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Psychology

Natacha Akshoomoff, PhD
Neuropsychologist
Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-1213

Bio:
Natacha Akshoomoff, PhD, is a licensed clinical psychologist who specializes in pediatric neuropsychology. She has extensive expertise and experience in the diagnosis and assessment of neurodevelopmental disorders, such as autism spectrum disorder, attention deficit hyperactivity disorder, and learning disorders (reading, math, writing). She conducts assessments with children, teens, and college students. She also works with children who are at risk of having learning and behavioral challenges, including children born preterm and children with medical and neurological conditions.

Carlos Alarid, PsyD
Psychologist

Specialty:
Psychology
Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9250
Direct Clinic Line - Sorrento Valley: (858) 249-5400

Bio:
Carlos Alarid, PsyD, is a licensed clinical psychologist who treats people with trauma, depression, anxiety, substance abuse and chronic pain. In caring for his patients, Dr. Alarid collaboratively works alongside their primary care physician in the family medicine setting. He provides individual therapy using cognitive behavioral therapy and acceptance and commitment therapy.

Tracy Alderman, PhD
Psychologist

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Tracy Alderman, PhD is a licensed clinical psychologist. She has decades of experience in the treatment of self-injury, trauma, substance abuse, anxiety, ADHD, depression, and crisis management.
Psychology (cont.)

Katherine J. Bangen, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Katherine Bangen, PhD, is a licensed clinical psychologist who treats older adults with neurological and psychiatric disorders. Her expertise is in conducting clinical neuropsychological evaluations that can help identify root causes of neurological or cognitive problems. Dr. Bangen is part of the Memory, Aging and Resilience Clinic (MARC), a multi-disciplinary team providing comprehensive cognitive, emotional and physical health evaluations of older adults.

Sarah Banks, PhD
Neuropsychologist

Specialty:
Psychology

La Jolla - East Campus Office Building (ECOB)

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8540

Bio:
Sarah Banks, PhD, is a board-certified neuropsychologist who treats patients with neurodegenerative conditions such as Alzheimer’s disease, frontotemporal dementia, primary progressive aphasia and mild cognitive impairment. She also serves as director of neuropsychology at the multidisciplinary Memory Disorders Clinic.

Molly Berman, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialties:
Psychology, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Patient & Family Support Services: (858) 822-5381
Direct Clinic Line: (858) 534-7792

Bio:
Molly Berman, PsyD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or interfering with cancer treatment. In addition, she also works with the cystic fibrosis team and provides evidence-based treatments (such as cognitive behavioral therapy or acceptance and commitment therapy) to cystic fibrosis patients.

Lisa J. Black, PsyD
Psychologist

Specialty:
Psychology

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9260

Bio:
Lisa Black, PsyD, is a licensed clinical psychologist. She sees patients in the primary care setting where she collaborates closely with medical teams to deliver integrative care that addresses each person’s unique needs. This multidisciplinary approach to care helps her identify the most effective treatment options for mental health and neurological related challenges.
Psychology (cont.)

Christopher R. Booth, PsyD
Psychologist

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-7792

Bio:
Christopher Booth, PsyD, is a licensed psychologist who sees people with obsessive compulsive disorders (OCD) and OCD-related disorders, including hoarding disorder, body dysmorphic disorder, hair pulling, skin picking and tic disorders. He is also part of UC San Diego Health's comprehensive and compassionate mental health services for children and teenagers.

Donna Cook Corbett, PsyD
Psychologist

Specialty:
Psychology

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (619) 543-7745

Bio:
Donna C. Corbett, PsyD, is a licensed psychologist who helps people cope more effectively with life issues and mental health problems. Dr. Corbett is one of the psychologists with UC San Diego Health's early psychosis program, which specializes in treating adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental health issues.

Veronica Cardenas, PhD
Psychologist
Assistant Clinical Professor of Psychiatry

Specialties:
Psychology, Cancer

Subspecialty:
Psychosocial Oncology

Add'l Language:
Spanish

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 822-5381

Bio:
Veronica Cardenas, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or are interfering with cancer treatment.

Lisa Delano-Wood, PhD
Psychologist
Associate Professor

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-7792

Bio:
Lisa Delano-Wood, PhD, is a licensed clinical psychologist who directs UC San Diego Health's Memory, Aging and Resilience Clinic (MARC). The clinic provides comprehensive cognitive, emotional and physical health evaluation of older adults. She conducts clinical neuropsychological evaluations of individuals with a wide range of neurological and psychiatric disorders.
Psychology (cont.)

Maya S. D'Eon, PhD
Psychologist
Assistant Professor of Psychiatry

**Specialty:**
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Maya D’Eon, PhD, is a licensed clinical psychologist who helps individuals with mood disorders (such as depression and anxiety), chronic pain and chronic medical conditions that can impact mental health.

