From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla

La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center
Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas

Includes Encinitas Express Care
(Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area

6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown

Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista

910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley

4910 Directors Place
San Diego, CA 92121

Scripps Ranch

9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa

7910 Frost Street
San Diego, CA 92123

Chula Vista

959 Lane Avenue
Chula Vista, CA 91914

Temecula

31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Anesthesiology

Anesthesiology is the medical specialty that involves the preoperative, intraoperative, and postoperative care for patients in the administration of medications to control pain and support life functions during surgery. Learn more about anesthesiology services at UC San Diego Health System.

Robin Seaberg, MD
Attending Anesthesiologist
Associate Clinical Professor

Specialty:
Anesthesiology

Jacobs Medical Center
Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Preetham J. Suresh, MD
Associate Clinical Professor
Associate Education Director

Specialty:
Anesthesiology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center
Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Suresh completed his residency training at the University of California, San Francisco. He then worked as a private practice anesthesiologist at Alta Bates Summit Hospital where he was a partner in the East Bay Anesthesia Medical Group. While there, he specialized in acute pain management, regional anesthesia for orthopedic surgery and high risk obstetric anesthesia.
Cardiology - General Cardiology

Anya Narezkina, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology
Subspecialty:
General Cardiology
Add'l Language:
Russian

Sulpizio Cardiovascular Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530
Direct Clinic Line - Rancho Bernardo: (858) 605-4448

Bio:
Anya Narezkina, MD, is a board-certified cardiologist who specializes in cardio-oncology. The field of cardio-oncology focuses on treating and preventing heart conditions in patients who are treated for cancer.

Nicholas Phreaner, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology
Subspecialties:
General Cardiology, Heart Failure

Sulpizio Cardiovascular Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273

Bio:
Nicholas Phreaner, MD, is a cardiologist who specializes in the treatment and prevention of general cardiovascular conditions such as atherosclerotic heart disease, congestive heart failure, and irregular heart beat (arrhythmia).
Nicholas Phreaner, MD  
Cardiologist  
Assistant Professor of Medicine

**Specialty:**  
Cardiology  

**Subspecialties:**  
General Cardiology, Heart Failure

**Sulpizio Cardiovascular Center**  
Rancho Bernardo - Via Tazon

**Contact:**  
New Patient Registration: (800) 926-8273

**Bio:**  
Nicholas Phreaner, MD, is a cardiologist who specializes in the treatment and prevention of general cardiovascular conditions such as atherosclerotic heart disease, congestive heart failure, and irregular heart beat (arrhythmia).
Emergency Medicine

Emergency Medicine is the medical specialty dealing with the immediate treatment of patients whose condition is critical, requiring immediate action. Learn more about emergency medicine at UC San Diego Health System.

Theodore (Ted) Chan, MD, FACEP, FAAEM
Emergency Medicine Physician
Chair of Emergency Medicine

Specialty:
Emergency Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Theodore "Ted" Chan, MD, is a board-certified emergency medicine physician. He treats and cares for people admitted to the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization, and referring patients to appropriate specialty departments.

Christanne H. Coffey, MD, FACEP
Emergency Medicine Physician
Assistant Professor of Emergency Medicine

Specialty:
Emergency Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Christanne Hoffman Coffey, MD, FACEP, is a board-certified emergency medicine physician. She treats and cares for people in the emergency department, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Kama Z. Guluma, MD
Clinical Professor

Specialty:
Emergency Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Medicine (cont.)

