UC San Diego Health

Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call [800-926-8273](tel:800-926-8273) between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at [855-543-0555](tel:855-543-0555) from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call [619-543-5709](tel:619-543-5709) (24-hour service) for instructions.
# Table of Contents

- Physical Medicine & Rehabilitation ................................................................. 1
- Index .................................................................................................................... 3
Physical Medicine & Rehabilitation

**Douglas Chang, MD, PhD**  
Chief of Physical Medicine and Rehabilitation Service  
Professor of Orthopaedic Surgery

**Specialties:**  
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

**Subspecialties:**  
Spine, Sports Medicine

**Add'l Language:**  
German

**Hillcrest - Medical Offices North**  
La Jolla - Koman Family Outpatient Pavilion  
La Jolla - 4520 Executive Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200  
Direct Clinic Line - Executive Dr.: (844) 377-7678

**Bio:**  
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

**Amelia Eastman, DO**  
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Family Medicine and Public Health

**Specialties:**  
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

**La Jolla - Perlman Medical Offices**  
La Jolla - 9333 Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  
Direct Clinic Line: (844) 747-0474

**Bio:**  
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.

**Jeffrey Chen, MD, MHS**  
Pain Management Specialist  
Associate Professor of Anesthesiology

**Specialties:**  
Pain Management, Physical Medicine & Rehabilitation

**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-3800

**Bio:**  
Jeffrey L. Chen, MD, MHS, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.

**Roger J. Mignosa, DO**  
Physical Medicine and Rehabilitation Specialist

**Specialties:**  
Physical Medicine & Rehabilitation, Osteopathic Medicine, Family Medicine

**La Jolla - 9333 Genesee Avenue**  
Scripps Ranch - 9909 Mira Mesa Blvd

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8600  
Direct Clinic Line - Scripps Ranch: (858) 657-7750

**Bio:**  
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspeciality:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale's expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
<table>
<thead>
<tr>
<th>Index</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>C</strong></td>
</tr>
<tr>
<td>Chang, Douglas ............................................. 1</td>
</tr>
<tr>
<td>Chen, Jeffrey .............................................. 1</td>
</tr>
<tr>
<td><strong>E</strong></td>
</tr>
<tr>
<td>Eastman, Amelia ............................................ 1</td>
</tr>
<tr>
<td><strong>M</strong></td>
</tr>
<tr>
<td>Mignosa, Roger J. ......................................... 1</td>
</tr>
<tr>
<td><strong>V</strong></td>
</tr>
<tr>
<td>Vitale, Kenneth ........................................... 2</td>
</tr>
</tbody>
</table>