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Table of Contents

Senior Medicine .......................................................................................................................... 1
Sleep Medicine.......................................................................................................................... 4
Index ........................................................................................................................................ 6
Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about senior medicine at UC San Diego Health.

Veronica V. Gonzalez, MD
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Roopali Gupta, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.
Senior Medicine (cont.)

**Alison Moore, MD, MPH, FACP**  
Primary Care Physician  
Chief, Division of Geriatrics, Department of Medicine

**Specialties:**  
Primary Care, Senior Medicine  

**La Jolla - Perlman Medical Offices**

**Contact:**  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

**Bio:**  
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

**Khai H. Nguyen, MD, MHS**  
Primary Care Physician  
Clinical Services Chief, Senior Medicine

**Specialties:**  
Primary Care, Senior Medicine  

**Add'l Language:**  
Vietnamese

**La Jolla - Perlman Medical Offices**

**Contact:**  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

**Bio:**  
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.

**Ian C. Neel, MD**  
Medical Director, Geriatric Medicine Consult Service at Senior Behavioral Health  
Assistant Professor of Medicine

**Specialty:**  
Senior Medicine

**Hillcrest - UC San Diego Medical Center**  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 249-2500

**Bio:**  
Ian Neel, MD, is a board-certified internal medicine doctor who specializes in caring for older adults. He serves as medical director of the Geriatric Medicine Consult Service at Senior Behavioral Health at UC San Diego Health.

**Anjoulie Pujji, DO**  
Primary Care Physician

**Specialties:**  
Primary Care, Senior Medicine

**La Jolla - Perlman Medical Offices**  
**Sulpizio Cardiovascular Center**

**Contact:**  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line - Perlman Medical Offices: (858) 249-2500

**Bio:**  
Anjoulie Pujji DO, is a geriatric medicine doctor. She provides comprehensive and compassionate primary care to older adults with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.
Senior Medicine (cont.)

Jairo Alberto Romero, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Jairo Alberto Romero, MD, is a board-certified geriatric medicine doctor. He provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Lindsey Yourman, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.

James R. Templeman, MD, MPH
Geriatrician

Specialty:
Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
James Templeman, MD, MPH, is a board-certified geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on healthy aging, disease prevention, treatment of acute and chronic illnesses, and preservation of function.
Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health.

Lawrence E. Kline, DO, FACP, FCCP, FAASM
Pulmonologist and Sleep Medicine Specialist
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Lawrence Kline, DO, is a board-certified pulmonologist who specializes in treating breathing and sleep disorders such as sleep apnea.

Atul Malhotra, MD
Sleep Medicine Specialist
Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Atul Malhotra, MD, is a board-certified pulmonologist, intensivist and research chief of Pulmonary, Critical Care and Sleep Medicine. He is active clinically in pulmonary, critical care and sleep medicine. In the sleep clinic, Dr. Malhotra provides a full spectrum of diagnostic and therapeutic services to patients with sleep-related disorders, including sleep apnea, insomnia, restless leg syndrome, narcolepsy and sleep disorders associated with medical or psychiatric conditions. He has a special interest in the treatment of sleep apnea.

Jose S. Loredo, MD, MPH
Sleep Medicine Specialist
Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)
Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Jose Loredo, MD, MPH, is a sleep medicine doctor who evaluates and treats individuals with sleep related disorders such as narcolepsy, insomnia, and sleep apnea. He cares for patients at UC San Diego Health's Sleep Medicine Center, where he provides a full spectrum of therapeutic and diagnostic services.

Henry J. Orff, PhD
Psychologist

Specialties:
Psychology, Sleep Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Henry J. Orff, PhD, is a licensed clinical psychologist whose expertise is in behavioral sleep medicine. As part of UC San Diego Health’s Sleep Medicine Center, he evaluates and treats sleep disorders by addressing problematic behavioral, psychological, and/or physiological factors that interfere with sleep.
Sleep Medicine (cont.)

Robert Owens, MD
Sleep Medicine Specialist
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)
Subspecialty:
Critical Care

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Robert Owens, MD, is a board-certified sleep medicine and critical care doctor. He is clinically active in critical care, pulmonary and sleep medicine, caring for patients with acute respiratory conditions and sleep disorders. In the Sleep Medicine Center, he provides a full spectrum of therapeutic and diagnostic services for people who have sleep related disorders such as narcolepsy, insomnia, sleep apnea and rapid eye movement (REM) behavior disorder.

Lisa Shives, MD
Sleep Medicine Specialist
Assistant Professor of Medicine

Specialty:
Sleep Medicine
Add'l Languages:
French, German

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Lisa Shives, MD, is a board-certified sleep medicine doctor. She has extensive experience in the treatment of all sleep related disorders including sleep apnea, insomnia, narcolepsy, restless legs syndrome and circadian rhythm disorders.

Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine
Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology
Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

Bernie Y. Sunwoo, MBBS
Medical Director, Pulmonary and Sleep Medicine
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

La Jolla - 4520 Executive Drive
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Bernie Sunwoo, MBBS, is a board-certified pulmonologist and sleep medicine specialist who treats people with general lung conditions as well as rare lung diseases, sleep-related breathing disorders and hypoventilation syndromes.
Index

G
Gonzalez, Veronica V. .................................................. 1
Gupta, Roopali ............................................................ 1

K
Kline, Lawrence E. .................................................... 4

L
Loredo, Jose S. ............................................................ 4

M
Malhotra, Atul ............................................................ 4

Moore, Alison ............................................................. 2

N
Neel, Ian C. .............................................................. 2
Nguyen, Khai H. ......................................................... 2

O
Orff, Henry J. .......................................................... 4
Owens, Robert .......................................................... 5

P
Puji, Anjoulie ............................................................ 2

R
Romero, Jairo Alberto ............................................. 3

S
Schalch Lepe, Paul ................................................... 5
Shives, Lisa .............................................................. 5
Sunwoo, Bernie Y. .................................................... 5

T
Templeman, James R. .............................................. 3

Y
Yourman, Lindsey .................................................... 3