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Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

William J. Ackerman, MD
Primary Care Physician for Concierge Medicine Patients
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
William Ackerman, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care, diagnosis, and treatment of acute and chronic diseases.

Unna Albers (Formerly McPherson), MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Korean

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Unna McPherson Albers, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. In 2009, 2011-2014, Dr. Albers was named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Jody L. Adams-Renteria, MS, FNP-C
Family Nurse Practitioner

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Spanish

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Jody Adams-Renteria, MS, RN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for adults. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness.

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Sonia Bajwa-Dulai, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Hindi, Punjabi

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.

Arthi Balu, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Arthi Balu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Balu treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Sam Baroudi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Arabic, French

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Edward David Brown, MD
Primary Care Physician for Concierge Medicine Patients
Medical Director, Concierge Medicine
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Edward David Brown, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

**Karen Cadman, MD**
Primary Care Physician  
Assistant Clinical Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 697-3000

**Bio:**  
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

**Lynette Cederquist, MD**
Professor of Medicine  
Pain Management Specialist

**Specialties:**  
Internal Medicine, Pain Management

**Add'l Language:**  
Spanish

**Hillcrest - 4th & Lewis Medical Offices**  
**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

**Bio:**  
Lynette Cederquist, MD, is a hospice and and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cederquist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

**Jessica J. Chen, MD**
Primary Care Physician  
Clinical Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine

**Add'l Languages:**  
Chinese, Taiwanese

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

**Bio:**  
Jessica Chen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

**Maribeth Chong, MD**
Primary Care Physician  
Affiliated Provider

**Specialties:**  
Primary Care, Internal Medicine

**Add'l Language:**  
Tagalog

**Carlsbad - 6260 El Camino Real**

**Contact:**  
Direct Clinic Line: (760) 434-6060

**Bio:**  
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.
Jennifer DeConde, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Jennifer DeConde, MD, is a board-certified internal medicine physician. She provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Joseph Diaz, MD
Primary Care Physician

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Joseph Diaz, MD, is an internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He is dedicated to developing long-term relationships and getting to know his patients.

Rodrigo J. Fernandez, MD
Primary Care Physician

Chula Vista - 4th Avenue

Contact:
Direct Clinic Line: (619) 476-9054

Bio:
Rodrigo Fernandez, MD, is a board-certified physician providing primary care in Chula Vista. He is a member of UC San Diego Health Physician Network.
Internal Medicine (cont.)

Alma Harb, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

Add'l Languages:
Arabic, French, Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Deanna Hill, MD
Primary Care Physician
Associate Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Deanna Hill, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in San Diego Magazine's "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.
Amy Huang, MD, MPH
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Mandarin, Taiwanese

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Amy Huang, MD, is board-certified in internal medicine and pediatrics. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in preventive medicine and is passionate about global health and medical education.

Mary Jaramillo, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Simerjot K Jassal, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Punjabi, Spanish

Hillcrest - UC San Diego Medical Center

Contact:
Registration and Scheduling: (800) 926-8273

Bio:
Simerjot K. Jassal, MD, is a primary care physician who provides services for a wide range of health issues including hypertension, diabetes, infection, liver and lung disease, and cancer. She personally cares for continuity patients and oversees medical residents who deliver services to women veterans at VA San Diego Healthcare System, and serves as an inpatient ward attending at both VA San Diego and UC San Diego Medical Center. At this time, patients cannot schedule an appointment with Dr. Jassal as she is a hospital medicine attending physician only.

Jeffrey D. Jenks, MD, MPH
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Infectious Diseases

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Jeffrey Jenks, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Jenks also has advanced training in infectious diseases and a special interest in treating tuberculosis.
Internal Medicine (cont.)

Christina Le, MD
Primary Care Physician
Associate Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line:: (858) 657-8000

Bio:
Christina Le, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Le has special training in infectious diseases and provides comprehensive travel medicine services for adults. These include pre-travel medical evaluations, vaccinations, medications and preventive measures for travel-related illnesses and post-travel medical care.

