UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

## Endocrinology

---

## Orthopedics

- Foot & Ankle .......................................................... 6.
- Hand & Upper Extremity .............................................. 7.
- Joint ........................................................................ 10.
- Orthopedic Trauma .................................................. 12.
- Spine ........................................................................ 14.
- Sports Medicine ...................................................... 16.

## Index

---

---
Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about [endocrinology and diabetes](https://health.ucsd.edu) at UC San Diego Health.

**Schafer Boeder, MD**
Endocrinologist

**Specialty:**
Endocrinology

**Hillcrest - Medical Offices South**
Jacobs Medical Center
Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

**Bio:**
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

**Steven Victor Edelman, MD**
Clinical Professor of Medicine

**Specialty:**
Endocrinology

**Add'l Languages:**
German, Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Please note that Dr. Edelman is not a Primary Care Physician

**Vala Hamidi, MD**
Endocrinologist

**Specialty:**
Endocrinology

**Add'l Language:**
Farsi

**Hillcrest - Medical Offices South**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology
Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.

Karl Y. Hostetler, MD

Specialty:
Endocrinology

Contact:
New Patient Registration: (800) 926-8273
Deborah Kado, MD
Bone Health Specialist
Professor of Medicine

**Specialty:**
Endocrinology

**Add'l Language:**
Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for people with osteoporosis and metabolic bone disease. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Kristen Kulasa, MD
Endocrinologist
Associate Professor of Medicine

**Specialty:**
Endocrinology

**Hillcrest - UC San Diego Medical Center
Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Mizuho Mimoto, MD, PhD
Endocrinologist
Assistant Professor of Medicine

**Specialty:**
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8440

**Bio:**
Mizuho Mimoto, MD, PhD, is a board-certified endocrinologist who treats people with diabetes, thyroid disease, osteoporosis and disorders related to the pituitary, adrenal and parathyroid glands.
Endocrinology (cont.)

Jeremy Pettus, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.
Orthopedics

Orthopedics is the branch of medicine specializing in the treatment of injuries or disorders of the skeletal system including bones, muscles, joints and ligaments. Learn more about orthopedics at UC San Diego Health.

Frank E. Chiarappa, MD
Orthopedic Oncologist
Assistant Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Cancer
Subspecialty:
Sarcoma (Bone and Soft Tissue)

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 657-8200
Direct Clinic Line: (866) 773-2703

Bio:
Frank Chiarappa, MD, is an orthopedic oncologist who treats children and adults with cancerous and non-cancerous musculoskeletal tumors. This includes soft tissue sarcoma and primary bone tumors such as osteosarcoma, chondrosarcoma, Ewing's sarcoma and giant cell tumors. He also treats patients with cancer that has spread to the bone from other primary sites such as the breast, lung, kidney or blood.

Dana Curtis Covey, MD
Orthopedic Surgeon and Sports Medicine Physician
Clinical Professor of Orthopaedic Surgery

Specialties:
Sports Medicine, Orthopedics, Surgery

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dana Covey, MD, is a board-certified orthopedic surgeon. He specializes in sports medicine with an emphasis on knee and shoulder injuries. Dr. Covey sees patients with knee ligament tears and shoulder dislocation.

James H. Flint, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Cancer
Subspecialty:
Sarcoma (Bone and Soft Tissue)

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
James H. Flint, MD, is a board-certified orthopedic surgeon who specializes in treating benign and malignant soft-tissue and bone tumors, including sarcoma. He treats adults and young adults over the age of 15.

Paymaneh (Pam) Sabet, DPM
Podiatrist and Wound Care Specialist

Specialties:
Podiatry, Orthopedics

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5969

Bio:
Pam Sabet, DPM, is a podiatrist who specializes in foot and ankle surgery and wound care. Podiatrists, also referred to as foot doctors or podiatric physicians, are specialists who diagnose and treat all conditions of the feet, ankles and legs. Their care also focuses on how the health of these structures impact the rest of the body. Dr. Sabet’s expertise includes treating foot and ankle diseases and their causes, reconstructive foot and ankle surgery, and wound care for diabetic foot ulcers.
Orthopedics (cont.)

Natalie Voskanian, MD
Sports Medicine Physician
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Add'l Languages:
Armenian, Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Natalie Voskanian, MD, is a board-certified sports medicine physician with expertise in the nonsurgical treatment of sports-related injuries and musculoskeletal conditions, including sprains, ligament injuries, tendonitis and overuse injuries such as runner’s knee.

Orthopedics - Foot & Ankle

David J. Dalstrom, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.
Orthopedics - Hand & Upper Extremity

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams’ expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren’s contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Add'l Languages:
German, Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Eric Hentzen, MD, PhD, is a board-certified orthopedic surgeon who specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Orthopedics - Hand & Upper Extremity (cont.)

