UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Table of Contents

Anesthesiology
  Critical Care ................................................................................................................................. i

Marriage and Family Therapy ............................................................................................................ 2

Ophthalmology
  Cataract Surgery ............................................................................................................................. 3
  Cornea ........................................................................................................................................... 4
  Cosmetic Eyelid & Reconstructive Surgery ..................................................................................... 7
  General Ophthalmology ................................................................................................................... 8
  Glaucoma .................................................................................................................................... 8
  Neuro-Ophthalmology .................................................................................................................... 9
  Pediatric Ophthalmology & Eye Muscle Disorders .................................................................... 10
  Retina .......................................................................................................................................... 11

Psychiatry
  Geriatric Psychiatry ......................................................................................................................... 17

Psychology .................................................................................................................................... 18

Index ............................................................................................................................................. 23
Anesthesiology

Anesthesiology is the medical specialty that involves the preoperative, intraoperative, and postoperative care for patients in the administration of medications to control pain and support life functions during surgery. Learn more about anesthesiology services at UC San Diego Health.

Robin Seaberg, MD  
Attending Anesthesiologist  
Associate Clinical Professor

Specialty:  
Anesthesiology

Jacobs Medical Center  
Shiley Eye Institute  
Hillcrest - UC San Diego Medical Center  

Contact:  
New Patient Registration: (800) 926-8273

Preetham J. Suresh, MD  
Associate Clinical Professor  
Associate Education Director

Specialty:  
Anesthesiology

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Sulpizio Cardiovascular Center  
Shiley Eye Institute

Contact:  
New Patient Registration: (800) 926-8273

Bio:  
Dr. Suresh completed his residency training at the University of California, San Francisco. He then worked as a private practice anesthesiologist at Alta Bates Summit Hospital where he was a partner in the East Bay Anesthesia Medical Group. While there, he specialized in acute pain management, regional anesthesia for orthopedic surgery and high risk obstetric anesthesia.
Marriage and Family Therapy
Marriage and Family Therapy is a branch of psychotherapy that helps individuals, couples and families to nurture change and development. It provides diagnosis and treatment of mental and emotional disorders, with a holistic perspective to care.

Kathleen Huff, MS, LMFT
Marriage and Family Therapist

Specialty:
Marriage and Family Therapy

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kathleen Huff, MS, is a licensed marriage and family therapist (LMFT) whose expertise is in treating children, adolescents and families dealing with a variety of mental health disorders, such as post-traumatic stress disorder (PTSD), anxiety, depression, attention deficit / hyperactivity disorder (ADHD), intellectual disabilities, autism and bipolar disorder.

Ophthalmology
Ophthalmology is the medical specialization concerned with the study, diagnosis and treatment of the eyes. Learn more about ophthalmology at UC San Diego Health.

Paulyne Raymundo, MS, FNP-C
Family Nurse Practitioner

Specialty:
Ophthalmology

Add'l Language:
Tagalog

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Paulyne Raymundo, MS, is a certified family nurse practitioner (FNP-C) who helps provide treatment to patients with eye conditions.
Ophthalmology - Cataract Surgery

Robert N. Weinreb, MD
Ophthalmologist
Director, Shiley Eye Institute
Chair, Department of Ophthalmology

Specialty:
Ophthalmology

Subspecialties:
Glaucoma, Cataract Surgery

Add'l Language:
Spanish

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Robert N. Weinreb is a board-certified ophthalmologist and world renowned expert on glaucoma. Dr. Weinreb’s expertise includes glaucoma surgery, cataract surgery, and glaucoma management.
Ophthalmology - Cornea

**Natalie A. Afshari, MD, FACS**
Professor of Ophthalmology
Chief, Division of Cornea and Refractive Surgery

**Specialty:**
Ophthalmology

**Subspecialty:**
Cornea

**Shiley Eye Institute**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Natalie Afshari, MD is accomplished as a clinician, surgeon, and a research scientist. Dr. Afshari’s achievement in cornea and refractive surgery and overall patient care has been recognized by her peers in several of the “best doctors” lists, including “The Best Doctors in America” in each listing for the past decade. Furthermore, Dr. Afshari was awarded the academic Achievement Award and the Secretariat Award by the American Academy of Ophthalmology. The U.S. Food and Drug Administration (FDA) has consulted Dr. Afshari’s expertise for matters of safety and efficacy of various ophthalmologic treatments. The National Institutes of Health (NIH) has honored Dr. Afshari by awarding her and her collaborators extensive grant support to study Fuchs endothelial corneal dystrophy, a genetic disorder leading to corneal transplantation.

