UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about pediatrics at UC San Diego Health.

Shirin Alonzo, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care
Add'l Language:
Farsi

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.

Nadine Benador, MD
Assistant Clinical Professor

Specialty:
Pediatrics

Contact:
New Patient Registration: (800) 926-8273

Bio:
My clinical activities focus on inherited disorders of metabolism, and newborn screening. I direct a diagnostic Clinical Biochemical Genetics laboratory. My research activities include clinical trials, metabolomics and stable isotope kinetics.

Bruce A. Barshop, MD, PhD
Professor
Professor of Clinical Pediatrics

Specialty:
Pediatrics

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
My clinical activities focus on inherited disorders of metabolism, and newborn screening. I direct a diagnostic Clinical Biochemical Genetics laboratory. My research activities include clinical trials, metabolomics and stable isotope kinetics.

Daniel Edward Lee, MD, PhD
Anesthesiologist and Pediatric Intensivist
Professor of Anesthesiology and Pediatrics

Specialties:
Anesthesiology, Pediatrics
Subspecialty:
Critical Care
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Daniel E. Lee, MD, PhD, is a board-certified anesthesiologist and pediatrician who provides critical care services and anesthesia for children admitted to UC San Diego Health’s Regional Burn Center, the only burn center in San Diego and Imperial Counties. He also provides anesthesia for patients of all ages at UC San Diego Health hospitals in Hillcrest and La Jolla, and at Rady Children’s Hospital.
Shannon Leung, MD, MPH  
**Pediatrician**

**Specialties:**  
Pediatrics, Primary Care

**Kearny Mesa - Frost Street**  
La Jolla - 8910 Villa La Jolla

**Contact:**  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**  
Shannon Leung, MD, MPH, is a board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.

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Rebecca Sox, MS, MPH, CPNP  
**Pediatric Nurse Practitioner**

**Specialty:**  
Pediatrics

**Kearny Mesa - Frost Street**  

**Contact:**  
Direct Clinic Line: (619) 543-3771

**Bio:**  
Rebecca Sox, MS, MPH, is a certified pediatric nurse practitioner (CPNP) with the High Risk Infant Follow-Up program at UC San Diego Health. She takes patient histories and performs physical, neurological, and development exams and assessments for high-risk children age five months to three years of age, following discharge from the neonatal intensive care unit. She also assists with early intervention referrals and collaborates with the program's social worker.

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Julie Ryu, MD  
**Pediatric Pulmonologist**  
**Assistant Adjunct Professor**

**Specialty:**  
Pediatrics

**Contact:**  
New Patient Registration: (800) 926-8273

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Yvonne Vaucher, MD  
**Specialty:**  
Pediatrics

**Hillcrest - UC San Diego Medical Center**  

**Contact:**  
New Patient Registration: (800) 926-8273
Pediatrics (cont.)

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Pediatrics - Adolescent Medicine

Maya M. Kumar, MD
Adolescent Medicine/Pediatrics Physician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

Kanani E. Titchen, MD, FAAP
Adolescent Medicine Physician/Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
Adolescent Medicine

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Kanani Titchen, MD, is an adolescent medicine physician and board-certified pediatrician who provides primary care for young people ages 10 to 26, while specializing in the unique physical, social and emotional conditions of their life stages. Dr. Titchen has expertise in trauma-sensitive adolescent reproductive and sexual health (including long-acting reversible contraception, problems with menstruation, and sexual assault/abuse and sex trafficking); health care for lesbian, gay, bisexual and transgender youth; and the use of pre-exposure prophylaxis (PrEP) medication in preventing HIV infection.
Pediatrics - Complex Care Pediatrics

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Complex Care Pediatrics, General Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Pediatrics - Developmental-Behavioral Pediatrics

Developmental-Behavioral Pediatrics is the evaluation and treatment of developmental, learning or behavioral problems in children and adolescents.

Adam Braddock, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialties:
Developmental-Behavioral Pediatrics, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Sheila Gahagan, MD, MPH
Developmental-Behavioral Pediatrician
Professor of Pediatrics

Specialty:
Pediatrics

Subspecialty:
Developmental-Behavioral Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Sheila Gahagan, MD, MPH, is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning difficulties or mental health concerns. Dr. Gahagan has a special interest in the evaluation and care of young children with behavioral challenges, children with developmental and behavioral concerns associated with genetic conditions, autism, and fetal alcohol spectrum disorders.

Lauren E. Gist, MD, MPH
Pediatrician

Specialty:
Pediatrics

Subspecialty:
Developmental-Behavioral Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Lauren Gist, MD, MPH is a board-certified pediatrician who specializes in developmental-behavioral pediatrics. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning difficulties or mental health concerns. Dr. Gist has a special interest in the evaluation and care of young children with behavioral challenges, children with developmental and behavioral concerns associated with genetic conditions, autism, and fetal alcohol spectrum disorders.
Yi Hui Liu, MD, MPH
Developmental-Behavioral Pediatrician
Associate Professor of Pediatrics

Specialty:
Pediatrics

Subspecialty:
Developmental-Behavioral Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Yi Hui Liu, MD, MPH is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning disorders and/or mental health concerns. Dr. Liu has a special interest in the evaluation and care of children with attention deficit hyperactivity disorder (ADHD), autism spectrum disorders, anxiety, intellectual disability, and developmental delays. She has extensive experience collaborating with other developmental services, including psychology, speech and language therapy, occupational therapy, and physical therapy.
Pediatrics - General Pediatrics

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care
Subspecialty:
- General Pediatrics
Add'l Language:
- Tagalog

Rancho Bernardo - Via Tazon

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 605-4453

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also experienced in both the acute and preventive management of asthma.

