UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Table of Contents

Athletic Training ........................................................................................................................................... 1
Hospital Medicine .......................................................................................................................................... 2
Index .............................................................................................................................................................. 10
Athletic Training

**Brian Livingstone, ATC**
Athletic Trainer

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Brian Livingstone is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation and performance enhancement. He has additional certifications as a corrective exercise specialist (CES) and a performance enhancement specialist (PES).

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**Adrienne Wilson, MS, ATC**
Athletic Trainer

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Adrienne Wilson, MS, is a certified athletic trainer (ATC) who specializes in injury prevention and individualized exercise programs for people of all ages. She also has expertise in acute injury management, the Graston Technique and other soft-tissue work, and concussion management. Her philosophy of patient care emphasizes educating active people about their bodies and giving them the tools they need to stay healthy and active.

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**Kevin Messey, MS, ATC**
Athletic Trainer

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Kevin Messey, MS, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation, and rehabilitation. He has additional certifications as a corrective exercise specialist (CES) and a certified strength and conditioning specialist (CSCS).
Hospital Medicine

Hospital medicine is concerned with the medical care of acutely ill inpatients.

Maryann Ally, MD, MPH, FACP, FHM
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Maryann Ally, MD, is an internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Ally is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s hospital discharge, Dr. Ally completes a discharge summary that provides information to a patient’s regular physician to ensure quality care.

Ali Amirrezvani, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine
Add'l Languages:
Persian, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Ali Amirrezvani, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Amirrezvani is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s hospital discharge, Dr. Amirrezvani communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Deepak Asudani, MBBS
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Add'l Language:
Hindi

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Deepak Asudani, MBBS, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Asudani is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s hospital discharge, Dr. Asudani communicates with their regular physician to ensure quality care. He serves as vice chief of Clinical Operations within the Division of Hospital Medicine. He also is a medical director for International Patients Program for inpatients.

Jessica G. Bazick, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jessica Bazick, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Bazick is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s hospital discharge, Dr. Bazick communicates with their regular physician to ensure quality care.

John Frederick Bell, MD, MPH
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
John Bell, MD, MPH, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Bell is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s hospital discharge, Dr. Bell communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Daniel Bouland, MD, FACP
Hospitalist
Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Daniel Bouland, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Bouland is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Bouland communicates with their regular physician to ensure quality care.

Brian Clay, MD
Hospitalist
Professor of Medicine

Specialty:
Hospital Medicine

Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Brian Clay, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Clay is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Clay communicates with their regular physician to ensure quality care.

Diana Childers, MD, FHM
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Diana Childers, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Childers is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments.

Michele DeKorte, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Michele DeKorte, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. DeKorte is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. DeKorte communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Robert El-Kareh, MD, MPH
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Robert El-Kareh, MD, MPH, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. El-Kareh is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. El-Kareh communicates with their regular physician to ensure quality care.

Sarah Horman, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Sarah Horman, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Horman is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Horman communicates with their regular physician to ensure quality care.

Nikhil R. Gandhi, MD, FACP
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Nikhil Gandhi, MD, FACP, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Gandhi is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Gandhi communicates with their regular physician to ensure quality care.

Bryan Huang, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Bryan Huang, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Huang is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Huang communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Ian Jenkins, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Ian Jenkins, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Jenkins is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Jenkins communicates with their regular physician to ensure quality care.

Bethany E. Karl, DO
Nephrologist
Assistant Professor of Medicine

Specialties:
Hospital Medicine, Nephrology (Kidney)

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Bethany E. Karl, DO, is a board-certified nephrologist. She is an assistant professor in Department of Medicine and works in the Divisions of Nephrology as well as Hospital Medicine at UC San Diego School of Medicine.

Jejo Koola, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jejo Koola, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Koola is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s hospital discharge, Dr. Koola communicates with their regular physician to ensure quality care.

Michael Montazeri, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Michael Montazeri, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Montazeri is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Montazeri communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Jennifer Quartarolo, MD  
Hospitalist  
Associate Professor of Medicine  

**Specialty:**  
Hospital Medicine  

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center  

**Contact:**  
New Patient Registration: (800) 926-8273  

**Bio:**  
Jennifer Quartarolo, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Quartarolo is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Quartarolo communicates with their regular physician to ensure quality care.

Pedro Ramos, MD  
Hospitalist  
Assistant Professor of Medicine  

**Specialty:**  
Hospital Medicine  

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center  

**Contact:**  
New Patient Registration: (800) 926-8273  

**Bio:**  
Pedro Ramos, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Ramos is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Ramos communicates with their regular physician to ensure quality care.