Bryan T. Leek, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

**Specialties:**
Sports Medicine, Orthopedics

**Subspecialty:**
Hand & Upper Extremity

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Bryan Leek, MD, is a board-certified orthopedic surgeon who specializes in treating sports and upper extremity injuries, including arthroscopy and reconstruction of the knee, shoulder, elbow, wrist, and hand. He has a particular interest in treating shoulder injuries, performing arthroscopic and open techniques in repair and reconstruction. He performs both anatomic and reverse shoulder arthroplasty. He treats traumatic, overuse, and degenerative injuries, including arthritis of both the upper and lower extremity. Dr. Leek is trained in microscopic and minimally invasive surgical techniques involving the hand and upper extremity.

Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Sports Medicine

**Subspecialties:**
Sports Medicine, Hand & Upper Extremity

**Hillcrest - UC San Diego Medical Center**
**La Jolla - 4520 Executive Drive**
**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and an associate team physician for the San Diego Padres. He was a consultant physician for the San Diego Chargers.
Gregory D. Middleton, MD  
Rheumatologist  
Professor of Medicine and Orthopaedic Surgery  

**Specialties:**  
Rheumatology, Orthopedics  
**Subspecialty:**  
Hand & Upper Extremity  

**Hillcrest - UC San Diego Medical Center**  
**Encinitas - Garden View Road**  
**La Jolla - Koman Family Outpatient Pavilion**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200  

**Bio:**  
Gregory D. Middleton, MD, is a board-certified rheumatologist who specializes in the nonsurgical care of patients with joint and muscle pain, particularly those with rheumatic disorders such as osteoarthritis. He takes a comprehensive approach to treating arthritis, pain and autoimmune diseases, and strives to help patients maintain a satisfying and active lifestyle.

---

Catherine M. Robertson, MD  
Chief of Sports Medicine  
Orthopedic Surgeon  
Associate Professor of Orthopaedic Surgery  

**Specialties:**  
Orthopedics, Sports Medicine  
**Subspecialties:**  
Hand & Upper Extremity, Joint, Sports Medicine  
**Add'l Language:**  
Spanish  

**La Jolla - 4520 Executive Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 377-7678  

**Bio:**  
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.
Orthopedics - Joint

Scott Taber Ball, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialty:
Orthopedics
Subspeciality:
Joint
Add'l Language:
Spanish

Encinitas - Garden View Road
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Scott Ball, MD, is a board-certified orthopedic surgeon who specializes in joint replacement surgery for both the hip and knee, and salvage reconstruction for failed joint replacements. Using minimally invasive approaches, he helps facilitate reduced complication rates and faster recovery. Dr. Ball has expertise in hip resurfacing surgery, a technique that is used to preserve the hip bone, allowing younger patients with good bone quality to resume high levels of activity in sports such as surfing, skiing, basketball, and running.

Krishna R. Cidambi, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty:
Orthopedics
Subspeciality:
Joint
Add'l Languages:
Spanish, Tamil

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Krishna R. Cidambi, MD, is an orthopedic surgeon who specializes in hip and knee replacements. His areas of expertise include anterior total hip replacement (minimally invasive hip replacement), posterior total hip replacement, total knee replacement and partial knee replacement.
Francis B Gonzales, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

**Specialty:** Orthopedics  
**Subspecialty:** Joint  
**Add'l Language:** Spanish

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**  
Francis Gonzales, MD, is a board-certified orthopedic surgeon who specializes in adult hip and knee joint replacement surgery.

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

**Specialties:** Orthopedics, Sports Medicine  
**Subspecialties:** Hand & Upper Extremity, Joint, Sports Medicine  
**Add'l Language:** Spanish

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 377-7678

**Bio:**  
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.
Orthopedics - Orthopedic Trauma

David J. Dalstrom, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Sports Medicine
Subspecialties:
Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.

Paul Joseph Girard, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Surgery, Orthopedics
Subspecialty:
Orthopedic Trauma

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Paul Girard, MD, is a board-certified orthopedic surgeon who specializes in orthopedic trauma and surgery to treat fractured or broken bones. He also cares for patients with complications arising from traumatic orthopedic injuries and has extensive experience in delivering care in emergency settings. Dr Girard has particular interest and expertise in complex lower extremity reconstruction, post-traumatic deformity correction, and treatment of post-traumatic osteomyelitis.

William T. Kent, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Subspecialty:
Orthopedic Trauma
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 4520 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
William Kent, MD, is an orthopedic surgeon who specializes in treating fractures related to trauma, sports injuries and fractures around total joint replacements. His clinical practice includes treating fractures of the acetabulum, hip, pelvis, clavicle, humerus, elbow, forearm, femur, tibia, ankle and foot.
Orthopedics - Orthopedic Trauma (cont.)