**Fraid Mostamand, DO**

**Specialty:**
Emergency Medicine

**La Jolla - 8910 Villa La Jolla**
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273

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**Sean-Xavier Neath, MD, PhD**
Assistant Clinical Professor of Medicine

**Specialty:**
Emergency Medicine

**Add'l Languages:**
French, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273

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**Vaishal Tolia, MD, MPH, FACEP**
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

**Specialties:**
Emergency Medicine, Hospital Medicine

**Add'l Language:**
Gujarati

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hillcrest: (619) 543-6400

**Bio:**
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Emergency Medicine - Disaster Medicine

Christopher Kahn, MD, MPH
Chief, Division of Emergency Medical Services and Disaster Medicine
Associate Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Disaster Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Christopher Kahn, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people admitted to the emergency room and those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Gary M. Vilke, MD
Clinical Service Chief, Emergency Medicine
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Disaster Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
Gary M. Vilke, MD, is a board-certified emergency medicine physician. He is the clinical service chief of Emergency Medicine at UC San Diego Health and co-medical director of the Emergency Departments in Hillcrest and La Jolla, where he oversees the care for people with acute illnesses and injuries. Dr. Vilke's expertise includes evaluation, immediate decision making and treatment to prevent further harm or disability in patients.
Emergency Medicine - Emergency Ultrasound

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care

Additional Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.
Emergency Medicine - Hyperbaric Medicine & Wound Care

Ian Grover, MD
Medical Director, Hyperbaric Medicine and Wound Care
Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialty:
Hyperbaric Medicine & Wound Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
Ian Grover, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. His expertise includes preventing and treating disease and injury in divers and other individuals working in altered atmospheric conditions. Within UC San Diego Health's Hyperbaric Medicine and Wound Care Program, Dr. Grover assesses a person’s fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection.

Stephen R. Hayden, MD
Professor of Clinical Medicine

Specialty:
Emergency Medicine

Subspecialty:
Hyperbaric Medicine & Wound Care

Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6400

Bio:
Stephen R. Hayden, MD, FAAEM, FACEP, graduated from the accelerated six-year biomedical program at Rensselaer Polytechnic Institute and Albany Medical College and was elected to the Alpha Omega Alpha honor medical society. He did a General Surgery internship at the San Diego Naval Hospital, which was followed by a tour of duty as senior flight surgeon for the Naval Strike Warfare Center at the NAS Fallon, Nevada.
Emergency Medicine - Hyperbaric Medicine & Wound Care (cont.)

James Killeen, MD
Emergency Medicine Physician
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
James Killeen, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. He treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.

Brian Snyder, MD
Associate Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6400

Bio:
UC San Diego Health Links
Christian A. Tomaszewski, MD

Specialty: Emergency Medicine
Subspecialties: Medical Toxicology, Hyperbaric Medicine & Wound Care
Add'l Language: Spanish

Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact: New Patient Registration: (800) 926-8273
         Direct Clinic Line: (858) 249-6800

Bio: Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.

Karen Van Hoesen, MD

Director, Diving Medicine
Co-Director, San Diego Center of Excellence in Diving
Professor of Emergency Medicine

Specialty: Emergency Medicine
Subspecialty: Hyperbaric Medicine & Wound Care

Hillcrest - UC San Diego Medical Center
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact: New Patient Registration: (800) 926-8273
         Direct Clinic Line: (619) 543-6463

Bio: Karen Van Hoesen, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. She is recognized as one of the world’s leading authorities on diving medicine. Within UC San Diego Health’s Hyperbaric Medicine and Wound Care Program, Dr. Van Hoesen assesses a person’s fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection. She is also the co-director of the San Diego Center of Excellence in Diving (SDCED).
Emergency Medicine - Medical Toxicology

Richard F. Clark, MD
Medical Toxicologist
Director, Division of Toxicology
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Richard Clark, MD, is a board-certified emergency medicine physician and medical toxicologist. He treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Allyson Kreshak, MD, FACEP, FACMT
Emergency Medicine Physician and Medical Toxicologist
Associate Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Allyson Kreshak, MD, is a board-certified emergency medicine physician and medical toxicologist. She treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments. As a medical toxicologist, she also provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.
Emergency Medicine - Medical Toxicology (cont.)

