Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center
Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas

Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area

6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown

Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista

910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley

4910 Directors Place
San Diego, CA 92121

Scripps Ranch

9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa

7910 Frost Street
San Diego, CA 92123

Chula Vista

959 Lane Avenue
Chula Vista, CA 91914

Temecula

31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Locations

- Rancho Bernardo
- La Jolla
- Scripps Ranch
- Sorrento Valley
- Encinitas
- Chula Vista
- Kearny Mesa
- Hillcrest
- Downtown
- Temecula
- Vista
- College Area
- Chula Vista
# Table of Contents

Colon and Rectal Surgery ................................................................. 1
Endocrinology .................................................................................. 3
Index ............................................................................................. 7
Colon and Rectal Surgery

Colon and Rectal surgery is the medical specialty dealing with surgeries for disorders of the rectum, anus, and colon. Learn more about colon and rectal surgery at UC San Diego Health System.

Benjamin Abbadessa, MD, FACS
Colorectal Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer
Subspecialties:
Gastrointestinal Cancers, General and Gastrointestinal Surgery, Minimally Invasive Surgery

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6277

Bio:
Benjamin Abbadessa, MD, is a board-certified colorectal surgeon who treats colon cancer, anal cancer, colon polyps, diverticulitis, Crohn's disease, ulcerative colitis, anal fistula, anal fissure, hemorrhoids, anal abscess, fecal incontinence, rectal prolapse, anal dysplasia and anal skin tags.

Bard Cosman, MD, FACS, FASCRS
Surgeon
Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer, HIV/AIDS
Subspecialty:
General and Gastrointestinal Surgery
Add'l Language:
French

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Bard Cosman, MD, FACS, FASCRS, is a board-certified colon and rectal surgeon who specializes in anorectal surgery. He is an expert in treating chronic inflammatory lesions such as anal fistula, pilonidal sinus, and hidradenitis suppurative. He also has a special interest in anal dysplasia and cancer, including HIV-related cases.
Colon and Rectal Surgery (cont.)

Samuel Eisenstein, MD
Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer
Subspecialty:
Gastrointestinal Cancers

La Jolla - Perlman Medical Offices
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Samuel Eisenstein, MD, is a colon and rectal surgeon, specializing in the treatment of colon cancer and other intestinal disorders, including Crohn's disease and ulcerative colitis. He is an expert in the surgical treatment of anorectal disorders such as hemorrhoids, fistulas and fissures.

Nicole Lopez, MD
Surgeon

Specialties:
Colon and Rectal Surgery, Cancer, Surgery
Subspecialties:
Gastrointestinal Cancers, General and Gastrointestinal Surgery, Minimally Invasive Surgery, Surgical Oncology

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277

Bio:
Nicole Lopez, MD, is a board-certified surgeon. She specializes in surgical oncology and colorectal surgery, and has a particular interest in caring for patients with advanced, recurrent, and metastatic colorectal cancers. She has expertise in treating hereditary syndromes, diverticulitis, pelvic floor diseases, inflammatory bowel disease, and anorectal diseases. She is skilled in laparoscopy and robotic surgery.

Lisa A. Parry, MD
Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Cancer, Surgery
Subspecialties:
Gastrointestinal Cancers, Minimally Invasive Surgery, General and Gastrointestinal Surgery, Gastrointestinal Cancers

La Jolla - Perlman Medical Offices
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Lisa Parry, MD, is a board-certified colon and rectal surgeon, specializing in the treatment of colorectal cancers and other intestinal disorders, including Crohn's disease, ulcerative colitis and diverticulitis.

Sonia Ramamoorthy, MD
Chief, Division of Colon and Rectal Surgery
Professor of Surgery

Specialties:
Colon and Rectal Surgery, Cancer, Surgery
Subspecialties:
Gastrointestinal Cancers, Minimally Invasive Surgery, General and Gastrointestinal Surgery

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277

Bio:
Sonia Ramamoorthy, MD, is a board-certified colon and rectal surgeon. She specializes in treating colorectal and anal cancer, inflammatory bowel disease (IBD) and diverticulitis. She also leads the colorectal cancer team at Moores Cancer Center at UC San Diego Health.
**Endocrinology**

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about [endocrinology and diabetes](https://health.ucsd.edu) at UC San Diego Health System.

---

**Schafer Boeder, MD**  
Endocrinologist  

**Specialty:**  
Endocrinology

**Hillcrest - Medical Offices South**  
Jacobs Medical Center  
Sulpizio Cardiovascular Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6303

**Bio:**  
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

---

**Steven Victor Edelman, MD**  
Clinical Professor of Medicine  

**Specialty:**  
Endocrinology

**Add'l Languages:**  
German, Spanish

**La Jolla - Perlman Medical Offices**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

**Bio:**  
*Please note that Dr. Edelman is not a Primary Care Physician*

---

**Charles H. Choe, MD**  
Clinical Service Chief - Endocrinology, Diabetes and Metabolism  
Associate Clinical Professor of Medicine

**Specialty:**  
Endocrinology

**La Jolla - Perlman Medical Offices**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6303  
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**  
Charlie Choe, MD, is a board-certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

---

**Vala Hamidi, MD**  
Endocrinologist

**Specialty:**  
Endocrinology

**Add'l Language:**  
Farsi

**Hillcrest - Medical Offices South**  
La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6303  
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**  
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in San Diego Magazine’s "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Karl Y. Hostetler, MD

Specialty:
Endocrinology

Contact:
New Patient Registration: (800) 926-8273

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.
Endocrinology (cont.)

Deborah Kado, MD
Bone Health Specialist
Professor of Medicine

Specialty:
Endocrinology
Add'l Language:
Spanish
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for people with osteoporosis and metabolic bone disease. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Kristen Kulasa, MD
Endocrinologist
Associate Professor of Medicine

Specialty:
Endocrinology
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Mizuho Mimoto, MD, PhD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8440

Bio:
Mizuho Mimoto, MD, PhD, is a board-certified endocrinologist who treats people with diabetes, thyroid disease, osteoporosis and disorders related to the pituitary, adrenal and parathyroid glands.
Endocrinology (cont.)

Jeremy Pettus, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.
<table>
<thead>
<tr>
<th>Index</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>B</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>C</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>E</td>
</tr>
<tr>
<td>H</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>J</td>
</tr>
<tr>
<td>K</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>L</td>
</tr>
<tr>
<td>M</td>
</tr>
<tr>
<td>P</td>
</tr>
<tr>
<td>P</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>R</td>
</tr>
<tr>
<td>S</td>
</tr>
<tr>
<td>W</td>
</tr>
</tbody>
</table>