Emily C. Edmonds, PhD
Neuropsychologist
Assistant Professor of Psychiatry

**Specialty:**
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Emily C. Edmonds, PhD, is a licensed clinical neuropsychologist who specializes in assessing older adults with neurological and psychiatric disorders, particularly Alzheimer's disease and other forms of dementia.

Jamie M. Gannon, PhD
Psychologist
Assistant Professor of Psychiatry

**Specialty:**
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Jamie Gannon PhD, is a licensed clinical psychologist who treats college students and adults with a variety of mental health issues, such as depression, anxiety and substance use disorders (addiction).

Amanda L. Gooding, PhD
Psychologist
Assistant Professor of Psychiatry

**Specialty:**
Psychology

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center
Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Amanda Gooding, PhD, is a licensed clinical psychologist who specializes in neuropsychological assessments of individuals with neurological and psychiatric disorders.
Psychology (cont.)

**Meghan Hammel, PhD**  
Psychologist  
Specialty: Psychology  
La Jolla - 8950 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
Bio:  
Meghan Hammel, PhD, is a licensed clinical psychologist who provides therapy to women struggling with perinatal depression and anxiety disorders before and after childbirth.

**Katia M. Harlé, PhD**  
Psychologist  
Assistant Professor of Psychiatry  
Specialty: Psychology  
Add'l Language: French  
La Jolla - 8950 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
Bio:  
Katia Harlé, PhD, is a licensed clinical psychologist who treats adults with substance use disorders, depression and anxiety. She specializes in cognitive behavioral therapy and neuropsychological assessments to evaluate a broad range of cognitive and behavioral issues resulting from brain dysfunction.

**Jessica A. Hughes, PhD**  
Psychologist  
Assistant Professor of Psychiatry  
Specialty: Psychology  
Add'l Language: Spanish  
La Jolla - 8950 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
Bio:  
Jessica Hughes, PhD, is a licensed clinical psychologist who specializes in couples, individual and group therapy. Her practice emphasizes evidence-based treatments, including integrative behavioral couples therapy (IBCT) and emotion focused therapy (EFT). She also conducts psychological assessments.

**Patricia A. Judd, PhD**  
Director, Addiction Treatment and Recovery  
Professor of Psychiatry  
Specialty: Psychology  
La Jolla - 8950 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
Bio:  
Patricia A. Judd, PhD, is a licensed clinical psychologist who specializes in evaluating and assessing mental health conditions. She focuses on individual and couples therapy for those struggling with substance use and other mental health disorders. She also works with individuals and couples with personality disorders.
Psychology (cont.)

Eve Lasswell, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Eve Lasswell, PsyD, is a licensed clinical psychologist who treats adults with substance use and co-occurring disorders. Dr. Lasswell is part of UC San Diego Health's addiction treatment program, which uses a harm-reduction approach to provide care for all stages of recovery from substance use disorders. Throughout the treatment process, she helps adults recover from addiction by encouraging behaviors that build wellness and emotional resilience.

Sarah E. Linke, PhD, MPH
Psychologist
Assistant Professor of Family Medicine and Public Health

Specialty:
Psychology

La Jolla - 8939 Villa La Jolla Drive
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sarah E. Linke, PhD, is a licensed clinical psychologist who specializes in behavioral medicine, particularly the role of health behaviors in health problems.

Zephon Lister, PhD, LMFT
Assistant Clinical Professor
Director of Collaborative Care Program

Specialty:
Psychology

La Jolla - 9333 Genesee Avenue
Hillcrest - UC San Diego Medical Center
Hillcrest - 4th & Lewis Medical Offices
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273

Bio:
Zephon Lister, PhD, LMFT, is an assistant clinical professor and director of the Collaborative Care Program. He provides initial psychological assessment and therapy for individuals and couples that are facing an array of presenting issues. He works closely with multidisciplinary clinicians to provide a holistic approach to care.

Ian Lowe, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ian Lowe, PsyD, is a licensed clinical psychologist. He provides initial psychological assessment and therapy for individuals and couples that are facing an array of presenting issues. He works closely with multidisciplinary clinicians to provide a holistic approach to care.
Psychology (cont.)

Brent T. Mausbach, PhD
Clinical Psychologist
Associate Professor

Specialties:
Psychology, Cancer

Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Brent T. Mausbach, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, he provides psychological assessment, diagnosis or ongoing therapy for patient and families who are experiencing issues that are either related to the cancer experience or are interfering with cancer treatment.

