UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

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Physician Access Services

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Athletic Training

Brian Livingstone, ATC
Athletic Trainer

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Brian Livingstone, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation and performance enhancement. He has additional certifications as a corrective exercise specialist (CES) and a performance enhancement specialist (PES).

Adrienne Wilson, MS, ATC
Athletic Trainer

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Adrienne Wilson, MS, is a certified athletic trainer (ATC) who specializes in injury prevention and individualized exercise programs for people of all ages. She also has expertise in acute injury management, the Graston Technique and other soft-tissue work, and concussion management. Her philosophy of patient care emphasizes educating active people about their bodies and giving them the tools they need to stay healthy and active.

Kevin Messey, MS, ATC
Athletic Trainer

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Kevin Messey, MS, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation, and rehabilitation. He has additional certifications as a corrective exercise specialist (CES) and a certified strength and conditioning specialist (CSCS).
Physical Medicine & Rehabilitation

Joel Castellanos, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Anesthesiology

Specialty:
Physical Medicine & Rehabilitation

Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (858) 657-8200
Direct Clinic Line - La Jolla: (858) 249-3800

Bio:
Joel Castellanos MD, is a board-certified physical medicine and rehabilitation and pain medicine physician, and serves as medical director of Inpatient Rehabilitation. Dr. Castellanos’ prime focus is improving function using an individualized approach. His expertise with interventional pain techniques allows for an integrative strategy to preserve and restore function. Dr. Castellanos evaluates, diagnoses and treats all forms of functional disability and pain using a multi-disciplinary team-based approach.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation and pain management physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.
Physical Medicine & Rehabilitation (cont.)

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Haewon Lee, MD
Physical Medicine and Rehabilitation Specialist
Assistant Professor of Orthopaedic Surgery

Specialties:
Physical Medicine & Rehabilitation, Orthopedics
Subspecialty:
Spine
Add'l Language:
Korean

Hillcrest - Medical Offices North
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Haewon Lee, MD, is a board-certified physical medicine and rehabilitation physician who specializes in treating spine disorders, and nonsurgical treatment for neck and back pain. Her practice focuses on helping people return to the activities they enjoy and improving their quality of life. She has a special interest in treating patients with cancer-related impairments.

Roger J. Mignosa, DO
Physical Medicine and Rehabilitation Specialist

Specialties:
Physical Medicine & Rehabilitation, Osteopathic Medicine, Family Medicine

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Physical Medicine & Rehabilitation (cont.)

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspeciality:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale's expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.

https://health.ucsd.edu
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