Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
# Locations

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San Diego, CA 92121 | **4th and Lewis Medical Offices**  
330 Lewis Street  
San Diego, CA 92103 | 7910 Frost Street  
San Diego, CA 92123 |
| 8910 Villa La Jolla Drive  
La Jolla, CA 92037 | **Medical Offices North**  
200 West Arbor Drive  
San Diego, CA 92103 | **Rady Children’s Hospital-San Diego**  
3020 Children’s Way  
San Diego, CA 92123 |
| 8899 and 8929 University Center Lane  
San Diego, CA 92122 | **Medical Offices South**  
4168 Front Street  
San Diego, CA 92103 | |
| 8939 Villa La Jolla Drive  
La Jolla, CA 92037 | **UC San Diego Medical Center**  
200 West Arbor Drive  
San Diego, CA 92103 | |
| 9333 Genesee Avenue  
San Diego, CA 92121 | **Encinitas**  
1200 Garden View Road  
Encinitas, CA 92024 | **Chula Vista**  
959 Lane Avenue  
Chula Vista, CA 91914 |
| 8950 Villa La Jolla Drive  
La Jolla, CA 92037 | 477 North El Camino Real  
Encinitas, CA 92024 | **Temecula**  
31720 Temecula Parkway  
Temecula, CA 92952 |
| 9350 Campus Point Drive  
La Jolla, CA 92037 | **Vista**  
910 Sycamore Avenue  
Vista, CA 92081 | **Sorrento Valley**  
4910 Directors Place  
San Diego, CA 92121 |
| **Shiley Eye Institute**  
9415 Campus Point Drive  
La Jolla, CA 92093 | **Scripps Ranch**  
9909 Mira Mesa Blvd.  
San Diego, CA 92131 | |
| **Sulpizio Cardiovascular Center**  
9434 Medical Center Drive  
La Jolla, CA 92093 | | |
| **Moores Cancer Center**  
3855 Health Sciences Drive  
La Jolla, CA 92093 | | |
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Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Schafer Boeder, MD
Endocrinologist

Specialty:
Endocrinology

Hillcrest - Medical Offices South
Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

Bio:
Schafer Boeder, MD, is an endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

Steven Victor Edelman, MD
Clinical Professor of Medicine

Specialty:
Endocrinology
Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Please note that Dr. Edelman is not a Primary Care Physician

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Charlie Choe, MD, is a board certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in San Diego Magazine's "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.
Endocrinology (cont.)

Karl Y. Hostetler, MD
Specialty: Endocrinology
Contact: New Patient Registration: (800) 926-8273

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine
Specialty: Endocrinology
Encinitas - Garden View
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Patricia S. Juang, MD
Health Sciences Assistant Clinical Professor
Specialty: Endocrinology
Add'l Language: Chinese
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
Contact: New Patient Registration: (800) 926-8273

Deborah Kado, MD
Bone Health Specialist
Professor of Family Medicine and Public Health
Specialties: Endocrinology, Senior Medicine
Add'l Language: Spanish
La Jolla - Perlman Medical Offices
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.
Kristen Kulasa, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.
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