**Stuart Brown, MD**
Professor of Ophthalmology

**Specialty:**
Ophthalmology

**Subspecialty:**
Cornea

**Shiley Eye Institute**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Dr. Brown is world renown for his contributions to basic and clinical research of the cornea, and has many “firsts.” He was the first to initiate studies into the surface characteristics of the component of the pre-corneal tear film, was the first to implicate that collagenase was responsible for corneal ulcers after alkali burn, and was the first to develop a collagen research laboratory for the eye and to initiate biochemical and cell biological studies on the structural macromolecules of the cornea. Dr. Brown was also the first to show that severely alkali-burned cornea can be successfully transplanted, resulting in many patients across the world to see whereas this was once considered a hopeless condition. Over thirty years ago, he developed corneal transplantation in babies born blind from corneal opacities. Since few surgeons in the world feel comfortable with this complicated procedure, infants and children from all over the world come to Shiley Eye Institute for their care.
Ophthalmology - Cornea (cont.)

Weldon Haw, MD
Cataract, Cornea and External Diseases, & Refractive Surgery
Professor of Ophthalmology
Chief of Ophthalmology - San Diego VAHS

Specialty:
Ophthalmology
Subspecialty:
Cornea

Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 552-8585

Bio:
Dr. Haw is a Clinical Professor of Ophthalmology at UC San Diego School of Medicine & Shiley Eye Institute and Chief of Ophthalmology at the San Diego VAHS. He specializes in advanced cataract surgery techniques, cornea transplantation, and laser/refractive surgery.

Chris W Heichel, MD
Associate Clinical Professor

Specialty:
Ophthalmology
Subspecialty:
Cornea
Add'l Language:
Spanish

Jacobs Medical Center
Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Chris W. Heichel, MD serves as Associate Clinical Professor of Cornea, Cataract and Refractive Surgery in the Department of Ophthalmology at UC San Diego, Shiley Eye Institute. He is considered a skilled surgeon, astute clinician and a dedicated educator. Dr. Heichel graduated UC San Diego undergraduate with Honors including the Howard Hughes Research Fellowship Award. He completed medical school in Chicago with Honors as a member of the Alpha Omega Alpha Honors Society. He returned to the University of California, San Diego to complete his residency, where he served as Chief Resident, as well as a Fellowship in Cornea, External Diseases and Refractive Surgery. He joined the faculty at UC San Diego in 2004 where he is currently a board certified ophthalmologist specializing in Cornea, Cataract and Refractive Surgery.
Ophthalmology - Cornea (cont.)

Thao Nguyen, MD
Assistant Clinical Professor

**Specialty:**
Ophthalmology

**Subspecialty:**
Cornea

**Add'l Language:**
Vietnamese

Shiley Eye Institute
Hillcrest - Medical Offices North

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Dr. Nguyen shares that, though a number of years into her practice, she still finds surgery on the eye interesting as it requires her full attention to detail and precision. "On a weekly basis I witness how eye surgeries provide dramatic results, and, in a relatively short time, make vast differences in my patients' quality of life."
Ophthalmology - Cosmetic Eyelid & Reconstructive Surgery

Don Kikkawa, MD
Chief, Division of Oculofacial Plastic and Reconstructive Surgery
Professor of Ophthalmology
Vice-Chairman, Department of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Cosmetic Eyelid & Reconstructive Surgery

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Dr. Kikkawa serves as division chief of ophthamlic plastic and reconstructive surgery. This specialty combines traditional studies and patient care as an ophthalmologist with a fellowship in reconstruction and plastic surgery around the eyes. The extensive training uniquely qualifies these specialists to perform delicate surgery on the eyelids, around the eyes, the drainage system, and on the bones around of the eye. Dr. Kikkawa finds the field very gratifying; reversing the effects of aging, restoring a normal appearance to disfigured trauma or diseased patients, and eliminating vision-threatening tumors.

