wong, MD  
Primary Care Physician  
Assistant Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Sorrento Valley - Directors Place  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5400  

Bio:  
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.
Medical Oncology

Medical oncology focuses on the diagnosis and treatment of all types of cancer and other benign and malignant tumors. Medical oncologists administer therapy for these malignancies and collaborate with surgical and radiation oncologists to provide cancer treatments. Learn more about cancer care at UC San Diego Health.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases
Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Nephrology (Kidney) - Chronic Kidney Disease

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Nephrology (Kidney) - Critical Care Nephrology

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Nephrology (Kidney) - Dialysis

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology)

Jerasimos (Jerry) Ballas, MD, MPH, FACOG
Perinatologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)  
**Add'l Language:** Greek

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Sorrento Valley: (858) 657-7200  
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**  
Jerry Ballas, MD, MPH, is a board-certified perinatologist who cares for women with high-risk pregnancies. As a maternal-fetal medicine specialist, he treats expectant mothers who have an increased chance that they or their babies will have health complications.

Andrew D. Hull, BMBS, FRCOG, FACOG
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**  
Andrew D. Hull, BMBS, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Hull’s expertise includes caring for pregnant women with chronic medical problems, including HIV; pregnancies complicated by fetal disorders such as isoimmunization and complex birth defects; and placental disorders such as placenta accreta.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology) (cont.)

Thomas F. Kelly, MD
Perinatologist
Chief, Division of Perinatal Medicine
Professor of Obstetrics, Gynecology, and Reproductive Sciences

- **Specialty:** Obstetrics & Gynecology
- **Subspecialty:** Maternal-Fetal Medicine (Perinatology)

Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200

**Bio:**
Thomas F. Kelly, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. His expertise includes medical complications of pregnancy and fetal diagnosis.

Leah Lamale-Smith, MD
Perinatologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

- **Specialty:** Obstetrics & Gynecology
- **Subspecialty:** Maternal-Fetal Medicine (Perinatology)
- **Add'l Language:** Spanish

Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

**Bio:**
Leah Lamale-Smith, MD, is a board-certified obstetrician/gynecologist who specializes in high-risk pregnancies. As a provider of maternal-fetal medicine, she cares for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Lamale-Smith’s expertise is in performing invasive fetal procedures for prenatal screening and diagnosis, including chorionic villus sampling (CVS), amniocentesis, and fetal blood sampling and intrauterine transfusion. She is also experienced in caring for women with higher-order multiples, women with complex medical conditions such as autoimmune disorders and cardiac disease, and critically ill women who require intensive care during their pregnancy or postpartum period.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology) (cont.)

Louise C. Laurent, MD, PhD
Perinatologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
Louise C. Laurent, MD, PhD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Laurent’s expertise is in treating women who are at risk for preeclampsia or fetal growth restriction.

Thomas Moore, MD
Interim Chief Medical Officer
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Sorrento Valley - Directors Place
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
Thomas Moore, MD, is a board-certified maternal-fetal medicine specialist. He provides prenatal care for women with high-risk pregnancies, and is recognized nationally as an expert on pregnancy and diabetes. Dr. Moore has been ranked several times as one of the top obstetricians and gynecologists in the nation by U.S. News & World Report, as well as been named repeatedly as a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society. Most recently he received the Louis M. Hellman MD Midwifery Partnership Award from the American College of Obstetricians and Gynecologists.
Gladys "Sandy" Ramos, MD
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - Medical Offices South
Sorrento Valley - Directors Place
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Gladys "Sandy" Ramos, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women with complex health or fetal issues. Dr. Ramos' expertise is in treating women with diabetes to help ensure safe deliveries of healthy infants while maintaining optimal health for mothers. She is also experienced in managing placenta accreta and other high-risk issues.

Robert Resnik, MD
Professor Emeritus of Obstetrics, Gynecology, and Reproductive Sciences
Perinatologist

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Hillcrest - Medical Offices South
Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - Sorrento Valley: (858) 657-7200

Bio:
Robert Resnik, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Resnik's expertise includes treating fetal growth restriction and placenta accreta.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology) (cont.)