Binh T. Ly, MD
Medical Toxicologist
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Binh Ly, MD, is a board-certified medical toxicologist. He provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.

Alicia Minns, MD

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Alicia Minns, MD, is a board-certified medical toxicologist. She provides bedside assessment and management of both inpatients and outpatients with poisoning, overdoses, bites, stings, and related illnesses.

Aaron Schneir, MD
Emergency Medicine Physician and Medical Toxicologist
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400

Bio:
Aaron Schneir, MD, is a board-certified emergency medicine physician and medical toxicologist. He treats patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments. As a medical toxicologist, he also provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and related illnesses.
Christian A. Tomaszewski, MD

Specialty:
Emergency Medicine

Subspecialties:
Medical Toxicology, Hyperbaric Medicine & Wound Care

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Amruti Borad, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.

Lisa M. Coles, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Tyson Ikeda, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tyson Ikeda, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Family Medicine (cont.)

Yewah Jung, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.

Hang Tran, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Hang Tran, DO, is a board-certified family medicine doctor who treats patients of all ages, including children, adolescents, adults, and seniors. She focuses on preventive care, as well as the diagnosis and treatment of acute and chronic diseases. Dr. Tran also focuses on weight management and osteopathic manipulative therapy. She performs a variety of office procedures, including skin biopsies, joint injections, and laceration repairs.

Anna Van Niekerk, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Afrikaans, Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women's health.
Hospital Medicine

Hospital medicine is concerned with the medical care of acutely ill inpatients. Learn more about [hospital medicine](https://health.ucsd.edu) at UC San Diego Health System.

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**Vaishal Tolia, MD, MPH, FACEP**
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

**Specialties:**
Emergency Medicine, Hospital Medicine

**Add'l Language:**
Gujarati

**Locations:**
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hillcrest: (619) 543-6400

**Bio:**
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Neurology

Neurology is the branch of medicine that is concerned with the study and treatment of disorders of the nervous system. Learn more about neurology at UC San Diego Health System.

Anastasie Dunn-Pirio, MD
Neurologist

Specialty:
Neurology

Hillcrest - Medical Offices North
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-3500
Direct Clinic Line - Rancho Bernardo: (858) 605-4447

Bio:
Anastasie Dunn-Pirio, MD, is a board-certified neurologist who treats patients with general neurology disorders, as well as multiple sclerosis and other neuroimmunological disorders. She is also interested in the neurologic complications of cancer and cancer therapy.
Neurology - Dementia

Jose Angel Soria-Lopez, MD
Neurologist
Assistant Professor of Medicine

Specialty:
Neurology
Subspecialty:
Dementia
Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4447
Direct Clinic Line - La Jolla: (858) 657-8540

Bio:
Jose Soria-Lopez, MD, is a board-certified neurologist who treats patients
with general neurology disorders, as well as memory disorders such as
Alzheimer's disease and related dementias.
Neurosurgery - Spine

Martin H. Pham, MD
Neurosurgeon
Assistant Professor of Surgery

Specialties:
Neurosurgery, Surgery
Subspecialties:
Minimally Invasive Surgery, Spine
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 4510 Executive Drive
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Martin Pham, MD, is a neurosurgeon who focuses on the neurosurgical evaluation and treatment of spinal disorders. This includes adult scoliosis and spinal deformity, complex spinal reconstruction, robotic and minimally invasive spine surgery, motion preservation of the spine, spine tumors, and spine trauma.
Gillian Mackay, MBBS, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
German

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Gillian Mackay, MBBS, is a board-certified obstetrician/gynecologist who provides labor and delivery care for both low and high-risk pregnancies, as well as minimally invasive gynecological surgery, adolescent gynecology and contraception and family planning. She also performs office procedures such as hysteroscopy.
Occupational/Environmental Medicine

University of California San Diego Health System's Center for Occupational & Environmental Medicine (COEM) provides the San Diego area with a full range of services for: prevention and compliance assistance, work injury treatment & management, blood borne pathogen exposure, travel medicine & vaccinations, dive medicine, and case coordination. Learn more about occupational/environmental medicine at UC San Diego Health System.

