UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**  
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

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Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**  
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**  
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Nora Bammidi, MBBS, FAPA
Psychiatrist
Specialty: Psychiatry
Add'l Language: Telugu
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry
Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Ashley L. Clark, MD
Psychiatrist
Associate Professor of Psychiatry
Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 140 Arbor Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Ashley Clark, MD, is board-certified psychiatrist whose practice focuses on women’s reproductive mental health issues, such as premenstrual dysphoric disorder (PMDD), and mood and anxiety disorders during pregnancy and the postpartum period. She is part of the Women's Reproductive Mental Health Program at UC San Diego Health.

Douglas D'Agati, MD
Psychiatrist
Assistant Professor of Psychiatry
Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.
Psychiatry (cont.)

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry
Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

Jonathon R. Howlett, MD
Psychiatrist
Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry
Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry
Specialty: Psychiatry
Add’l Language: Hungarian
Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.
Psychiatry (cont.)

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

**Bio:**
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Alison Reminick, MD
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the [Women's Reproductive Mental Health Program](#) at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Alejandro Meruelo, MD, PhD
Psychiatrist

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Alejandro Meruelo, MD, PhD, is a psychiatrist who delivers compassionate, expert care to people with bipolar disorder, depression, schizophrenia and anxiety disorders. He also cares for individuals with treatment-resistant depression using transcranial magnetic stimulation.

Neil M. Richtand, MD, PhD
Psychiatrist

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Neil M. Richtand, MD, PhD, is a board-certified psychiatrist who provides expert, compassionate mental health care services to UC San Diego undergraduate and graduate students.
Psychiatry (cont.)

Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health’s College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Sanjaya Saxena, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health’s comprehensive and compassionate mental health services for teens.
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

**Specialty:**
Psychiatry

**Subspecialty:**
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist

Medical Director, Senior Behavioral Health Intensive Outpatient Program

**Specialty:**
Psychiatry

**Subspecialty:**
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 419 Dickinson Street
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.
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