Steven Li, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line:: (858) 249-5400

Bio:
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.

Neil Levine, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (760) 697-3000

Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Tony Lopez, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line:: (858) 657-8000

Bio:
Tony Lopez, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Ottar Viker Lunde, MD
Chief, General Internal Medicine Clinical Service
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Norwegian, Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Ottar V. Lunde, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care as well as the diagnosis and treatment of acute and chronic diseases. Dr. Lunde has a special interest in heart failure, sleep medicine and weight loss counseling. He serves as chief of the general internal medicine clinical service for UC San Diego Health.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics
Subspecialty:
General Pediatrics
Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health’s pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Internal Medicine (cont.)

Nicole Mandich, MD  
Primary Care Physician

Specialties:  
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 249-5400

Bio:  
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.

Leslie Martin, MD  
Primary Care Physician

Professor of Medicine

Specialties:  
Primary Care, Internal Medicine

Add'l Language:  
Cantonese

La Jolla - 8939 Villa La Jolla Drive

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:  
Leslie Martin, MD, is a board-certified internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ramona Master, MD  
Primary Care Physician for Concierge Medicine Patients

Specialties:  
Concierge Medicine, Internal Medicine, Primary Care

Add'l Language:  
Gujarati

La Jolla - 8899 University Center Lane

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-5000

Bio:  
Ramona Master, MD, is a board-certified internal medicine doctor. Dr. Master treats adults through the concierge medicine program at UC San Diego Health, where she specializes in preventive medicine and chronic disease management. Concierge Medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

Christyanne Maxson, MD  
Primary Care Physician

Affiliated Provider

Specialties:  
Primary Care, Internal Medicine

La Jolla - 9850 Genesee Avenue

Contact:  
Bio:  
Christyanne Maxson, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Internal Medicine (cont.)

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Lucy D. Moore, MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan J. Moran, MD, MPH
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Ryan Moran, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive and geriatric care. He also diagnoses and treats acute and chronic diseases such as diabetes and heart disease.
Internal Medicine (cont.)

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Vista - Sycamore Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Elizabeth Salada, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Poway - 15611 Pomerado Rd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 312-5492

Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.

Bernice Ruo, MD, FACP
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Bernice Ruo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has expertise in caring for individuals with chronic conditions such as hypertension, diabetes and heart disease.

Armelia Sani, MD, FACP
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Indonesian

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Armelia Sani, MD, is a board-certified internal medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Julie R. Sierra, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Julie Sierra, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sierra treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Amy Sitapati, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Amy M. Sitapati, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sitapati believes that the best health is achieved through life balance, patient empowerment, a good physician relationship, and integrated care.

Ryan W. Stewart, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties: Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real
Contact: Direct Clinic Line: (619) 232-3500

Bio: Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Michelle Uttaburanont, MD
Primary Care Physician

Specialties: Primary Care, Internal Medicine

Temecula - 31150 Temecula Parkway
Contact: Direct Clinic Line: (951) 225-6827

Bio: Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties: Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio: Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lisa Wastila, MD
Primary Care Physician
Professor of Medicine

Specialties: Primary Care, Internal Medicine
Add'l Language: German

La Jolla - 8939 Villa La Jolla Drive
Contact: Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio: Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Melissa A. Wong, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.

Pearl Yu, MD, Pharm D
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Cantonese, Mandarin

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Pearl Yu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Psychology

Natacha Akshoomoff, PhD
Neuropsychologist
Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-1213

Bio:
Natacha Akshoomoff, PhD, is a licensed clinical psychologist who specializes in pediatric neuropsychology. She has extensive expertise and experience in the diagnosis and assessment of neurodevelopmental disorders, such as autism spectrum disorder, attention deficit hyperactivity disorder, and learning disorders (reading, math, writing). She conducts assessments with children, teens, and college students. She also works with children who are at risk of having learning and behavioral challenges, including children born preterm and children with medical and neurological conditions.

