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Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health.

Schafer Boeder, MD
Endocrinologist

**Specialty:**
Endocrinology

**Hillcrest - Medical Offices South**
Jacobs Medical Center
Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

**Bio:**
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

Steven Victor Edelman, MD
Clinical Professor of Medicine

**Specialty:**
Endocrinology

**Add'l Languages:**
German, Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Please note that Dr. Edelman is not a Primary Care Physician

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

**Specialty:**
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6303

**Bio:**
Charlie Choe, MD, is a board-certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Vala Hamidi, MD
Endocrinologist

**Specialty:**
Endocrinology

**Add'l Language:**
Farsi

**Hillcrest - Medical Offices South**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in San Diego Magazine’s "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Deborah Kado, MD
Bone Health Specialist
Professor of Medicine

Specialty:
Endocrinology

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for people with osteoporosis and metabolic bone disease. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.
Endocrinology (cont.)

Kristen Kulasa, MD  
Endocrinologist  
Associate Professor of Medicine

**Specialty:**  
Endocrinology

**Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

**Bio:**  
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Karen McCowen, MD  
Endocrinologist

**Specialty:**  
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

**Bio:**  
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Mizuho Mimoto, MD, PhD  
Endocrinologist  
Assistant Professor of Medicine

**Specialty:**  
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8440

**Bio:**  
Mizuho Mimoto, MD, PhD, is a board-certified endocrinologist who treats people with diabetes, thyroid disease, osteoporosis and disorders related to the pituitary, adrenal and parathyroid glands.

Jeremy Pettus, MD  
Endocrinologist  
Assistant Professor of Medicine

**Specialty:**  
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

**Bio:**  
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.
Endocrinology (cont.)

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

**Specialty:**
Endocrinology

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

**Specialty:**
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.

Plastic Surgery

Plastic surgery is the branch of surgery which repairs external damaged tissue, remedies physical impairments or aesthetically enhances. Learn more about [plastic surgery](https://health.ucsd.edu) at UC San Diego Health.

Mayer Tenenhaus, MD
Assistant Clinical Professor

**Specialties:**
Plastic Surgery, Surgery, Burn

**La Jolla - Perlman Medical Offices**
La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

**Bio:**
UC San Diego Health Links
Plastic Surgery - Cosmetic Surgery

Marek Dobke, MD
Plastic Surgeon
Professor of Surgery

**Specialties:**
Plastic Surgery, Surgery

**Subspecialty:**
Cosmetic Surgery

**Add'l Language:**
Polish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

**Bio:**
Marek Dobke, MD, is a board-certified plastic surgeon with expertise in aesthetic and reconstructive surgery of the breast and in facial rejuvenation, as well as in the application of new technologies in cosmetic surgery.

Amanda A. Gosman, MD
Chief, Division of Plastic Surgery
Director of Craniofacial and Pediatric Plastic Surgery
Professor of Surgery

**Specialties:**
Plastic Surgery, Surgery

**Subspecialties:**
Cosmetic Surgery, Reconstructive Surgery

**Add'l Language:**
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

**Bio:**
Amanda A. Gosman, MD, is a board-certified plastic surgeon who specializes in cleft lip and palate surgery, pediatric and adult craniofacial surgery, microsurgical facial reanimation, breast reconstruction and cosmetic surgery.
Plastic Surgery - Cosmetic Surgery (cont.)

**Samuel H. Lance, MD**  
Plastic Surgeon  
Assistant Professor of Surgery

**Specialties:** Piano, Surgery, Burn  
**Subspecialties:**  
Cosmetic Surgery, Reconstructive Surgery  
**Add'l Language:** Spanish  

La Jolla - 4510 Executive Drive  
Hillcrest - UC San Diego Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (619) 294-3746

**Bio:**  
Samuel Lance, MD, is a plastic surgeon who specializes in both cosmetic and reconstructive plastic surgery, with expertise in adult and pediatric craniofacial surgery. He is the director of adult craniomaxillofacial surgery (i.e. surgery related to the mouth, jaws, face, skull and associated structures).