Bobby S. Korn, MD, PhD, FACS
Ophthalmologist
Professor of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Cosmetic Eyelid & Reconstructive Surgery
Add'l Languages:
Spanish, Thai

Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7402

Bio:
Bobby S. Korn, MD, PhD, is a board-certified ophthalmologist. His clinical expertise and interests include oculoplastic surgery, including cosmetic and reconstructive surgery of the eyelid and face; management of thyroid eye disease; eyelid and orbital tumors and cancers; disorders of the lacrimal outflow system; congenital birth defects, endoscopic forehead lifting; bulging or proptosis of eyes; reconstruction of eyelids post cancer removal and after trauma or injury, and skin rejuvenation.
Ophthalmology - General Ophthalmology

Jeffrey Ewing Lee, MD
Ophthalmologist
Associate Professor of Ophthalmology

Specialty:
Ophthalmology

Subspecialty:
General Ophthalmology

Add'l Language:
Cantonese

Hillcrest - UC San Diego Medical Center
Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Ophthalmology - Glaucoma

Andrew S. Camp, MD
Ophthalmologist
Assistant Professor of Ophthalmology

Specialty:
Ophthalmology

Subspecialty:
Glaucoma

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Andrew S. Camp, MD, is an ophthalmologist who specializes in the medical and surgical management of all types of glaucoma in adults and children. His patients typically have cataracts, open angle glaucoma, closed angle glaucoma, secondary glaucoma, or pediatric/childhood glaucoma.

Robert N. Weinreb, MD
Ophthalmologist
Director, Shiley Eye Institute
Chair, Department of Ophthalmology

Specialty:
Ophthalmology

Subspecialties:
Glaucoma, Cataract Surgery

Add'l Language:
Spanish

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Robert N. Weinreb is a board-certified ophthalmologist and world renowned expert on glaucoma. Dr. Weinreb's expertise includes glaucoma surgery, cataract surgery, and glaucoma management.
Ophthalmology - Glaucoma (cont.)

Derek S. Welsbie, MD, PhD
Ophthalmologist
Assistant Professor of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Glaucoma

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Derek S. Welsbie, MD, PhD is a board-certified ophthalmologist who specializes in treating adolescents and adults with all stages of glaucoma. His clinical focus ranges from monitoring patients suspected of having glaucoma to operating on patients with advanced disease.

Ophthalmology - Neuro-Ophthalmology

Peter Savino, MD
Clinical Professor of Ophthalmology & Neurosciences

Specialty:
Ophthalmology
Subspecialty:
Neuro-Ophthalmology

Jacobs Medical Center
Hilcrest - UC San Diego Medical Center
Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Peter J. Savino, MD is available for consultation on all potential Neuro-Ophthalmic disorders.
David Bruce Granet, MD, MHCM, FACS, FAAP, FAAO
Ophthalmologist
Professor of Ophthalmology and Pediatrics

Specialty:
Ophthalmology
Subspecialty:
Pediatric Ophthalmology & Eye Muscle Disorders

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-2020

Bio:
David Granet, MD, is a board-certified ophthalmologist who specializes in pediatric ophthalmology and adult re-alignment (strabismus). He is the adult ocular motility specialist for Shiley Eye Institute, and his clinical interests include state-of-the-art adjustable suture strabismus surgery, childhood eye misalignments and disorders, nystagmus, and the role of vision in learning disorders.

Shira Robbins, MD, FAAO, FAAP
Ophthalmologist
Professor of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Pediatric Ophthalmology & Eye Muscle Disorders

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Shira Robbins, MD, is a board-certified ophthalmologist who specializes in the care of children's eyes and treating adult strabismus.

Jolene Rudell, MD, PhD
Ophthalmologist
Assistant Professor of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Pediatric Ophthalmology & Eye Muscle Disorders
Add'l Language:
Korean

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Jolene Rudell, MD, PhD, is a board-certified ophthalmologist who specializes in pediatric ophthalmology and adult strabismus, a visual problem in which the eyes are not properly aligned. She also treats patients with refractive error, lazy eye (amblyopia), cataracts in children, nasolacrimal duct disorders, congenital eye syndromes and systemic diseases that affect the eyes.
Ophthalmology - Retina

Daniel L. Chao, MD, PhD
Ophthalmologist
Assistant Professor of Ophthalmology

**Specialty:**
Ophthalmology

**Subspecialty:**
Retina

Shiley Eye Institute

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Daniel Chao, MD, PhD, is a board-certified ophthalmologist and a vitreoretinal surgeon. He specializes in the medical and surgical treatment of retinal diseases, including diabetic retinopathy, macular degeneration, retinal detachment, epiretinal membrane, macular hole, and retinal vein occlusion.

