Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*'s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
Locations

**La Jolla**
- 4510 and 4520 Executive Drive
  San Diego, CA 92121
- 8910 Villa La Jolla Drive
  La Jolla, CA 92037
- 8899 and 8929 University Center Lane
  San Diego, CA 92122
- 8939 Villa La Jolla Drive
  La Jolla, CA 92037
- 9333 Genesee Avenue
  San Diego, CA 92121
- 8950 Villa La Jolla Drive
  La Jolla, CA 92037
- 9350 Campus Point Drive
  La Jolla, CA 92037

**Shiley Eye Institute**
- 9415 Campus Point Drive
  La Jolla, CA 92093

**Sulpizio Cardiovascular Center**
- 9434 Medical Center Drive
  La Jolla, CA 92093

**Moores Cancer Center**
- 3855 Health Sciences Drive
  La Jolla, CA 92093

**Jacobs Medical Center**
- 9300 Campus Point Drive
  La Jolla, CA 92037

**Hillcrest**
- 4th and Lewis Medical Offices
  330 Lewis Street
  San Diego, CA 92103
- Medical Offices North
  200 West Arbor Drive
  San Diego, CA 92103
- Medical Offices South
  4168 Front Street
  San Diego, CA 92103
- UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103

**Encinitas**
- 1200 Garden View Road
  Encinitas, CA 92024
- 477 North El Camino Real
  Encinitas, CA 92024

**Vista**
- 910 Sycamore Avenue
  Vista, CA 92081

**Scripps Ranch**
- 9909 Mira Mesa Blvd.
  San Diego, CA 92131

**Kearny Mesa**
- 7910 Frost Street
  San Diego, CA 92123

**Rady Children’s Hospital-San Diego**
- 3020 Children’s Way
  San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
  Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway
  Temecula, CA 92952

**Sorrento Valley**
- 4910 Directors Place
  San Diego, CA 92121
# Table of Contents

**Family Medicine**
- Integrative & Holistic Medicine ................................................................. 5

**Osteopathic Medicine** .................................................................................. 6

**Pain Management** ......................................................................................... 8

**Physical Medicine & Rehabilitation** ............................................................. 9

**Primary Care** ................................................................................................. 10

**Psychiatry**
- Eating Disorders .............................................................................................. i
- Geriatric Psychiatry ......................................................................................... i

**Psychology** .................................................................................................... 16

**Sports Medicine** ............................................................................................ 17

**Index** ............................................................................................................. 19
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health System.

---

### Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist  
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine, Sports Medicine  
**Add'l Languages:**
French, Spanish

**La Jolla - Genesee Avenue**  
**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  
Direct Clinic Line - Executive Dr.: (844) 377-7678

**Bio:**
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating and preventing injuries associated with athletics. He is highly experienced in ultrasound guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

---

### Patricia Brady, MD
Primary Care Physician  
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine  
**Add'l Languages:**
Portuguese, Spanish

**La Jolla - Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

**Bio:**
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

---

### Rina S. Edi, MD
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**La Jolla - Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

**Bio:**
Rina Edi, MD, is board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including infants, children, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health. Dr. Edi’s expertise is in providing well women care such as contraception, including intrauterine devices (IUDs) and birth control implants, as well as performing endometrial biopsies and colposcopy for abnormal Pap test results.
Family Medicine (cont.)

Allison M. Lynch, MD  
Primary Care Physician  
Specialties:  
Primary Care, Family Medicine  
Add'l Language:  
Spanish  
La Jolla - Genesee Avenue  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  
Bio:  
Allison Lynch, MD, is a board-certified family physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.

Sheldon Morris, MD, MPH  
Primary Care Physician  
Associate Professor of Family Medicine and Public Health  
Specialties:  
Primary Care, Family Medicine  
La Jolla - Genesee Avenue  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  
Bio:  
Sheldon Morris, MD, MPH, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He has special training in preventive medicine.

Chad Osborne, MD  
Primary Care Physician  
Assistant Professor of Family Medicine and Public Health  
Specialties:  
Primary Care, Family Medicine  
La Jolla - Genesee Avenue  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  
Bio:  
Chad Osborne, MD, is a board-certified family medicine doctor at La Jolla Family and Sports Medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH  
Primary Care Physician  
Assistant Professor of Family Medicine and Public Health  
Specialties:  
Primary Care, Family Medicine  
Add'l Languages:  
French, Spanish, Swahili  
La Jolla - Genesee Avenue  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  
Bio:  
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Family Medicine (cont.)

Divya K. Reddy, MD
Primary Care Physician

Specialties:  
Primary Care, Family Medicine  
Add'l Language:  
Spanish

La Jolla - Genesee Avenue

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

Bio:  
Divya K. Reddy, MD, is a board-certified family medicine doctor who cares for patients of all ages. She provides primary care to infants and children and adults and seniors, including preventive care and treatment of acute and chronic diseases. As a family physician with advanced training in obstetrics care, Dr. Reddy can provide prenatal care and deliver babies. She also provides well woman care, including health care maintenance and contraception.