**Christopher Reid, MD**  
Plastic Surgeon  
Assistant Professor of Surgery

**Specialty:** Plastic Surgery  
**Subspecialties:**  
Cosmetic Surgery, Reconstructive Surgery  

La Jolla - 4510 Executive Drive  
Hillcrest - Medical Offices North  
Encinitas - Garden View Road

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (619) 294-3746  
Direct Clinic Line - Hillcrest: (619) 294-3746  
Direct Clinic Line - Encinitas: (858) 657-7000

**Bio:**  
Christopher Reid, MD, is a plastic surgeon with expertise in microsurgery, breast reconstruction, complex reconstruction, and aesthetic surgery of the breast and body. He performs breast reconstruction with a variety of flap surgery methods, including DIEP flap, TRAM flap, SGAP flap and PAP flap.

**Mark Rechnic, MD**  
Associate Professor of Surgery

**Specialties:** Surgery, Plastic Surgery  
**Subspecialties:**  
Cosmetic Surgery, Reconstructive Surgery

Hillcrest - UC San Diego Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273
Ahmed S. Suliman, MD
Plastic Surgeon
Associate Professor of Surgery

Specialties:
Plastic Surgery, Surgery

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Additional Language:
Arabic

Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Ahmed Suliman, MD, is a board-certified plastic surgeon who performs a broad spectrum of aesthetic (cosmetic) and reconstructive procedures to address the effects of a medical condition or injury, or to enhance one's appearance.
Plastic Surgery - Reconstructive Surgery

**Amanda A. Gosman, MD**
Chief, Division of Plastic Surgery
Director of Craniofacial and Pediatric Plastic Surgery
Professor of Surgery

**Specialties:**
Plastic Surgery, Surgery

**Subspecialties:**
Cosmetic Surgery, Reconstructive Surgery

**Add'l Language:**
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

**Bio:**
Amanda A. Gosman, MD, is a board-certified plastic surgeon who specializes in cleft lip and palate surgery, pediatric and adult craniofacial surgery, microsurgical facial reanimation, breast reconstruction and cosmetic surgery.

**Frederic J. Kolb, MD**
Plastic Surgeon
Professor of Surgery

**Specialties:**
Plastic Surgery, Surgery, Cancer

**Subspecialty:**
Reconstructive Surgery

**Add'l Language:**
French

Jacobs Medical Center
Moores Cancer Center
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4510 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (619) 294-3746
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

**Bio:**
Frederic Kolb, MD, MS, MRes, is an internationally recognized board-certified plastic surgeon who specializes in oncologic reconstruction, correcting defects following breast, head and neck, skin, and soft tissue and sarcoma resections. He performs breast oncologic surgery and reconstruction with autologous perforator flaps, in addition to head and reconstruction with all variety of chimeric flaps.
Plastic Surgery - Reconstructive Surgery (cont.)

Samuel H. Lance, MD
Plastic Surgeon
Assistant Professor of Surgery

Specialties:
Plastic Surgery, Surgery, Burn

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746

Bio:
Samuel Lance, MD, is a plastic surgeon who specializes in both cosmetic and reconstructive plastic surgery, with expertise in adult and pediatric craniofacial surgery. He is the director of adult craniomaxillofacial surgery (i.e. surgery related to the mouth, jaws, face, skull and associated structures).

Christopher Reid, MD
Plastic Surgeon
Assistant Professor of Surgery

Specialty:
Plastic Surgery

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746
Direct Clinic Line - Hillcrest: (619) 294-3746
Direct Clinic Line - Encinitas: (858) 657-7000

Bio:
Christopher Reid, MD, is a plastic surgeon with expertise in microsurgery, breast reconstruction, complex reconstruction, and aesthetic surgery of the breast and body. He performs breast reconstruction with a variety of flap surgery methods, including DIEP flap, TRAM flap, SGAP flap and PAP flap.

Mark Rechnic, MD
Associate Professor of Surgery

Specialties:
Surgery, Plastic Surgery

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Plastic Surgery - Reconstructive Surgery (cont.)

Ahmed S. Suliman, MD
Plastic Surgeon
Associate Professor of Surgery

Specialties:
Plastic Surgery, Surgery

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Add'l Language:
Arabic

Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Ahmed Suliman, MD, is a board-certified plastic surgeon who performs a broad spectrum of aesthetic (cosmetic) and reconstructive procedures to address the effects of a medical condition or injury, or to enhance one's appearance.
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