UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92037

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Locations

- Rancho Bernardo
- La Jolla
- Scripps Ranch
- Sorrento Valley
- Encinitas
- Temecula
- Kearny Mesa
- Hillcrest
- Downtown
- College Area
- Chula Vista
- Vista

CALIFORNIA
MEXICO
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Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about [endocrinology and diabetes](https://health.ucsd.edu) at UC San Diego Health System.

Schafer Boeder, MD
Endocrinologist

**Specialty:**
Endocrinology

**Hillcrest - Medical Offices South**
Jacobs Medical Center
Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

**Bio:**
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

Steven Victor Edelman, MD
Clinical Professor of Medicine

**Specialty:**
Endocrinology

**Add'l Languages:**
German, Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Please note that Dr. Edelman is not a Primary Care Physician

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

**Specialty:**
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Charlie Choe, MD, is a board-certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Vala Hamidi, MD
Endocrinologist

**Specialty:**
Endocrinology

**Add'l Language:**
Farsi

**Hillcrest - Medical Offices South**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Karl Y. Hostetler, MD

Specialty:
Endocrinology

Contact:
New Patient Registration: (800) 926-8273

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology
Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.
Deborah Kado, MD
Bone Health Specialist
Professor of Medicine

Specialty:
Endocrinology
Add'l Language:
Spanish

Contact:
La Jolla - Perlman Medical Offices
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for people with osteoporosis and metabolic bone disease. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Kristen Kulasa, MD
Endocrinologist
Associate Professor of Medicine

Specialty:
Endocrinology

Contact:
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology

Contact:
La Jolla - Perlman Medical Offices
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Mizuho Mimoto, MD, PhD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Contact:
La Jolla - Perlman Medical Offices
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8440

Bio:
Mizuho Mimoto, MD, PhD, is a board-certified endocrinologist who treats people with diabetes, thyroid disease, osteoporosis and disorders related to the pituitary, adrenal and parathyroid glands.
Endocrinology (cont.)

Jeremy Pettus, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.
Physical Medicine & Rehabilitation

**Douglas Chang, MD, PhD**
Chief of Physical Medicine and Rehabilitation Service  
Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

**Subspecialties:**
Spine, Sports Medicine

**Add'l Language:**
German

**Hillcrest - Medical Offices North**
La Jolla - Koman Family Outpatient Pavilion  
La Jolla - 4520 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200  
Direct Clinic Line - Executive Dr.: (844) 377-7678

**Bio:**
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

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**Amelia Eastman, DO**
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Family Medicine and Public Health

**Specialties:**
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

**La Jolla - Perlman Medical Offices**
La Jolla - 9333 Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  
Direct Clinic Line: (844) 747-0474

**Bio:**
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.

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**Jeffrey Chen, MD, MHS**
Pain Management Specialist  
Associate Professor of Anesthesiology

**Specialties:**
Pain Management, Physical Medicine & Rehabilitation

**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-3800  
Direct Clinic Line: (844) 747-0474

**Bio:**
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.

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**Roger J. Mignosa, DO**
Physical Medicine and Rehabilitation Specialist  
Professor of Family Medicine and Public Health

**Specialties:**
Physical Medicine & Rehabilitation, Osteopathic Medicine

**La Jolla - 9333 Genesee Avenue**
Scripps Ranch - 9909 Mira Mesa Blvd

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8600  
Direct Clinic Line - Scripps Ranch: (858) 657-7750

**Bio:**
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale's expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
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