Michele Kowalski-McGraw, MD, MPH
Occupational Medicine Physician

Specialty:
Occupational/Environmental Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-4228

Bio:
Michele Kowalski-McGraw, MD, MPH, is a board-certified occupational medicine physician. Her expertise is in restoring and maintaining the health of diverse working populations, including those in healthcare, service, manufacturing, distribution and technology.
Ophthalmology - Cornea

Natalie A. Afshari, MD, FACS
Professor of Ophthalmology
Chief, Division of Cornea and Refractive Surgery

Specialty:
Ophthalmology
Subspecialty:
Cornea

Bio:
Natalie Afshari, MD is accomplished as a clinician, surgeon, and a research scientist. Dr. Afshari’s achievement in cornea and refractive surgery and overall patient care has been recognized by her peers in several of the “best doctors” lists, including “The Best Doctors in America” in each listing for the past decade. Furthermore, Dr. Afshari was awarded the academic Achievement Award and the Secretariat Award by the American Academy of Ophthalmology. The U.S. Food and Drug Administration (FDA) has consulted Dr. Afshari’s expertise for matters of safety and efficacy of various ophthalmologic treatments. The National Institutes of Health (NIH) has honored Dr. Afshari by awarding her and her collaborators extensive grant support to study Fuchs endothelial corneal dystrophy, a genetic disorder leading to corneal transplantation.

Stuart Brown, MD
Professor of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Cornea

Bio:
Dr. Brown is world renown for his contributions to basic and clinical research of the cornea, and has many “firsts.” He was the first to initiate studies into the surface characteristics of the component of the pre-corneal tear film, was the first to implicate that collagenase was responsible for corneal ulcers after alkali burn, and was the first to develop a collagen research laboratory for the eye and to initiate biochemical and cell biological studies on the structural macromolecules of the cornea. Dr. Brown was also the first to show that severely alkali-burned cornea can be successfully transplanted, resulting in many patients across the world to see whereas this was once considered a hopeless condition. Over thirty years ago, he developed corneal transplantation in babies born blind from corneal opacities. Since few surgeons in the world feel comfortable with this complicated procedure, infants and children from all over the world come to Shiley Eye Institute for their care.
Ophthalmology - Cornea (cont.)

Weldon Haw, MD
Cataract, Cornea and External Diseases, & Refractive Surgery
Clinical Professor of Ophthalmology
Chief of Ophthalmology - San Diego VAHS

Specialty:
Ophthalmology
Subspecialty:
Cornea

Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 552-8585

Bio:
Dr. Haw is a Clinical Professor of Ophthalmology at UC San Diego School of Medicine & Shiley Eye Institute and Chief of Ophthalmology at the San Diego VAHS. He specializes in advanced cataract surgery techniques, cornea transplantation, and laser/refractive surgery.

Chris W Heichel, MD
Associate Clinical Professor

Specialty:
Ophthalmology
Subspecialty:
Cornea
Add'l Language:
Spanish

Jacobs Medical Center
Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Chris W. Heichel, MD serves as Associate Clinical Professor of Cornea, Cataract and Refractive Surgery in the Department of Ophthalmology at UC San Diego, Shiley Eye Institute. He is considered a skilled surgeon, astute clinician and a dedicated educator. Dr. Heichel graduated UC San Diego undergraduate with Honors including the Howard Hughes Research Fellowship Award. He completed medical school in Chicago with Honors as a member of the Alpha Omega Alpha Honors Society. He returned to the University of California, San Diego to complete his residency, where he served as Chief Resident, as well as a Fellowship in Cornea, External Diseases and Refractive Surgery. He joined the faculty at UC San Diego in 2004 where he is currently a board certified ophthalmologist specializing in Cornea, Cataract and Refractive Surgery.
Ophthalmology - Cornea (cont.)

