UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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[providers.ucsd.edu](http://providers.ucsd.edu)

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**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

**La Jolla**

**La Jolla Emergency**
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

**La Jolla Urgent Care**
8910 Villa La Jolla Drive
La Jolla, CA 92037

**Orthopedics Urgent Care**
**Sports Medicine**
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

**Hillcrest**

**Hillcrest Emergency**
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

**Rancho Bernardo**

Includes **Rancho Bernardo Urgent Care**
16950 Via Tazon
San Diego, CA 92127

**Encinitas**

Includes **Encinitas Express Care (Suite 110)**
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

**College Area**

6719 Alvarado Road, Suite 302
San Diego, CA 92120

**Downtown**

Downtown Express Care
203 West F Street
San Diego, CA 92101

**Vista**

910 Sycamore Avenue
Vista, CA 92081

**Sorrento Valley**

4910 Directors Place
San Diego, CA 92121

**Scripps Ranch**

9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

**Kearny Mesa**

7910 Frost Street
San Diego, CA 92123

**Chula Vista**

959 Lane Avenue
Chula Vista, CA 91914

**Temecula**

31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Brigid S. Boland, MD  
Gastroenterologist  
Assistant Adjunct Professor of Medicine  

**Specialty:** 
Gastroenterology  

**Subspecialties:** 
Inflammatory Bowel Diseases, General Gastroenterology  

**La Jolla - Perlman Medical Offices**  
**Jacobs Medical Center**  

**Contact:** 
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Perlman Medical Offices: (619) 543-2347  
Direct Clinic Line: (858) 657-7423  

**Bio:**  
Brigid Boland, MD, is a board-certified gastroenterologist who treats people with inflammatory bowel disease, including Crohn's disease, ulcerative colitis, indeterminate colitis and microscopic colitis, as well as other conditions.  

Michael A. Chang, MD  
Gastroenterologist  
Assistant Professor of Medicine  

**Specialty:** 
Gastroenterology  

**Subspecialties:** 
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer  

**La Jolla - Perlman Medical Offices**  
**Jacobs Medical Center**  
**Hillcrest - Medical Offices North**  
**Hillcrest - UC San Diego Medical Center**  

**Contact:** 
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347  

**Bio:**  
Michael A. Chang, MD, is a board-certified gastroenterologist specializing in hepatobiliary (liver, gallbladder and bile ducts) disorders and pancreatic diseases. He has expertise in advanced endoscopic procedures, including endoscopic ultrasound, polypectomy, endoscopic mucosal resection of polyps/lesions, and endoscopic management of gastrointestinal malignancies, including luminal and biliary stenting.
Gastroenterology - General Gastroenterology (cont.)

Nedret Copur-Dahi, MD
Associate Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology
Subspecialty:
General Gastroenterology
Add'l Language:
Turkish

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
UC San Diego Health Links

Michael Docherty, MD
Associate Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology
Subspecialty:
General Gastroenterology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Dr. Docherty specializes in the management of patients with Crohn's disease and ulcerative colitis. He trained in inflammatory bowel disease (IBD) at Mount Sinai Medical Center in New York.

Parambir S. Dulai, MBBS
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, Inflammatory Bowel Diseases

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Parambir Dulai, MBBS, is a board-certified gastroenterologist with expertise in inflammatory bowel disease (IBD).
Gastroenterology - General Gastroenterology (cont.)

Syed M Abbas Fehmi, MD
Gastroenterologist
Professor of Medicine

**Specialty:**
Gastroenterology

**Subspecialties:**
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer

**Add'l Languages:**
Hindi, Punjabi, Urdu

**La Jolla - Perlman Medical Offices**
**Moores Cancer Center**
**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

**Bio:**
Syed Fehmi, MD, is a board-certified gastroenterologist who specializes in all aspects of endoscopy. He also has expertise in complex procedures such as endoscopic retrograde cholangio-pancreaticography (ERCP) and endoscopic ultrasound (EUS)-guided needle biopsy. He works closely with community physicians and cancer physicians at UC San Diego Health for early and advanced cancer diagnosis, staging and management/treatment with endoscopic ultrasound, needle biopsy and injections, placement of chemotherapeutic agents into cancer, placement of markers for radiation, early cancer endoscopic resection to prevent surgery, and stent placements to relieve blockages.

Samir Gupta, MD
Gastroenterologist
Professor of Medicine

**Specialty:**
Gastroenterology

**Subspecialties:**
GI Cancer, General Gastroenterology

**Add'l Language:**
Hindi

**Hillcrest - UC San Diego Medical Center**
**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

**Bio:**
Samir Gupta, MD, is a board-certified gastroenterologist with expertise in general gastroenterology and in particular, colorectal cancer screening and prevention. He has specific expertise in the evaluation and management of individuals with a family history of colorectal cancer, including individuals with family cancer syndromes such as Lynch syndrome and familial adenomatous polyposis.
Gastroenterology - General Gastroenterology (cont.)