Henry A. Ferreyra, MD
Ophthalmologist
Associate Professor of Ophthalmology

**Specialty:**
Ophthalmology

**Subspecialty:**
Retina

Add'l Language:
Spanish

Shiley Eye Institute

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Henry Ferreyra, MD, is a board-certified ophthalmologist whose expertise is in treating all types of diseases and conditions of the retina, including retinal dystrophies, paraneoplastic / autoimmune retinopathy, age-related macular degeneration, diabetic retinopathy, and retinopathy of prematurity (ROP), a potentially blinding disease that primarily affects premature infants. He also uses ocular electrophysiology to obtain information about eye health that goes beyond standard eye testing.

William R Freeman, MD
Vice-Chairman, Department of Ophthalmology
Distinguished Professor of Ophthalmology
Director, Jacobs Retina Center

**Specialty:**
Ophthalmology

**Subspecialty:**
Retina

Shiley Eye Institute

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Dr. Freeman is an internationally acclaimed scientific researcher and Director of the Jacobs Retina Research Center, adjoining the UC San Diego Shiley Eye Institute. His work as director of the UC San Diego Jacobs clinical research center enables patients to benefit from the latest advances in diagnostic equipment and therapies. Researchers working in the Center’s laboratories will focus on advancing promising therapies for macular degeneration, tumors, inherited retinal disease, retinal detachment, macular holes, and other important retinal diseases.
Ophthalmology - Retina (cont.)

Michael Goldbaum, MD  
Ophthalmologist  
Professor of Ophthalmology  
Co-Director of Retina Division

Specialty:  
Ophthalmology

Subspecialty:  
Retina

Add'l Language:  
Italian

Shiley Eye Institute

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-6290

Bio:  
In 1996, Dr. Goldbaum published a report on the first known case of a newborn with E-Coli Endophthalmitis, resulting in inflammation of the internal structures of the tissues in the eyeball. Dr. Goldbaum’s breakthrough in treatment for macular hole was featured in 1998 issues of Ocular Surgery News and the journal, Ophthalmology. The technique using silicone oil has the potential of greatly altering the treatment of macular holes worldwide.

Eric D. Nudleman, MD, PhD  
Ophthalmologist  
Assistant Professor of Ophthalmology

Specialty:  
Ophthalmology

Subspecialty:  
Retina

Shiley Eye Institute

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-6290

Bio:  
Eric D. Nudleman, MD, is a board-certified ophthalmologist who specializes in adult and pediatric vitreoretinal diseases. As a retinal specialist, Dr. Nudleman’s expertise includes surgical treatment for diseases affecting the vitreous and retina. These diseases include macular degeneration, diabetic eye disease, retinal vein occlusion, retinal detachment, proliferative vitreoretinopathy, macular holes and epiretinal membrane. Dr. Nudleman also has a special interest in pediatric vitreoretinopathies, including advanced retinopathy of prematurity, familial exudative vitreoretinopathy, Coats' disease, persistent fetal vascular syndrome and intraocular trauma.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Nora Bammidi, MBBS, FAPA
Psychiatrist

Specialty: Psychiatry
Add'l Language: Telugu

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Ashley L. Clark, MD
Psychiatrist
Associate Professor of Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ashley Clark, MD, is board-certified psychiatrist whose practice focuses on women’s reproductive mental health issues, such as premenstrual dysphoric disorder (PMDD), and mood and anxiety disorders during pregnancy and the postpartum period. She is part of the Women's Reproductive Mental Health Program at UC San Diego Health.

Douglas D'Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.
Psychiatry (cont.)

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

---

Jonathon R. Howlett, MD
Psychiatrist

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.

---

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.

---

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:**
Psychiatry

**Add’t Language:**
Hungarian

**Hillcrest - Medical Offices South**
La Jolla - 8950 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.
Psychiatry (cont.)

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

Bio:
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Alison Reminick, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Alejandro Meruelo, MD, PhD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alejandro Meruelo, MD, PhD, is a board-certified psychiatrist who delivers compassionate, expert care to people with bipolar disorder, depression, schizophrenia and anxiety disorders. He also cares for individuals with treatment-resistant depression using transcranial magnetic stimulation.

Neil M. Richtand, MD, PhD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Neil M. Richtand, MD, PhD, is a board-certified psychiatrist who provides expert, compassionate mental health care services to UC San Diego undergraduate and graduate students.
Psychiatry (cont.)

Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health's College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Sanjaya Saxena, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Jon (David) Stiffler, MD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
David Stiffler, MD, is a board-certified psychiatrist who treats people with substance use disorders, trauma and post-traumatic stress disorder (PTSD), mood disorders, anxiety and attention deficit hyperactivity disorder (ADHD).
Psychiatry (cont.)

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health's comprehensive and compassionate mental health services for teens.

Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer's disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer's disease.
Psychology

Natacha Akshoomoff, PhD
Neuropsychologist
Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-1213

Bio:
Natacha Akshoomoff, PhD, is a licensed clinical psychologist who specializes in pediatric neuropsychology. She has extensive expertise and experience in the diagnosis and assessment of neurodevelopmental disorders, such as autism spectrum disorder, attention deficit hyperactivity disorder, and learning disorders (reading, math, writing). She conducts assessments with children, teens, and college students. She also works with children who are at risk of having learning and behavioral challenges, including children born preterm and children with medical and neurological conditions.

Tracy Alderman, PhD
Psychologist

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Tracy Alderman, PhD is a licensed clinical psychologist. She has decades of experience in the treatment of self-injury, trauma, substance abuse, anxiety, ADHD, depression, and crisis management.

Katherine J. Bangen, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Katherine Bangen, PhD, is a licensed clinical psychologist who treats older adults with neurological and psychiatric disorders. Her expertise is in conducting clinical neuropsychological evaluations that can help identify root causes of neurological or cognitive problems. Dr. Bangen is part of the Memory, Aging and Resilience Clinic (MARC), a multi-disciplinary team providing comprehensive cognitive, emotional and physical health evaluations of older adults.

Christopher R. Booth, PsyD
Psychologist

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Christopher Booth, PsyD, is a licensed psychologist who sees people with obsessive compulsive disorders (OCD) and OCD-related disorders, including hoarding disorder, body dysmorphic disorder, hair pulling, skin picking and tic disorders. He is also part of UC San Diego Health’s comprehensive and compassionate mental health services for children and teenagers.
Psychology (cont.)

Lisa Delano-Wood, PhD
Psychologist
Associate Professor

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Lisa Delano-Wood, PhD, is a licensed clinical psychologist who directs UC San Diego Health's Memory, Aging and Resilience Clinic (MARC). The clinic provides comprehensive cognitive, emotional and physical health evaluation of older adults. She conducts clinical neuropsychological evaluations of individuals with a wide range of neurological and psychiatric disorders.

Maya S. D'Eon, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Maya D'Eon, PhD, is a licensed clinical psychologist who helps individuals with mood disorders (such as depression and anxiety), chronic pain and chronic medical conditions that can impact mental health.

Emily C. Edmonds, PhD
Neuropsychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Emily C. Edmonds, PhD, is a licensed clinical neuropsychologist who specializes in assessing older adults with neurological and psychiatric disorders, particularly Alzheimer's disease and other forms of dementia.

Jamie M. Gannon, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jamie Gannon, PhD, is a licensed clinical psychologist who treats college students and adults with a variety of mental health issues, such as depression, anxiety and substance use disorders (addiction).
Psychology (cont.)

Meghan Hammel, PhD
Psychologist
Specialty: Psychology
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-7792
Bio: Meghan Hammel, PhD, is a licensed clinical psychologist who provides therapy to women struggling with perinatal depression and anxiety disorders before and after childbirth.

Katia M. Harlé, PhD
Psychologist
Assistant Professor of Psychiatry
Specialty: Psychology
Add'l Language: French
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-7792
Bio: Katia Harlé, PhD, is a licensed clinical psychologist who treats adults with substance use disorders, depression and anxiety. She specializes in cognitive behavioral therapy and neuropsychological assessments to evaluate a broad range of cognitive and behavioral issues resulting from brain dysfunction.

Jessica A. Hughes, PhD
Psychologist
Assistant Professor of Psychiatry
Specialty: Psychology
Add'l Language: Spanish
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-7792
Bio: Jessica Hughes, PhD, is a licensed clinical psychologist who specializes in couples, individual and group therapy. Her practice emphasizes evidence-based treatments, including integrative behavioral couples therapy (IBCT) and emotion focused therapy (EFT). She also conducts psychological assessments.

Patricia A. Judd, PhD
Director, Addiction Treatment and Recovery
Professor of Psychiatry
Specialty: Psychology
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-7792
Bio: Patricia A. Judd, PhD, is a licensed clinical psychologist who specializes in evaluating and assessing mental health conditions. She focuses on individual and couples therapy for those struggling with substance use and other mental health disorders. She also works with individuals and couples with personality disorders.
Psychology (cont.)

Eve Lasswell, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Eve Lasswell, PsyD, is a licensed clinical psychologist who treats adults with substance use and co-occurring disorders. Dr. Lasswell is part of UC San Diego Health's addiction treatment program, which uses a harm-reduction approach to provide care for all stages of recovery from substance use disorders. Throughout the treatment process, she helps adults recover from addiction by encouraging behaviors that build wellness and emotional resilience.

