UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

**La Jolla**
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037
- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037
- **Orthopedics Urgent Care**
  - Sports Medicine
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121
  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037
  - 8899 and 8929 University Center Lane
  - San Diego, CA 92122
  - 8939 Villa La Jolla Drive
  - La Jolla, CA 92037
  - 9333 Genesee Avenue
  - San Diego, CA 92121
  - 8950 Villa La Jolla Drive
  - La Jolla, CA 92037
  - 9350 Campus Point Drive
  - La Jolla, CA 92037
  - Shiley Eye Institute
  - 9415 Campus Point Drive
  - La Jolla, CA 92037
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037
- **Moores Cancer Center**
  - 3855 Health Sciences Drive
  - La Jolla, CA 92033
- **Jacobs Medical Center**
  - 9300 Campus Point Drive
  - La Jolla, CA 92037
- **Koman Family Outpatient Pavilion**
  - 9400 Campus Point Drive
  - La Jolla, CA 92037
- **Perlman Medical Offices**
  - 9350 Campus Point Drive
  - La Jolla, CA 92037

**Hillcrest**
- **Hillcrest Emergency**
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103
  - 4th and Lewis Medical Offices
  - 330 Lewis Street
  - San Diego, CA 92103
  - Medical Offices North
  - 200 West Arbor Drive
  - San Diego, CA 92103
  - Medical Offices South
  - 4168 Front Street
  - San Diego, CA 92103
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

**Rancho Bernardo**
- **Includes Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

**Encinitas**
- **Includes Encinitas Express Care (Suite 110)**
  - 1200 Garden View Road
  - Encinitas, CA 92024
  - 477 North El Camino Real
  - Encinitas, CA 92024

**College Area**
- 6719 Alvarado Road, Suite 302
  - San Diego, CA 92120

**Downtown**
- Downtown Express Care
  - 203 West F Street
  - San Diego, CA 92101

**Vista**
- 910 Sycamore Avenue
  - Vista, CA 92081

**Sorrento Valley**
- 4910 Directors Place
  - San Diego, CA 92121

**Scripps Ranch**
- 9909 Mira Mesa Blvd, Suite 200
  - San Diego, CA 92131

**Kearny Mesa**
- 7910 Frost Street
  - San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
  - Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway, Suite 100
  - Temecula, CA 92592
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Psychology

Kriston B. Schellinger, PhD
Psychologist

**Specialty:**
Psychology

**La Jolla - Genesee Avenue**  
**Scripps Ranch - Mira Mesa Blvd**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Scripps Ranch: (858) 657-7750  
Direct Clinic Line - La Jolla: (858) 657-8600

**Bio:**
Kriston Schellinger, PhD, is a licensed clinical psychologist who provides care for mental health concerns in the family medicine setting. She treats individuals of all ages for mental health issues such as depression, anxiety and substance use disorders, or other behavioral changes.
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