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Palliative Care

Andrew (Drew) Bruggeman, MD
Radiation Oncologist
Assistant Professor of Radiation Medicine and Applied Sciences

Specialties:
Radiation Oncology, Cancer, Palliative Care
Subspecialties:
Leukemia & Lymphoma, Neurological Oncology

Moores Cancer Center
La Jolla - PET/CT Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6040

Bio:
Andrew Bruggeman, MD, is a radiation oncologist who specializes in using therapeutic radiation for palliative care. He works closely with the palliative care team at Moores Cancer Center to provide relief with palliative radiotherapy to people with cancer. He also treats patients with lymphoma and brain cancers.

Kyle P. Edmonds, MD, FAAHPM
Palliative Medicine Physician
Assistant Professor of Medicine

Specialty:
Palliative Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Kyle P. Edmonds, MD, is a board-certified palliative care specialist. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain, and emotional stress. As part of the Doris A. Howell Palliative Care service, Dr. Edmonds consults with patients who have been admitted to UC San Diego Health's hospitals in La Jolla and Hillcrest.

Jaydee Geluz, MSN, FNP-C
Family Nurse Practitioner

Specialty:
Palliative Care
Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jaydee Geluz, MSN, is a board-certified family nurse practitioner (FNP-C) who specializes in providing palliative care for people with cancer and other chronic diseases. Palliative medicine focuses on improving the quality of life for patients with serious illnesses and their families.
Palliative Care (cont.)

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services, Moores Cancer Center

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

Jennifer S. Kim, MSN, ANP-BC, ACHPN
Adult Nurse Practitioner

Specialty:
Palliative Care

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jennifer S. Kim, MSN, is a board-certified adult nurse practitioner (ANP-BC) who specializes in providing palliative care for people with heart failure and other chronic diseases. Palliative medicine focuses on improving the quality of life for patients with serious illnesses and their families.

Kevin McGehrin, MD
Neurologist
Assistant Professor of Neurosciences

Specialties:
Neurology, Palliative Care

Hillcrest - Medical Offices North
La Jolla - 4510 Executive Drive
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-3500
Direct Clinic Line - Executive Dr.: (858) 657-8540
Direct Clinic Line - Palliative Care: (858) 534-9061

Bio:
Kevin McGehrin, MD, is a palliative care physician and board-certified neurologist who provides expert care for patients with a variety of neurological conditions, including Parkinson's disease and Alzheimer's disease.

William Mitchell, MD
Medical Oncologist
Assistant Professor of Medicine

Specialties:
Medical Oncology, Cancer, Palliative Care
Subspecialty:
Lung Cancer

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line: (858) 534-9061

Bio:
William Mitchell, MD, is a board-certified medical oncologist. He cares for patients with all kinds of thoracic cancer, including lung cancer, mesothelioma and thymomas.
Palliative Care (cont.)

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 697-3000
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.

Kira A Skavinski, DO
Palliative Care Specialist
Assistant Professor of Medicine

Specialty:
Palliative Care

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Kira Skavinski, DO, is a board-certified palliative care physician who helps relieve suffering in people with life-limiting and chronic illnesses. She provides pain and symptom management, and aims to optimize quality of life for her patients and their families while addressing their medical, psychological, social, and spiritual needs. Dr. Skavinski also assists patients and their families with discussions regarding advance care planning and goals.

Maria Tiamson-Kassab, MD
Specialties:
Psychiatry, Palliative Care, Cancer

Subspecialty:
Psychosocial Oncology

Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Palliative Care (cont.)

Kathryn (Kadee) Winters, MD
Palliative Care Specialist
Assistant Professor of Medicine

Specialty:
Palliative Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Kathryn (Kadee) Winters, MD, is a palliative care physician who provides supportive care for people with cancer or other life-threatening diseases. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain and emotional stress.

Heidi Yeung, MD
Palliative Care Specialist
Associate Professor of Medicine

Specialty:
Palliative Care

Add'l Languages:
French, Mandarin

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Heidi Yeung, MD, is a board-certified hospice and palliative care specialist who manages pain and other symptoms related to disease or its treatment. She works with a multidisciplinary team to help individualize care for patients and their families.
Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health.

Lawrence E. Kline, DO, FACP, FCCP, FAASM
Pulmonologist and Sleep Medicine Specialist
Associate Professor of Medicine

Specialties: Sleep Medicine, Pulmonology (Lung)
La Jolla - 4520 Executive Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Lawrence Kline, DO, is a board-certified pulmonologist who specializes in treating breathing and sleep disorders such as sleep apnea.

Atul Malhotra, MD
Sleep Medicine Specialist
Professor of Medicine

Specialties: Sleep Medicine, Pulmonology (Lung)
Subspecialty: Critical Care
La Jolla - 4520 Executive Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Atul Malhotra, MD, is a board-certified pulmonologist, intensivist and research chief of Pulmonary, Critical Care and Sleep Medicine. He is active clinically in pulmonary, critical care and sleep medicine. In the sleep clinic, Dr. Malhotra provides a full spectrum of diagnostic and therapeutic services to patients with sleep-related disorders, including sleep apnea, insomnia, restless leg syndrome, narcolepsy and sleep disorders associated with medical or psychiatric conditions. He has a special interest in the treatment of sleep apnea.

Jose S. Loredo, MD, MPH
Sleep Medicine Specialist
Professor of Medicine

Specialties: Sleep Medicine, Pulmonology (Lung)
Add'l Language: Spanish
Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Jose Loredo, MD, MPH, is a sleep medicine doctor who evaluates and treats individuals with sleep related disorders such as narcolepsy, insomnia, and sleep apnea. He cares for patients at UC San Diego Health’s Sleep Medicine Center, where he provides a full spectrum of therapeutic and diagnostic services.

Henry J. Orff, PhD
Psychologist

Specialties: Psychology, Sleep Medicine
La Jolla - 4520 Executive Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Henry J. Orff, PhD, is a licensed clinical psychologist whose expertise is in behavioral sleep medicine. As part of UC San Diego Health’s Sleep Medicine Center, he evaluates and treats sleep disorders by addressing problematic behavioral, psychological, and/or physiological factors that interfere with sleep.
Sleep Medicine (cont.)

Robert Owens, MD
Sleep Medicine Specialist
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

Subspecialty:
Critical Care

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Robert Owens, MD, is a board-certified sleep medicine and critical care doctor. He is clinically active in critical care, pulmonary and sleep medicine, caring for patients with acute respiratory conditions and sleep disorders. In the Sleep Medicine Center, he provides a full spectrum of therapeutic and diagnostic services for people who have sleep related disorders such as narcolepsy, insomnia, sleep apnea and rapid eye movement (REM) behavior disorder.

Lisa Shives, MD
Sleep Medicine Specialist
Assistant Professor of Medicine

Specialty:
Sleep Medicine

Add'l Languages:
French, German

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Lisa Shives, MD, is a board-certified sleep medicine doctor. She has extensive experience in the treatment of all sleep related disorders including sleep apnea, insomnia, narcolepsy, restless legs syndrome and circadian rhythm disorders.

Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

Bernie Y. Sunwoo, MBBS
Medical Director, Pulmonary and Sleep Medicine
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

La Jolla - 4520 Executive Drive
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Bernie Sunwoo, MBBS, is a board-certified pulmonologist and sleep medicine specialist who treats people with general lung conditions as well as rare lung diseases, sleep-related breathing disorders and hypoventilation syndromes.
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