Adam Braddock, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care
Subspecialties:
- Developmental-Behavioral Pediatrics, General Pediatrics

Kearny Mesa - Frost Street

Contact:
- Direct Clinic Line - Kearny Mesa: (858) 246-0053

Bio:
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Eyla Boies, MD
Pediatrician
Professor of Pediatrics

Specialties:
- Pediatrics, Primary Care
Subspecialty:
- General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
- Direct Clinic Line - Kearny Mesa: (858) 496-4800
- Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.

Robert Coles, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care
Subspecialty:
- General Pediatrics

Kearny Mesa - Frost Street
Encinitas - Encinitas Blvd

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Rancho Bernardo: (858) 605-4453
- Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.
Janet Crow, MD, FAAP  
Pediatrician  
Professor of Pediatrics  

Specialties:  
Pediatrics, Primary Care  
Subspecialty:  
General Pediatrics  
Add'l Language:  
Spanish  

Kearny Mesa - Frost Street  
Contact:  
Direct Clinic Line: (858) 496-4800  

Bio:  
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients and caring for them as they grow and change.

Sabiha Hussain, MD  
Pediatrician  

Specialties:  
Pediatrics, Primary Care  
Subspecialty:  
General Pediatrics  
Add'l Language:  
Urdu  

Rancho Bernardo - Via Tazon  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4453  

Bio:  
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Nancy Graff, MD  
Clinical Professor of Pediatrics  

Specialties:  
Pediatrics, Primary Care  
Subspecialty:  
General Pediatrics  

Kearny Mesa - Frost Street  
Contact:  
Direct Clinic Line: (858) 496-4800  

Bio:  
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. “Most of health happens outside of hospitals and doctor’s offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods.”

Leah D. Kern, MD, MPH  
Pediatrician  
Assistant Professor of Pediatrics  

Specialties:  
Pediatrics, Primary Care  
Subspecialties:  
Travel Medicine, General Pediatrics  
Add'l Languages:  
French, Spanish  

Kearny Mesa - Frost Street  
Contact:  
Direct Clinic Line: (858) 496-4800  

Bio:  
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.
Maya M. Kumar, MD
Adolescent Medicine/Pediatrics Physician

Specialties:
Pediatrics, Primary Care

Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (619) 541-4787

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.
Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Complex Care Pediatrics, General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.

Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Helen C. Wang, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.
O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa:: (858) 496-4800
Direct Clinic Line - La Jolla:: (858) 203-4962

Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
**Pediatrics - Neonatal-Perinatal Medicine**

**Erika F. Fernandez, MD**  
Director, Neonatal Intensive Care Unit  
Associate Professor of Pediatrics

**Specialty:**  
Pediatrics  
**Subspecialty:**  
Neonatal-Perinatal Medicine  

**Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5800

**Bio:**  
Erika F. Fernandez, MD, is a board-certified neonatologist. She directs UC San Diego Health's nationally recognized Neonatal Intensive Care Unit (NICU), which provides specialized and emergency care for babies who are born premature, critically ill, or with complex health conditions.

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**Lawrence (Lance) Prince, MD, PhD**  
Division Chief of Neonatology  
Associate Professor of Pediatrics

**Specialty:**  
Pediatrics  
**Subspecialty:**  
Neonatal-Perinatal Medicine  

**Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5800

**Bio:**  
Lawrence (Lance) S. Prince, MD, PhD, is a board-certified pediatrician and neonatal-perinatal medicine specialist. Dr. Prince is the Division Chief of Neonatology at the University of California, San Diego and Rady Children's Hospital, San Diego. He has a particular clinical interest in managing and treating neonatal lung diseases, especially bronchopulmonary dysplasia (BPD) in babies born extremely preterm.

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**Krishelle Leong Marc-Aurele, MD**  
Associate Professor of Pediatrics

**Specialty:**  
Pediatrics  
**Subspecialty:**  
Neonatal-Perinatal Medicine  

**Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5800

**Bio:**  
Krishelle Leong Marc-Aurele, MD, is a board-certified neonatologist who provides specialized and emergency care for babies who are born prematurely, critically ill or with complex health conditions. In addition to caring for babies in the Neonatal Intensive Care Unit (NICU) at Jacobs Medical Center, she also cares for seriously ill children of all ages in a palliative care clinic at Rady Children’s Hospital.
Pediatrics - Newborn Hospital Care

Pediatric hospitalists care for newborns in the hospital setting only. They may provide care ranging from normal newborn care to emergent stabilization and resuscitation, if necessary. Pediatric Hospitalists also provide parents with advice and guidance about lactation and any other questions they may have regarding their newborn. Learn more about Newborn Care at UC San Diego Health.