Rebecca L Rosen, MD
Primary Care Physician

Specialties:  
Primary Care, Family Medicine  
Add'l Languages:  
French, Italian, Spanish

La Jolla - Genesee Avenue

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

Bio:  
Rebecca L. Rosen, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist  
Assistant Professor of Family Medicine and Public Health

Specialties:  
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - Genesee Avenue  
Hillcrest - 4th & Lewis Medical Offices  
La Jolla - 4520 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

Bio:  
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health’s Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.
Family Medicine (cont.)

Kenneth S. Taylor, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Language:
Spanish

La Jolla - Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a special interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Mary Wang, MD
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Korean, Mandarin

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Mary Wang, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Lesley D. Wilkinson, MD
Primary Care Physician
Professor of Family Medicine and Public Health

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Lesley D. Wilkinson, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Family Medicine - Integrative & Holistic Medicine

Gordon Saxe, MD
Specialty: Family Medicine
Subspecialty: Integrative & Holistic Medicine
La Jolla - Genesee Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Bio:
Gordon Saxe, MD, is a board-certified family medicine doctor. He provides care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Daniel Slater, MD
Primary Care Physician
Professor of Family Medicine and Public Health
Specialties: Primary Care, Family Medicine
Subspecialty: Integrative & Holistic Medicine
Add'l Language: Spanish
La Jolla - Genesee Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Bio:
Daniel Slater, MD, is a board-certified family medicine physician. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He also offers consultations in integrative medicine through UC San Diego’s Center for Integrative Medicine, which focuses on whole-person wellness by addressing physical, lifestyle, psychological, and spiritual needs. Integrative therapies recommended often include, but are not limited to, complementary modalities such as acupuncture, osteopathic manipulation, mindfulness, acupressure, specific movement therapies, and natural supplements.

Jesse Sozanski, MD
Primary Care Physician
Specialties: Family Medicine, Primary Care
Subspecialty: Integrative & Holistic Medicine
La Jolla - Genesee Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Bio:
Jesse Sozanski, MD, is a board-certified family medicine physician who has expertise in medical acupuncture and mind-body medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Osteopathic Medicine

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Jacob E. (Jake) Fleming, DO
Osteopathic Physician

Specialty:
Osteopathic Medicine

Add'l Languages:
Portuguese, Spanish

Hillcrest - 4th & Lewis Medical Offices
La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Hillcrest: (619) 471-9260

Bio:
Jake Fleming, DO, is an osteopathic physician and board-certified family medicine doctor who provides care for patients of all ages, and helps people adopt lifestyle changes aimed at disease prevention. He has a whole-body approach to medicine and is highly experienced in musculoskeletal medicine and manual medicine techniques to diagnose and treat restrictions in the body that contribute to pain and disease.

Hollis H. King, DO, PhD
Osteopathic Physician
Professor of Family Medicine and Public Health

Specialty:
Osteopathic Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Hollis H. King, DO, is a board-certified osteopathic physician. He has a whole-body approach to medicine and is highly experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person’s muscles and joints to ease pain and increase mobility.
Osteopathic Medicine (cont.)

Michael Kurisu, DO
Osteopathic Physician

Specialty:
Osteopathic Medicine

Contact:
Scripps Ranch - Mira Mesa Blvd
La Jolla - Genesee Avenue

Bio:
Michael Kurisu, DO, is a family medicine physician who provides comprehensive care for people of all ages, including children and adults. As a holistic medicine doctor, the cornerstone of his approach focuses on an internal capacity to heal. He considers the whole person — physical and emotional — in the quest for optimal health and wellness.

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Contact:
La Jolla - Genesee Avenue
Scripps Ranch - Mira Mesa Blvd

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health’s Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.

Roger J. Mignosa, DO
Physical Medicine and Rehabilitation Specialist
Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Osteopathic Medicine

Contact:
La Jolla - Genesee Avenue
Scripps Ranch - Mira Mesa Blvd

Bio:
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health System.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Physical Medicine & Rehabilitation

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Roger J. Mignosa, DO
Physical Medicine and Rehabilitation Specialist
Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Osteopathic Medicine

La Jolla - Genesee Avenue
Scripps Ranch - Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
French, Spanish

La Jolla - Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating and preventing injuries associated with athletics. He is highly experienced in ultrasound guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Patricia Brady, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Portuguese, Spanish

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Rina S. Edi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Rina Edi, MD, is board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including infants, children, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health. Dr. Edi's expertise is in providing well women care such as contraception, including intrauterine devices (IUDs) and birth control implants, as well as performing endometrial biopsies and colposcopy for abnormal Pap test results.
Primary Care (cont.)

Allison M. Lynch, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Allison Lynch, MD, is a board-certified family physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.

