UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

Palliative Care .......................................................................................................................... 1
Vascular Surgery .......................................................................................................................... 5
Endovascular Surgery .................................................................................................................. 5
Index ............................................................................................................................................... 7
Palliative Care

Gary Buckholz, MD, FAAHPM
Palliative Medicine Physician
Professor of Medicine

Specialty:
Palliative Care

Jacobs Medical Center
Hilcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Gary Buckholz, MD, is a board-certified palliative care specialist and hospice medical director (HDMC). The goal of palliative care is to prevent and relieve suffering and to support the best possible quality of life for patients and their families, regardless of the stage of disease or the need for other therapies. As such, it can be delivered at the same time with life-sustaining care or as the main focus of care.

Kyle P. Edmonds, MD, FAAHPM
Palliative Medicine Physician
Assistant Professor of Medicine

Specialty:
Palliative Care

Jacobs Medical Center
Hilcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Kyle P. Edmonds, MD, is a board-certified palliative care specialist. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain, and emotional stress. As part of the Doris A. Howell Palliative Care service, Dr. Edmonds consults with patients who have been admitted to UC San Diego Health's hospitals in La Jolla and Hillcrest.

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services,
Moores Cancer Center

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

William Mitchell, MD
Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Palliative Care
Subspecialty:
Lung Cancer

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line: (858) 534-9061

Bio:
William Mitchell, MD, is a board-certified medical oncologist. He cares for patients with all kinds of thoracic cancer, including lung cancer, mesothelioma and thymomas.
Palliative Care (cont.)

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.

Kira A Skavinski, DO
Palliative Care Specialist
Assistant Professor of Medicine

Specialty:
Palliative Care

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Kira Skavinski, DO, is a board-certified palliative care physician who helps relieve suffering in people with life-limiting and chronic illnesses. She provides pain and symptom management, and aims to optimize quality of life for her patients and their families while addressing their medical, psychological, social, and spiritual needs. Dr. Skavinski also assists patients and their families with discussions regarding advance care planning and goals.

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer

Subspecialty:
Psychosocial Oncology

Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Palliative Care (cont.)

Kathryn (Kadee) Winters, MD
Palliative Care Specialist
Assistant Professor of Medicine

Specialty:
Palliative Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Kathryn (Kadee) Winters, MD, is a palliative care physician who provides supportive care for people with cancer or other life-threatening diseases. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain and emotional stress.

Heidi Yeung, MD
Palliative Care Specialist
Associate Professor of Medicine

Specialty:
Palliative Care

Add'l Languages:
French, Mandarin

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Heidi Yeung, MD, is a board-certified hospice and palliative care specialist who manages pain and other symptoms related to disease or its treatment. She works with a multidisciplinary team to help individualize care for patients and their families.
Vascular Surgery

Vascular surgery is a specialty of medical surgery in which diseases of the vascular system, or arteries and veins, are managed by medical therapy, minimally-invasive catheter procedures, and surgical reconstruction. Learn more about vascular surgery at UC San Diego Health System.

Dennis Bandyk, MD
Vascular Surgeon
Professor of Surgery

Specialties:
Vascular Surgery, Surgery
Subspecialty:
Minimally Invasive Surgery

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Dennis Bandyk, MD, is a board-certified vascular surgeon who diagnoses and treats people with disorders affecting the arteries, veins and lymphatic systems. He provides comprehensive medical treatment and reconstructive vascular surgical and endovascular (less invasive) techniques for individuals with all types of vascular conditions.

Andrew Barleben, MD
Vascular Surgeon
Assistant Clinical Professor of Surgery

Specialties:
Vascular Surgery, Surgery

Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Andrew Barleben, MD, is a board-certified vascular surgeon, specializing in the treatment of a variety of conditions and diseases, including thoracic and abdominal aortic disease, carotid artery disease, cerebrovascular disease, peripheral artery disease, renal artery disease, mesenteric artery disease, peripheral vascular disease, varicose veins, venous ulceration and deep vein thrombosis.

John Lane, MD
Interim Chief, Vascular Surgery

Specialties:
Vascular Surgery, Surgery

Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
UC San Diego Health Links
Vascular Surgery - Endovascular Surgery

Omar Al-Nouri, DO
Vascular Surgeon
Assistant Professor of Surgery

Specialties:
Vascular Surgery, Surgery
Subspecialties:
Endovascular Surgery, Minimally Invasive Surgery
Add'l Language:
Arabic

Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Omar Al-Nouri, DO, MS, RPVI, is a board-certified vascular surgeon who specializes in a wide spectrum of vascular diseases, including complex treatment of thoracic and abdominal aortic aneurysms, peripheral arterial disease, carotid disease, thoracic outlet syndrome, venous disease and hemodialysis access. He uses both open and endovascular (less invasive) techniques to provide patients with the best possible approach.

Mahmoud B. Malas, MD, MHS, FACS
Vascular Surgeon
Chief, Vascular and Endovascular Surgery

Specialties:
Vascular Surgery, Surgery
Subspecialties:
Endovascular Surgery, Minimally Invasive Surgery
Add'l Languages:
Arabic, French

Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Mahmoud Malas, MD, is a vascular and endovascular surgeon who treats patients with conditions related to blood vessels, including thoracic and abdominal aortic aneurysms, carotid artery disease, peripheral arterial disease, venous disease, thoracic outlet syndrome, spine exposure and hemodialysis access. He specializes in both traditional open surgery and minimally invasive endovascular approaches that require no incision.
Vascular Surgery - Endovascular Surgery (cont.)

Erik L Owens, MD
Vascular Surgeon
Professor of Surgery

Specialties:
Vascular Surgery, Surgery
Subspecialty:
Endovascular Surgery
Add'l Language:
Norwegian

Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Erik Owens, MD, is a board-certified vascular surgeon. He is engaged in several clinical studies with interests in aortic aneurysms, treatment of venous stasis ulcers and minimally invasive bypass procedures. He serves as co-director for the Endovascular Training Center at the San Diego VA Medical Center.
Index

A
Al-Nouri, Omar ........................................... 5

B
Bandyk, Dennis ........................................... 4
Barleben, Andrew ........................................ 4
Buckholz, Gary ............................................ 1

E
Edmonds, Kyle P. ......................................... 1

H
Hirst, Jeremy ................................................ 1

L
Lane, John .................................................. 4

M
Malas, Mahmoud B. ...................................... 5
Mitchell, William ........................................ 1

O
Owens, Erik L ................................................ 6

R
Rubenzik, Tamara ........................................ 2

S
Skavinski, Kira A .......................................... 2

T
Tiamson-Kassab, Maria ................................. 2

W
Winters, Kathryn (Kadee) ............................. 3

Y
Yeung, Heidi ................................................ 3