Eustratia (Tia) Hubbard, MD, FAAP
Newborn Hospitalist
Associate Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Newborn Hospital Care

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 203-4962

Bio:
Eustratia "Tia" Hubbard, MD, FAAP, is a board-certified pediatrician who specializes in the care of newborns. As a newborn hospitalist, Dr. Hubbard provides comprehensive infant care, incorporating current evidence and clinical guidelines. She especially enjoys assisting new parents with their transition to parenthood.

Kathryn Johnson, MD, FAAP
Pediatrician

Specialty:
Pediatrics
Subspecialty:
Newborn Hospital Care

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 203-4962

Bio:
Kathryn Johnson, MD, is a board-certified pediatrician who specializes in the care of newborns. As a newborn hospitalist, Dr. Johnson provides care for newborns during their stay in the hospital.
Pediatrics - Newborn Hospital Care (cont.)

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
Newborn Hospital Care
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.

Kirsten Limmer, MD, PhD
Newborn Hospitalist

Specialty:
Pediatrics
Subspecialty:
Newborn Hospital Care

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Kirsten Limmer, MD, PhD, is a board-certified pediatrician who specializes in the care of newborns. As a physician in the newborn nursery, Dr. Limmer meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help.

Christopher A. Longhurst, MD, FACMI
Newborn Hospitalist
Chief Information Officer
Associate Chief Medical Officer of Quality and Patient Safety

Specialty:
Pediatrics
Subspecialty:
Newborn Hospital Care

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 203-4962

Bio:
Christopher Longhurst, MD, is a board-certified pediatrician who specializes in the care of newborns. As a newborn hospitalist, he meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and performing procedures like frenotomy.
Richard Silva, MD  
Newborn Hospitalist  

**Specialty:** Pediatrics  
**Subspecialty:** Newborn Hospital Care  
**Add'l Language:** Spanish  

Jacobs Medical Center  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5900  

**Bio:**  
Richard Silva, MD, is a board-certified pediatrician who specializes in the care of newborns. As a newborn hospitalist, Dr. Silva meets with parents and their babies during their postpartum stay, providing daily care to infants. This care includes newborn examinations, screening tests, and reviewing care with families including anticipatory guidance prior to their transition home.

Lisa M. Stellwagen, MD, FAAP  
Pediatrician  
Professor of Pediatrics  

**Specialty:** Pediatrics  
**Subspecialty:** Newborn Hospital Care  
**Add'l Language:** Spanish  

Jacobs Medical Center  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 203-4962  

**Bio:**  
Lisa Stellwagen, MD, is a newborn specialist and board-certified pediatrician. She has been a pediatrician for 30 years, both in community and hospital settings, and is the medical director of the Newborn Service at UC San Diego Health. Her clinical expertise includes infant nutrition, breast milk feeding, and medical care of newborns.
Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
- Pediatrics, Primary Care

Subspecialties:
- Travel Medicine, General Pediatrics

Additional Languages:
- French, Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.
Physical Medicine & Rehabilitation

Joel Castellanos, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Anesthesiology

Specialty:
Physical Medicine & Rehabilitation

Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (858) 657-8200
Direct Clinic Line - La Jolla: (858) 249-3800

Bio:
Joel Castellanos MD, is a board-certified physical medicine and rehabilitation and pain medicine physician, and serves as medical director of Inpatient Rehabilitation. Dr. Castellanos’ prime focus is improving function using an individualized approach. His expertise with interventional pain techniques allows for an integrative strategy to preserve and restore function. Dr. Castellanos evaluates, diagnoses and treats all forms of functional disability and pain using a multi-disciplinary team-based approach.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine
Subspecialties:
Spine, Sports Medicine

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation and pain management physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.
Physical Medicine & Rehabilitation (cont.)

Amelia Eastman, DO  
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Family Medicine and Public Health

Specialties:  
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices  
La Jolla - 9333 Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  
Direct Clinic Line: (844) 747-0474

Bio:  
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Haewon Lee, MD  
Physical Medicine and Rehabilitation Specialist  
Assistant Professor of Orthopaedic Surgery

Specialties:  
Physical Medicine & Rehabilitation, Orthopedics

Subspecialty:  
Spine

Add'l Language:  
Korean

Hillcrest - Medical Offices North  
Encinitas - Garden View Road

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

Bio:  
Haewon Lee, MD, is a board-certified physical medicine and rehabilitation physician who specializes in treating spine disorders, and nonsurgical treatment for neck and back pain. Her practice focuses on helping people return to the activities they enjoy and improving their quality of life. She has a special interest in treating patients with cancer-related impairments.

Roger J. Mignosa, DO  
Physical Medicine and Rehabilitation Specialist

Specialties:  
Physical Medicine & Rehabilitation, Osteopathic Medicine, Family Medicine

La Jolla - 9333 Genesee Avenue  
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8600  
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:  
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

**Subspecialty:**
Sports Medicine

**Add'l Language:**
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 657-8200

**Bio:**
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale’s expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
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