Thao Nguyen, MD
Assistant Clinical Professor

Specialty:
Ophthalmology

Subspecialty:
Cornea

Add'l Language:
Vietnamese

Shiley Eye Institute
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Dr. Nguyen shares that, though a number of years into her practice, she still finds surgery on the eye interesting as it requires her full attention to detail and precision. "On a weekly basis I witness how eye surgeries provide dramatic results, and, in a relatively short time, make vast differences in my patients' quality of life."
Don Kikkawa, MD
Chief, Division of Oculofacial Plastic and Reconstructive Surgery
Professor of Clinical Ophthalmology
Vice-Chairman, Department of Ophthalmology

**Specialty:**
Ophthalmology

**Subspecialty:**
Cosmetic Eyelid & Reconstructive Surgery

**Shiley Eye Institute**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Dr. Kikkawa serves as division chief of ophthalmic plastic and reconstructive surgery. This specialty combines traditional studies and patient care as an ophthalmologist with a fellowship in reconstruction and plastic surgery around the eyes. The extensive training uniquely qualifies these specialists to perform delicate surgery on the eyelids, around the eyes, the drainage system, and on the bones around the eye. Dr. Kikkawa finds the field very gratifying; reversing the effects of aging, restoring a normal appearance to disfigured trauma or diseased patients, and eliminating vision-threatening tumors.

Bobby S. Korn, MD, PhD, FACS
Ophthalmologist
Professor of Ophthalmology

**Specialty:**
Ophthalmology

**Subspecialty:**
Cosmetic Eyelid & Reconstructive Surgery

**Add'l Languages:**
Spanish, Thai

**Shiley Eye Institute**

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7402

**Bio:**
Bobby S. Korn, MD, PhD, is a board-certified ophthalmologist. His clinical expertise and interests include oculoplastic surgery, including cosmetic and reconstructive surgery of the eyelid and face; management of thyroid eye disease; eyelid and orbital tumors and cancers; disorders of the lacrimal outflow system; congenital birth defects, endoscopic forehead lifting; bulging or proptosis of eyes; reconstruction of eyelids post cancer removal and after trauma or injury, and skin rejuvenation.
Ophthalmology - General Ophthalmology

Jeffrey Ewing Lee, MD
Ophthalmologist
Associate Professor of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
General Ophthalmology
Add'l Language:
Cantonese

Hillcrest - UC San Diego Medical Center
Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Ophthalmology - Glaucoma

Andrew S. Camp, MD
Ophthalmologist
Assistant Professor of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Glaucoma

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Andrew S. Camp, MD, is an ophthalmologist who specializes in the medical and surgical management of all types of glaucoma in adults and children. His patients typically have cataracts, open angle glaucoma, closed angle glaucoma, secondary glaucoma, or pediatric/childhood glaucoma.

Robert N. Weinreb, MD
Ophthalmologist
Director, Shiley Eye Institute
Chair, Department of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Glaucoma
Add'l Language:
Spanish

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Robert N. Weinreb is a board-certified ophthalmologist and world renowned expert on glaucoma. Dr. Weinreb's expertise includes glaucoma surgery, cataract surgery, and glaucoma management.
Ophthalmology - Glaucoma (cont.)

Derek S. Welsbie, MD, PhD
Ophthalmologist
Assistant Professor of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Glaucoma

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Derek S. Welsbie, MD, PhD is a board-certified ophthalmologist who specializes in treating adolescents and adults with all stages of glaucoma. His clinical focus ranges from monitoring patients suspected of having glaucoma to operating on patients with advanced disease.

