Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

**Patient Access**

**Request an Appointment**
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

**Referring Physician Access**

**Transfer a Patient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
Locations

La Jolla
4510 and 4520 Executive Drive
San Diego, CA 92121
8910 Villa La Jolla Drive
La Jolla, CA 92037
8899 and 8929 University Center Lane
San Diego, CA 92122
8939 Villa La Jolla Drive
La Jolla, CA 92037
9333 Genesee Avenue
San Diego, CA 92121
8950 Villa La Jolla Drive
La Jolla, CA 92037
9350 Campus Point Drive
La Jolla, CA 92037
Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093
Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093
Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037
Hillcrest
4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103
Medical Offices North
200 West Arbor Drive
San Diego, CA 92103
Medical Offices South
4168 Front Street
San Diego, CA 92103
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103
Encinitas
1200 Garden View Road
Encinitas, CA 92024
477 North El Camino Real
Encinitas, CA 92024
Vista
910 Sycamore Avenue
Vista, CA 92081
Scripps Ranch
9909 Mira Mesa Blvd.
San Diego, CA 92131
Kearny Mesa
7910 Frost Street
San Diego, CA 92123
Rady Children’s Hospital-San Diego
3020 Children’s Way
San Diego, CA 92123
Chula Vista
959 Lane Avenue
Chula Vista, CA 91914
Temecula
31720 Temecula Parkway
Temecula, CA 92952
Sorrento Valley
4910 Directors Place
San Diego, CA 92121
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Frederick (Fred) Han, MD
Cardiac Electrophysiologist
Associate Professor of Medicine

**Specialty:**
Cardiology

**Subspecialty:**
Electrophysiology

**Sulpizio Cardiovascular Center**
Hillcrest - Medical Offices South
Temecula Parkway

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530
Direct Clinic Line - Temecula: (951) 303-0734

**Bio:**
Frederick (Fred) Han, MD, is board-certified cardiologist who subspecializes in cardiac electrophysiology. He takes care of patients with all types of fast (tachycardia), slow (bradycardia), and irregular heart rhythm disorders, including both atrial and ventricular arrhythmias.
Cardiology - Heart Failure

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.

Hao (Howie) Tran, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Temecula: (951) 303-0734
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Hillcrest: (619) 543-5743

Bio:
Howie Tran, MD, is board-certified cardiologist who specializes in treating patients with end-stage or advanced heart failure. He cares for patients who require heart transplants and mechanical circulatory support devices, including ventricular assist devices (VADs) and percutaneous ventricular assist devices (PVADs). Dr. Tran is also experienced in right heart-catheterization with heart tissue biopsies.
Cardiology - Heart Failure (cont.)

Nicholas Wettersten, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology
Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Temecula Parkway
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Temecula: (951) 303-0374
Direct Clinic Line - Hillcrest: (858) 657-8530

Bio:
Nicholas Wettersten, MD, is a board-certified cardiologist who treats patients with advanced heart failure.
Cardiothoracic (Heart and Lung) Surgery

Cardiothoracic (Heart and Lung) Surgery specializes in operations to the heart, chest or both — generally includes treatment for heart and lung diseases and conditions. Learn more about cardiothoracic (heart and lung) surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation
Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health System.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)
Subspecialty:
Liver Transplantation
Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about [hepatology](https://health.ucsd.edu) at UC San Diego Health System.

**Michel Henry Mendler, MD**
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

**Specialties:**
Gastroenterology, Transplantation, Hepatology (Liver)

**Subspecialty:**
Liver Transplantation

**Add'l Language:**
French

**La Jolla - 4510 Executive Drive**
**La Jolla - Perlman Medical Offices**
**Hillcrest - Medical Offices South**
**Temecula Parkway**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

**Bio:**
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health’s pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Neurology

Neurology is the branch of medicine that is concerned with the study and treatment of disorders of the nervous system. Learn more about neurology at UC San Diego Health System.

Monika A. Gupta, MD
Neurologist

Specialty:
Neurology

Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Monika Gupta, MD, is a board-certified neurologist. She provides care for people with a variety of neurologic conditions, and has a special interest in neuromuscular diseases.
Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about pediatrics at UC San Diego Health System.

Lawrence Ma, MD
Primary Care Physician

Specialties:  Primary Care, Internal Medicine, Pediatrics
Additional Language:  Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health’s pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:  Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Pediatrics - Adolescent Medicine

Maya M. Kumar, MD
Pediatrician/Adolescent Medicine Physician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers’ unique physical, social and emotional conditions.

Karen Loper, MD
Pediatrician/Adolescent Medicine Physician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Adolescent Medicine, General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Karen Loper, MD, is a board-certified pediatrician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers’ unique physical and mental conditions.
Pediatrics - Complex Care Pediatrics

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Complex Care Pediatrics, General Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Developmental-Behavioral Pediatrics is the evaluation and treatment of developmental, learning or behavioral problems in children and adolescents.