Reid Sasaki, MD  
Hospitalist  
Assistant Professor of Medicine  

**Specialty:**  
Hospital Medicine  

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center  

**Contact:**  
New Patient Registration: (800) 926-8273  

**Bio:**  
Reid Sasaki, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Sasaki is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Sasaki communicates with their regular physician to ensure quality care.

Meghan Sebasky, MD  
Hospitalist  
Assistant Professor of Medicine  

**Specialty:**  
Hospital Medicine  

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center  

**Contact:**  
New Patient Registration: (800) 926-8273  

**Bio:**  
Meghan Sebasky, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Sebasky is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Sebasky communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Gregory B. Seymann, MD
Hospitalist
Professor of Medicine

Specialty:
Hospital Medicine

Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Gregory Seymann, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Seymann is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Seymann communicates with their regular physician to ensure quality care.

Kenton O. Smitherman, MD
Hospitalist
Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Kenton Smitherman, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Smitherman is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Smitherman communicates with their regular physician to ensure quality care.

Natasha Surette, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Natasha Surette, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Surette is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Surette communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Vaishal Tolia, MD, MPH, FACEP
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

Specialties:
Emergency Medicine, Hospital Medicine

Add'l Language:
Gujarati

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hillcrest: (619) 543-6400

Bio:
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.

Jay Varughese, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jay Varughese, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Varughese is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Varughese communicates with their regular physician to ensure quality care.
### Index

<table>
<thead>
<tr>
<th>Index</th>
<th>Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Ally, Maryann</td>
<td>2</td>
</tr>
<tr>
<td>A</td>
<td>Amirrezvani, Ali</td>
<td>2</td>
</tr>
<tr>
<td>A</td>
<td>Asudani, Deepak</td>
<td>3</td>
</tr>
<tr>
<td>B</td>
<td>Bajwa, Jaswinder P.</td>
<td>3</td>
</tr>
<tr>
<td>B</td>
<td>Bazick, Jessica G.</td>
<td>3</td>
</tr>
<tr>
<td>B</td>
<td>Bell, John Frederick</td>
<td>3</td>
</tr>
<tr>
<td>B</td>
<td>Bouland, Daniel</td>
<td>4</td>
</tr>
<tr>
<td>C</td>
<td>Childers, Diana</td>
<td>4</td>
</tr>
<tr>
<td>C</td>
<td>Clay, Brian</td>
<td>4</td>
</tr>
<tr>
<td>D</td>
<td>DeKorte, Michele</td>
<td>4</td>
</tr>
<tr>
<td>E</td>
<td>El-Kareh, Robert</td>
<td>5</td>
</tr>
<tr>
<td>G</td>
<td>Gandhi, Nikhil R.</td>
<td>5</td>
</tr>
<tr>
<td>G</td>
<td>Huang, Bryan</td>
<td>5</td>
</tr>
<tr>
<td>H</td>
<td>Horman, Sarah</td>
<td>5</td>
</tr>
<tr>
<td>J</td>
<td>Jenkins, Ian</td>
<td>6</td>
</tr>
<tr>
<td>J</td>
<td>Karl, Bethany E.</td>
<td>6</td>
</tr>
<tr>
<td>K</td>
<td>Koola, Jejo</td>
<td>6</td>
</tr>
<tr>
<td>L</td>
<td>Livingstone, Brian</td>
<td>1</td>
</tr>
<tr>
<td>M</td>
<td>Messey, Kevin</td>
<td>1</td>
</tr>
<tr>
<td>M</td>
<td>Montazeri, Michael</td>
<td>6</td>
</tr>
<tr>
<td>Q</td>
<td>Quartarolo, Jennifer</td>
<td>7</td>
</tr>
<tr>
<td>R</td>
<td>Ramos, Pedro</td>
<td>7</td>
</tr>
<tr>
<td>S</td>
<td>Sasaki, Reid</td>
<td>7</td>
</tr>
<tr>
<td>S</td>
<td>Sebasky, Meghan</td>
<td>7</td>
</tr>
<tr>
<td>S</td>
<td>Seymann, Gregory B.</td>
<td>8</td>
</tr>
<tr>
<td>S</td>
<td>Smitherman, Kenton O.</td>
<td>8</td>
</tr>
<tr>
<td>S</td>
<td>Surette, Natasha</td>
<td>8</td>
</tr>
<tr>
<td>T</td>
<td>Tolia, Vaishal</td>
<td>9</td>
</tr>
<tr>
<td>V</td>
<td>Varughese, Jay</td>
<td>9</td>
</tr>
<tr>
<td>W</td>
<td>Wilson, Adrienne</td>
<td>1</td>
</tr>
</tbody>
</table>