Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and U.S. News & World Report’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

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<th>Location</th>
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<td>La Jolla</td>
<td>4510 and 4520 Executive Drive San Diego, CA 92121</td>
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<td>8899 and 8929 University Center Lane San Diego, CA 92122</td>
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<td>8939 Villa La Jolla Drive La Jolla, CA 92037</td>
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<td>Sulpizio Cardiovascular Center</td>
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<td>Moores Cancer Center</td>
<td>3855 Health Sciences Drive La Jolla, CA 92093</td>
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<td>Jacobs Medical Center</td>
<td>9300 Campus Point Drive La Jolla, CA 92037</td>
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<tr>
<td>Hillcrest</td>
<td><strong>4th and Lewis Medical Offices</strong> 330 Lewis Street San Diego, CA 92103</td>
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<td><strong>Medical Offices North</strong> 200 West Arbor Drive San Diego, CA 92103</td>
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<td><strong>Medical Offices South</strong> 4168 Front Street San Diego, CA 92103</td>
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<td><strong>UC San Diego Medical Center</strong> 200 West Arbor Drive San Diego, CA 92103</td>
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<td>Encinitas</td>
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<td>Vista</td>
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<td>Scripps Ranch</td>
<td>9909 Mira Mesa Blvd. San Diego, CA 92131</td>
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<td>Kearny Mesa</td>
<td>7910 Frost Street San Diego, CA 92123</td>
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<td>Rady Children’s Hospital-San Diego</td>
<td>3020 Children’s Way San Diego, CA 92123</td>
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<td>Chula Vista</td>
<td>959 Lane Avenue Chula Vista, CA 91914</td>
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<td>Temecula</td>
<td>31720 Temecula Parkway Temecula, CA 92952</td>
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<tr>
<td>Sorrento Valley</td>
<td>4910 Directors Place San Diego, CA 92121</td>
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Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about [psychiatry](https://health.ucsd.edu) at UC San Diego Health System.

**Nora Bammidi, MBBS, FAPA**  
Psychiatrist  
**Specialty:** Psychiatry  
**Add'l Language:** Telugu  
**La Jolla - 8950 Villa La Jolla Drive**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
**Bio:**  
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

**Douglas D'Agati, MD**  
Psychiatrist  
**Specialty:** Psychiatry  
**La Jolla - 8950 Villa La Jolla Drive**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
**Bio:**  
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

**Anne Bird, MBChB**  
Psychiatrist  
**Associate Professor of Psychiatry**  
**La Jolla - 8950 Villa La Jolla Drive**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
**Bio:**  
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

**Nancy Downs, MD**  
Psychiatrist  
**Professor of Psychiatry**  
**La Jolla - 8950 Villa La Jolla Drive**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
**Bio:**  
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.
Psychiatry (cont.)

Karim Ghobrial-Sedky, MBChB
Psychiatrist
Specialty: Psychiatry
Add'l Language: Arabic
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Karim Ghobrial-Sedky, MBChB, is a board-certified psychiatrist whose practice includes treating depression, bipolar, anxiety and psychotic disorders in both adults and children. He also sees adults who have alcohol, drug or other substance-related addictions.

Jonathon R. Howlett, MD
Psychiatrist
Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such as depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry
Specialty: Psychiatry
Add'l Language: Hungarian
Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry
Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680
Bio: Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.
Psychiatry (cont.)

Alexander S. Papp, MD  
Psychiatrist  
Assistant Professor of Psychiatry  

**Specialty:**  
Psychiatry  

**Add'l Language:**  
Hungarian  

La Jolla - 8950 Villa La Jolla Drive  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Alexander Papp, MD, is a board-certified psychiatrist who provides general mental health services in collaboration with pain specialists. His expertise includes dependence on an opioid prescribed for pain (iatrogenic opiate dependence), and psychiatric aspects of chronic pain and somatization (the manifestation of psychological distress as bodily or physical distress). He also offers ketamine for treating severe treatment-resistant depression.

Sanjaya Saxena, MD  
Director, Obsessive-Compulsive Disorders Clinic  
Professor of Psychiatry  

**Specialty:**  
Psychiatry  

La Jolla - 8950 Villa La Jolla Drive  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Alison Reminick, MD  
Psychiatrist  
Assistant Professor of Psychiatry  

**Specialty:**  
Psychiatry  

La Jolla - 8950 Villa La Jolla Drive  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Mounir A. Soliman, MD  
Psychiatrist  
Assistant Vice Chancellor and Executive Director, UC San Diego Health Sciences International  
Professor of Psychiatry  

**Specialty:**  
Psychiatry  

La Jolla - 8950 Villa La Jolla Drive  

**Contact:**  
New Patient Registration: (800) 926-8273  
Fax: (858) 534-6205  
Direct Clinic Line: (858) 534-6200  

**Bio:**  
Mounir A. Soliman, MD, is a board-certified psychiatrist and neurologist who is an expert in developing wellness programs tailored to executives.
Psychiatry (cont.)

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Hannah C. Sweet, MD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health's comprehensive and compassionate mental health services for teens.
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer's disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer's disease.
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