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Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health.

Farshad M. Ahadian, MD
Medical Director, Center For Pain Medicine
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273

Bio:
Farshad M. Ahadian, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and provides comprehensive, multidisciplinary care for a broad range of pain conditions. His areas of expertise and interest include minimally invasive treatments for neurogenic claudication from lumbar spinal stenosis and lumbar discogenic pain; neurostimulation (including spinal cord and peripheral nerve field stimulation); interventional therapies for the head and neck region; spinal diagnostics and therapeutics; diagnostic and therapeutic interventions for joint pain; integrative medicine and medical acupuncture.

Benjamin Beal, MD
Assistant Clinical Professor

Specialties:
Anesthesiology, Pain Management

Add'l Language:
Italian

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Benjamin Beal is an Assistant Professor in the Department of Anesthesiology at UC San Diego. His training includes the treatment of acute and chronic pain via interventional and medication based therapies. His areas of specialty include fluoroscopic guided interventional spine injections, spinal cord stimulation, and ultrasound guided techniques.
Pain Management (cont.)

Joel Castellanos, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Anesthesiology

Specialties:
Physical Medicine & Rehabilitation, Pain Management

Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (858) 657-8200
Direct Clinic Line - La Jolla: (858) 249-3800

Bio:
Joel Castellanos MD, is a board-certified physical medicine and rehabilitation and pain medicine physician, and serves as medical director of Inpatient Rehabilitation. Dr. Castellanos’ prime focus is improving function using an individualized approach. His expertise with interventional pain techniques allows for an integrative strategy to preserve and restore function. Dr. Castellanos evaluates, diagnoses and treats all forms of functional disability and pain using a multi-disciplinary team-based approach.

Lynette Cederquist, MD
Professor of Medicine
Pain Management Specialist

Specialties:
Internal Medicine, Pain Management

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lynette Cederquist, MD, is a hospice and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cederquist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.
Pain Management (cont.)

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology
Add'l Language:
Tamil

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. He uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.

Timothy Furnish, MD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Timothy Furnish, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, particularly chronic pain and acute, post-surgical pain.
Pain Management (cont.)

Imanuel Lerman, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Neurology
Subspecialty:
Headache

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion
Moores Cancer Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Imanuel Lerman, MD, is a board-certified neurologist who specializes in pain management. As a pain management specialist, Dr. Lerman evaluates, diagnoses and treats all forms of pain, including acute, chronic and cancer pain. He has extensive experience in ultrasound guidance for interventional pain procedures and interventional headache treatment, teaching and speaking nationally on these subjects.

Albert Y. Leung, MD
Anesthesiologist and Pain Management Specialist
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management
Add'l Languages:
Cantonese, Mandarin

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Albert Y. Leung, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of acute and chronic pain conditions. Dr. Leung has over 20 years' experience caring for people with chronic pain, and offers a range of interventional and minimally invasive procedures, as well as medication management.

Gregory R. Polston, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Gregory R. Polston, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. His expertise includes chronic pain, postoperative pain, cancer pain and spine-related pain.
**Pain Management (cont.)**

**Nathaniel M. Schuster, MD**
Pain Management Specialist and Headache Neurologist
Assistant Professor of Anesthesiology

**Specialties:**
- Pain Management, Neurology

**Subspecialty:**
- Headache

**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 249-3800

**Bio:**
Nathaniel M. Schuster, MD, is a board-certified neurologist and pain and headache specialist. He sees people with all types of chronic pain, with a special focus on spine pain and headache.

**Mark Steven Wallace, MD**
Pain Management Specialist
Chair, Division of Pain Medicine

**Specialties:**
- Pain Management, Anesthesiology

**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 249-3800

**Bio:**
Mark Wallace, MD, is a board-certified anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, though most of his patients are affected by chronic pain.
Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about senior medicine at UC San Diego Health.

Veronica V. Gonzalez, MD
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

Additional Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Roopali Gupta, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.
Senior Medicine (cont.)

Alison Moore, MD, MPH, FACP
Primary Care Physician
Chief, Division of Geriatrics, Department of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Khai H. Nguyen, MD, MHS
Primary Care Physician
Clinical Services Chief, Senior Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.

Ian C. Neel, MD
Medical Director, Geriatric Medicine Consult Service at Senior Behavioral Health
Assistant Professor of Medicine

Specialty:
Senior Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 249-2500

Bio:
Ian Neel, MD, is a board-certified internal medicine doctor who specializes in caring for older adults. He serves as medical director of the Geriatric Medicine Consult Service at Senior Behavioral Health at UC San Diego Health.

Anjoulie Pujji, DO
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 249-2500

Bio:
Anjoulie Pujji DO, is a geriatric medicine doctor. She provides comprehensive and compassionate primary care to older adults with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.
Senior Medicine (cont.)

Jairo Alberto Romero, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 249-2500

Bio:
Jairo Alberto Romero, MD, is a board-certified geriatric medicine doctor. He provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Lindsey Yourman, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 249-2500

Bio:
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.

James R. Templeman, MD, MPH
Geriatrician

Specialty:
Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 249-2500

Bio:
James Templeman, MD, MPH, is a board-certified geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on healthy aging, disease prevention, treatment of acute and chronic illnesses, and preservation of function.
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