**Adam Braddock, MD**  
Pediatrician  
**Specialties:** Pediatrics, Primary Care  
**Subspecialties:** Developmental-Behavioral Pediatrics, General Pediatrics  
**Kearny Mesa - Frost Street**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0053  
**Bio:**  
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

**Sheila Gahagan, MD, MPH**  
Developmental-Behavioral Pediatrician  
Professor of Pediatrics  
**Specialty:** Pediatrics  
**Subspecialty:** Developmental-Behavioral Pediatrics  
**Kearny Mesa - Frost Street**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0053  
**Bio:**  
Sheila Gahagan, MD, MPH, is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, learning disorders, behavioral or mental health concerns. Dr. Gahagan has a special interest in the evaluation and care of infants and toddlers with developmental delay and behavioral concerns. She has particular expertise in infant and toddler regulation disorders (including sleep problems), difficulty feeding, excessive crying and tantrums, attachment disorders, complications of prematurity, and fetal alcohol syndrome. She also cares for many children with autism spectrum disorders and ADHD.
Lauren E. Gist, MD, MPH

**Specialty:**
Pediatrics

**Subspecialty:**
Developmental-Behavioral Pediatrics

**Add'l Language:**
Spanish

**Kearny Mesa - Frost Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0053

**Bio:**
Lauren Gist, MD, MPH is a board-certified pediatrician who specializes in developmental-behavioral pediatrics. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning difficulties or mental health concerns. Dr. Gist has a special interest in the evaluation and care of young children with behavioral challenges, children with developmental and behavioral concerns associated with genetic conditions, autism, and fetal alcohol spectrum disorders.

Yi Hui Liu, MD, MPH

**Developmental-Behavioral Pediatrician**

**Associate Professor of Pediatrics**

**Specialty:**
Pediatrics

**Subspecialty:**
Developmental-Behavioral Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0053

**Bio:**
Yi Hui Liu, MD, MPH is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning disorders and/or mental health concerns. Dr. Liu has a special interest in the evaluation and care of children with attention deficit hyperactivity disorder (ADHD), autism spectrum disorders, anxiety, intellectual disability, and developmental delays. She has extensive experience collaborating with other developmental services, including psychology, speech and language therapy, occupational therapy, and physical therapy.
Eyla Boies, MD  
Pediatrician  
Professor of Pediatrics

Specialties:  
Pediatrics, Primary Care  
Subspecialty:  
General Pediatrics

**Kearny Mesa - Frost Street**  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**  
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes assisting mothers who are experiencing difficulties breastfeeding their newborns.

Janet Crow, MD, FAAP  
Pediatrician  
Professor of Pediatrics

Specialties:  
Pediatrics, Primary Care  
Subspecialty:  
General Pediatrics  
Add'l Language:  
Spanish

**Kearny Mesa - Frost Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0053

**Bio:**  
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients, and caring for them as they grow and change.

Adam Braddock, MD  
Pediatrician

Specialties:  
Pediatrics, Primary Care  
Subspecialties:  
Developmental-Behavioral Pediatrics, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line (858) 246-0053

**Bio:**  
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Nancy Graff, MD  
Clinical Professor of Pediatrics

Specialties:  
Pediatrics, Primary Care  
Subspecialty:  
General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

**Bio:**  
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. "Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods."
Pediatrics - General Pediatrics (cont.)

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Travel Medicine, General Pediatrics
Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the pediatric travel medicine program, which provides medical advice and vaccinations for children traveling internationally.

Maya M. Kumar, MD
Pediatrician/Adolescent Medicine Physician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers’ unique physical and mental conditions.

Karen Loper, MD
Pediatrician/Adolescent Medicine Physician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Adolescent Medicine, General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Karen Loper, MD, is a board-certified pediatrician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers’ unique physical and mental conditions.

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Complex Care Pediatrics, General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Helen C. Wang, MD
Pediatrician

Specialty:
Pediatrics
Subspecialty:
General Pediatrics
Add'l Language:
Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

Lindia J Willies-Jacobo, MD, FAAP
Clinical Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Dr. Willies-Jacobo is currently only accepting UC San Diego Health newborns and siblings of established patients.

O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
Pediatrics - Travel Medicine

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Travel Medicine, General Pediatrics

Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the pediatric travel medicine program, which provides medical advice and vaccinations for children traveling internationally.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Eyla Boies, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes assisting mothers who are experiencing difficulties breastfeeding their newborns.

Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients, and caring for them as they grow and change.

Adam Braddock, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Developmental-Behavioral Pediatrics, General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0053

Bio:
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.
Primary Care (cont.)

Nancy Graff, MD
Clinical Professor of Pediatrics

Specialties:
- Pediatrics, Primary Care
Subspecialty:
- General Pediatrics

Kearny Mesa - Frost Street

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 496-4800

Bio:
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. “Most of health happens outside of hospitals and doctor’s offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods.”

Maya M. Kumar, MD
Pediatrician/Adolescent Medicine Physician

Specialties:
- Pediatrics, Primary Care
Subspecialties:
- Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers’ unique physical, social and emotional conditions.

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
- Pediatrics, Primary Care
Subspecialties:
- Travel Medicine, General Pediatrics
Add'l Languages:
- French, Spanish

Kearny Mesa - Frost Street

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the pediatric travel medicine program, which provides medical advice and vaccinations for children traveling internationally.

Karen Loper, MD
Pediatrician/Adolescent Medicine Physician

Specialties:
- Pediatrics, Primary Care
Subspecialties:
- Adolescent Medicine, General Pediatrics
Add'l Language:
- Spanish

Kearny Mesa - Frost Street

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 496-4800

Bio:
Karen Loper, MD, is a board-certified pediatrician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers’ unique physical and mental conditions.
Primary Care (cont.)

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's 
pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma's areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Complex Care Pediatrics, General Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Lindia J Willies-Jacobo, MD, FAAP  
Clinical Professor of Pediatrics

Specialties:  
Pediatrics, Primary Care
Subspecialty:  
General Pediatrics
Add'l Language:  
Spanish

Kearny Mesa - Frost Street

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

Bio:  
Dr. Willies-Jacobo is currently only accepting UC San Diego Health newborns and siblings of established patients.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
Transplantation - Heart Transplantation

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
Transplantation - Liver Transplantation

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Transplantation - Lung Transplantation

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
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