Yuliana Noniyeva, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology
Add'l Languages:
Russian, Spanish

La Jolla - 8950 Villa La Jolla Drive
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Yuliana Noniyeva, PhD, is a licensed clinical psychologist who treats a range of mental health disorders, including anxiety, depression and attention-deficit/hyperactivity disorder (ADHD). She is part of the college mental health program, which addresses the unique mental health and psychiatric issues of college students in our San Diego community.

Jessie S. Park, PsyD
Psychologist

Specialty:
Psychology
Add'l Language:
Korean

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 140 Arbor Drive
La Jolla - Perlman Medical Offices
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessie Park, PsyD, is a licensed clinical psychologist who specializes in treating adults with co-occurring medical and psychiatric conditions, such as chronic pain and obesity. Dr. Park is the lead psychologist at UC San Diego Health's Center for Pain Medicine, its Bariatric and Metabolic Institute and its psychiatry intensive outpatient program for chronic pain. She also conducts psychoeducational evaluations for students and fitness for duty evaluations for physicians at UC San Diego, and has experience with cancer-related pain.
Psychology (cont.)

Wendy G. Tayer, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Wendy Tayer, PhD, is a licensed psychologist who helps people cope more effectively with mental health problems, including life stressors and adaptational challenges. As a trained health psychologist, Dr. Tayer’s expertise involves helping people make behavioral choices that promote better health and prevent illness. She specializes in treating chronic illness and pain, anxiety and depression.
Index

A
Afshari, Natalie A. .................................................. 4
Akshoomoff, Natacha ........................................ 18
Alderman, Tracy .............................................. 18

B
Bammidi, Nora .................................................. 13
Bang, Katherine J. ........................................... 18
Bird, Anne ......................................................... 13
Booth, Christopher R. .................................... 18
Brown, Stuart ..................................................... 4

C
Camp, Andrew S. ................................................ 8
Chao, Daniel L. ................................................ 11
Clark, Ashley L. ................................................ 13

D
D'Agati, Douglas ................................................ 13
Delano-Wood, Lisa ........................................... 19
D'Eon, Maya S. .................................................. 19
Downs, Nancy ................................................... 14

E
Edmonds, Emily C. ........................................... 19

F
Ferreyra, Henry A. ............................................. 11
Folsom, David ................................................... 14
Freeman, William R ........................................ 11

G
Gannon, Jamie M. ............................................. 19

Goldbaum, Michael ........................................... 12
Granet, David Bruce ....................................... 10.

H
Hammel, Meghan ............................................. 20
Harlé, Katia M. .................................................. 20
Haw, Weldon ...................................................... 5
Heichel, Chris W ............................................. 5
Howlett, Jonathon R ........................................ 14.
Huege, Steven F. ............................................. 17.
Huff, Kathleen ................................................... 2
Hughes, Jessica A. .......................................... 20

J
Judd, Patricia A. ................................................ 20.

K
Kikkawa, Don ..................................................... 7.
Korn, Bobby S. .................................................. 7.
Kovacs, Ildiko .................................................... 14.

L
Lasswell, Eve ................................................... 21.
Lee, Jeffrey Ewing ........................................... 8.

M
Marienfeld, Carla ............................................. 15.
Meruelo, Alejandro ....................................... 15.

N
Nguyen, Thao .................................................. 6.
Noniyeva, Yuliana .......................................... 21.

Nudleman, Eric D. ........................................... 12.

P
Park, Jessie S. ................................................... 21.

R
Raymundo, Paulyne ......................................... 2.
Reminick, Alison ............................................ 15.
Richtand, Neil M. ........................................... 15.
Robins, Shira .................................................. 10.
Roby, Jennifer ............................................... 16.
Rudell, Jolene ................................................... 10.

S
Savino, Peter .................................................... 9.
Saxena, Sanjaya .............................................. 16.
Seaberg, Robin .............................................. 1.
Stein, Murray B. ............................................. 16.
Stiffler, Jon (David) ....................................... 16.
Suresh, Preeham J. ......................................... 1.
Sweet, Hannah C. .......................................... 17.

T
Tayer, Wendy G. .............................................. 22.

V
Vardi, Kalya ..................................................... 17.

W
Weinreb, Robert N. ......................................... 3, 8.
Welsbie, Derek S. ........................................... 9.