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# Table of Contents

Pain Management ................................................................. 1
Index .................................................................................. 2
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health.

**Amelia Eastman, DO**  
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Family Medicine and Public Health

**Specialties:**  
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

**La Jolla - Perlman Medical Offices**  
La Jolla - 9333 Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  
Direct Clinic Line: (844) 747-0474

**Bio:**  
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Index

E
Eastman, Amelia ........................................... 1