Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

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health.ucsd.edu/request_appt

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Search by name, specialty, location or keyword to find the right provider for you.

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Physician Access Services

**Refer a Patient or Request Consultation**
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency  
Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

La Jolla Urgent Care  
8910 Villa La Jolla Drive  
La Jolla, CA 92037

Orthopedics Urgent Care  
Sports Medicine  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121

4510 and 4520 Executive Drive  
San Diego, CA 92121

8910 Villa La Jolla Drive  
La Jolla, CA 92037

8929 University Center Lane  
San Diego, CA 92122

8939 Villa La Jolla Drive  
La Jolla, CA 92037

9333 Genesee Avenue  
San Diego, CA 92121

9350 Villas Point Drive  
La Jolla, CA 92037

Shiley Eye Institute  
9415 Campus Point Drive  
La Jolla, CA 92037

Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

Moores Cancer Center  
3855 Health Sciences Drive  
La Jolla, CA 92033

Jacobs Medical Center  
9300 Campus Point Drive  
La Jolla, CA 92037

Koman Family Outpatient Pavilion  
9400 Campus Point Drive  
La Jolla, CA 92037

Perlman Medical Offices  
9350 Campus Point Drive  
La Jolla, CA 92037

Hillcrest  
Hillcrest Emergency  
UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

4th and Lewis Medical Offices  
330 Lewis Street  
San Diego, CA 92103

Medical Offices North  
200 West Arbor Drive  
San Diego, CA 92103

Medical Offices South  
4168 Front Street  
San Diego, CA 92103

UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

Rancho Bernardo  
Includes Rancho Bernardo Urgent Care  
16950 Via Tazon  
San Diego, CA 92127

Encinitas  
Includes Encinitas Express Care (Suite 110)  
1200 Garden View Road  
Encinitas, CA 92024

477 North El Camino Real  
Encinitas, CA 92024

College Area  
6719 Alvarado Road, Suite 302  
San Diego, CA 92120

Downtown  
Downtown Express Care  
203 West F Street  
San Diego, CA 92101

Vista  
910 Sycamore Avenue  
Vista, CA 92081

Sorrento Valley  
4910 Directors Place  
San Diego, CA 92121

Scripps Ranch  
9909 Mira Mesa Blvd, Suite 200  
San Diego, CA 92131

Kearny Mesa  
7910 Frost Street  
San Diego, CA 92123

Chula Vista  
959 Lane Avenue  
Chula Vista, CA 91914

Temecula  
31720 Temecula Parkway, Suite 100  
Temecula, CA 92592
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Palliative Care

**Gary Buckholz, MD, FAAHPM**
Palliative Medicine Physician  
Professor of Medicine

**Specialty:**
Palliative Care

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061

**Bio:**  
Gary Buckholz, MD, is a board-certified palliative care specialist and hospice medical director (HDMC). The goal of palliative care is to prevent and relieve suffering and to support the best possible quality of life for patients and their families, regardless of the stage of disease or the need for other therapies. As such, it can be delivered at the same time with life-sustaining care or as the main focus of care.

**Kyle P. Edmonds, MD, FAAHPM**
Palliative Medicine Physician  
Assistant Professor of Medicine

**Specialty:**
Palliative Care

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061

**Bio:**  
Kyle P. Edmonds, MD, is a board-certified palliative care specialist. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain, and emotional stress. As part of the Doris A. Howell Palliative Care service, Dr. Edmonds consults with patients who have been admitted to UC San Diego Health's hospitals in La Jolla and Hillcrest.

**Jeremy Hirst, MD**
Psychiatrist  
Associate Director, Patient and Family Support Services, Moores Cancer Center

**Specialties:**  
Psychiatry, Palliative Care, Cancer

**Subspecialty:**  
Psychosocial Oncology

**Moores Cancer Center**  
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061

**Bio:**  
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

**William Mitchell, MD**
Medical Oncologist  
Assistant Professor of Medicine

**Specialties:**  
Cancer, Palliative Care

**Subspecialty:**  
Lung Cancer

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Moores Cancer Center: (858) 822-6100  
Direct Clinic Line: (858) 534-9061

**Bio:**  
William Mitchell, MD, is a board-certified medical oncologist. He cares for patients with all kinds of thoracic cancer, including lung cancer, mesothelioma and thymomas.
Palliative Care (cont.)

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.

Kira A Skavinski, DO
Palliative Care Specialist
Assistant Professor of Medicine

Specialty:
Palliative Care

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Kira Skavinski, DO, is a board-certified palliative care physician who helps relieve suffering in people with life-limiting and chronic illnesses. She provides pain and symptom management, and aims to optimize quality of life for her patients and their families while addressing their medical, psychological, social, and spiritual needs. Dr. Skavinski also assists patients and their families with discussions regarding advance care planning and goals.

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer

Subspecialty:
Psychosocial Oncology

Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Palliative Care (cont.)

Kathryn (Kadee) Winters, MD
Palliative Care Specialist
Assistant Professor of Medicine

Specialty:
Palliative Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Kathryn (Kadee) Winters, MD, is a palliative care physician who provides supportive care for people with cancer or other life-threatening diseases. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain and emotional stress.

Heidi Yeung, MD
Palliative Care Specialist
Associate Professor of Medicine

Specialty:
Palliative Care

Add'l Languages:
French, Mandarin

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Heidi Yeung, MD, is a board-certified hospice and palliative care specialist who manages pain and other symptoms related to disease or its treatment. She works with a multidisciplinary team to help individualize care for patients and their families.
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