Maryam Tarsa, MD  
Professor of Obstetrics, Gynecology, and Reproductive Sciences  
Perinatologist  

Specialty:  
Obstetrics & Gynecology  
Subspecialty:  
Maternal-Fetal Medicine (Perinatology)  
Add'l Language:  
Farsi  

Jacobs Medical Center  
Sorrento Valley - Directors Place  
Hillcrest - Medical Offices South  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Sorrento Valley: (858) 657-7200  
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:  
Maryam Tarsa, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Tarsa's expertise includes fetal imaging and treating pregnant women with autoimmune disorders, infectious diseases and transplants. She also cares for women having twins or higher-order multiples.

Douglas Andrew Woelkers, MD  
Perinatologist  
Professor of Obstetrics, Gynecology, and Reproductive Sciences  

Specialty:  
Obstetrics & Gynecology  
Subspecialty:  
Maternal-Fetal Medicine (Perinatology)  
Add'l Language:  
Spanish  

Jacobs Medical Center  
Sorrento Valley - Directors Place  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7200

Bio:  
Douglas Andrew Woelkers, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Woelkers' expertise includes preeclampsia, thrombophilia and placental insufficiency.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology) (cont.)

Richard B. Wolf, DO
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Jacobs Medical Center
Sorrento Valley - Directors Place
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
Richard B. Wolf, DO, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Wolf’s expertise includes fetal imaging, amniotic fluid abnormalities, blood clotting disorders during pregnancy and blood group (Rh) incompatibility.
Palliative Care

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Sonia Bajwa-Dulai, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Hindi, Punjabi

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Jennifer DeConde, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Bio:
Jennifer DeConde, MD, is a board-certified internal medicine physician. She provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Bio:
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.
Mary Jaramillo, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776
Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Steven Li, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Sorrento Valley - Directors Place
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400
Bio:
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.

Neil Levine, MD
Primary Care Physician
Assistant Clinical Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776
Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Nicole Mandich, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Sorrento Valley - Directors Place
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400
Bio:
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.
Marlene Millen, MD  
Primary Care Physician  
Chief Medical Information Officer, Ambulatory Care  
Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Sorrento Valley - Directors Place  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5400  

Bio:  
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Christine Nguyen, MD  
Primary Care Physician  
Assistant Clinical Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Add'l Language:  
Vietnamese  

Vista - Sycamore Avenue  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  

Bio:  
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan W. Stewart, MD  
Primary Care Physician  

Specialties:  
Primary Care, Internal Medicine  

Vista - Sycamore Avenue  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  

Bio:  
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Melissa A. Wong, MD  
Primary Care Physician  
Assistant Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Sorrento Valley - Directors Place  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5400  

Bio:  
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - 9909 Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).
Radiology

Radiology is the branch of medicine specializing in the use of imaging technologies such as x-ray and radiation to diagnose and treat diseases. Learn more about radiology at UC San Diego Health.

Mary O'Boyle, MD
Radiologist
Professor of Radiology

Specialty:
Radiology
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3405
Direct Clinic Line - Sorrento Valley: (858) 657-7200

Bio:
Mary O'Boyle, MD, is a board-certified radiologist with expertise in body imaging. She uses ultrasound, computed tomography (CT), magnetic resonance imaging (MRI) and fluoroscopy to image the abdomen and pelvis to better diagnosis and treat a wide variety of health conditions, including cancer and high-risk pregnancies.

Dolores H. Pretorius, MD
Director of Fetal Imaging, Maternal-Fetal Care and Genetics
Professor of Radiology

Specialty:
Radiology

Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3405
Direct Clinic Line: (858) 657-7200

Bio:
Dolores H. Pretorius, MD, is a board-certified radiologist who specializes in fetal imaging and ultrasound imaging. As the director of fetal imaging at UC San Diego Health's Maternal-Fetal Care and Genetics, she performs ultrasound scans on expectant mothers to check for problems with fetal development or other problems during pregnancy. During fetal imaging examinations, Dr. Pretorius may make diagnoses that help guide treatment for a woman or her baby before and after birth. She also performs ultrasound examinations in adults and children.
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