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Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

**Obstetrics & Gynecology**
- General Gynecology ................................................................. 2
- Gynecologic Oncology ............................................................. i
- Maternal-Fetal Medicine (Perinatology) ................................... 7
- Midwifery ............................................................................. i
- Reproductive Endocrinology and Infertility ............................. i
- Urogynecology ...................................................................... i
- Index ................................................................................... 10
Obstetrics & Gynecology

Obstetrics and Gynecology (OB/GYN) are the two surgical-medical specialties concerned with the reproductive organs in women. Learn more about OB/GYN at UC San Diego Health System.

Sierra Washington, MD, FACOG
Obstetrician/Gynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Add'l Languages:
French, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 249-5900
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sierra Washington, MD, is a board-certified obstetrician and gynecologist who provides labor and delivery care at UC San Diego Health. Dr. Washington sees patients at the Hillcrest campus for prenatal care and family planning services. She aims to provide a holistic approach to patient care and a natural birthing experience for parents and their newborns within Hillcrest and Jacobs Medical Center's state-of-the-art obstetrical environment.
Obstetrics & Gynecology - General Gynecology

Jorge L. Alvarado, MD, FACOG
Obstetrician/Gynecologist

Specialty: Obstetrics & Gynecology
Subspecialty: General Gynecology
Add'l Language: Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jorge L. Alvarado, MD, is an obstetrician/gynecologist who provides prenatal, labor and delivery, and postpartum care as well as comprehensive gynecological care, including diagnosis and treatment of abnormal uterine bleeding, fibroids, sexually transmitted infections, and gynecologic cancer prevention. Dr. Alvarado specializes in minimally invasive gynecologic surgery, with an interest in dysplasia of the cervix, vagina, and vulva.

Sarah H. Averbach, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty: Obstetrics & Gynecology
Subspecialty: General Gynecology

La Jolla - 8910 Villa La Jolla
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sarah H. Averbach, MD, is an board-certified obstetrician/gynecologist who provides comprehensive gynecological care and specializes in family planning. Her expertise includes surgical management of gynecologic conditions and reproductive infectious disease.
Julia Cormano, MD, FACOG  
**Obstetrician/Gynecologist**  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences  
**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** General Gynecology  
**Add'l Language:** Spanish  
Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices South  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-7878  
**Bio:**  
Julia Cormano, MD, is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care. She is part of the maternity team at UC San Diego Health’s Hillcrest location, where low-risk mothers and babies can plan for deliveries at UC San Diego Medical Center. Dr. Cormano believes in building strong relationships with her patients and truly listening to their needs. She often works with patients who are interested in attempting a vaginal birth after Cesarean (VBAC) and is skilled in performing external cephalic version (moving a breech baby into the head-down position). Additionally, she works with a midwife team to provide minimal intervention, evidence-based obstetrics care.

Gina R. Frugoni, MD  
**Obstetrician/Gynecologist**  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences  
**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** General Gynecology  
**Add'l Language:** Spanish  
Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices South  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-7878  
**Bio:**  
Gina Frugoni, MD, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care. She also provides comprehensive gynecological care, including well woman visits, family planning, and treatment for issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, gynecological infections or sexually transmitted diseases. She is also interested in minimally invasive surgery and procedures.
Mai Hoang, MD, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Vietnamese

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7878

Bio:
Mai Hoang, MD, is a board-certified obstetrician and gynecologist who provides comprehensive obstetric and gynecological care. She has special interests in low and high-risk pregnancies, including vaginal birth after Cesarean section (VBAC), irregular bleeding and minimally invasive surgery.

Sheila Mody, MD
Family Planning Specialist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Sheila Mody, MD, MPH is a family planning specialist with a focus in contraceptive counseling for women with complex medical conditions. Her interests include educating patients on the use of long-acting reversible contraception and early pregnancy management.
Obstetrics & Gynecology - General Gynecology (cont.)

**Alice Harman Sutton, MD, FACOG**

Obstetrician/Gynecologist

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** General Gynecology  
**Add'l Language:** Spanish

**Hillcrest - UC San Diego Medical Center**  
**Hillcrest - Medical Offices South**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**  
Alice H. Sutton, MD, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, gynecological infections or sexually transmitted diseases.

