UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92039

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Locations
# Table of Contents

Concierge Medicine ........................................................................................................................................... 1  
Endocrinology .................................................................................................................................................. 3  
Index ................................................................................................................................................................. 7
Concierge Medicine

Concierge medicine is a relationship between a patient and a physician in which the patient pays an annual fee or retainer in exchange for enhanced, personalized medical care. Learn more about [concierge medicine](https://health.ucsd.edu) at UC San Diego Health System.

William J. Ackerman, MD
Primary Care Physician for Concierge Medicine Patients
Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine, Concierge Medicine

**La Jolla - 8899 University Center Lane**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

**Bio:**
William Ackerman, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care, diagnosis, and treatment of acute and chronic diseases.

Edward David Brown, MD
Primary Care Physician for Concierge Medicine Patients
Medical Director, Concierge Medicine
Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine, Concierge Medicine

**La Jolla - 8899 University Center Lane**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

**Bio:**
Edward David Brown, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Tahir I. Bhatti, MD
Wellness Physician
Associate Professor of Medicine

**Specialty:**
Concierge Medicine

**La Jolla - 8899 University Center Lane**
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Concierge Medicine: (858) 657-5000
Direct Clinic Line - Cardiac Rehabilitation Center: (858) 249-1308

**Bio:**
Tahir I Bhatti, MD, is a wellness physician at UC San Diego Health’s Concierge Medicine program and Cardiac Rehabilitation and Wellness Center. As an integrative psychiatrist, Dr. Bhatti combines his traditional training with meditation, mindfulness, stress reduction techniques, life coaching, chi kung, t'ai chi, breath work, human design and bio-field therapies. He has been a meditation practitioner since 1991 and t'ai chi instructor since 1995.

Alma Harb, MD
Primary Care Physician for Concierge Medicine Patients

**Specialties:**
Primary Care, Internal Medicine, Concierge Medicine

**La Jolla - 8899 University Center Lane**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

**Bio:**
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Concierge Medicine (cont.)

Ramona Master, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Concierge Medicine, Internal Medicine, Primary Care
Add'l Language:
Gujarati

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Ramona Master, MD, is a board-certified internal medicine doctor. Dr. Master treats adults through the concierge medicine program at UC San Diego Health, where she specializes in preventive medicine and chronic disease management. Concierge Medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.
Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Schafer Boeder, MD
Endocrinologist

Specialty:
Endocrinology

Hillcrest - Medical Offices South
Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

Bio:
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Charlie Choe, MD, is a board certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Steven Victor Edelman, MD
Clinical Professor of Medicine

Specialty:
Endocrinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Please note that Dr. Edelman is not a Primary Care Physician

Vala Hamidi, MD
Endocrinologist

Specialty:
Endocrinology

Add'l Language:
Farsi

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

Bio:
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Bio:
Christopher J. Hupfeld, MD, is an associate clinical professor of medicine specializing in endocrinology.

Karl Y. Hostetler, MD

Specialty:
Endocrinology

Contact:
New Patient Registration: (800) 926-8273

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.
Endocrinology (cont.)

Deborah Kado, MD
Bone Health Specialist
Professor of Family Medicine and Public Health

Specialties:
Endocrinology, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Kristen Kulasa, MD
Endocrinologist
Associate Professor of Medicine

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Jeremy Pettus, MD
Endocrinologist
Assistant Professor of Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.
Endocrinology (cont.)

Tricia Santos Cavaiola, MD  
Endocrinologist  
Assistant Professor of Medicine  

Specialty:  
Endocrinology  

Hillcrest - Medical Offices South  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.

Gina N. Woods, MD  
Endocrinologist and Bone Health Specialist  
Associate Professor of Endocrinology and Metabolism  

Specialty:  
Endocrinology  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.
# Index

<table>
<thead>
<tr>
<th>Letter</th>
<th>Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Ackerman, William J.</td>
<td>1</td>
</tr>
<tr>
<td>B</td>
<td>Bhatti, Tahir I.</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Boeder, Schafer</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Brown, Edward David</td>
<td>1</td>
</tr>
<tr>
<td>C</td>
<td>Choe, Charles H.</td>
<td>3</td>
</tr>
<tr>
<td>E</td>
<td>Edelman, Steven Victor</td>
<td>3</td>
</tr>
<tr>
<td>H</td>
<td>Hamidi, Vala</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Harb, Alma</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Hofflich, Heather L.</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Hostetler, Karl Y.</td>
<td>4</td>
</tr>
<tr>
<td>J</td>
<td>Juang, Patricia S.</td>
<td>4</td>
</tr>
<tr>
<td>K</td>
<td>Kado, Deborah</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>Kulasa, Kristen</td>
<td>5</td>
</tr>
<tr>
<td>M</td>
<td>Master, Ramona</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>McCowen, Karen</td>
<td>5</td>
</tr>
<tr>
<td>P</td>
<td>Pettus, Jeremy</td>
<td>5</td>
</tr>
<tr>
<td>S</td>
<td>Santos Cavaiola, Tricia</td>
<td>6</td>
</tr>
<tr>
<td>W</td>
<td>Woods, Gina N.</td>
<td>6</td>
</tr>
</tbody>
</table>