Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by U.S. News & World Report.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
# Table of Contents

## Cancer
- Breast Cancer .......................................................................................................................... 2  
- Gastrointestinal Cancers ............................................................................................................. 3  
- Gynecological Cancers ................................................................................................................ 4  
- Head & Neck Cancers .................................................................................................................. 5  
- Immunotherapy .......................................................................................................................... 6  
- Leukemia & Lymphoma ............................................................................................................... 7  
- Lung Cancer ................................................................................................................................ 8  
- Melanoma / Skin Cancers ............................................................................................................. 9  
- Neurological Oncology ................................................................................................................ 10  
- Pancreatic Cancer ....................................................................................................................... 11  
- Precision Medicine .................................................................................................................... 12  
- Psychosocial Oncology ............................................................................................................... 13  
- Sarcoma (Bone and Soft Tissue) ................................................................................................ 14  
- Urologic Cancer ........................................................................................................................ 15  

## Hematology/Blood Diseases ........................................................................................................ 16  

## Internal Medicine .................................................................................................................... 17  

## Marriage and Family Therapy .................................................................................................. 18  

## Medical Oncology ................................................................................................................... 19  

## Nephrology (Kidney)
- Apherisis ...................................................................................................................................... 20  
- Chronic Kidney Disease .............................................................................................................. 21  
- Critical Care Nephrology ............................................................................................................ 22  
- Dialysis ........................................................................................................................................ 23  
- Transplant Nephrology ............................................................................................................... 24  

## Palliative Care ............................................................................................................................ 25  

## Pediatrics
- Adolescent Medicine .................................................................................................................... 26  
- Complex Care Pediatrics ........................................................................................................... 27  
- Developmental-Behavioral Pediatrics ......................................................................................... 28  
- General Pediatrics ..................................................................................................................... 29  
- Neonatal-Perinatal Medicine ........................................................................................................ 30  
- Newborn Hospital Care ............................................................................................................... 31  
- Travel Medicine ......................................................................................................................... 32  

## Primary Care ............................................................................................................................ 33  

## Psychology .................................................................................................................................. 34  

## Index ........................................................................................................................................... 35
Cancer

Cancer is an abnormal growth of cells which creates tumors, abnormal growths of tissue, and clusters of cells that are capable of growing and dividing uncontrollably — oncology is the branch of medicine concerned with the diagnosis and treatment of cancer. Learn more about cancer at UC San Diego Health.

Daniel Vicario, MD
Medical Director, San Diego Cancer Center
Director, Integrative Oncology Program

Specialty:
Cancer

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Dr. Vicario is a medical oncologist who co-founded the San Diego Cancer Center (SDCC). He is a pioneer in the research of mind-body medicine (the influence of the human spirit on the healing process) and in the field of integrative medicine. He created the Integrative Medicine Program at SDCC in 1988, and has been director of the program for over a decade.
Cancer - Breast Cancer

Anjali Bharne, MD  
Hematologist/Medical Oncologist

Specialties:  
Hematology/Blood Diseases, Cancer

Subspecialties:  
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Add'l Language:  
Spanish

Encinitas - Garden View Road  
Vista - Sycamore Avenue

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

Bio:  
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Rupa Subramanian, MD  
Specialty:  
Cancer

Subspecialty:  
Breast Cancer

Add'l Language:  
Hindi

Encinitas - Garden View Road  
Vista - Sycamore Avenue

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

Bio:  
Rupa Subramanian, MD, is a board-certified oncologist and director of breast cancer services at our Encinitas and Vista locations. She believes in compassionate and personalized patient care and using new advanced therapies to create the optimal healing environment for the mind and body.
Cancer - Gastrointestinal Cancers

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Add'l Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Gynecological Cancers

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Head & Neck Cancers

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Add'l Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Head & Neck Cancers (cont.)

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas:: (760) 536-7700
Direct Clinic Line - Vista:: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Leukemia & Lymphoma

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Lung Cancer

**Anjali Bharne, MD**  
Hematologist/Medical Oncologist  

**Specialties:**  
Hematology/Blood Diseases, Cancer  

**Subspecialties:**  
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer  

**Add'l Language:**  
Spanish  

**Encinitas - Garden View Road**  
**Vista - Sycamore Avenue**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700  

**Bio:**  
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

**Derek Helton, MD, FACP**  
Medical Oncologist  
Medical Director of North County Cancer Services  

**Specialties:**  
Medical Oncology, Cancer, Hematology/Blood Diseases  

**Subspecialties:**  
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma  

**Encinitas - Garden View Road**  
**Vista - Sycamore Avenue**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700  

**Bio:**  
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Lung Cancer (cont.)

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Pancreatic Cancer

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Urologic Cancer

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Add'l Language:
Spanish

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about hematolgy/blood diseases at UC San Diego Health.

