Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

**Request an Appointment**
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

→ **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

→ **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

**Transfer a Patient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

### La Jolla

- 4510 and 4520 Executive Drive
  San Diego, CA 92121

- 8910 Villa La Jolla Drive
  La Jolla, CA 92037

- 8899 and 8929 University Center Lane
  San Diego, CA 92122

- 8939 Villa La Jolla Drive
  La Jolla, CA 92037

- 9333 Genesee Avenue
  San Diego, CA 92121

- 8950 Villa La Jolla Drive
  La Jolla, CA 92037

- 9350 Campus Point Drive
  La Jolla, CA 92037

### Hillcrest

- **4th and Lewis Medical Offices**
  330 Lewis Street
  San Diego, CA 92103

- **Medical Offices North**
  200 West Arbor Drive
  San Diego, CA 92103

- **Medical Offices South**
  4168 Front Street
  San Diego, CA 92103

- **UC San Diego Medical Center**
  200 West Arbor Drive
  San Diego, CA 92103

### Kearny Mesa

- 7910 Frost Street
  San Diego, CA 92123

### Rady Children’s Hospital-San Diego

- 3020 Children’s Way
  San Diego, CA 92123

### Chula Vista

- 959 Lane Avenue
  Chula Vista, CA 91914

### Temecula

- 31720 Temecula Parkway
  Temecula, CA 92952

### Sorrento Valley

- 4910 Directors Place
  San Diego, CA 92121

### Shiley Eye Institute

- 9415 Campus Point Drive
  La Jolla, CA 92093

### Sulpizio Cardiovascular Center

- 9434 Medical Center Drive
  La Jolla, CA 92093

### Moores Cancer Center

- 3855 Health Sciences Drive
  La Jolla, CA 92093

### Jacobs Medical Center

- 9300 Campus Point Drive
  La Jolla, CA 92037

### Encinitas

- 1200 Garden View Road
  Encinitas, CA 92024

- 477 North El Camino Real
  Encinitas, CA 92024

### Vista

- 910 Sycamore Avenue
  Vista, CA 92081

### Scripps Ranch

- 9909 Mira Mesa Blvd.
  San Diego, CA 92131
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Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about [psychiatry](https://health.ucsd.edu) at UC San Diego Health System.

**Nora Bammidi, MBBS, FAPA**
Psychiatrist

**Specialty:** Psychiatry
**Add'l Language:** Telugu

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 534-7792

**Bio:**
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

**Douglas D'Agati, MD**
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 534-7792

**Bio:**
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

**Anne Bird, MBChB**
Psychiatrist
Associate Professor of Psychiatry

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 534-7792

**Bio:**
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

**Nancy Downs, MD**
Psychiatrist
Professor of Psychiatry

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 534-7792

**Bio:**
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.
Psychiatry (cont.)

Karim Ghobrial-Sedky, MBChB
Psychiatrist

Specialty:
Psychiatry
Add'l Language:
Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Karim Ghobrial-Sedky, MBChB, is a board-certified psychiatrist whose practice includes treating depression, bipolar, anxiety and psychotic disorders in both adults and children. He also sees adults who have alcohol, drug or other substance-related addictions.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Hungarian

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.

Jonathon R. Howlett, MD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such as depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

Bio:
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.
Psychiatry (cont.)

Alison Reminick, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Mounir A. Soliman, MD
Psychiatrist
Assistant Vice Chancellor and Executive Director, UC San Diego Health Sciences International
Professor of Psychiatry

Specialty:
Psychiatry

Add'l Language:
Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Fax: (858) 534-6205
Direct Clinic Line: (858) 534-6200

Bio:
Mounir A. Soliman, MD, is a board-certified psychiatrist and neurologist who is an expert in developing wellness programs tailored to executives.

Sanjaya Saxena, MD
Director, Obsessive-Compulsive Disorders Clinic
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.
Psychiatry (cont.)

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health’s comprehensive and compassionate mental health services for teens.

Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

**Specialty:**
Psychiatry

**Subspecialty:**
Geriatric Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

**Specialty:**
Psychiatry

**Subspecialty:**
Geriatric Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.
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