UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla

La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas

Includes Encinitas Express Care
(Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area

6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown

Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista

910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley

4910 Directors Place
San Diego, CA 92121

Scripps Ranch

9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa

7910 Frost Street
San Diego, CA 92123

Chula Vista

959 Lane Avenue
Chula Vista, CA 91914

Temecula

31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

**Orthopedics**
- Foot & Ankle ................................................................. i
- Hand & Upper Extremity .................................................. 2
- Joint ................................................................................ 3
- Orthopedic Trauma .......................................................... 4
- Spine ............................................................................. 5
- Sports Medicine ............................................................. 6
- Index .............................................................................. 7
Orthopedics

Orthopedics is the branch of medicine specializing in the treatment of injuries or disorders of the skeletal system including bones, muscles, joints and ligaments. Learn more about orthopedics at UC San Diego Health System.

Paymaneh (Pam) Sabet, DPM
Podiatrist and Wound Care Specialist

Specialties:
Podiatry, Orthopedics

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5969

Bio:
Pam Sabet, DPM, is a podiatrist who specializes in foot and ankle surgery and wound care. Podiatrists, also referred to as foot doctors or podiatric physicians, are specialists who diagnose and treat all conditions of the feet, ankles and legs. Their care also focuses on how the health of these structures impact the rest of the body. Dr. Sabet’s expertise includes treating foot and ankle diseases and their causes, reconstructive foot and ankle surgery, and wound care for diabetic foot ulcers.
Orthopedics - Hand & Upper Extremity

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Assistant Professor of Orthopedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Add'l Languages:
German, Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dr. Hentzen, assistant professor of orthopedic surgery, specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Orthopedics - Joint

Francis B Gonzales, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty:
Orthopedics
Subspecialty:
Joint
Add'l Language:
Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Francis Gonzales, MD, is a board-certified orthopedic surgeon who specializes in adult hip and knee joint replacement surgery.
Orthopedics - Orthopedic Trauma

Paul Joseph Girard, MD  
Orthopedic Surgeon  
Associate Professor of Orthopaedic Surgery

Specialties:  
Surgery, Orthopedics  
Subspecialty:  
Orthopedic Trauma

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices North

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

Bio:  
Paul Girard, MD, is a board-certified orthopedic surgeon who specializes in orthopedic trauma and surgery to treat fractured or broken bones. He also cares for patients with complications arising from traumatic orthopedic injuries and has extensive experience in delivering care in emergency settings. Dr. Girard has particular interest and expertise in complex lower extremity reconstruction, post-traumatic deformity correction, and treatment of post-traumatic osteomyelitis.

Alexandra K. Schwartz, MD  
Chief, Orthopedic Trauma  
Professor of Orthopaedic Surgery

Specialties:  
Orthopedics, Surgery  
Subspecialty:  
Orthopedic Trauma  
Add'l Languages:  
German, Spanish

La Jolla - Koman Family Outpatient Pavilion  
Jacobs Medical Center  
Hillcrest - Medical Offices North  
Hillcrest - UC San Diego Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6312  
Direct Clinic Line: (858) 657-8200

Bio:  
Alexandra Schwartz, MD, is a board-certified orthopedic surgeon. She specializes in orthopedic trauma and surgery to treat fractured or broken bones, including clavicle, pelvic, foot, ankle, arm, elbow, knee, and shoulder injuries. Dr. Schwartz also cares for patients with complications from these injuries, such as infections and poor-healing or non-healing bones. As an orthopedic traumatologist, she has expertise working in emergency settings and with people whose injuries were caused by accidents or violence.
Orthopedics - Spine

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Orthopedics - Sports Medicine

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Assistant Professor of Orthopedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Add'l Languages:
German, Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dr. Hentzen, assistant professor of orthopedic surgery, specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
# Index

<table>
<thead>
<tr>
<th>C</th>
<th>Chang, Douglas .................................................. 5, 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>G</td>
<td>Girard, Paul Joseph ............................................. 4</td>
</tr>
<tr>
<td>H</td>
<td>Hentzen, Eric ..................................................... 2, 6</td>
</tr>
<tr>
<td>S</td>
<td>Sabet, Paymaneh (Pam) .......................................... 1</td>
</tr>
<tr>
<td></td>
<td>Schwartz, Alexandra K. ........................................ 4</td>
</tr>
</tbody>
</table>