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ENT/Head and Neck (Otolaryngology)

The surgical specialty of the head and neck – or ear, nose and throat (ENT). Learn more about ENT/head and neck at UC San Diego Health.

Sharon Mick, MSN, FNP-C
Family Nurse Practitioner

Specialty:
ENT/Head and Neck (Otolaryngology)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Sharon Mick, MSN, is a certified family nurse practitioner (FNP-C) with Head and Neck Surgery at UC San Diego Health. She specializes in treating ear infections and providing professional ear cleanings or earwax removal using special miniature instruments. Ms. Mick sees a variety of conditions that may lead to earwax buildup, including narrow ear canals, Swimmer’s ear, dry ear wax, or an overproduction of earwax. She frequently performs ear cleanings for individuals with hearing aids.
ENT/Head and Neck (Otolaryngology) - Facial Nerve Disorders

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

**Add'l Language:**
French

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

**Add'l Languages:**
French, Vietnamese

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Facial Plastic Surgery

**Sapideh Gilani, MD, FACS**
Head and Neck Surgeon  
Associate Professor of Surgery

**Specialty:**  
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**  
Facial Plastic Surgery, General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6631

**Bio:**  
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty.

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**Deborah Watson, MD**
Surgeon  
Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**  
Facial Plastic Surgery, General Otolaryngology (ENT)

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**  
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - General Otolaryngology (ENT)

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
Facial Plastic Surgery, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

**Bio:**
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty.

Leslie (Kon) Gomez, MSN, FNP-C
Nurse Practitioner

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Sinus & Rhinology

**Add'l Language:**
Spanish

La Jolla - Perlman Medical Offices
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Leslie Gomez, MSN, is a board-certified nurse family nurse practitioner (FNP-C) who treats adults with acute or recurring inflamed sinuses (sinusitis), inflammation of the sinuses and nasal cavity (rhinosinusitis), and sinus infections. She also provides care for recurring nosebleeds, general ear, nose and throat conditions, earwax buildup and hearing loss.
Elina Kari, MD  
Neurotologist  
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

La Jolla - Perlman Medical Offices  
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Paul Schalch Lepe, MD, FACS  
Head and Neck Surgeon

**Specialties:**
ENT/Head and Neck (Otolaryngology), Sleep Medicine

**Subspecialties:**
General Otolaryngology (ENT), Sinus & Rhinology

**Add'l Languages:**
German, Spanish

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

Deborah Watson, MD  
Surgeon  
Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
Carol H. Yan, MD
Otolaryngologist-Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Sinus & Rhinology, General Otolaryngology (ENT)

Add'l Language:
Shanghainese

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Carol Yan, MD, is a board-certified head and neck surgeon who specializes in treating sinonasal disease and skull base tumors. She treats a wide range of conditions, including sinus infections (sinusitis), nasal polyps, nasal obstruction, deviated septum, enlarged turbinates, rhinitis, smell loss, and cerebrospinal fluid leak. She also treats patients with tumors and cancers of the nose and sinuses, as well as skull base tumors. Dr. Yan performs primary and revision endoscopic sinus and nasal surgery, as well as endoscopic skull base surgery in collaboration with the neurosurgical team at UC San Diego Health.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders

Rick A. Friedman, MD, PhD
Neurotologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

La Jolla - Perlman Medical Offices
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Rick Friedman, MD, PhD, is a board-certified neurotologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere’s disease, cholesteatoma, superior canal dehiscence and chronic ear infections.

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

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Elina Kari, MD  
Neurotologist  
Assistant Professor of Surgery

**Specialty:**  
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**  
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**  
Portuguese, Spanish

**La Jolla - Perlman Medical Offices**  
**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

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Quyen Nguyen, MD, PhD  
Otolaryngologist  
Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**  
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

**Add'l Languages:**  
French, Vietnamese

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
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Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Otology & Neurotology / Skull-Base Surgery

Rick A. Friedman, MD, PhD  
Neurotologist  
Professor of Surgery

Specialties:  
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:  
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

La Jolla - Perlman Medical Offices  
Moores Cancer Center

Contact:  
New Patient Registration: (800) 926-8273  
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Direct Clinic Line - Moores Cancer Center: (858) 822-6100

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Jeffrey P. Harris, MD, PhD  
Division Chief, Otolaryngology  
Distinguished Professor

Specialties:  
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:  
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

Add'l Language:  
French

La Jolla - Perlman Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

Bio:  
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Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

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Direct Clinic Line: (858) 657-8590

**Bio:**
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Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

**Add'l Languages:**
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Direct Clinic Line: (858) 657-8590

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ENT/Head and Neck (Otolaryngology) - Sinus & Rhinology

Adam DeConde, MD
Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialty:
Sinus & Rhinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Adam DeConde, MD, is a board-certified head and neck surgeon who specializes in treating endoscopic sinus surgery and skull base tumors.

Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine
Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology
Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

Leslie (Kon) Gomez, MSN, FNP-C
Nurse Practitioner

Specialty:
ENT/Head and Neck (Otolaryngology)
Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Leslie Gomez, MSN, is a board-certified nurse family nurse practitioner (FNP-C) who treats adults with acute or recurring inflamed sinuses (sinusitis), inflammation of the sinuses and nasal cavity (rhinosinusitis), and sinus infections. She also provides care for recurring nosebleeds, general ear, nose and throat conditions, earwax buildup and hearing loss.
Carol H. Yan, MD
Otolaryngologist-Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Sinus & Rhinology, General Otolaryngology (ENT)

Add'l Language:
Shanghainese

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

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Carol Yan, MD, is a board-certified head and neck surgeon who specializes in treating sinonasal disease and skull base tumors. She treats a wide range of conditions, including sinus infections (sinusitis), nasal polyps, nasal obstruction, deviated septum, enlarged turbinates, rhinitis, smell loss, and cerebrospinal fluid leak. She also treats patients with tumors and cancers of the nose and sinuses, as well as skull base tumors. Dr. Yan performs primary and revision endoscopic sinus and nasal surgery, as well as endoscopic skull base surgery in collaboration with the neurosurgical team at UC San Diego Health.
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