Ophthalmology - Neuro-Ophthalmology

Peter Savino, MD
Clinical Professor of Ophthalmology & Neurosciences

Specialty:
Ophthalmology
Subspecialty:
Neuro-Ophthalmology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Peter J. Savino, MD is available for consultation on all potential Neuro-Ophthalmic disorders.
David Bruce Granet, MD, FACS, FAAP, FAAO
Ophthalmologist
Professor of Ophthalmology and Pediatrics

Specialty:
Ophthalmology

Subspecialty:
Pediatric Ophthalmology & Eye Muscle Disorders

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-2020

Bio:
David Granet, MD, is a board-certified ophthalmologist who specializes in pediatric ophthalmology and adult re-alignment (strabismus). He is the adult ocular motility specialist for Shiley Eye Institute, and his clinical interests include state-of-the-art adjustable suture strabismus surgery, childhood eye misalignments and disorders, nystagmus, and the role of vision in learning disorders.

Shira Robbins, MD, FAAO, FAAP
Ophthalmologist
Professor of Ophthalmology

Specialty:
Ophthalmology

Subspecialty:
Pediatric Ophthalmology & Eye Muscle Disorders

Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-2020

Bio:
Shira Robbins, MD, is a board-certified ophthalmologist who specializes in the care of children’s eyes and treating adult strabismus.
Ophthalmology - Retina

Daniel L. Chao, MD, PhD
Ophthalmologist
Assistant Professor of Ophthalmology

**Specialty:**
Ophthalmology

**Subspecialty:**
Retina

**Shiley Eye Institute**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Daniel Chao, MD, PhD, is a board-certified ophthalmologist and a vitreoretinal surgeon. He specializes in the medical and surgical treatment of retinal diseases, including diabetic retinopathy, macular degeneration, retinal detachment, epiretinal membrane, macular hole, and retinal vein occlusion.

Henry A. Ferreyra, MD
Ophthalmologist
Associate Professor of Ophthalmology

**Specialty:**
Ophthalmology

**Subspecialty:**
Retina

**Add'l Language:**
Spanish

**Shiley Eye Institute**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Henry Ferreyra, MD, is a board-certified ophthalmologist whose expertise is in treating all types of diseases and conditions of the retina, including retinal dystrophies, paraneoplastic / autoimmune retinopathy, age-related macular degeneration, diabetic retinopathy, and retinopathy of prematurity (ROP), a potentially blinding disease that primarily affects premature infants. He also uses ocular electrophysiology to obtain information about eye health that goes beyond standard eye testing.

William R Freeman, MD
Vice-Chairman, Department of Ophthalmology
Distinguished Professor of Ophthalmology
Director, Jacobs Retina Center

**Specialty:**
Ophthalmology

**Subspecialty:**
Retina

**Shiley Eye Institute**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Dr. Freeman is an internationally acclaimed scientific researcher and Director of the Jacobs Retina Research Center, adjoining the UC San Diego Shiley Eye Institute. His work as director of the UC San Diego Jacobs clinical research center enables patients to benefit from the latest advances in diagnostic equipment and therapies. Researchers working in the Center’s laboratories will focus on advancing promising therapies for macular degeneration, tumors, inherited retinal disease, retinal detachment, macular holes, and other important retinal diseases.
Ophthalmology - Retina (cont.)

**Michael Goldbaum, MD**
Professor in Residence Co-Director, Retina Division
Professor at UCSD School of Medicine

**Specialty:**
Ophthalmology

**Subspecialty:**
Retina

**Add'l Language:**
Italian

**Shiley Eye Institute**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
In 1996, Dr. Goldbaum published a report on the first known case of a newborn with E-Coli Endophthalmitis, resulting in inflammation of the internal structures of the tissues in the eyeball. Dr. Goldbaum's breakthrough in treatment for macular hole was featured in 1998 issues of Ocular Surgery News and the journal, Ophthalmology. The technique using silicone oil has the potential of greatly altering the treatment of macular holes worldwide.

