Physician Directory

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Physician Access: 855-543-0555

UC San Diego Health
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla

**La Jolla Emergency**  
Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

**La Jolla Urgent Care**  
8910 Villa La Jolla Drive  
La Jolla, CA 92037

**Orthopedics Urgent Care Sports Medicine**  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121

4510 and 4520 Executive Drive  
San Diego, CA 92121

8910 Villa La Jolla Drive  
La Jolla, CA 92037

8899 and 8929 University Center Lane  
San Diego, CA 92122

8939 Villa La Jolla Drive  
La Jolla, CA 92037

9333 Genesee Avenue  
San Diego, CA 92121

8950 Villa La Jolla Drive  
La Jolla, CA 92037

9434 Medical Center Drive  
La Jolla, CA 92037

Shiley Eye Institute  
9415 Campus Point Drive  
La Jolla, CA 92037

Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

Moores Cancer Center  
3855 Health Sciences Drive  
La Jolla, CA 92033

Jacobs Medical Center  
9300 Campus Point Drive  
La Jolla, CA 92037

Koman Family Outpatient Pavilion  
9400 Campus Point Drive  
La Jolla, CA 92037

Perlman Medical Offices  
9350 Campus Point Drive  
La Jolla, CA 92037

**Hillcrest**

**Hillcrest Emergency**  
UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

4th and Lewis Medical Offices  
330 Lewis Street  
San Diego, CA 92103

Medical Offices North  
200 West Arbor Drive  
San Diego, CA 92103

Medical Offices South  
4168 Front Street  
San Diego, CA 92103

UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

**Rancho Bernardo**

Includes **Rancho Bernardo Urgent Care**  
16950 Via Tazon  
San Diego, CA 92127

### Encinitas

Includes **Encinitas Express Care (Suite 110)**  
1200 Garden View Road  
Encinitas, CA 92024

477 North El Camino Real  
Encinitas, CA 92024

**College Area**  
6719 Alvarado Road, Suite 302  
San Diego, CA 92120

**Downtown**  
Downtown Express Care  
203 West F Street  
San Diego, CA 92101

**Vista**  
910 Sycamore Avenue  
Vista, CA 92081

**Sorrento Valley**  
4910 Directors Place  
San Diego, CA 92121

**Scripps Ranch**  
9909 Mira Mesa Blvd, Suite 200  
San Diego, CA 92131

**Kearny Mesa**  
7910 Frost Street  
San Diego, CA 92123

**Chula Vista**  
959 Lane Avenue  
Chula Vista, CA 91914

**Temecula**  
31720 Temecula Parkway, Suite 100  
Temecula, CA 92592
Locations

- Rancho Bernardo
- La Jolla
- Scripps Ranch
- Sorrento Valley
- Encinitas
- Downtown
- Hillcrest
- Kearny Mesa
- College Area
- Chula Vista
- Temecula
- Vista
- Encinitas
- Kearny Mesa
- College Area
- Chula Vista

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HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS Care at UC San Diego Health.

Shira Abeles, MD
Infectious Disease Specialist

Specialties:
Infectious Diseases, HIV/AIDS
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Owen Clinic: (619) 543-3995
Direct Clinic Line - Infectious Disease: (619) 543-6146

Bio:
Shira Abeles, MD, is a board-certified infectious disease specialist and medical director of Antimicrobial Stewardship at UC San Diego Health. She cares for patients with general infectious disease as well as people with HIV. She is part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.

Constance A Benson, MD
Senior Attending Physician
Professor of Medicine

Specialties:
Infectious Diseases, HIV/AIDS

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Dr. Benson is Professor of Medicine in Infectious Diseases at the University of California, San Diego. Dr. Benson received her MD degree from The Ohio State University College of Medicine in 1978, and completed her residency in Internal Medicine and fellowship in Infectious Diseases at Rush University Medical College in Chicago in 1986, after serving three years on active duty in the U.S. Navy as an internist.
HIV/AIDS (cont.)

Maile Young Karris, MD
Associate Professor of Medicine
HIV/AIDS Specialist

Specialties:
Infectious Diseases, HIV/AIDS

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Maile Young Karris, MD, is a board-certified infectious disease physician who specializes in caring for individuals with HIV. She is a part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women. Her clinical practice includes caring for individuals newly diagnosed with HIV and helping individuals living with HIV age successfully. Dr. Karris has expertise in non-HIV associated infections in individuals with HIV and in preventing HIV infection (pre-exposure prophylaxis or PrEP).

Cathy Logan, MD
Infectious Disease Specialist
Assistant Professor of Medicine

Specialties:
Infectious Diseases, HIV/AIDS

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Cathy Logan, MD, is an infectious disease specialist and an expert in HIV and hepatitis C (HCV) infection and treatment. Infectious disease specialists care for patients with infections or diseases caused by viruses, bacteria, fungi and parasites. These include hepatitis viruses, tuberculosis, influenza, and HIV/AIDS, in addition to other infections of the sinuses, heart, brain, lungs, gastrointestinal system, urinary tract, pelvic organs and bones.

Francesca Torriani, MD
Medical Director, Infection Prevention and Clinical Epidemiology
Professor of Clinical Medicine

Specialties:
Infectious Diseases, HIV/AIDS

Add'l Languages:
French, German, Italian, Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Francesca J. Torriani, MD, is a Professor of Clinical Medicine in the Department of Medicine, Division of Infectious Diseases at the University of California, San Diego (UCSD). Dr. Torriani received her medical degree in 1985 from the University Medical School in Lausanne, Switzerland. In 1995, Dr. Torriani joined UC San Diego Health after completing a fellowship in infectious diseases.
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