UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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ENT/Head and Neck (Otolaryngology) - Facial Nerve Disorders

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders
Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders
Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
**Sapideh Gilani, MD, FACS**  
**Head and Neck Surgeon**  
**Associate Professor of Surgery**

**Specialty:**  
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**  
Facial Plastic Surgery, General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6631

**Bio:**  
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty.

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**Deborah Watson, MD**  
**Surgeon**  
**Professor of Surgery**

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**  
Facial Plastic Surgery, General Otolaryngology (ENT)

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**  
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - General Otolaryngology (ENT)

**Sapideh Gilani, MD, FACS**
Head and Neck Surgeon
Associate Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
Facial Plastic Surgery, General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

**Bio:**
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty.

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**Elina Kari, MD**
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

**La Jolla - Perlman Medical Offices**
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums ( tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders

Rick A. Friedman, MD, PhD
Neurotologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

La Jolla - Perlman Medical Offices
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Rick Friedman, MD, PhD, is a board-certified neurotologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere’s disease, cholesteatoma, superior canal dehiscence and chronic ear infections.

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders (cont.)

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

**Location:**
La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

**Add'l Languages:**
French, Vietnamese

**Location:**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Rick A. Friedman, MD, PhD
Neurotologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

La Jolla - Perlman Medical Offices
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Rick Friedman, MD, PhD, is a board-certified neurotologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere’s disease, cholesteatoma, superior canal dehiscence and chronic ear infections.

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders
Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.
Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (typanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Sinus & Rhinology

Adam DeConde, MD
Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialty:
Sinus & Rhinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Adam DeConde, MD, is a board-certified head and neck surgeon who specializes in treating endoscopic sinus surgery and skull base tumors.

Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine
Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology
Additional Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.
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