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Obstetrics & Gynecology

Obstetrics and Gynecology (OB/GYN) are the two surgical-medical specialties concerned with the reproductive organs in women. Learn more about obstetrics and gynecology at UC San Diego Health.

Stephen A. Hebert, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Stephen Hebert, MD, is a board-certified obstetrician/gynecologist who specializes in providing inpatient care to women with obstetric or gynecological issues that require hospitalization.

Sierra Washington, MD, FACOG
Obstetrician/Gynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Add'l Languages:
French, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 249-5900
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sierra Washington, MD, is a board-certified obstetrician and gynecologist who provides comprehensive obstetrics and gynecologic care at UC San Diego Health. Dr. Washington sees patients at the Hillcrest campus for prenatal care and family planning services and gynecologic problems. She aims to provide a holistic approach to patient care and natural birthing experience for parents and their newborns within Hillcrest and Jacobs Medical Center’s state-of-the-art obstetrical environment.
Obstetrics & Gynecology - General Gynecology

Jorge L. Alvarado, MD, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jorge L. Alvarado, MD, is an obstetrician/gynecologist who provides prenatal, labor and delivery, and postpartum care as well as comprehensive gynecological care, including diagnosis and treatment of abnormal uterine bleeding, fibroids, sexually transmitted infections, and gynecologic cancer prevention. Dr. Alvarado specializes in minimally invasive gynecologic surgery, with an interest in dysplasia of the cervix, vagina, and vulva.

Sarah H. Averbach, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sarah H. Averbach, MD, is an board-certified obstetrician/gynecologist who provides comprehensive gynecological care and specializes in family planning. Her expertise includes surgical management of gynecologic conditions and reproductive infectious disease.
Obstetrics & Gynecology - General Gynecology (cont.)

Christina Buenrostro, MSN, FNP-BC
Nurse Practitioner

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Christina Buenrostro, MSN, is a board-certified family nurse practitioner (FNP-BC) who specializes in obstetrics and gynecology. She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages. Common conditions she treats include vaginitis, pelvic pain and abnormal uterine bleeding. Ms. Buenrostro also provides well woman exams and breast exams.

Julia Cormano, MD, FACOG
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Julia Cormano, MD, is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care. She is part of the maternity team at UC San Diego Health’s Hillcrest location, where low-risk mothers and babies can plan for deliveries at UC San Diego Medical Center. Dr. Cormano believes in building strong relationships with her patients and truly listening to their needs. She often works with patients who are interested in attempting a vaginal birth after Cesarean (VBAC) and is skilled in performing external cephalic version (moving a breech baby into the head-down position). Additionally, she works with a midwife team to provide minimal intervention, evidence-based obstetrics care.
Obstetrics & Gynecology - General Gynecology (cont.)

Eliana Deutsch, MSN, WHNP-BC, ANP-C
Women's Health Nurse Practitioner

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Eliana Deutsch, MS, RN, is a board-certified women’s health nurse practitioner (WHNP-BC) and adult nurse practitioner (ANP-C). She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages. She has a special interest in caring for teens and adolescents.

Gina R. Frugoni, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7878

Bio:
Gina Frugoni, MD, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care. She also provides comprehensive gynecological care, including well woman visits, family planning, and treatment for issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, gynecological infections or sexually transmitted diseases. She is also interested in minimally invasive surgery and procedures.
Obstetrics & Gynecology - General Gynecology (cont.)

Mai Hoang, MD, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Vietnamese

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7878

Bio:
Mai Hoang, MD, is a board-certified obstetrician and gynecologist who provides comprehensive obstetric and gynecological care. She has special interests in low and high-risk pregnancies, including vaginal birth after Cesarean section (VBAC), irregular bleeding and minimally invasive surgery.

