UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

→ **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

→ **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

<table>
<thead>
<tr>
<th>La Jolla</th>
<th>Hillcrest</th>
<th>Kearny Mesa</th>
</tr>
</thead>
<tbody>
<tr>
<td>4510 and 4520 Executive Drive&lt;br&gt;San Diego, CA 92121</td>
<td><strong>4th and Lewis Medical Offices</strong>&lt;br&gt;330 Lewis Street&lt;br&gt;San Diego, CA 92103</td>
<td>7910 Frost Street&lt;br&gt;San Diego, CA 92123</td>
</tr>
<tr>
<td>8910 Villa La Jolla Drive&lt;br&gt;La Jolla, CA 92037</td>
<td><strong>Medical Offices North</strong>&lt;br&gt;200 West Arbor Drive&lt;br&gt;San Diego, CA 92103</td>
<td><strong>Rady Children’s Hospital-San Diego</strong>&lt;br&gt;3020 Children’s Way&lt;br&gt;San Diego, CA 92123</td>
</tr>
<tr>
<td>8899 and 8929 University Center Lane&lt;br&gt;San Diego, CA 92122</td>
<td><strong>Medical Offices South</strong>&lt;br&gt;4168 Front Street&lt;br&gt;San Diego, CA 92103</td>
<td><strong>Chula Vista</strong>&lt;br&gt;959 Lane Avenue&lt;br&gt;Chula Vista, CA 91914</td>
</tr>
<tr>
<td>8939 Villa La Jolla Drive&lt;br&gt;La Jolla, CA 92037</td>
<td><strong>UC San Diego Medical Center</strong>&lt;br&gt;200 West Arbor Drive&lt;br&gt;San Diego, CA 92103</td>
<td><strong>Temecula</strong>&lt;br&gt;31720 Temecula Parkway&lt;br&gt;Temecula, CA 92952</td>
</tr>
<tr>
<td>9333 Genesee Avenue&lt;br&gt;San Diego, CA 92121</td>
<td><strong>Encinitas</strong>&lt;br&gt;1200 Garden View Road&lt;br&gt;Encinitas, CA 92024</td>
<td><strong>Sorrento Valley</strong>&lt;br&gt;4910 Directors Place&lt;br&gt;San Diego, CA 92121</td>
</tr>
<tr>
<td>8950 Villa La Jolla Drive&lt;br&gt;La Jolla, CA 92037</td>
<td>477 North El Camino Real&lt;br&gt;Encinitas, CA 92024</td>
<td><strong>Scripps Ranch</strong>&lt;br&gt;9909 Mira Mesa Blvd.&lt;br&gt;San Diego, CA 92131</td>
</tr>
<tr>
<td>9350 Campus Point Drive&lt;br&gt;La Jolla, CA 92037</td>
<td><strong>Vista</strong>&lt;br&gt;910 Sycamore Avenue&lt;br&gt;Vista, CA 92081</td>
<td><strong>Shiley Eye Institute</strong>&lt;br&gt;9415 Campus Point Drive&lt;br&gt;La Jolla, CA 92093</td>
</tr>
<tr>
<td><strong>Shiley Eye Institute</strong>&lt;br&gt;9415 Campus Point Drive&lt;br&gt;La Jolla, CA 92093</td>
<td><strong>Sulpizio Cardiovascular Center</strong>&lt;br&gt;9434 Medical Center Drive&lt;br&gt;La Jolla, CA 92093</td>
<td><strong>Moores Cancer Center</strong>&lt;br&gt;3855 Health Sciences Drive&lt;br&gt;La Jolla, CA 92093</td>
</tr>
<tr>
<td><strong>Moores Cancer Center</strong>&lt;br&gt;3855 Health Sciences Drive&lt;br&gt;La Jolla, CA 92093</td>
<td><strong>Jacobs Medical Center</strong>&lt;br&gt;9300 Campus Point Drive&lt;br&gt;La Jolla, CA 92037</td>
<td><strong>Scripps Ranch</strong>&lt;br&gt;9909 Mira Mesa Blvd.&lt;br&gt;San Diego, CA 92131</td>
</tr>
<tr>
<td><strong>Jacobs Medical Center</strong>&lt;br&gt;9300 Campus Point Drive&lt;br&gt;La Jolla, CA 92037</td>
<td><strong>UC San Diego Medical Center</strong>&lt;br&gt;200 West Arbor Drive&lt;br&gt;San Diego, CA 92103</td>
<td><strong>Rady Children’s Hospital-San Diego</strong>&lt;br&gt;3020 Children’s Way&lt;br&gt;San Diego, CA 92123</td>
</tr>
<tr>
<td><strong>UC San Diego Medical Center</strong>&lt;br&gt;200 West Arbor Drive&lt;br&gt;San Diego, CA 92103</td>
<td><strong>Encinitas</strong>&lt;br&gt;1200 Garden View Road&lt;br&gt;Encinitas, CA 92024</td>
<td><strong>Temecula</strong>&lt;br&gt;31720 Temecula Parkway&lt;br&gt;Temecula, CA 92952</td>
</tr>
<tr>
<td><strong>Encinitas</strong>&lt;br&gt;1200 Garden View Road&lt;br&gt;Encinitas, CA 92024</td>
<td>477 North El Camino Real&lt;br&gt;Encinitas, CA 92024</td>
<td><strong>Sorrento Valley</strong>&lt;br&gt;4910 Directors Place&lt;br&gt;San Diego, CA 92121</td>
</tr>
</tbody>
</table>
# Table of Contents

- Physical Medicine & Rehabilitation ................................................................. 1
- Index ................................................................................................................. 3
Physical Medicine & Rehabilitation

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Encinitas - Garden View
Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of acute pain.

Roger J. Mignosa, DO
Physical Medicine and Rehabilitation Specialist
Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Osteopathic Medicine

La Jolla - Genesee Avenue
Scripps Ranch - Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Physical Medicine & Rehabilitation (cont.)

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Additional Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale's expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
# Index

<table>
<thead>
<tr>
<th>C</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chang, Douglas</td>
<td>1</td>
</tr>
<tr>
<td>Chen, Jeffrey</td>
<td>1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>E</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eastman, Amelia</td>
<td>1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>M</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mignosa, Roger J.</td>
<td>1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>V</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitale, Kenneth</td>
<td>2</td>
</tr>
</tbody>
</table>