UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**  
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**  
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**  
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**  
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

La Jolla
Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

College Area
6709 Alvarado Road, Suite 302
San Diego, CA 92120

Hillcrest

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

University Center
8999 and 8929 University Center Lane
San Diego, CA 92122

City Town
4910 Directors Place
San Diego, CA 92121

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Tentative

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

University Center
8999 and 8929 University Center Lane
San Diego, CA 92122

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

Physical Medicine & Rehabilitation ................................................................................................................................................. 1
Index ................................................................................................................................................................................................. 3
Physical Medicine & Rehabilitation

**Douglas Chang, MD, PhD**  
Chief of Physical Medicine and Rehabilitation Service  
Professor of Orthopaedic Surgery

**Specialties:**  
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

**Subspecialties:**  
Spine, Sports Medicine

**Add'l Language:**  
German

**Hillcrest - Medical Offices North**  
La Jolla - Koman Family Outpatient Pavilion  
La Jolla - 4520 Executive Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200  
Direct Clinic Line - Executive Dr.: (844) 377-7678

**Bio:**  
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

---

**Jeffrey Chen, MD, MHS**  
Pain Management Specialist  
Associate Professor of Anesthesiology

**Specialties:**  
Pain Management, Physical Medicine & Rehabilitation

**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-3800

**Bio:**  
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation and pain management physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.

---

**Amelia Eastman, DO**  
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Family Medicine and Public Health

**Specialties:**  
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

**La Jolla - Perlman Medical Offices**  
La Jolla - 9333 Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  
Direct Clinic Line: (844) 747-0474

**Bio:**  
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

---

**Roger J. Mignosa, DO**  
Physical Medicine and Rehabilitation Specialist  
Professor of Family Medicine and Public Health

**Specialties:**  
Physical Medicine & Rehabilitation, Osteopathic Medicine

**La Jolla - 9333 Genesee Avenue**  
Scripps Ranch - 9909 Mira Mesa Blvd

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8600  
Direct Clinic Line - Scripps Ranch: (858) 657-7750

**Bio:**  
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Additional Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale's expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
# Index

**C**  
Chang, Douglas ........................................... 1  
Chen, Jeffrey .............................................. 1

**E**  
Eastman, Amelia .............................................. 1

**M**  
Mignosa, Roger J. .............................................. 1

**V**  
Vitale, Kenneth .............................................. 2