Carlos Alarid, PsyD
Psychologist

Specialty:
Psychology
Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9250
Direct Clinic Line - Sorrento Valley: (858) 249-5400

Bio:
Carlos Alarid, PsyD, is a licensed clinical psychologist who treats people with trauma, depression, anxiety, substance abuse and chronic pain. In caring for his patients, Dr. Alarid collaboratively works alongside their primary care physician in the family medicine setting. He provides individual therapy using cognitive behavioral therapy and acceptance and commitment therapy.

Tracy Alderman, PhD
Psychologist

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Tracy Alderman, PhD is a licensed clinical psychologist. She has decades of experience in the treatment of self-injury, trauma, substance abuse, anxiety, ADHD, depression, and crisis management.
Psychology (cont.)

Katherine J. Bangen, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Katherine Bangen, PhD, is a licensed clinical psychologist who treats older adults with neurological and psychiatric disorders. Her expertise is in conducting clinical neuropsychological evaluations that can help identify root causes of neurological or cognitive problems. Dr. Bangen is part of the Memory, Aging and Resilience Clinic (MARC), a multi-disciplinary team providing comprehensive cognitive, emotional and physical health evaluations of older adults.

Sarah Banks, PhD
Neuropsychologist

Specialty:
Psychology

La Jolla - East Campus Office Building (ECOB)

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8540

Bio:
Sarah Banks, PhD, is a board-certified neuropsychologist who treats patients with neurodegenerative conditions such as Alzheimer’s disease, frontotemporal dementia, primary progressive aphasia and mild cognitive impairment. She also serves as director of neuropsychology at the multidisciplinary Memory Disorders Clinic.

Molly Berman, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialties:
Psychology, Cancer
Subspecialty:
Psychosocial Oncology

Moore's Cancer Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Patient & Family Support Services: (858) 822-5381
Direct Clinic Line: (858) 534-7792

Bio:
Molly Berman, PsyD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moore's Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or interfering with cancer treatment. In addition, she also works with the cystic fibrosis team and provides evidence-based treatments (such as cognitive behavioral therapy or acceptance and commitment therapy) to cystic fibrosis patients.

Lisa J. Black, PsyD
Psychologist

Specialty:
Psychology

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9260

Bio:
Lisa Black, PsyD, is a licensed clinical psychologist. She sees patients in the primary care setting where she collaborates closely with medical teams to deliver integrative care that addresses each person's unique needs. This multidisciplinary approach to care helps her identify the most effective treatment options for mental health and neurological related challenges.
Psychology (cont.)

Christopher R. Booth, PsyD
Psychologist

Specialty: Psychology
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Christopher Booth, PsyD, is a licensed psychologist who sees people with obsessive compulsive disorders (OCD) and OCD-related disorders, including hoarding disorder, body dysmorphic disorder, hair pulling, skin picking and tic disorders. He is also part of UC San Diego Health’s comprehensive and compassionate mental health services for children and teenagers.

Veronica Cardenas, PhD
Psychologist
Assistant Clinical Professor of Psychiatry

Specialties: Psychology, Cancer
Subspecialty: Psychosocial Oncology
Add'l Language: Spanish
Moores Cancer Center
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381
Bio: Veronica Cardenas, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or are interfering with cancer treatment.

Donna Cook Corbett, PsyD
Psychologist

Hillcrest - 140 Arbor Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Bio: Donna C. Corbett, PsyD, is a licensed psychologist who helps people cope more effectively with life issues and mental health problems. Dr. Corbett is one of the psychologists with UC San Diego Health’s early psychosis program, which specializes in treating adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental health issues.

Lisa Delano-Wood, PhD
Psychologist
Associate Professor

Specialty: Psychology
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Lisa Delano-Wood, PhD, is a licensed clinical psychologist who directs UC San Diego Health’s Memory, Aging and Resilience Clinic (MARC). The clinic provides comprehensive cognitive, emotional and physical health evaluation of older adults. She conducts clinical neuropsychological evaluations of individuals with a wide range of neurological and psychiatric disorders.
Psychology (cont.)

