Physician Directory

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Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

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Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genessee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Palliative Care

Gary Buckholz, MD, FAAHPM
Associate Clinical Professor

Specialty:
Palliative Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Dr. Buckholz specializes in palliative care, which uses a team approach. The goal of palliative care is to prevent and relieve suffering and to support the best possible quality of life for patients and their families, regardless of the stage of disease or the need for other therapies. As such, it can be delivered concurrently with life-prolonging care or as the main focus of care.

Kyle P. Edmonds, MD, FAAHPM
Palliative Medicine Physician
Assistant Professor of Medicine

Specialty:
Palliative Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Kyle P. Edmonds, MD, is a board-certified palliative care specialist. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain, and emotional stress. As part of the Doris A. Howell Palliative Care service, Dr. Edmonds consults with patients who have been admitted to UC San Diego Health's hospitals in La Jolla and Hillcrest.

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services, Moores Cancer Center

Specialties:
Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

William Mitchell, MD
Medical Oncologist
Assistant Professor of Medicine

Specialties:
Palliative Care, Cancer
Subspecialty:
Lung Cancer

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line: (858) 534-9061

Bio:
William Mitchell, MD, is a board-certified medical oncologist. He cares for patients with all kinds of thoracic cancer, including lung cancer, mesothelioma and thymomas.
Palliative Care (cont.)

Loren S. Novak, DO
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine, Palliative Care
Contact:
Direct Clinic Line: (858) 534-9061
Bio:
Loren Novak, DO, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Kira A Skavinski, DO
Palliative Care Specialist
Assistant Professor of Medicine
Specialty:
Palliative Care
Moores Cancer Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061
Bio:
Kira Skavinski, DO, is a board-certified palliative care physician who helps relieve suffering in people with life-limiting and chronic illnesses. She provides pain and symptom management, and aims to optimize quality of life for her patients and their families while addressing their medical, psychological, social, and spiritual needs. Dr. Skavinski also assists patients and their families with discussions regarding advance care planning and goals.

Maria Tiamson-Kassab, MD
Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog
Moores Cancer Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061
Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.

Kathryn (Kadee) Winters, MD
Palliative Care Specialist
Assistant Professor of Medicine
Specialty:
Palliative Care
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061
Bio:
Kathryn (Kadee) Winters, MD, is a palliative care physician who provides supportive care for people with cancer or other life-threatening diseases. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain and emotional stress.
Palliative Care (cont.)

Heidi Yeung, MD
Palliative Care Specialist
Associate Professor of Medicine

**Specialty:**
Palliative Care

**Add'l Languages:**
French, Mandarin

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

**Bio:**
Heidi Yeung, MD, is a board-certified hospice and palliative care specialist who manages pain and other symptoms related to disease or its treatment. She works with a multidisciplinary team to help individualize care for patients and their families.

Psychology

Kriston B. Schellinger, PhD
Psychologist

**Specialty:**
Psychology

**La Jolla - Genesee Avenue**
Scripps Ranch - Mira Mesa Blvd

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

**Bio:**
Kriston Schellinger, PhD, is a licensed clinical psychologist who provides care for mental health concerns in the family medicine setting. She treats individuals of all ages for mental health issues such as depression, anxiety and substance use disorders, or other behavioral changes.
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