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Add'l Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Hematology/Blood Diseases (cont.)

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer
Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer
Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.
Internal Medicine (cont.)

Mary Jaramillo, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000
Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Neil Levine, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000
Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Lawrence Ma, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine, Pediatrics
Subspecialty:
General Pediatrics
Add'l Language:
Mandarin
Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250
Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Internal Medicine (cont.)

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Vista - Sycamore Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan W. Stewart, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Marriage and Family Therapy

Marriage and Family Therapy is a branch of psychotherapy that helps individuals, couples and families to nurture change and development. It provides diagnosis and treatment of mental and emotional disorders, with a holistic perspective to care.

Janelle Farias, MA, LMFT
Marriage and Family Therapist

**Specialty:**
Marriage and Family Therapy

**Add'l Language:**
Spanish

**Kearny Mesa - Frost Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

**Bio:**
Janelle Farias, MA, is a licensed marriage and family therapist (LMFT) who specializes in mental health services to children and adolescents. She has experience working with all types of mental health challenges, including anxiety, depression, attention-deficit/hyperactivity disorder (ADHD), oppositional defiant disorder (ODD), eating disorders, gender dysphoria, autism spectrum disorder, bipolar disorder, and intellectual disability.
Medical Oncology

Medical oncology focuses on the diagnosis and treatment of all types of cancer and other benign and malignant tumors. Medical oncologists administer therapy for these malignancies and collaborate with surgical and radiation oncologists to provide cancer treatments. Learn more about cancer care at UC San Diego Health.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases
Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Nephrology (Kidney) - Chronic Kidney Disease

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 697-3000
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 697-3000
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Nephrology (Kidney) - Dialysis

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 697-3000
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Palliative Care

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 697-3000
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about [pediatrics](https://health.ucsd.edu) at UC San Diego Health.

Shirin Alonzo, MD, MPH
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Add'l Language:**
Farsi

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.

Rebecca Sox, MS, MPH, CPNP
Pediatric Nurse Practitioner

**Specialty:**
Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (619) 543-3771

**Bio:**
Rebecca Sox, MS, MPH, is a certified pediatric nurse practitioner (CPNP) with the High Risk Infant Follow-Up program at UC San Diego Health. She takes patient histories and performs physical, neurological, and development exams and assessments for high-risk children age five months to three years of age, following discharge from the neonatal intensive care unit. She also assists with early intervention referrals and collaborates with the program's social worker.

Shannon Leung, MD, MPH
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Kearny Mesa - Frost Street**

**La Jolla - 8910 Villa La Jolla**

**Contact:**
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
Shannon Leung, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine, Pediatrics

**Hillcrest - 4th & Lewis Medical Offices**

**Kearny Mesa - Frost Street**

**La Jolla - 8910 Villa La Jolla**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

**Bio:**
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Pediatrics - Adolescent Medicine

Maya M. Kumar, MD
Adolescent Medicine/Pediatrics Physician

Specialties:
Pediatrics, Primary Care

Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

Kanani E. Titchen, MD, FAAP
Adolescent Medicine Physician/Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
Adolescent Medicine

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Kanani Titchen, MD, is an adolescent medicine physician and board-certified pediatrician who provides primary care for young people ages 10 to 26, while specializing in the unique physical, social and emotional conditions of their life stages. Dr. Titchen has expertise in trauma-sensitive adolescent reproductive and sexual health (including long-acting reversible contraception, problems with menstruation, and sexual assault/abuse and sex trafficking); health care for lesbian, gay, bisexual and transgender youth; and the use of pre-exposure prophylaxis (PrEP) medication in preventing HIV infection.
Pediatrics - Complex Care Pediatrics

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Complex Care Pediatrics, General Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Developmental-Behavioral Pediatrics is the evaluation and treatment of developmental, learning or behavioral problems in children and adolescents.

**Adam Braddock, MD**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Developmental-Behavioral Pediatrics, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 246-0053

**Bio:**
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

**Sheila Gahagan, MD, MPH**
Developmental-Behavioral Pediatrician
Professor of Pediatrics

**Specialty:**
Pediatrics

**Subspecialty:**
Developmental-Behavioral Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 246-0053

**Bio:**
Sheila Gahagan, MD, MPH, is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning difficulties or mental health concerns. She has particular expertise in infant and toddler regulation disorders (including sleep problems), difficulty feeding, excessive crying and tantrums, attachment disorders, complications of prematurity, and fetal alcohol syndrome. She also cares for many children with autism spectrum disorders and ADHD.