**Maya S. D'Eon, PhD**  
Psychologist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Maya D'Eon, PhD, is a licensed clinical psychologist who helps individuals with mood disorders (such as depression and anxiety), chronic pain and chronic medical conditions that can impact mental health.

**Emily C. Edmonds, PhD**  
Neuropsychologist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Emily C. Edmonds, PhD, is a licensed clinical neuropsychologist who specializes in assessing older adults with neurological and psychiatric disorders, particularly Alzheimer's disease and other forms of dementia.

**Jamie M. Gannon, PhD**  
Psychologist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Jamie Gannon PhD, is a licensed clinical psychologist who treats college students and adults with a variety of mental health issues, such as depression, anxiety and substance use disorders (addiction).

**Amanda L. Gooding, PhD**  
Psychologist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychology  
**Add'l Language:**  
Spanish

**Hillcrest - UC San Diego Medical Center**  
Jacobs Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Amanda Gooding, PhD, is a licensed clinical psychologist who specializes in neuropsychological assessments of individuals with neurological and psychiatric disorders.
Psychology (cont.)

Meghan Hammel, PhD  
Psychologist  
Specialty: Psychology  
La Jolla - 8950 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
Bio:  
Meghan Hammel, PhD, is a licensed clinical psychologist who provides therapy to women struggling with perinatal depression and anxiety disorders before and after childbirth.

Katia M. Harlé, PhD  
Psychologist  
Assistant Professor of Psychiatry  
Specialty: Psychology  
Add'l Language: French  
La Jolla - 8950 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
Bio:  
Katia Harlé, PhD, is a licensed clinical psychologist who treats adults with substance use disorders, depression and anxiety. She specializes in cognitive behavioral therapy and neuropsychological assessments to evaluate a broad range of cognitive and behavioral issues resulting from brain dysfunction.

Jessica A. Hughes, PhD  
Psychologist  
Assistant Professor of Psychiatry  
Specialty: Psychology  
Add'l Language: Spanish  
La Jolla - 8950 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
Bio:  
Jessica Hughes, PhD, is a licensed clinical psychologist who specializes in couples, individual and group therapy. Her practice emphasizes evidence-based treatments, including integrative behavioral couples therapy (IBCT) and emotion focused therapy (EFT). She also conducts psychological assessments.

Patricia A. Judd, PhD  
Director, Addiction Treatment and Recovery  
Professor of Psychiatry  
Specialty: Psychology  
La Jolla - 8950 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
Bio:  
Patricia A. Judd, PhD, is a licensed clinical psychologist who specializes in evaluating and assessing mental health conditions. She focuses on individual and couples therapy for those struggling with substance use and other mental health disorders. She also works with individuals and couples with personality disorders.
Psychology (cont.)

Eve Lasswell, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Eve Lasswell, PsyD, is a licensed clinical psychologist who treats adults with substance use and co-occurring disorders. Dr. Lasswell is part of UC San Diego Health's Addiction Recovery and Treatment Services, which uses a harm-reduction approach to provide care for all stages of recovery from substance use disorders. She treats patients with co-occurring mental health and substance abuse disorders in the Intensive Outpatient Program. Throughout the treatment process, she helps adults recover from addiction by encouraging behaviors that build wellness and emotional resilience.

Sarah E. Linke, PhD, MPH
Psychologist
Assistant Professor of Family Medicine and Public Health

Specialty:
Psychology

La Jolla - 8939 Villa La Jolla Drive
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sarah E. Linke, PhD, is a licensed clinical psychologist who specializes in behavioral medicine, particularly the role of health behaviors in health problems.

Zephon Lister, PhD, LMFT
Assistant Clinical Professor
Director of Collaborative Care Program

Specialty:
Psychology

La Jolla - 9333 Genesee Avenue
Hillcrest - UC San Diego Medical Center
Hillcrest - 4th & Lewis Medical Offices
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273

Bio:
Zephon Lister, PhD, LMFT, is an assistant clinical professor and director of the Collaborative Care Program. He provides initial psychological assessment and therapy for individuals and couples that are facing an array of presenting issues. He works closely with multidisciplinary clinicians to provide a holistic approach to care.