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**Akilah Weber, MD**

Obstetrician and Gynecologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** General Gynecology

**La Jolla - 8910 Villa La Jolla**  
**Jacobs Medical Center**  
**Hillcrest - Medical Offices South**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**  
Akilah Weber, MD, is a board-certified OB/GYN who specializes in managing the gynecologic needs of children and teenagers. She has a special interest in treating children born with reproductive defects, people with adrenogenital disorders (which cause an abnormal secretion of hormones) and amenorrhea (the absence of menstruation in women of reproductive age).
Obstetrics & Gynecology - General Gynecology (cont.)

Sigrid G. (Siri) Williams, MD, MPH
Obstetrician/Gynecologist

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**
Sigrid Williams, MD, MPH, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care. She is part of the maternity care team at UC San Diego Health’s Hillcrest location, where low-risk mothers and babies can plan for deliveries at UC San Diego Medical Center.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology)

Jerasimos (Jerry) Ballas, MD, MPH, FACOG
Perinatologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Add'l Language:
Greek

Sorrento Valley - Directors Place
Hillcrest - Medical Offices South
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jerry Ballas, MD, MPH, is a board-certified perinatologist who cares for women with high-risk pregnancies. As a maternal-fetal medicine specialist, he treats expectant mothers who have an increased chance that they or their babies will have health complications.

Andrew D. Hull, BMBS, FRCOG, FACOG
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Hillcrest - Medical Offices South
Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Andrew D. Hull, BMBS, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Hull’s expertise includes caring for pregnant women with chronic medical problems, including HIV; pregnancies complicated by fetal disorders such as isoimmunization and complex birth defects; and placental disorders such as placenta accreta.
Bio:
Gladys "Sandy" Ramos, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women with complex health or fetal issues. Dr. Ramos' expertise is in treating women with diabetes to help ensure safe deliveries of healthy infants while maintaining optimal health for mothers. She is also experienced in managing placenta accreta and other high-risk issues.

Bio:
Robert Resnik, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Resnik's expertise includes treating fetal growth restriction and placenta accreta.
Maryam Tarsa, MD
Professor of Obstetrics, Gynecology, and Reproductive Sciences
Perinatologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Add'l Language:
Farsi

Jacobs Medical Center
Sorrento Valley - Directors Place
Hillcrest - Medical Offices South
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Maryam Tarsa, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Tarsa's expertise includes fetal imaging and treating pregnant women with autoimmune disorders, infectious diseases and transplants. She also cares for women having twins or higher-order multiples.
# Index

<table>
<thead>
<tr>
<th>A</th>
<th>Alvarado, Jorge L. ............................................... 2</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Averbach, Sarah H. ............................................... 2</td>
</tr>
<tr>
<td>B</td>
<td>Ballas, Jerasimos (Jerry) ........................................ 7</td>
</tr>
<tr>
<td>C</td>
<td>Cornano, Julia ..................................................... 3</td>
</tr>
<tr>
<td>F</td>
<td>Frugoni, Gina R. ................................................... 3</td>
</tr>
<tr>
<td>H</td>
<td>Hoang, Mai ............................................................ 4</td>
</tr>
<tr>
<td></td>
<td>Hull, Andrew D. ..................................................... 7</td>
</tr>
<tr>
<td>M</td>
<td>Mody, Sheila .......................................................... 4</td>
</tr>
<tr>
<td>R</td>
<td>Ramos, Gladys &quot;Sandy&quot; ............................................. 8</td>
</tr>
<tr>
<td></td>
<td>Resnik, Robert ..................................................... 8</td>
</tr>
<tr>
<td>S</td>
<td>Sutton, Alice Harman ............................................... 5</td>
</tr>
<tr>
<td>T</td>
<td>Tarsa, Maryam ........................................................ 9</td>
</tr>
<tr>
<td>W</td>
<td>Washington, Sierra ................................................ 1</td>
</tr>
<tr>
<td></td>
<td>Weber, Akilah ....................................................... 5</td>
</tr>
<tr>
<td></td>
<td>Williams, Sigrid G. (Siri) ....................................... 6</td>
</tr>
</tbody>
</table>