Chad Osborne, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Chad Osborne, MD, is a board-certified family medicine doctor at La Jolla Family and Sports Medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Sheldon Morris, MD, MPH
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Sheldon Morris, MD, MPH, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He has special training in preventive medicine.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Add'l Languages:
French, Spanish, Swahili

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Primary Care (cont.)

Divya K. Reddy, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Divya K. Reddy, MD, is a board-certified family medicine doctor who cares for patients of all ages. She provides primary care to infants and children and adults and seniors, including preventive care and treatment of acute and chronic diseases. As a family physician with advanced training in obstetrics care, Dr. Reddy can provide prenatal care and deliver babies. She also provides well woman care, including health care maintenance and contraception.

Rebecca L Rosen, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Italian, Spanish

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Rebecca L. Rosen, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health’s Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.
Primary Care (cont.)

Daniel Slater, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Subspecialty:
Integrative & Holistic Medicine
Add'l Language:
Spanish

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Daniel Slater, MD, is a board-certified family medicine physician. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He also offers consultations in integrative medicine through UC San Diego's Center for Integrative Medicine, which focuses on whole-person wellness by addressing physical, lifestyle, psychological, and spiritual needs. Integrative therapies recommended often include, but are not limited to, complementary modalities such as acupuncture, osteopathic manipulation, mindfulness, acupressure, specific movement therapies, and natural supplements.

Jesse Sozanski, MD
Primary Care Physician

Specialties:
Family Medicine, Primary Care
Subspecialty:
Integrative & Holistic Medicine

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Jesse Sozanski, MD, is a board-certified family medicine physician who has expertise in medical acupuncture and mind-body medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Kenneth S. Taylor, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Language:
Spanish

La Jolla - Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a special interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Mary Wang, MD
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Add'l Languages:
Korean, Mandarin

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Mary Wang, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Lesley D. Wilkinson, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Lesley D. Wilkinson, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).
Psychology

Kriston B. Schellinger, PhD
Psychologist

Specialty:
Psychology

La Jolla - Genesee Avenue
Scripps Ranch - Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Kriston Schellinger, PhD, is a licensed clinical psychologist who provides care for mental health concerns in the family medicine setting. She treats individuals of all ages for mental health issues such as depression, anxiety and substance use disorders, or other behavioral changes.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about [sports medicine](https://health.ucsd.edu) at UC San Diego Health System.

**Suraj A. Achar, MD, FAAFP**  
Primary Care Physician and Sports Medicine Specialist  
Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine, Sports Medicine

**Add'l Languages:**  
French, Spanish

**La Jolla - Genesee Avenue**  
La Jolla - 4520 Executive Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  
Direct Clinic Line - Executive Dr.: (844) 377-7678

**Bio:**  
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating and preventing injuries associated with athletics. He is highly experienced in ultrasound guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

**Amelia Eastman, DO**  
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Family Medicine and Public Health

**Specialties:**  
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

**La Jolla - Perlman Medical Offices**  
La Jolla - Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  
Direct Clinic Line: (844) 747-0474

**Bio:**  
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Sports Medicine (cont.)

Alan Shahtaji, DO  
Primary Care Physician and Sports Medicine Specialist  
Assistant Professor of Family Medicine and Public Health  

Specialties:  
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine  

La Jolla - Genesee Avenue  
Hillcrest - 4th & Lewis Medical Offices  
La Jolla - 4520 Executive Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  

Bio:  
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.

Kenneth S. Taylor, MD  
Primary Care Physician and Sports Medicine Specialist  
Professor of Family Medicine and Public Health  

Specialties:  
Primary Care, Family Medicine, Sports Medicine  

Add'l Language:  
Spanish  

La Jolla - Genesee Avenue  
La Jolla - 4520 Executive Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  

Bio:  
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a special interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Index

A
Achar, Suraj A. ........................................ 1, 10, 17

B
Brady, Patricia ........................................ 1, 10

E
Eastman, Amelia ................................. 6, 8, 9, 17
Edi, Rina S. ........................................ 1, 10

F
Fleming, Jacob E. (Jake) ....................... 6

K
King, Hollis H. ........................................ 6

L
Le, Julie L. ............................................ 15
Lynch, Allison M. ................................. 2, 11.

M
Mignosa, Roger J. ................................. 7, 9.
Morris, Sheldon .................................... 2, 11.

O
Osborne, Chad ..................................... 2, 11.

R
Rahman, Akbar .................................... 2, 11.
Reddy, Divya K. .................................... 3, 12.

S
Saxe, Gordon ....................................... 5.
Schellinger, Kriston B. ......................... 16.
Shahtaji, Alan ..................................... 3, 7, 12, 18.
Slater, Daniel ....................................... 5, 13.
Sozanski, Jesse ................................... 5, 13.

T
Taylor, Kenneth S. .............................. 4, 13, 18.

W
Wang, Mary ......................................... 4, 14.
Wilkinson, Lesley D. ......................... 4, 14.

Rosen, Rebecca L. .............................. 3, 12.

Kurisu, Michael ................................. 7.