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Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about senior medicine at UC San Diego Health.

Veronica V. Gonzalez, MD
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Roopali Gupta, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.
Senior Medicine (cont.)

Alison Moore, MD, MPH, FACP
Primary Care Physician
Chief, Division of Geriatrics, Department of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Khai H. Nguyen, MD, MHS
Primary Care Physician
Clinical Services Chief, Senior Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Vietnamese

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.

Ian C. Neel, MD
Medical Director, Geriatric Medicine Consult Service at Senior Behavioral Health
Assistant Professor of Medicine

Specialty:
Senior Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 249-2500

Bio:
Ian Neel, MD, is a board-certified internal medicine doctor who specializes in caring for older adults. He serves as medical director of the Geriatric Medicine Consult Service at Senior Behavioral Health at UC San Diego Health.

Anjoulie Pujji, DO
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices
Sulpizio Cardiovascular Center

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 249-2500

Bio:
Anjoulie Pujji DO, is a geriatric medicine doctor. She provides comprehensive and compassionate primary care to older adults with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.
Senior Medicine (cont.)

Jairo Alberto Romero, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Jairo Alberto Romero, MD, is a board-certified geriatric medicine doctor. He provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Lindsey Yourman, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.

James R. Templeman, MD, MPH
Geriatrician

Specialty:
Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
James Templeman, MD, MPH, is a board-certified geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on healthy aging, disease prevention, treatment of acute and chronic illnesses, and preservation of function.
Stroke Care

Stroke care is the medical treatment for a stroke — when the blood supply to part of your brain is interrupted or severely reduced, resulting in the sudden death of brain cells. Learn more about stroke care at UC San Diego Health.

Kunal Agrawal, MD
Neurologist
Assistant Professor of Neurosciences

Specialties:
- Neurology
- Stroke Care

Subspecialty:
- Stroke

Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-8540

Bio:
Kunal Agrawal, MD, is a board-certified neurologist who specializes in vascular neurology and stroke treatment. He focuses on the spectrum of stroke care, including stroke prevention, acute ischemic and hemorrhagic stroke, and post-acute stroke care.

Thomas Hemmen, MD, PhD
Vascular Neurologist
Director, Stroke Center
Professor of Neurosciences

Specialties:
- Neurology
- Stroke Care

Subspecialty:
- Stroke

Add'l Language:
- German

Sulpizio Cardiovascular Center

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-8530

Bio:
Thomas Hemmen, MD, PhD, is a board-certified vascular neurologist. His expertise includes caring for patients with stroke, cerebrovascular diseases, and those who require neurological critical care. Dr. Hemmen directs the stroke center at UC San Diego Health and was instrumental in establishing the center as the first certified Stroke Center of Excellence in San Diego County.
Stroke Care (cont.)

Navaz Karanjia, MD
Medical Director, Neurointensive Care Unit
Associate Professor of Neurosciences and Anesthesiology

- **Specialties:** Neurology, Stroke Care
- **Subspecialty:** Neurocritical Care

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6291

**Bio:**
Navaz Karanjia, MD, is a board-certified neurologist who specializes in caring for people with life-threatening diseases of brain, spinal cord and nerves. She is medical director of UC San Diego Health’s Neurocritical Care Program and Neuro-Intensive Care Unit (ICU), which she also founded. The Neuro-ICU team provides around-the-clock expert care, seven days a week, to critically ill patients who may have severe brain injury, stroke or brain tumors, or may be recovering from a neurosurgical procedure.

Alexander A. Khalessi, MD, FAANS
Chair, Neurological Surgery
Professor of Surgery, Radiology and Neurosciences

- **Specialties:** Neurosurgery, Surgery, Stroke Care, Cancer
- **Subspecialties:** Neurological Oncology, Endovascular Neurosurgery, Complex Cranial Surgery, Neurological Oncology

**Add'l Languages:** Farsi, Spanish

**Hillcrest - UC San Diego Medical Center**
**Jacobs Medical Center**
**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

**Bio:**
Alexander A. Khalessi, MD, MBA, is a board-certified neurosurgeon who specializes in cranial and endovascular surgery. He is chair of the Department of Neurosurgery and professor of Surgery, Radiology and Neurosciences. He provides both open surgical and catheter-based approaches to complex neurosurgical problems, including brain tumors, aneurysms, arteriovenous malformations (AVM) and carotid disease. His vascular training informs his surgical approach to complex tumors in the brain. He is a fellow of the American Association of Neurological Surgeons (FAANS), American Heart Association Stroke Council (FAHA), and senior member of the Society of NeuroInterventional Surgery (SNIS).
Stroke Care (cont.)

Brett C Meyer, MD
Co-Director, UCSD Stroke Center
Professor of Clinical Neurosciences
Medical Director, UCSD Enterprise Telemedicine

Specialties:
Neurology, Stroke Care
Subspecialty:
Stroke

Hillcrest - Medical Offices North
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Brett C. Meyer, MD, is a neurologist at UC San Diego Medical Center, Co-Director of the UC San Diego Stroke Center, and Medical Director for UC San Diego Enterprise Telemedicine. He specializes in acute cerebrovascular disease therapies and technological evaluation and treatment techniques.

Royya Modir, MD
Neurologist
Associate Professor of Neurosciences

Specialties:
Neurology, Stroke Care
Subspecialty:
Stroke
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Royya Modir, MD, is a board-certified neurologist specializing in vascular neurology and the treatment of stroke. Her focus is on treatment strategies for stroke prevention and using thrombolytics for the treatment of acute stroke.

Scott E. Olson, MD
Vascular Neurologist and Endovascular Neurosurgeon
Associate Professor of Surgery

Specialties:
Neurosurgery, Neurology, Stroke Care
Subspecialties:
Endovascular Neurosurgery, Stroke

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Scott E. Olson, MD, is a board-certified vascular neurologist with additional fellowship training in interventional neuroradiology/endovascular neurosurgery. He specializes in evaluating and treating disorders of the blood vessels of the brain and spinal cord, which can lead to ischemic or hemorrhagic stroke. His expertise includes both medical and endovascular care for individuals with extra and intracranial stenoses, brain aneurysms and vascular malformations, whether congenital or acquired.

J. Scott Pannell, MD
Neurointerventional Radiologist

Specialties:
Neurosurgery, Radiology, Stroke Care

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
J. Scott Pannell, MD, is a neurointerventional radiologist who specializes in endovascular neurosurgery and neuroradiology. Dr. Pannell focuses on the catheter-based treatment of ischemic stroke, cerebral aneurysms, arteriovenous malformations, carotid stenosis, vascular tumors, and interventional management of pain associated with disorders of the spine (such as spine blocks).
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