Ian Lowe, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ian Lowe, PsyD, is a licensed clinical psychologist. He provides initial psychological assessment and therapy for individuals and couples that are facing an array of presenting issues. He works closely with multidisciplinary clinicians to provide a holistic approach to care.
Psychology (cont.)

Brent T. Mausbach, PhD
Clinical Psychologist
Associate Professor

**Specialties:**
Psychology, Cancer

**Subspecialty:**
Psychosocial Oncology

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

**Bio:**
Brent T. Mausbach, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, he provides psychological assessment, diagnosis or ongoing therapy for patient and families who are experiencing issues that are either related to the cancer experience or are interfering with cancer treatment.

Emily Meier, PhD
Psychologist
Assistant Professor Psychiatry

**Specialties:**
Psychology, Cancer

**Subspecialty:**
Psychosocial Oncology

**Moores Cancer Center**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

**Bio:**
Emily Meier, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or interfering with cancer treatment. In individual or group psychotherapy, she focuses on issues including depression, anxiety, communication, stress reduction, insomnia, grief or other psychological or emotional issues.

Carrie R. McDonald, PhD
Neuropsychologist
Professor of Psychiatry and Adjunct Professor of Radiation Medicine and Applied Sciences

**Specialty:**
Psychology

**La Jolla - PET/CT Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Carrie R. McDonald, PhD, is a neuropsychologist who conducts assessments in people who display behavioral or cognitive difficulties or changes that are significant enough to interfere with their daily living or development. These changes may be a result of injury, accident or disease.
Psychology (cont.)

**Arpi Minassian, PhD**
Psychologist  
Clinical Professor of Psychiatry

**Specialty:** Psychology  
**Add'l Languages:** Armenian, French

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Arpi Minassian, PhD, is a licensed psychologist who helps people who are experiencing difficulties with chronic medical conditions or with mental, emotional and behavioral disorders. She works with patients at UC San Diego Health's Burn Center and Pulmonary Rehabilitation Program, as well as with people experiencing chronic pain and those awaiting organ transplantation. Dr. Minassian's expertise includes psychological assessment and individual and group psychotherapy (also called talk therapy) for adults and children.

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**Heline Mirzakhanian, PhD**
Psychologist  
Assistant Professor of Psychiatry

**Specialty:** Psychology  
**Add'l Languages:** Armenian, Farsi, German

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-7745

**Bio:**
Heline Mirzakhanian, PhD, is a licensed clinical psychologist who helps people cope more effectively with life issues and mental health problems. Dr. Mirzakhanian is the clinical director of UC San Diego Health's [early psychosis program](#), which specializes in treating adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental health issues. Dr. Mirzakhanian's expertise is in treating individuals with early symptoms of psychosis; schizophrenia; and bipolar disorder with psychotic features.
Psychology (cont.)

Tanya T. Nguyen, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - UC San Diego Medical Center
Hillcrest - 410 Dickinson Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Senior Behavioral Health Intensive Outpatient Program: (619) 471-3877
Direct Clinic Line - Senior Behavioral Health (Inpatient): (619) 543-3772

Bio:
Tanya T. Nguyen, PhD, is a licensed clinical psychologist who treats older adults with neurological and psychiatric disorders. Her expertise is in conducting neuropsychological evaluations to help determine causes of neurological or cognitive problems, identify an individual's cognitive strengths and weaknesses, and inform treatment decisions.

Yuliana Noniyeva, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Add'l Languages:
Russian, Spanish

La Jolla - 8950 Villa La Jolla Drive
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Yuliana Noniyeva, PhD, is a licensed clinical psychologist who treats a range of mental health disorders, including anxiety, depression and attention-deficit/hyperactivity disorder (ADHD). She is part of the college mental health program, which addresses the unique mental health and psychiatric issues of college students in our San Diego community.

