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UC San Diego Health Physician Directory

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Cardiology - Electrophysiology

Stephanie Yoakum, MSN, ACNP-CS
Nurse Practitioner

Specialty: Cardiology
Subspecialty: Electrophysiology

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Stephanie Yoakum, MSN, is a certified acute care nurse practitioner (ACNP-CS) who manages patients with irregular heartbeat (cardiac arrhythmia) and cardiac devices in both the inpatient and outpatient settings. She evaluates patients following their procedure, including assessment of medications, symptoms and appropriate diagnostic tests.
HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS care at UC San Diego Health.

Courtney Thompson, DNP, FNP-BC
Family Nurse Practitioner

Specialty: HIV/AIDS
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Courtney Thompson is a board-certified family nurse practitioner (FNP-BC) who cares for individuals with HIV/AIDS. She is part of the care team that helps people transition smoothly from the hospitalized setting to outpatient care when they have been cleared for discharge.

Aaron Willcott, MS, PA-C
Physician Assistant

Specialty: HIV/AIDS
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Aaron Willcott, MS, is a certified physician assistant (PA-C) who specializes in HIV medicine and sexual health. He is part of the team at UC San Diego Health's Owen Clinic, where he assists in providing primary care to adults over age 18. This includes preventative care such as cancer screenings and immunizations, and treatment of acute and chronic diseases such as hypertension, diabetes, high cholesterol and thyroid disease. Willcott also helps people with HIV manage their antiretroviral therapy.
Marriage and Family Therapy

Marriage and Family Therapy is a branch of psychotherapy that helps individuals, couples and families to nurture change and development. It provides diagnosis and treatment of mental and emotional disorders, with a holistic perspective to care.

Amber Rukaj, MA, LMFT
Marriage and Family Therapist

Specialty:
Marriage and Family Therapy

La Jolla - 8910 Villa La Jolla
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Amber Rukaj, MA, is a licensed marriage and family therapist (LMFT) who provides therapy to women, infants, and their families during the prenatal and postpartum period. She specializes in treating perinatal mood disorders and working with individuals as they transition into parenthood. She also provides therapy for reproductive trauma, pregnancy loss and infertility.
Nutrition Counseling

Nutrition Counseling is a process in which a registered dietician works with an individual to assess his or her dietary intake and identify areas where change is needed based upon medical and/or individual needs.

Carla Salcedo, BS, RD
Registered Dietitian

Specialty:
Nutrition Counseling

Add'l Languages:
French, Spanish

Hillcrest - Medical Offices South
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0420

Bio:
Carla Salcedo, BS, CDE, is a registered dietitian who counsels people on their eating habits to improve health and help treat diseases. She provides nutrition education and medical nutrition therapy.
Obstetrics & Gynecology - General Gynecology

Christina Buenrostro, MSN, FNP-BC
Nurse Practitioner

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**Add'l Language:**
Spanish

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7978
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**
Christina Buenrostro, MSN, is a board-certified family nurse practitioner (FNP-BC) who specializes in obstetrics and gynecology. She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages. Common conditions she treats include vaginitis, pelvic pain and abnormal uterine bleeding. Ms. Buenrostro also provides well woman exams and breast exams.

Eliana Deutsch, MSN, WHNP-BC, ANP-C
Women’s Health Nurse Practitioner

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7978

**Bio:**
Eliana Deutsch, MS, RN, is a board-certified women’s health nurse practitioner (WHNP-BC) and adult nurse practitioner (ANP-C). She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages. She has a special interest in caring for teens and adolescents.
Obstetrics & Gynecology - Midwifery

Christine Cortes, CNM, MSN
Certified Nurse-Midwife

**Specialty:** Obstetrics & Gynecology
**Subspecialty:** Midwifery

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**
Christine Cortes, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Janna Ekholm, CNM, MSN
Certified Nurse-Midwife

**Specialty:** Obstetrics & Gynecology
**Subspecialty:** Midwifery
**Add'l Language:** Spanish

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**
Janna Ekholm, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Melissa Grear Mann, CNM, MPH  
Certified Nurse-Midwife  

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Midwifery  
**Add'l Language:** Spanish  

**La Jolla - 8910 Villa La Jolla**  
**Encinitas - Garden View Road**  
**Hillcrest - Medical Offices South**  
**Jacobs Medical Center**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8745  
Direct Clinic Line - Hillcrest: (619) 543-6790  
Direct Clinic Line - Encinitas: (858) 657-8745  

**Bio:**  
Melissa Mann, CNM, MPH, is a certified-nurse midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.

Stephanie Jacobson, CNM, WHNP, MSN  
Certified Nurse-Midwife  

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Midwifery  
**Add'l Language:** Spanish  

**La Jolla - 8910 Villa La Jolla**  
**Hillcrest - Medical Offices South**  
**Jacobs Medical Center**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8745  
Direct Clinic Line - Hillcrest: (619) 543-7878  

**Bio:**  
Stephanie Jacobson, CNM, WHNP, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Beth Timpe, CNM, MS
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Beth Timpe, CNM, MS, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
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