UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla

- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- **Orthopedics Urgent Care**
  - Sports Medicine
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121

- 4510 and 4520 Executive Drive
  - San Diego, CA 92121

- 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- 8899 and 8929 University Center Lane
  - San Diego, CA 92122

- 8939 Villa La Jolla Drive
  - La Jolla, CA 92037

- 9333 Genesee Avenue
  - San Diego, CA 92121

- 8950 Villa La Jolla Drive
  - La Jolla, CA 92037

- 9350 Campus Point Drive
  - La Jolla, CA 92037

- Shiley Eye Institute
  - 9415 Campus Point Drive
  - La Jolla, CA 92093

- Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92093

### Moores Cancer Center
- 3855 Health Sciences Drive
- La Jolla, CA 92037

### Jacobs Medical Center
- 9300 Campus Point Drive
- La Jolla, CA 92037

### Koman Family Outpatient Pavilion
- 9400 Campus Point Drive
- La Jolla, CA 92037

### Perlman Medical Offices
- 9350 Campus Point Drive
- La Jolla, CA 92037

### Hillcrest

- **Hillcrest Emergency**
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

- 4th and Lewis Medical Offices
  - 330 Lewis Street
  - San Diego, CA 92103

### Hillcrest Urgent Care
- Medical Offices North
  - 200 West Arbor Drive
  - San Diego, CA 92103

### Medical Offices South
- 4168 Front Street
  - San Diego, CA 92103

### UC San Diego Medical Center
- 200 West Arbor Drive
  - San Diego, CA 92103

### Rancho Bernardo

- **Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

### Encinitas

- **Includes Encinitas Express Care (Suite 110)**
  - 1200 Garden View Road
  - Encinitas, CA 92024

- 477 North El Camino Real
  - Encinitas, CA 92024

### College Area
- 6719 Alvarado Road, Suite 302
  - San Diego, CA 92120

### Downtown

- Downtown Express Care
  - 203 West F Street
  - San Diego, CA 92101

### Vista
- 910 Sycamore Avenue
  - Vista, CA 92081

### Sorrento Valley
- 4910 Directors Place
  - San Diego, CA 92121

### Scripps Ranch
- 9909 Mira Mesa Blvd, Suite 200
  - San Diego, CA 92131

### Kearny Mesa
- 7910 Frost Street
  - San Diego, CA 92123

### Chula Vista
- 959 Lane Avenue
  - Chula Vista, CA 91914

### Temecula
- 31720 Temecula Parkway, Suite 100
  - Temecula, CA 92592
Locations
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Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Charles D. Ashbrook, MD
Psychiatrist
Specialty: Psychiatry
Hillcrest - UC San Diego Medical Center
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350
Bio: Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients’ medication regimens, using evidence-based approaches.

Vanessa L. Lauzon, MD
Psychiatrist
Assistant Professor of Psychiatry
Add'l Language: Spanish
Hillcrest - UC San Diego Medical Center
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350
Bio: Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.

Aaron Meyer, MD
Psychiatrist
Hillcrest - UC San Diego Medical Center
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350
Bio: Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.

Hoang Nguyen, MD
Assistant Clinical Professor
Hillcrest - UC San Diego Medical Center
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: UC San Diego Health Links
Psychiatry - Geriatric Psychiatry

Daniel D Sewell, MD
Director, Senior Behavioral Health
Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.

Raisa Yagudayeva, DO
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
Add'l Language:
Russian

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Raisa Yagudeyeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
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