UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
**Locations**

**La Jolla**
- **La Jolla Emergency**
  Sulpizio Cardiovascular Center
  9434 Medical Center Drive
  La Jolla, CA 92037

- **La Jolla Urgent Care**
  8910 Villa La Jolla Drive
  La Jolla, CA 92037

**Orthopedics Urgent Care**
- **Sports Medicine**
  4520 Executive Drive, Suite Plaza 1
  San Diego, CA 92121

  4510 and 4520 Executive Drive
  San Diego, CA 92121

- **8910 Villa La Jolla Drive**
  La Jolla, CA 92037

- **8899 and 8929 University Center Lane**
  San Diego, CA 92122

- **8939 Villa La Jolla Drive**
  La Jolla, CA 92037

- **9333 Genesee Avenue**
  San Diego, CA 92121

- **8950 Villa La Jolla Drive**
  La Jolla, CA 92037

- **9350 Campus Point Drive**
  La Jolla, CA 92037

- **Shiley Eye Institute**
  9415 Campus Point Drive
  La Jolla, CA 92037

- **Sulpizio Cardiovascular Center**
  9434 Medical Center Drive
  La Jolla, CA 92037

**Moores Cancer Center**
- 3855 Health Sciences Drive
  La Jolla, CA 92037

**Jacobs Medical Center**
- 9300 Campus Point Drive
  La Jolla, CA 92037

**Koman Family Outpatient Pavilion**
- 9400 Campus Point Drive
  La Jolla, CA 92037

**Perlman Medical Offices**
- 9350 Campus Point Drive
  La Jolla, CA 92037

**Hillcrest**
- **Hillcrest Emergency**
  UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103

  4th and Lewis Medical Offices
  330 Lewis Street
  San Diego, CA 92103

  Medical Offices North
  200 West Arbor Drive
  San Diego, CA 92103

  Medical Offices South
  4168 Front Street
  San Diego, CA 92103

  UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103

**Rancho Bernardo**
- **Includes Rancho Bernardo Urgent Care**
  16950 Via Tazon
  San Diego, CA 92127

**Encinitas**
- **Includes Encinitas Express Care (Suite 110)**
  1200 Garden View Road
  Encinitas, CA 92024

  477 North El Camino Real
  Encinitas, CA 92024

**College Area**
- 6719 Alvarado Road, Suite 302
  San Diego, CA 92120

**Downtown**
- **Downtown Express Care**
  203 West F Street
  San Diego, CA 92101

**Vista**
- 910 Sycamore Avenue
  Vista, CA 92081

**Sorrento Valley**
- 4910 Directors Place
  San Diego, CA 92121

**Scripps Ranch**
- 9909 Mira Mesa Blvd, Suite 200
  San Diego, CA 92131

**Kearny Mesa**
- 7910 Frost Street
  San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
  Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway, Suite 100
  Temecula, CA 92592
# Table of Contents

Endocrinology .......................................................................................................................... 1  
Index ......................................................................................................................................... 5
Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Schafer Boeder, MD
Endocrinologist

Specialty:
Endocrinology

Hillcrest - Medical Offices South
Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

Bio:
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

Steven Victor Edelman, MD
Clinical Professor of Medicine

Specialty:
Endocrinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Please note that Dr. Edelman is not a Primary Care Physician

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Charlie Choe, MD, is a board certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Vala Hamidi, MD
Endocrinologist

Specialty:
Endocrinology

Add'l Language:
Farsi

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

Bio:
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Karl Y. Hostetler, MD
Endocrinologist

Specialty:
Endocrinology

Contact:
New Patient Registration: (800) 926-8273

Bio:
Patricia S. Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.
Endocrinology (cont.)

Deborah Kado, MD  
Bone Health Specialist  
Professor of Family Medicine and Public Health  

Specialties:  
Endocrinology, Senior Medicine  
Add'l Language:  
Spanish  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Karen McCowen, MD  
Endocrinologist  

Specialty:  
Endocrinology  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Kristen Kulasa, MD  
Endocrinologist  
Associate Professor of Medicine  

Specialty:  
Endocrinology  

Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Jeremy Pettus, MD  
Endocrinologist  
Assistant Professor of Medicine  

Specialty:  
Endocrinology  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.
Endocrinology (cont.)

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

**Specialty:**
Endocrinology

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

**Specialty:**
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.
# Index

- **B**
  - Boeder, Schafer ........................................... 1
- **C**
  - Choe, Charles H. ........................................... 1
- **E**
  - Edelman, Steven Victor ................................. 1
- **H**
  - Hamidi, Vala ................................................. 1
  - Hofflich, Heather L. ........................................ 2
  - Hostetler, Karl Y. ........................................... 2
  - Hupfeld, Christopher J. ................................. 2
- **J**
  - Juang, Patricia S. .......................................... 2
- **K**
  - Kado, Deborah ............................................. 3
  - Kulasa, Kristen ............................................ 3
- **M**
  - McCowen, Karen .......................................... 3
- **P**
  - Pettus, Jeremy ............................................. 3
- **S**
  - Santos Cavaiola, Tricia ................................. 4
- **W**
  - Woods, Gina N. ............................................ 4