UC San Diego Health Physician Directory

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Physical Medicine & Rehabilitation

Joel Castellanos, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Anesthesiology

Specialty:
Physical Medicine & Rehabilitation

Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (858) 657-8200
Direct Clinic Line - La Jolla: (858) 249-3800

Bio:
Joel Castellanos MD, is a board-certified physical medicine and rehabilitation and pain medicine physician, and serves as medical director of Inpatient Rehabilitation. Dr. Castellanos’ prime focus is improving function using an individualized approach. His expertise with interventional pain techniques allows for an integrative strategy to preserve and restore function. Dr. Castellanos evaluates, diagnoses and treats all forms of functional disability and pain using a multi-disciplinary team-based approach.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation and pain management physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.
Physical Medicine & Rehabilitation (cont.)

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Haewon Lee, MD
Physical Medicine and Rehabilitation Specialist
Assistant Professor of Orthopaedic Surgery

Specialties:
Physical Medicine & Rehabilitation, Orthopedics

Subspecialty:
Spine

Add'l Language:
Korean

Hillcrest - Medical Offices North
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Haewon Lee, MD, is a board-certified physical medicine and rehabilitation physician who specializes in treating spine disorders, and nonsurgical treatment for neck and back pain. Her practice focuses on helping people return to the activities they enjoy and improving their quality of life. She has a special interest in treating patients with cancer-related impairments.

Roger J. Mignosa, DO
Physical Medicine and Rehabilitation Specialist

Specialties:
Physical Medicine & Rehabilitation, Osteopathic Medicine, Family Medicine

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-7750
Direct Clinic Line - Scripps Ranch: (858) 657-8600

Bio:
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Physical Medicine & Rehabilitation (cont.)

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale's expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health.

Lawrence E. Kline, DO, FACP, FCCP, FAASM
Pulmonologist and Sleep Medicine Specialist
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (844) 757-5337

Bio:
Lawrence Kline, DO, is a board-certified pulmonologist who specializes in treating breathing and sleep disorders such as sleep apnea.

Atul Malhotra, MD
Sleep Medicine Specialist
Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)
Subspecialty:
Critical Care

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (844) 757-5337

Bio:
Atul Malhotra, MD, is a board-certified pulmonologist, intensivist and research chief of Pulmonary, Critical Care and Sleep Medicine. He is active clinically in pulmonary, critical care and sleep medicine. In the sleep clinic, Dr. Malhotra provides a full spectrum of diagnostic and therapeutic services to patients with sleep-related disorders, including sleep apnea, insomnia, restless leg syndrome, narcolepsy and sleep disorders associated with medical or psychiatric conditions. He has a special interest in the treatment of sleep apnea.

Jose S. Loredo, MD, MPH
Sleep Medicine Specialist
Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)
Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (844) 757-5337

Bio:
Jose Loredo, MD, MPH, is a sleep medicine doctor who evaluates and treats individuals with sleep related disorders such as narcolepsy, insomnia, and sleep apnea. He cares for patients at UC San Diego Health's Sleep Medicine Center, where he provides a full spectrum of therapeutic and diagnostic services.

Henry J. Orff, PhD
Psychologist

Specialties:
Psychology, Sleep Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (844) 757-5337

Bio:
Henry J. Orff, PhD, is a licensed clinical psychologist whose expertise is in behavioral sleep medicine. As part of UC San Diego Health's Sleep Medicine Center, he evaluates and treats sleep disorders by addressing problematic behavioral, psychological, and/or physiological factors that interfere with sleep.
Sleep Medicine (cont.)

Robert Owens, MD
Sleep Medicine Specialist
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)
Subspecialty:
Critical Care

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Robert Owens, MD, is a board-certified sleep medicine and critical care doctor. He is clinically active in critical care, pulmonary and sleep medicine, caring for patients with acute respiratory conditions and sleep disorders. In the Sleep Medicine Center, he provides a full spectrum of therapeutic and diagnostic services for people who have sleep related disorders such as narcolepsy, insomnia, sleep apnea and rapid eye movement (REM) behavior disorder.

Lisa Shives, MD
Sleep Medicine Specialist
Assistant Professor of Medicine

Specialty:
Sleep Medicine
Add'l Languages:
French, German

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Lisa Shives, MD, is a board-certified sleep medicine doctor. She has extensive experience in the treatment of all sleep related disorders including sleep apnea, insomnia, narcolepsy, restless legs syndrome and circadian rhythm disorders.

Bernie Y. Sunwoo, MBBS
Medical Director, Pulmonary and Sleep Medicine
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

La Jolla - 4520 Executive Drive
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Bernie Sunwoo, MBBS, is a board-certified pulmonologist and sleep medicine specialist who treats people with general lung conditions as well as rare lung diseases, sleep-related breathing disorders and hypoventilation syndromes.

Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine
Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology
Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.
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