UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Table of Contents

Internal Medicine .................................................................................................................................................. 1
Pediatrics
  Adolescent Medicine ........................................................................................................................................ 3
  Complex Care Pediatrics ................................................................................................................................. 4
  Developmental-Behavioral Pediatrics ............................................................................................................... 5
  General Pediatrics ............................................................................................................................................ 7
  Neonatal-Perinatal Medicine ........................................................................................................................... 9
  Newborn Hospital Care .................................................................................................................................. 9
  Travel Medicine ............................................................................................................................................. 10
Primary Care .................................................................................................................................................... 11
Index ................................................................................................................................................................. 15
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma's areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about [pediatrics](https://health.ucsd.edu) at UC San Diego Health System.

Shirin Alonzo, MD, MPH  
Pediatrician  
**Specialties:** Pediatrics, Primary Care  
**Add'l Language:** Farsi  
**Kearny Mesa - Frost Street**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800  
**Bio:**  
Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.

Lawrence Ma, MD  
Primary Care Physician  
**Specialties:** Primary Care, Internal Medicine, Pediatrics  
**Add'l Language:** Mandarin  
**Hillcrest - 4th & Lewis Medical Offices**  
**Kearny Mesa - Frost Street**  
**La Jolla - 8910 Villa La Jolla**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962  
Direct Clinic Line - Hillcrest: (619) 471-9250  
**Bio:**  
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health’s [pediatrics program](https://health.ucsd.edu), which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Pediatrics (cont.)

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Maya M. Kumar, MD
Pediatrician/Adolescent Medicine Physician

Specialties:
Pediatrics, Primary Care

Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers' unique physical, social and emotional conditions.
Pediatrics - Complex Care Pediatrics

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Complex Care Pediatrics, General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Pediatrics - Developmental-Behavioral Pediatrics

Developmental-Behavioral Pediatrics is the evaluation and treatment of developmental, learning or behavioral problems in children and adolescents.

Adam Braddock, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Developmental-Behavioral Pediatrics, General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0053

Bio:
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Sheila Gahagan, MD, MPH
Developmental-Behavioral Pediatrician
Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Developmental-Behavioral Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0053

Bio:
Sheila Gahagan, MD, MPH, is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, learning disorders, behavioral or mental health concerns. Dr. Gahagan has a special interest in the evaluation and care of infants and toddlers with developmental delay and behavioral concerns. She has particular expertise in infant and toddler regulation disorders (including sleep problems), difficulty feeding, excessive crying and tantrums, attachment disorders, complications of prematurity, and fetal alcohol syndrome. She also cares for many children with autism spectrum disorders and ADHD.
Lauren E. Gist, MD, MPH
Pediatrician

Specialty:
Pediatrics
Subspecialty:
Developmental-Behavioral Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0053

Bio:
Lauren Gist, MD, MPH is a board-certified pediatrician who specializes in developmental-behavioral pediatrics. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning difficulties or mental health concerns. Dr. Gist has a special interest in the evaluation and care of young children with behavioral challenges, children with developmental and behavioral concerns associated with genetic conditions, autism, and fetal alcohol spectrum disorders.

Yi Hui Liu, MD, MPH
Developmental-Behavioral Pediatrician
Associate Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Developmental-Behavioral Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0053

Bio:
Yi Hui Liu, MD, MPH is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning disorders and/or mental health concerns. Dr. Liu has a special interest in the evaluation and care of children with attention deficit hyperactivity disorder (ADHD), autism spectrum disorders, anxiety, intellectual disability, and developmental delays. She has extensive experience collaborating with other developmental services, including psychology, speech and language therapy, occupational therapy, and physical therapy.
Eyla Boies, MD  
Pediatrician  
Professor of Pediatrics

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics

**Kearny Mesa - Frost Street**  
**La Jolla - 8910 Villa La Jolla**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**  
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes assisting mothers who are experiencing difficulties breastfeeding their newborns.