**Lauren E. Gist, MD, MPH**
Pediatrician

**Specialty:**
Pediatrics

**Subspecialty:**
Developmental-Behavioral Pediatrics

**Add'l Language:**
Spanish

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 246-0053

**Bio:**
Lauren Gist, MD, MPH is a board-certified pediatrician who specializes in developmental-behavioral pediatrics. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning difficulties or mental health concerns. Dr. Gist has a special interest in the evaluation and care of young children with behavioral challenges, children with developmental and behavioral concerns associated with genetic conditions, autism, and fetal alcohol spectrum disorders.
Yi Hui Liu, MD, MPH
Developmental-Behavioral Pediatrician
Associate Professor of Pediatrics

**Specialty:**
Pediatrics

**Subspecialty:**
Developmental-Behavioral Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 246-0053

**Bio:**
Yi Hui Liu, MD, MPH is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning disorders and/or mental health concerns. Dr. Liu has a special interest in the evaluation and care of children with attention deficit hyperactivity disorder (ADHD), autism spectrum disorders, anxiety, intellectual disability, and developmental delays. She has extensive experience collaborating with other developmental services, including psychology, speech and language therapy, occupational therapy, and physical therapy.
Pediatrics - General Pediatrics

**Eyla Boies, MD**
Pediatrician
Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Kearny Mesa - Frost Street**
La Jolla - 8910 Villa La Jolla

**Contact:**
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.

---

**Janet Crow, MD, FAAP**
Pediatrician
Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Add'l Language:**
Spanish

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients and caring for them as they grow and change.

---

**Adam Braddock, MD**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Developmental-Behavioral Pediatrics, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 246-0053

**Bio:**
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

---

**Nancy Graff, MD**
Clinical Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. "Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods."
Pediatrics - General Pediatrics (cont.)

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Travel Medicine, General Pediatrics

Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.

Maya M. Kumar, MD
Adolescent Medicine/Pediatrics Physician

Specialties:
Pediatrics, Primary Care

Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Maya M. Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Bret D. Pickering, MD  
Director, Pediatrics and Adolescent Medicine 
Professor of Pediatrics

Specialties: 
Pediatrics, Primary Care  
Subspecialties: 
Complex Care Pediatrics, General Pediatrics  
Add'l Language: 
Spanish  

Kearny Mesa - Frost Street  

Contact:  
Direct Clinic Line:: (858) 496-4800  

Bio:  
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.

Vanessa P. Scott, MD  
Pediatrician  
Assistant Professor of Pediatrics  

Specialties: 
Pediatrics, Primary Care  
Subspecialty: 
General Pediatrics  

La Jolla - 8910 Villa La Jolla  
Kearny Mesa - Frost Street  

Contact:  
Direct Clinic Line - La Jolla:: (858) 203-4962  
Direct Clinic Line - Kearny Mesa:: (858) 496-4800  

Bio:  
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Helen C. Wang, MD  
Pediatrician  

Specialties: 
Pediatrics, Primary Care  
Subspecialty: 
General Pediatrics  
Add'l Language: 
Mandarin  

Kearny Mesa - Frost Street  
La Jolla - 8910 Villa La Jolla  

Contact:  
Direct Clinic Line - Kearny Mesa:: (858) 496-4800  
Direct Clinic Line - La Jolla:: (858) 203-4962  

Bio:  
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.
Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Travel Medicine, General Pediatrics

Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Shirin Alonzo, MD, MPH  
Pediatrician  
Specialties: Pediatrics, Primary Care  
Add'l Language: Farsi  
Kearny Mesa - Frost Street  
Contact: Direct Clinic Line: (858) 496-4800  
Bio: Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.

Adam Braddock, MD  
Pediatrician  
Specialties: Pediatrics, Primary Care  
Subspecialties: Developmental-Behavioral Pediatrics, General Pediatrics  
Kearny Mesa - Frost Street  
Contact: Direct Clinic Line: (858) 246-0053  
Bio: Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Eyla Boies, MD  
Pediatrician  
Professor of Pediatrics  
Specialties: Pediatrics, Primary Care  
Subspecialty: General Pediatrics  
Kearny Mesa - Frost Street  
La Jolla - 8910 Villa La Jolla  
Contact: Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962  
Bio: Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.

Karen Cadman, MD  
Primary Care Physician  
Assistant Clinical Professor of Medicine  
Specialties: Primary Care, Internal Medicine  
Vista - Sycamore Avenue  
Contact: New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 697-3000  
Bio: Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialties: Pediatrics, Primary Care
Subspecialty: General Pediatrics
Add’l Language: Spanish
Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio: Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients and caring for them as they grow and change.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties: Primary Care, Internal Medicine
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio: Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.

Nancy Graff, MD
Clinical Professor of Pediatrics

Specialties: Pediatrics, Primary Care
Subspecialty: General Pediatrics
Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio: Nancy Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. "Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods."

Mary Jaramillo, MD
Primary Care Physician

Specialties: Primary Care, Internal Medicine
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio: Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Travel Medicine, General Pediatrics

**Add'l Languages:**
French, Spanish

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.