Sheila Mody, MD
Family Planning Specialist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Sheila Mody, MD, MPH is a family planning specialist with a focus in contraceptive counseling for women with complex medical conditions. Her interests include educating patients on the use of long-acting reversible contraception and early pregnancy management.
Alice Harman Sutton, MD, FACOG
Obstetrician/Gynecologist

Specialty: Obstetrics & Gynecology
Subspeciality: General Gynecology
Add'l Language: Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Alice H. Sutton, MD, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, gynecological infections or sexually transmitted diseases.

Akilah Weber, MD
Obstetrician and Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty: Obstetrics & Gynecology
Subspeciality: General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Akilah Weber, MD, is a board-certified OB/GYN who specializes in managing the gynecologic needs of children and teenagers. She has a special interest in treating children born with reproductive defects, people with adrenogenital disorders (which cause an abnormal secretion of hormones) and amenorrhea (the absence of menstruation in women of reproductive age).
Sigrid G. (Siri) Williams, MD, MPH  
Obstetrician/Gynecologist

**Specialty:**  
Obstetrics & Gynecology

**Subspecialty:**  
General Gynecology

**Add'l Language:**  
Spanish

**Hillcrest - UC San Diego Medical Center**  
**Hillcrest - Medical Offices South**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**  
Sigrid Williams, MD, MPH, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care. She is part of the maternity care team at UC San Diego Health’s Hillcrest location, where low-risk mothers and babies can plan for deliveries at UC San Diego Medical Center.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology)

Jerasimos (Jerry) Ballas, MD, MPH, FACOG
Perinatologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Add'l Language:
Greek

Sorrento Valley - Directors Place
Hillcrest - Medical Offices South
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jerry Ballas, MD, MPH, is a board-certified perinatologist who cares for women with high-risk pregnancies. As a maternal-fetal medicine specialist, he treats expectant mothers who have an increased chance that they or their babies will have health complications.

Andrew D. Hull, BMBS, FRCOG, FACOG
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Hillcrest - Medical Offices South
Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Andrew D. Hull, BMBS, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Hull's expertise includes caring for pregnant women with chronic medical problems, including HIV; pregnancies complicated by fetal disorders such as isoimmunization and complex birth defects; and placental disorders such as placenta accreta.
Gladys "Sandy" Ramos, MD
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Additional Language:
Spanish

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Gladys "Sandy" Ramos, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women with complex health or fetal issues. Dr. Ramos' expertise is in treating women with diabetes to help ensure safe deliveries of healthy infants while maintaining optimal health for mothers. She is also experienced in managing placenta accreta and other high-risk issues.

Robert Resnik, MD
Professor Emeritus of Obstetrics, Gynecology, and Reproductive Sciences
Perinatologist

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - Sorrento Valley: (858) 657-7200

Bio:
Robert Resnik, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Resnik’s expertise includes treating fetal growth restriction and placenta accreta.
Maryam Tarsa, MD
Professor of Obstetrics, Gynecology, and Reproductive Sciences
Perinatologist

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Maternal-Fetal Medicine (Perinatology)

**Add'l Language:**
Farsi

**Jacobs Medical Center**
Sorrento Valley - Directors Place
Hillcrest - Medical Offices South
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**
Maryam Tarsa, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Tarsa's expertise includes fetal imaging and treating pregnant women with autoimmune disorders, infectious diseases and transplants. She also cares for women having twins or higher-order multiples.
Christine Cortes, CNM, MSN
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Christine Cortes, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Janna Ekholm, CNM, MSN
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Janna Ekholm, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Obstetrics & Gynecology - Midwifery (cont.)

Melissa Grear Mann, CNM, MPH
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Hillcrest - Medical Offices South
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-6790
Direct Clinic Line - Encinitas: (858) 657-8745

Bio:
Melissa Mann, CNM, MPH, is a certified-nurse midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.

Stephanie Jacobson, CNM, WHNP, MSN
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Hillcrest - Medical Offices South
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Stephanie Jacobson, CNM, WHNP, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Beth Timpe, CNM, MS
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology
Subspeciality:
Midwifery
Add'l Language:
Spanish

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Beth Timpe, CNM, MS, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
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