UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by U.S. News & World Report.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Table of Contents

Colon and Rectal Surgery .......................................................................................................................... 1
Index ...................................................................................................................................................... 4
Colon and Rectal Surgery

Colon and Rectal surgery is the medical specialty dealing with surgeries for disorders of the rectum, anus, and colon. Learn more about colon and rectal surgery at UC San Diego Health.

Benjamin Abbadessa, MD, FACS
Colorectal Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer
Subspecialties:
Gastrointestinal Cancers, General and Gastrointestinal Surgery, Minimally Invasive Surgery

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6277

Bio:
Benjamin Abbadessa, MD, is a board-certified colorectal surgeon who treats colon cancer, anal cancer, colon polyps, diverticulitis, Crohn's disease, ulcerative colitis, anal fistula, anal fissure, hemorrhoids, anal abscess, fecal incontinence, rectal prolapse, anal dysplasia and anal skin tags.

Bard Cosman, MD, FACS, FASCRS
Surgeon
Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer, HIV/AIDS
Subspecialty:
General and Gastrointestinal Surgery
Add'l Language:
French

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Bard Cosman, MD, FACS, FASCRS, is a board-certified colon and rectal surgeon who specializes in anorectal surgery. He is an expert in treating chronic inflammatory lesions such as anal fistula, pilonidal sinus, and hidradenitis suppurativa. He also has a special interest in anal dysplasia and cancer, including HIV-related cases.
Colon and Rectal Surgery (cont.)

Samuel Eisenstein, MD  
Surgeon  
Assistant Professor of Surgery

**Specialties:**  
Colon and Rectal Surgery, Surgery, Cancer  
**Subspecialty:**  
Gastrointestinal Cancers  

**La Jolla - Perlman Medical Offices** 
**Encinitas - Garden View Road**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277  
Direct Clinic Line - Encinitas: (760) 536-7300

**Bio:**  
Samuel Eisenstein, MD, is a colon and rectal surgeon specializing in the treatment of colon and rectal cancer and other intestinal disorders including Crohn's disease and ulcerative colitis. He is an expert in the surgical treatment of anorectal disorders such as hemorrhoids, fistulas and fissures. Dr. Eisenstein is also experienced with therapies for fecal incontinence and was the first colon and rectal surgeon in San Diego County to implant sacral nerve stimulators for this condition.

Nicole Lopez, MD  
Surgeon

**Specialties:**  
Colon and Rectal Surgery, Cancer, Surgery  
**Subspecialties:**  
Gastrointestinal Cancers, General and Gastrointestinal Surgery, Minimally Invasive Surgery, Surgical Oncology  

**La Jolla - Perlman Medical Offices** 
**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277

**Bio:**  
Nicole Lopez, MD, is a board-certified surgeon. She specializes in surgical oncology and colorectal surgery, and has a particular interest in caring for patients with advanced, recurrent, and metastatic colorectal cancers. She has expertise in treating hereditary syndromes, diverticulitis, pelvic floor diseases, inflammatory bowel disease, and anorectal diseases. She is skilled in laparoscopy and robotic surgery.

Lisa A. Parry, MD  
Surgeon  
Assistant Professor of Surgery

**Specialties:**  
Colon and Rectal Surgery, Cancer, Surgery  
**Subspecialties:**  
Minimally Invasive Surgery, General and Gastrointestinal Surgery, Gastrointestinal Cancers  

**La Jolla - Perlman Medical Offices** 
**Encinitas - Garden View Road**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277  
Direct Clinic Line - Encinitas: (760) 536-7300

**Bio:**  
Lisa Parry, MD, is a board-certified colon and rectal surgeon, specializing in the treatment of colorectal cancers and other intestinal disorders, including Crohn's disease, ulcerative colitis and diverticulitis.
Colon and Rectal Surgery (cont.)

Sonia Ramamoorthy, MD
Chief, Division of Colon and Rectal Surgery
Professor of Surgery

Specialties:
Colon and Rectal Surgery, Cancer, Surgery

Subspecialties:
Gastrointestinal Cancers, Minimally Invasive Surgery, General and Gastrointestinal Surgery

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277

Bio:
Sonia Ramamoorthy, MD, is a board-certified colon and rectal surgeon. She specializes in treating colorectal and anal cancer, inflammatory bowel disease (IBD) and diverticulitis. She also leads the colorectal cancer team at Moores Cancer Center at UC San Diego Health.
# Index

| A | Abbadessa, Benjamin ........................................... | 1 |
| C | Cosman, Bard .................................................... | 1 |
| E | Eisenstein, Samuel ............................................. | 2 |
| L | Lopez, Nicole .................................................... | 2 |
| P | Parry, Lisa A. .................................................... | 2 |
| R | Ramamoorthy, Sonia ............................................. | 3 |