Shannon Leung, MD, MPH
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Kearny Mesa - Frost Street**

**La Jolla - 8910 Villa La Jolla**

**Contact:**
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
Shannon Leung, MD, MPH, is a board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.

Maya M. Kumar, MD
Adolescent Medicine/Pediatrics Physician

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Adolescent Medicine, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

Neil Levine, MD
Primary Care Physician
Assistant Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

**Bio:**
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics
Subspecialty:
General Pediatrics
Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Vietnamese

Vista - Sycamore Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Complex Care Pediatrics, General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Primary Care (cont.)

Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Kanani E. Titchen, MD, FAAP
Adolescent Medicine Physician/Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
Adolescent Medicine

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Kanani Titchen, MD, is an adolescent medicine physician and board-certified pediatrician who provides primary care for young people ages 10 to 26, while specializing in the unique physical, social and emotional conditions of their life stages. Dr. Titchen has expertise in trauma-sensitive adolescent reproductive and sexual health (including long-acting reversible contraception, problems with menstruation, and sexual assault/abuse and sex trafficking); health care for lesbian, gay, bisexual and transgender youth; and the use of pre-exposure prophylaxis (PrEP) medication in preventing HIV infection.

Ryan W. Stewart, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Helen C. Wang, MD
Pediatrician

Specialties: Pediatrics, Primary Care
Subspecialty: General Pediatrics
Add'l Language: Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa:: (858) 496-4800
Direct Clinic Line - La Jolla:: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.
Psychology

Carlos Alarid, PsyD
Psychologist

Specialty:
Psychology

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
Sorrento Valley - Directors Place
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9260
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Vista: (858) 534-7792

Bio:
Carlos Alarid, PsyD, is a licensed clinical psychologist who treats people with trauma, depression, anxiety, substance abuse and chronic pain. In caring for his patients, Dr. Alarid collaboratively works alongside their primary care physician in the family medicine setting. He provides individual therapy using cognitive behavioral therapy and acceptance and commitment therapy.

William J Sieber, PhD
Psychologist
Professor of Family Medicine and Public Health

Specialty:
Psychology

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue
Sorrento Valley - Directors Place
La Jolla - Perlman Medical Offices
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Dr. Sieber is on the faculty at the University of California, San Diego in the Department of Family Medicine and Public Health as well as Department of Psychiatry. Dr. Sieber serves as Research Director for the division of Family Medicine. He helps coordinate the Collaborative Care program, delivering clinical services and supervising that of others for the benefit of primary care patients often struggling with chronic illness. Dr. Sieber serves as a reviewer for nearly a dozen peer-reviewed medical journals, has been a consultant to the biotech and pharmaceutical industry, has presented to tens of thousands of health care providers on topics of stress, burnout, and health promotion, and as a licensed psychologist has provided and supervised the delivery of services for over 20 years in a variety of medical settings.
Index

A
Alarid, Carlos ........................................... 37
Alonzo, Shrin ........................................... 22, 31

B
Bharne, Anjali ........................................... 2, 3, 5, 8, 11, 12
Boies, Eyla ............................................... 27, 31
Braddock, Adam ....................................... 25, 27, 31

C
Cadman, Karen ......................................... 13, 31
Crow, Janet ............................................... 27, 32

F
Farias, Janelle ........................................... 16

G
Gahagan, Sheila ......................................... 25
Gist, Lauren E. ......................................... 25
Graff, Nancy ............................................... 27, 32

H
Helton, Derek ........................................... 3, 4, 5, 7, 8, 10, 12, 17

Hergesheimer, Charles ......................... 13, 32

J
Jaramillo, Mary ......................................... 14, 32

K
Kern, Leah D. ........................................... 28, 30, 33
Kumar, Maya M. ........................................ 23, 28, 33

L
Leung, Shannon ......................................... 22, 33
Levine, Neil ............................................... 14, 33
Liu, Yi Hui .................................................. 26

M
Ma, Lawrence .......................................... 14, 28, 34

N
Nguyen, Christine ..................................... 15, 34

P
Pickering, Bret D. ...................................... 24, 29, 34

R
Rubenzik, Tamara ................................. 18, 19, 20, 21

S
Scott, Vanessa P. ...................................... 29, 35
Siddiqui, Fareeha ....................................... 6, 7, 9, 13
Sieber, William J ....................................... 37
Soo, Rebecca ........................................... 22
Stewart, Ryan W. ....................................... 15, 35
Subramanian, Rupa ................................. 2

T
Titchen, Kanani E. .................................... 23, 35

V
Vicario, Daniel .......................................... 1

W
Wan, Lori .................................................. 15, 22, 35
Wang, Helen C. ........................................ 29, 36