UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

**Request an Appointment**
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

Referring Physician Access

**Transfer a Patient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

<table>
<thead>
<tr>
<th>La Jolla</th>
<th>Hillcrest</th>
<th>Kearny Mesa</th>
</tr>
</thead>
<tbody>
<tr>
<td>4510 and 4520 Executive Drive</td>
<td><strong>4th and Lewis Medical Offices</strong></td>
<td>7910 Frost Street</td>
</tr>
<tr>
<td>San Diego, CA 92121</td>
<td>330 Lewis Street</td>
<td>San Diego, CA 92123</td>
</tr>
<tr>
<td>8910 Villa La Jolla Drive</td>
<td><strong>Medical Offices North</strong></td>
<td><strong>Rady Children’s Hospital-San Diego</strong></td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>200 West Arbor Drive</td>
<td>3020 Children’s Way</td>
</tr>
<tr>
<td>8899 and 8929 University Center Lane</td>
<td>San Diego, CA 92103</td>
<td>San Diego, CA 92123</td>
</tr>
<tr>
<td>San Diego, CA 92122</td>
<td><strong>Medical Offices South</strong></td>
<td></td>
</tr>
<tr>
<td>8939 Villa La Jolla Drive</td>
<td>4168 Front Street</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>San Diego, CA 92103</td>
<td></td>
</tr>
<tr>
<td>9333 Genesee Avenue</td>
<td><strong>UC San Diego Medical Center</strong></td>
<td></td>
</tr>
<tr>
<td>San Diego, CA 92121</td>
<td>200 West Arbor Drive</td>
<td></td>
</tr>
<tr>
<td>8950 Villa La Jolla Drive</td>
<td>San Diego, CA 92103</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td><strong>Encinitas</strong></td>
<td></td>
</tr>
<tr>
<td>9350 Campus Point Drive</td>
<td>1200 Garden View Road</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
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<td></td>
</tr>
<tr>
<td><em>Shiley Eye Institute</em></td>
<td>477 North El Camino Real</td>
<td></td>
</tr>
<tr>
<td>9415 Campus Point Drive</td>
<td>Encinitas, CA 92024</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92093</td>
<td><strong>Vista</strong></td>
<td></td>
</tr>
<tr>
<td><em>Sulpizio Cardiovascular Center</em></td>
<td>910 Sycamore Avenue</td>
<td></td>
</tr>
<tr>
<td>9434 Medical Center Drive</td>
<td>Vista, CA 92081</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92093</td>
<td><strong>Scripps Ranch</strong></td>
<td></td>
</tr>
<tr>
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<td>9909 Mira Mesa Blvd.</td>
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<td>3855 Health Sciences Drive</td>
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<td>La Jolla, CA 92093</td>
<td><strong>Sorrento Valley</strong></td>
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<tr>
<td><em>Jacobs Medical Center</em></td>
<td></td>
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</tr>
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<td>4910 Directors Place</td>
<td></td>
</tr>
</tbody>
</table>
# Table of Contents

Psychiatry

<table>
<thead>
<tr>
<th>Eating Disorders</th>
<th>i</th>
</tr>
</thead>
<tbody>
<tr>
<td>Geriatric Psychiatry</td>
<td>5</td>
</tr>
<tr>
<td>Index</td>
<td>6</td>
</tr>
</tbody>
</table>

https://health.ucsd.edu

Thursday, January 24, 2019
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Nora Bammidi, MBBS, FAPA
Psychiatrist

Specialty: Psychiatry
Add'l Language: Telugu
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Douglas D'Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry

Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.
Psychiatry (cont.)

Karim Ghobrial-Sedky, MBChB
Psychiatrist

Specialty: Psychiatry
Add'l Language: Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact: New Patient Registration: (800) 926-8273
         Direct Clinic Line: (858) 534-7792

Bio: Karim Ghobrial-Sedky, MBChB, is a board-certified psychiatrist whose practice includes treating depression, bipolar, anxiety and psychotic disorders in both adults and children. He also sees adults who have alcohol, drug or other substance-related addictions.

Ildiko Kovacs, MD
Assistant Professor of Psychiatry

Specialty: Psychiatry
Add'l Language: Hungarian

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive

Contact: New Patient Registration: (800) 926-8273
         Direct Clinic Line: (858) 534-7792

Bio: Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.

Jonathon R. Howlett, MD
Psychiatrist

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact: New Patient Registration: (800) 926-8273
         Direct Clinic Line: (858) 534-7792

Bio: Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.

Carla Marienfeld, MD
Associate Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact: New Patient Registration: (800) 926-8273
         Direct Clinic Line: (858) 249-1680

Bio: Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.
Psychiatry (cont.)

Alison Reminick, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Sanjaya Saxena, MD
Director, Obsessive-Compulsive Disorders Clinic
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health's College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Mounir A. Soliman, MD
Psychiatrist
Assistant Vice Chancellor and Executive Director, UC San Diego Health Sciences International
Professor of Psychiatry

Specialty:
Psychiatry

Add'l Language:
Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Fax: (858) 534-6205
Direct Clinic Line: (858) 534-6200

Bio:
Mounir A. Soliman, MD, is a board-certified psychiatrist and neurologist who is an expert in developing wellness programs tailored to executives.
Psychiatry (cont.)

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health's comprehensive and compassionate mental health services for teens.
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

Specialty:
Psychiatry
Subspeciality:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspeciality:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillicrest - 410 Dickinson Street
Hillicrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.
# Index

<table>
<thead>
<tr>
<th>B</th>
<th>Bammi, Nora</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Bird, Anne</td>
<td>1</td>
</tr>
<tr>
<td>D</td>
<td>D'Agati, Douglas</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Downs, Nancy</td>
<td>1</td>
</tr>
<tr>
<td>G</td>
<td>Ghobrial-Sedky, Karim</td>
<td>2</td>
</tr>
<tr>
<td>H</td>
<td>Howlett, Jonathon R.</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Huege, Steven F.</td>
<td>5</td>
</tr>
<tr>
<td>K</td>
<td>Kovacs, Ildiko</td>
<td>2</td>
</tr>
<tr>
<td>M</td>
<td>Marienfeld, Carla</td>
<td>2</td>
</tr>
<tr>
<td>R</td>
<td>Reminick, Alison</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Roby, Jennifer</td>
<td>3</td>
</tr>
<tr>
<td>S</td>
<td>Saxena, Sanjaya</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Soliman, Mounir A.</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Stein, Murray B.</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Sweet, Hannah C.</td>
<td>4</td>
</tr>
<tr>
<td>V</td>
<td>Vardi, Kalya</td>
<td>5</td>
</tr>
</tbody>
</table>

https://health.ucsd.edu

Thursday, January 24, 2019