UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

**Patient Access**

**Request an Appointment**
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ **New Patients (who have never seen a UC San Diego Health provider)**
   To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

→ **Current Patients**
   Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

→ **Find a Doctor**
   To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

**Referring Physician Access**

**Transfer a Patient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
# Locations

<table>
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<th>Location</th>
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| La Jolla          | 4510 and 4520 Executive Drive  
                   | San Diego, CA 92121                                                     |
|                   | 8910 Villa La Jolla Drive  
                   | La Jolla, CA 92037                                                     |
|                   | 8899 and 8929 University Center Lane  
                   | San Diego, CA 92122                                                     |
|                   | 8939 Villa La Jolla Drive  
                   | La Jolla, CA 92037                                                     |
|                   | 9333 Genesee Avenue  
                   | San Diego, CA 92121                                                     |
|                   | 8950 Villa La Jolla Drive  
                   | La Jolla, CA 92037                                                     |
|                   | 9350 Campus Point Drive  
                   | La Jolla, CA 92037                                                     |
| Shiley Eye Institute | 9415 Campus Point Drive  
                   | La Jolla, CA 92093                                                     |
| Sulpizio Cardiovascular Center | 9434 Medical Center Drive  
                   | La Jolla, CA 92093                                                     |
| Moores Cancer Center | 3855 Health Sciences Drive  
                   | La Jolla, CA 92093                                                     |
| Jacobs Medical Center | 9300 Campus Point Drive  
                   | La Jolla, CA 92037                                                     |
| Hillcrest         | 4th and Lewis Medical Offices  
                   | 330 Lewis Street  
                   | San Diego, CA 92103                                                     |
|                   | Medical Offices North  
                   | 200 West Arbor Drive  
                   | San Diego, CA 92103                                                     |
|                   | Medical Offices South  
                   | 4168 Front Street  
                   | San Diego, CA 92103                                                     |
|                   | UC San Diego Medical Center  
                   | 200 West Arbor Drive  
                   | San Diego, CA 92103                                                     |
| Encinitas          | 1200 Garden View Road  
                   | Encinitas, CA 92024                                                    |
|                   | 477 North El Camino Real  
                   | Encinitas, CA 92024                                                    |
| Vista             | 910 Sycamore Avenue  
                   | Vista, CA 92081                                                        |
| Scripps Ranch     | 9909 Mira Mesa Blvd.  
                   | San Diego, CA 92131                                                    |

For more locations, visit [health.ucsd.edu](http://health.ucsd.edu) or call Patient Access 800-926-8273 or Physician Access 855-543-0555.
Locations

1. Jacobs Medical Center
2. Moores Cancer Center
3. Sulpizio Cardiovascular Center
4. UC San Diego Medical Center
5. UC San Diego Health Clinic Locations
6. Rady Children’s Hospital-San Diego
7. Veterans Affairs San Diego Healthcare System

Clinic Locations

1. Rady Children’s Hospital-San Diego
2. UC San Diego Medical Center
3. Moores Cancer Center
4. Sulpizio Cardiovascular Center

Veterans Affairs
San Diego Healthcare System

1. Encinitas
2. Sorrento Valley
3. La Jolla
4. Hillcrest
5. Temecula
6. Vista
7. Scripps Ranch
8. Kearny Mesa
9. Chula Vista

SAN DIEGO
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ENT/Head and Neck (Otolaryngology) - Facial Nerve Disorders

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Facial Plastic Surgery

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)
Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.

Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - General Otolaryngology (ENT)

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders,
General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**
**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

**Bio:**
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
ENT/Head and Neck (Otolaryngology) - General Otolaryngology (ENT) (cont.)

Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
**Rick A. Friedman, MD, PhD**  
Neurotologist  
Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**  
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

**La Jolla - Perlman Medical Offices**  
Moores Cancer Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590  
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

**Bio:**  
Rick Friedman, MD, PhD, is a board-certified neurotologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere's disease, cholesteatoma, and chronic ear infections.

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**Sapideh Gilani, MD, FACS**  
Head and Neck Surgeon  
Associate Professor of Surgery

**Specialty:**  
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**  
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**  
La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6631

**Bio:**  
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.
Jeffrey P. Harris, MD, PhD  
Division Chief, Otolaryngology  
Distinguished Professor

Specialties:  
ENT/Head and Neck (Otolaryngology), Surgery  
Subspecialties:  
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders  
Add'l Language:  
French

La Jolla - Perlman Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

Bio:  
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.

Elina Kari, MD  
Neurotologist  
Assistant Professor of Surgery

Specialty:  
ENT/Head and Neck (Otolaryngology)  
Subspecialties:  
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery  
Add'l Languages:  
Portuguese, Spanish

La Jolla - Perlman Medical Offices

Contact:  
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Direct Clinic Line: (858) 657-8590

Bio:  
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders (cont.)

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Rick A. Friedman, MD, PhD
Neurootologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

La Jolla - Perlman Medical Offices
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Rick Friedman, MD, PhD, is a board-certified neurootologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere's disease, cholesteatoma, and chronic ear infections.

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.
ENT/Head and Neck (Otolaryngology) - Otology & Neurotology / Skull-Base Surgery (cont.)

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices

Contact:
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Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums ( tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Adam DeConde, MD
Head and Neck Surgeon
Assistant Clinical Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialty:
Sinus & Rhinology

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Adam DeConde, MD, is a board certified head and neck surgeon with subspecialty training in endoscopic sinus surgery and skull base tumors.

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)
Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.

Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine
Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.
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