Denise Kalmaz, MD
Gastroenterologist
Director of Small Bowel Endoscopy
Professor of Medicine

**Specialty:**
Gastroenterology

**Subspecialties:**
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts

**La Jolla - Perlman Medical Offices**
**Jacobs Medical Center**
**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

**Bio:**
Denise Kalmaz, MD, is a board-certified gastroenterologist with expertise in general gastroenterology, along with a special interest in the evaluation of the small intestine. She directs UC San Diego Health's small bowel endoscopy program, performing capsule endoscopy, single balloon enteroscopy, and double balloon enteroscopy. These procedures aid in the diagnosis and treatment of gastrointestinal bleeding, small bowel tumors, and inflammatory bowel disease. As one of the few local gastroenterologists who performs balloon enteroscopy, Dr. Kalmaz sees referral patients from all over southern California.

Mary Lee Krinsky, DO
Professor of Medicine
Gastroenterologist

**Specialty:**
Gastroenterology

**Subspecialties:**
General Gastroenterology, GI Cancer, Interventional Endoscopy / Pancreas & Bile Ducts

**La Jolla - Perlman Medical Offices**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

**Bio:**
Dr. Krinsky is a renowned expert in therapeutic endoscopy with a primary clinical interest in gastrointestinal cancer staging and pancreatic and biliary disease. Dr. Krinsky joined UCSD in 1999 after spending 2 years as a Clinical Instructor at Harvard Medical School, clinical gastroenterologist at the Brigham and Women's Hospital and Director of Endoscopy at the West Roxbury VA Medical Center.
Gastroenterology - General Gastroenterology (cont.)

Ravinder K. Mittal, MD
Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, GI Motility

Add'l Language:
Hindi

La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Ravinder Mittal, MD, is a board certified gastroenterologist with specialized training in gastrointestinal motility. Dr. Mittal leads UC San Diego’s GI motility and physiology program. He focuses his practice on the accurate diagnosis and treatment of achalasia, Barrett’s esophagus, esophageal diverticula, gastroesophageal reflux disease (GERD), hiatal hernia, nutcracker esophagus, diffuse esophageal spasm, gastroparesis, idiopathic vomiting, rapid gastric emptying, ulcerative colitis, Crohn’s disease, and fecal incontinence.

Derek Raman Patel, MD
Professor of Medicine
Associate Clinical Services Chief, Hillcrest

Specialty:
Gastroenterology

Subspecialties:
Inflammatory Bowel Diseases, General Gastroenterology

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Moores Cancer Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
“I strive to deliver care in a manner that is state-of-the-art and evidence-based yet personalized and compassionate.”

Jesus Rivera-Nieves, MD

Specialty:
Gastroenterology

Subspecialty:
General Gastroenterology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
UC San Diego Health Links
Gastroenterology - General Gastroenterology (cont.)

Joshua Rubin, MD
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology
Subspecialty:
General Gastroenterology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Joshua Rubin, MD, is a board-certified gastroenterologist who treats diseases of the esophagus, stomach, small intestine, colon and rectum, pancreas, gallbladder, bile ducts and liver. He specializes in colon cancer prevention, Helicobacter pylori infection (H. pylori) and eosinophilic conditions of the gastrointestinal tract (eosinophils are white blood cells that can cause inflammation). This includes eosinophilic esophagitis and eosinophilic gastroenteritis.

Rena Yadlapati, MD
Gastroenterologist
Associate Professor of Medicine

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, GI Motility
Add'l Language:
Gujarati

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Rena Yadlapati, MD, is a board-certified gastroenterologist who specializes in esophageal diseases. Dr. Yadlapati is medical director of the Esophageal Diseases and Motility program at UC San Diego Health and treats gastroesophageal reflux disease (GERD) and related conditions such as voice complaints (laryngopharyngeal reflux), swallowing disorders such as achalasia and esophageal motility disorders, and eosinophilic esophagitis.

William Jeffery Sandborn, MD
Director, Inflammatory Bowel Disease Center
Chief, Division of Gastroenterology
Professor of Medicine

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, Inflammatory Bowel Diseases

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
William Sandborn, MD, is a board-certified gastroenterologist who is one of the world's top experts in the management of ulcerative colitis and Crohn's disease. He directs the Inflammatory Bowel Disease (IBD) Center at UC San Diego Health.

Amir Zarrinpar, MD, PhD
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology
Subspecialty:
General Gastroenterology
Add'l Language:
Persian

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347
Fax: (858) 657-6881

Bio:
Amir Zarrinpar, MD, PhD, is a board-certified general gastroenterologist with a particular interest in obesity and metabolism.
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