Marc A. Norman, PhD
Psychologist
Professor of Psychiatry

Specialty:
Psychology

Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Marc A. Norman, PhD, is a licensed psychologist and board-certified clinical neuropsychologist providing care for adults with neurological and psychiatric disorders. He is a part of the Neuropsychological Assessment program at UC San Diego Health, and conducts evaluations in people impacted by stroke, traumatic brain injury, brain tumors, neurodevelopmental injuries, concussions, dementia, memory disorders, and other cognitive issues.

Henry J. Orff, PhD
Psychologist

Specialties:
Psychology, Sleep Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Henry J. Orff, PhD, is a licensed clinical psychologist whose expertise is in behavioral sleep medicine. As part of UC San Diego Health's Sleep Medicine Center, he evaluates and treats sleep disorders by addressing problematic behavioral, psychological, and/or physiological factors that interfere with sleep.
Psychology (cont.)

Jessie S. Park, PsyD
Psychologist

Specialty:
Psychology
Add'l Language:
Korean

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 140 Arbor Drive
La Jolla - Perlman Medical Offices
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessie Park, PsyD, is a licensed clinical psychologist who specializes in treating adults with co-occurring medical and psychiatric conditions, such as chronic pain and obesity. Dr. Park is the lead psychologist at UC San Diego Health's Center for Pain Medicine, its Bariatric and Metabolic Institute and its psychiatry intensive outpatient program for chronic pain. She also conducts psychoeducational evaluations for students and fitness for duty evaluations for physicians at UC San Diego, and has experience with cancer-related pain.

Veronica B. Perez, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Veronica B. Perez, PhD, is a licensed clinical psychologist who helps people cope more effectively with life issues and mental health problems. Dr. Perez is one of the psychologists with UC San Diego Health's early psychosis program, which specializes in treating adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental health issues.

William Perry, PhD
Psychologist
Vice Chair for Program Development and Operations for the Department of Psychiatry
Professor of Psychiatry

Specialty:
Psychology

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7992

Bio:
William Perry, PhD, is a licensed clinical psychologist and neuropsychologist. He is also a professor and vice chair for Program Development and Operations for the Department of Psychiatry and co-director of the Division of Clinical Psychiatry.
Psychology (cont.)

Kriston B. Schellinger, PhD
Psychologist

Specialty: Psychology

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Kriston Schellinger, PhD, is a licensed clinical psychologist who provides care for mental health concerns in the family medicine setting. She treats individuals of all ages for mental health issues such as depression, anxiety and substance use disorders, or other behavioral changes.

William J Sieber, PhD
Clinical Psychologist
Associate Clinical Professor

Specialty: Psychology

Hillcrest - 4th & Lewis Medical Offices
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Sieber is on the faculty at the University of California, San Diego in the Department of Family & Preventive Medicine as well as Department of Psychiatry. Dr. Sieber serves as Research Director for the division of Family Medicine. He helps coordinate the Collaborative Care program, delivering clinical services and supervising that of others for the benefit of primary care patients often struggling with chronic illness. Dr. Sieber serves as a reviewer for nearly a dozen peer-reviewed medical journals, has been a consultant to the biotech and pharmaceutical industry, has presented to tens of thousands of health care providers on topics of stress, burnout, and health promotion, and as a licensed psychologist has provided and supervised the delivery of services for over 20 years in a variety of medical settings.

Katrin Seifert, PsyD
Psychologist
Assistant Professor of Family Medicine and Public Health

Specialty: Psychology

La Jolla - 8939 Villa La Jolla Drive
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8000
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Katrin Seifert, PsyD, is a board-certified clinical health psychologist who provides mental and behavioral health services in the primary care setting. She sees patients who have been referred to her by their UC San Diego Health primary care physician.
Psychology (cont.)

Wendy G. Tayer, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Wendy Tayer, PhD, is a licensed psychologist who helps people cope more effectively with mental health problems, including life stressors and adaptational challenges. As a trained health psychologist, Dr. Tayer’s expertise involves helping people make behavioral choices that promote better health and prevent illness. She specializes in treating chronic illness and pain, anxiety and depression.
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