Alexandra K. Schwartz, MD
Chief, Orthopedic Trauma
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery
Subspecialty:
Orthopedic Trauma
Add'l Languages:
German, Spanish

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
Hillcrest - Medical Offices North
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6312
Direct Clinic Line: (858) 657-8200

Bio:
Alexandra Schwartz, MD, is a board-certified orthopedic surgeon. She specializes in orthopedic trauma and surgery to treat fractured or broken bones, including clavicle, pelvic, foot, ankle, arm, elbow, knee, and shoulder injuries. Dr. Schwartz also cares for patients with complications from these injuries, such as infections and poor-healing or non-healing bones. As an orthopedic traumatologist, she has expertise working in emergency settings and with people whose injuries were caused by accidents or violence.
Orthopedics - Spine

Richard (Todd) Allen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialty: Orthopedics
Subspecialty: Spine

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Richard (Todd) Allen, MD, is board-certified orthopedic surgeon with expertise in complex adult reconstruction procedures for deformity/scoliosis and tumors. He specializes in complex disorders of the upper cervical spine, including tumors and degenerative or post-traumatic conditions.

Steven Robert Garfin, MD
Orthopedic Surgeon
Interim Dean, UC San Diego School of Medicine

Specialties: Surgery, Orthopedics
Subspecialty: Spine

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Steven Garfin, MD, is a board-certified and world-renowned orthopedic surgeon specializing in the adult spine. He is consistently elected as a top doctor in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties: Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine
Subspecialties: Spine, Sports Medicine
Add'l Language: German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Orthopedics - Spine (cont.)

Vinko Zlomislic, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery

Subspecialty:
Spine

Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Vinko Zlomislic, MD, is a board-certified orthopedic surgeon who specializes in the surgical and nonsurgical management of cervical, thoracic, and lumbar spine disorders. His expertise includes treating degenerative conditions of the cervical and lumbar spine, spinal trauma and infections, and spinal reconstruction for complex spinal deformity and tumors. Dr. Zlomislic emphasizes nonoperative management, recommending surgery only when conservative measures have failed. If surgical treatment is necessary, he uses minimally invasive methods whenever possible.
Orthopedics - Sports Medicine

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams' expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren's contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Eric Hentzen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Sports Medicine

**Subspecialties:**
Hand & Upper Extremity, Sports Medicine

**Add'l Languages:**
German, Spanish

**Encinitas - Garden View Road**
**Hillcrest - Medical Offices North**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Eric Hentzen, MD, PhD, is a board-certified orthopedic surgeon who specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.

Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Sports Medicine

**Subspecialties:**
Sports Medicine, Hand & Upper Extremity

**Hillcrest - UC San Diego Medical Center**
**La Jolla - 4520 Executive Drive**
**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and an associate team physician for the San Diego Padres. He was a consultant physician for the San Diego Chargers.
Orthopedics - Sports Medicine (cont.)

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Joint, Sports Medicine

Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Bio:
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale’s expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
# Index

| A | Abrams, Reid Allen .......................................... 7, 16 |
|   | Allen, Richard (Todd) ........................................ 14 |
| B | Ball, Scott Taber ............................................. 10 |
|   | Boeder, Schafer .............................................. 1 |
| C | Chang, Douglas .................................................. 14, 16 |
|   | Chiarappa, Frank E............................................. 5 |
|   | Cho, Charles H. ................................................ 1 |
|   | Cidambi, Krishna R. .......................................... 10 |
|   | Covey, Dana Curtis ........................................... 5 |
| D | Dalstrom, David J. ............................................ 6, 12 |
| E | Edelman, Steven Victor ..................................... 1 |
| F | Flint, James H. ................................................ 5 |
| G | Garfin, Steven Robert ....................................... 14 |
|   | Girard, Paul Joseph ......................................... 12 |
|   | Gonzales, Francis B ......................................... 11 |
| H | Hamidi, Vala .................................................... 1 |
|   | Hentzen, Eric .................................................. 7, 17 |
|   | Hofflich, Heather L. ......................................... 2 |
|   | Hostetler, Karl Y. ............................................. 2 |
|   | Hupfeld, Christopher J. ..................................... 2 |
| J | Juang, Patricia S. ............................................ 2 |
| K | Kado, Deborah .................................................. 3 |
|   | Kent, William T. ............................................... 12 |
|   | Kulasa, Kristen ................................................ 3 |
| L | Leek, Bryan T. ................................................ 8 |
| M | McCowen, Karen ............................................. 3 |
| P | Meunier, Matthew ............................................ 8, 17 |
|   | Middleton, Gregory D. ..................................... 9 |
|   | Mimoto, Mizuho ................................................ 3 |
| R | Pettus, Jeremy ................................................ 4 |
|   | Robertson, Catherine M. .................................. 9, 11, 18 |
| S | Sabet, Paymaneh (Pam) .................................... 5 |
|   | Santos Cavaiola, Tricia .................................... 4 |
|   | Schwartz, Alexandra K. ..................................... 13 |
| V | Vitale, Kenneth .............................................. 18 |
|   | Voskanian, Natalie ......................................... 6 |
| W | Woods, Gina N. ............................................... 4 |
| Z | Zlomislic, Vinko ............................................. 15 |