Janet Crow, MD, FAAP  
Pediatrician  
Professor of Pediatrics

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics

**Kearny Mesa - Frost Street**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0053

**Bio:**  
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients, and caring for them as they grow and change.

Adam Braddock, MD  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialies:**  
Developmental-Behavioral Pediatrics, General Pediatrics

**Kearny Mesa - Frost Street**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0053

**Bio:**  
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Nancy Graff, MD  
Clinical Professor of Pediatrics

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics

**Kearny Mesa - Frost Street**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

**Bio:**  
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. "Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods."
Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Travel Medicine, General Pediatrics

Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the pediatric travel medicine program, which provides medical advice and vaccinations for children traveling internationally.

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Complex Care Pediatrics, General Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.

Maya M. Kumar, MD
Pediatrician
Adolescent Medicine Physician

Specialties:
Pediatrics, Primary Care

Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Maya M. Kumar, MD, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers’ unique physical, social and emotional conditions.

Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.
Helen C. Wang, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Travel Medicine, General Pediatrics

Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the pediatric travel medicine program, which provides medical advice and vaccinations for children traveling internationally.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Shirin Alonzo, MD, MPH
Pediatrician

**Specialties:**
Pediatrics, Primary Care
**Add'l Language:**
Farsi

**Kearny Mesa - Frost Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

**Bio:**
Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.

Eyla Boies, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care
**Subspecialty:**
General Pediatrics

**Kearny Mesa - Frost Street**
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes assisting mothers who are experiencing difficulties breastfeeding their newborns.

Adam Braddock, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care
**Subspecialties:**
Developmental-Behavioral Pediatrics, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 246-0053

**Bio:**
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Janet Crow, MD, FAAP
Pediatrician

**Specialties:**
Pediatrics, Primary Care
**Subspecialty:**
General Pediatrics
**Add'l Language:**
Spanish

**Kearny Mesa - Frost Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

**Bio:**
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients, and caring for them as they grow and change.
Primary Care (cont.)

Nancy Graff, MD  
Clinical Professor of Pediatrics

Specialties:  
Pediatrics, Primary Care
Subspecialty:  
General Pediatrics

Kearny Mesa - Frost Street

Contact:  
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:  
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. “Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods.”

Leah D. Kern, MD, MPH  
Pediatrician  
Assistant Professor of Pediatrics

Specialties:  
Pediatrics, Primary Care
Subspecialties:  
Travel Medicine, General Pediatrics
Add'l Languages:  
French, Spanish

Kearny Mesa - Frost Street

Contact:  
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:  
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the pediatric travel medicine program, which provides medical advice and vaccinations for children traveling internationally.

Maya M. Kumar, MD  
Pediatrician/Adolescent Medicine Physician

Specialties:  
Pediatrics, Primary Care
Subspecialties:  
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:  
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:  
Maya Kumar, MD, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers' unique physical, social and emotional conditions.
Primary Care (cont.)

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health’s pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Complex Care Pediatrics, General Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.

Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspeciality:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.
Primary Care (cont.)

**Lori Wan, MD**  
Primary Care Physician  
Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine, Pediatrics

**Hillcrest - 4th & Lewis Medical Offices**  
Kearny Mesa - Frost Street  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9250  
Direct Clinic Line: (858) 496-4800

**Bio:**  
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

**O. Douglas Wilson, MD**  
Pediatrician  
Professor of Pediatrics

**Specialties:**  
Pediatrics, Primary Care

**Subspecialty:**  
General Pediatrics

**Kearny Mesa - Frost Street**  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**  
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.

**Helen C. Wang, MD**  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care

**Subspecialty:**  
General Pediatrics

**Add'l Language:**  
Mandarin

**Kearny Mesa - Frost Street**  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**  
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.
Index

A
Alonzo, Shirin ........................................ 2, 11
Boies, Eyla .......................................... 7, 11
Braddock, Adam ................................. 5, 7, 11
C
Crow, Janet ........................................ 7, 11
G
Gahagan, Sheila ................................. 5
Gist, Lauren E. .................................... 6
Graff, Nancy ....................................... 7, 12
Kern, Leah D. ..................................... 8, 10, 12
Kumar, Maya M. ................................. 3, 8, 12
L
Liu, Yi Hui ........................................... 6
M
Ma, Lawrence .................................... 1, 2, 13
Pickering, Bret D. ............................... 4, 8, 13
Scott, Vanessa P. ............................... 8, 13
Wan, Lori .......................................... 1, 3, 14
Wang, Helen C. ................................. 9, 14
Wilson, O. Douglas ........................... 9, 14