**Eric D. Nudleman, MD, PhD**
Ophthalmologist
Assistant Professor of Ophthalmology

**Specialty:**
Ophthalmology

**Subspecialty:**
Retina

**Shiley Eye Institute**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Eric D. Nudleman, MD, is a board-certified ophthalmologist who specializes in adult and pediatric vitreoretinal diseases. As a retinal specialist, Dr. Nudleman’s expertise includes surgical treatment for diseases affecting the vitreous and retina. These diseases include macular degeneration, diabetic eye disease, retinal vein occlusion, retinal detachment, proliferative vitreoretinopathy, macular holes and epiretinal membrane. Dr. Nudleman also has a special interest in pediatric vitreoretinopathies, including advanced retinopathy of prematurity, familial exudative vitreoretinopathy, Coats’ disease, persistent fetal vascular syndrome and intraocular trauma.
Pediatrics - General Pediatrics

Tamantha (Tami) Arlata, MD  
Pediatrician

**Specialties:**
Pediatrics, Primary Care  
**Subspecialty:**
General Pediatrics  
**Add'l Language:**
Tagalog

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**  
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

Robert Coles, MD  
Pediatrician

**Specialties:**
Pediatrics, Primary Care  
**Subspecialty:**
General Pediatrics  
**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4452  
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Sabiha Hussain, MD  
Pediatrician

**Specialties:**
Pediatrics, Primary Care  
**Subspecialty:**
General Pediatrics  
**Add'l Language:**
Urdu

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.
Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Amruti Borad, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.
Primary Care (cont.)

**Lisa M. Coles, MD**
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

**Dalia Elias, MBBS**
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Malayalam

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

**Robert Coles, MD**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Rancho Bernardo - Via Tazon**

**Encinitas - Encinitas Blvd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

**Sabiha Hussain, MD**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Add'l Language:**
Urdu

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.
Primary Care (cont.)

Tyson Ikeda, MD  
Primary Care Physician  
Professor of Family Medicine and Public Health

Specialties:  
Primary Care, Family Medicine  

Rancho Bernardo - Via Tazon  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452  

Bio:  
Tyson Ikeda, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Yewah Jung, DO, MPH  
Primary Care Physician

Specialties:  
Primary Care, Family Medicine  

Rancho Bernardo - Via Tazon  
Encinitas - Encinitas Blvd  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4452  
Direct Clinic Line - Encinitas: (760) 452-7966  

Bio:  
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.

Benjamin Shleifer, MD  
Pediatrician

Specialties:  
Pediatrics, Primary Care  
Subspecialty:  
General Pediatrics  

Rancho Bernardo - Via Tazon  
Encinitas - Encinitas Blvd  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4452  
Direct Clinic Line - Encinitas: (760) 452-7966  

Bio:  
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Michael A. Smith, MD  
Primary Care Physician

Specialties:  
Primary Care, Internal Medicine  

Rancho Bernardo - Via Tazon  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452  

Bio:  
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Hang Tran, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Hang Tran, DO, is a board-certified family medicine doctor who treats patients of all ages, including children, adolescents, adults, and seniors. She focuses on preventive care, as well as the diagnosis and treatment of acute and chronic diseases. Dr. Tran also focuses on weight management and osteopathic manipulative therapy. She performs a variety of office procedures, including skin biopsies, joint injections, and laceration repairs.

Anna Van Niekerk, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Afrikaans, Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women's health.
Surgery - Minimally Invasive Surgery

Martin H. Pham, MD
Neurosurgeon
Assistant Professor of Surgery

Specialties:
Neurosurgery, Surgery

Subspecialties:
Minimally Invasive Surgery, Spine

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 4510 Executive Drive
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Martin Pham, MD, is a neurosurgeon who focuses on the neurosurgical evaluation and treatment of spinal disorders. This includes adult scoliosis and spinal deformity, complex spinal reconstruction, robotic and minimally invasive spine surgery, motion preservation of the spine, spine tumors, and spine trauma.
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