Emily Meier, PhD
Psychologist
Assistant Professor Psychiatry

Specialties:
Psychology, Cancer

Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Emily Meier, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or interfering with cancer treatment. In individual or group psychotherapy, she focuses on issues including depression, anxiety, communication, stress reduction, insomnia, grief or other psychological or emotional issues.

Carrie R. McDonald, PhD
Neuropsychologist
Professor of Psychiatry and Adjunct Professor of Radiation Medicine and Applied Sciences

Specialty:
Psychology

La Jolla - PET/CT Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Carrie R. McDonald, PhD, is a neuropsychologist who conducts assessments in people who display behavioral or cognitive difficulties or changes that are significant enough to interfere with their daily living or development. These changes may be a result of injury, accident or disease.
Psychology (cont.)

Arpi Minassian, PhD
Psychologist
Clinical Professor of Psychiatry

Specialty:
Psychology

Add'l Languages:
Armenian, French

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Arpi Minassian, PhD, is a licensed psychologist who helps people who are experiencing difficulties with chronic medical conditions or with mental, emotional and behavioral disorders. She works with patients at UC San Diego Health's Burn Center and Pulmonary Rehabilitation Program, as well as with people experiencing chronic pain and those awaiting organ transplantation. Dr. Minassian’s expertise includes psychological assessment and individual and group psychotherapy (also called talk therapy) for adults and children.

Heline Mirzakhanian, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Add'l Languages:
Armenian, Farsi, German

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Heline Mirzakhanian, PhD, is a licensed clinical psychologist who helps people cope more effectively with life issues and mental health problems. Dr. Mirzakhanian is the clinical director of UC San Diego Health’s early psychosis program, which specializes in treating adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental health issues. Dr. Mirzakhanian’s expertise is in treating individuals with early symptoms of psychosis; schizophrenia; and bipolar disorder with psychotic features.
Psychology (cont.)

Tanya T. Nguyen, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - UC San Diego Medical Center
Hillcrest - 410 Dickinson Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Senior Behavioral Health Intensive Outpatient Program: (619) 471-3877
Direct Clinic Line - Senior Behavioral Health (Inpatient): (619) 543-3772

Bio:
Tanya T. Nguyen, PhD, is a licensed clinical psychologist who treats older adults with neurological and psychiatric disorders. Her expertise is in conducting neuropsychological evaluations to help determine causes of neurological or cognitive problems, identify an individual's cognitive strengths and weaknesses, and inform treatment decisions.

Marc A. Norman, PhD
Psychologist
Professor of Psychiatry

Specialty:
Psychology

Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Marc A. Norman, PhD, is a licensed psychologist and board-certified clinical neuropsychologist providing care for adults with neurological and psychiatric disorders. He is a part of the Neuropsychological Assessment program at UC San Diego Health, and conducts evaluations in people impacted by stroke, traumatic brain injury, brain tumors, neurodevelopmental injuries, concussions, dementia, memory disorders, and other cognitive issues.

Yuliana Noniyeva, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Add'l Languages:
Russian, Spanish

La Jolla - 8950 Villa La Jolla Drive
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Yuliana Noniyeva, PhD, is a licensed clinical psychologist who treats a range of mental health disorders, including anxiety, depression and attention-deficit/hyperactivity disorder (ADHD). She is part of the college mental health program, which addresses the unique mental health and psychiatric issues of college students in our San Diego community.

Henry J. Orff, PhD
Psychologist

Specialties:
Psychology, Sleep Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Henry J. Orff, PhD, is a licensed clinical psychologist whose expertise is in behavioral sleep medicine. As part of UC San Diego Health’s Sleep Medicine Center, he evaluates and treats sleep disorders by addressing problematic behavioral, psychological, and/or physiological factors that interfere with sleep.
Psychology (cont.)

Jessie S. Park, PsyD
Psychologist

Specialty:
Psychology
Add'l Language:
Korean

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 140 Arbor Drive
La Jolla - Perlman Medical Offices
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessie Park, PsyD, is a licensed clinical psychologist who specializes in treating adults with co-occurring medical and psychiatric conditions, such as chronic pain and obesity. Dr. Park is the lead psychologist at UC San Diego Health’s Center for Pain Medicine, its Bariatric and Metabolic Institute and its psychiatry intensive outpatient program for chronic pain. She also conducts psychoeducational evaluations for students and fitness for duty evaluations for physicians at UC San Diego, and has experience with cancer-related pain.

Veronica B. Perez, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Veronica B. Perez, PhD, is a licensed clinical psychologist who helps people cope more effectively with life issues and mental health problems. Dr. Perez is one of the psychologists with UC San Diego Health’s early psychosis program, which specializes in treating adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental health issues.

William Perry, PhD
Psychologist
Vice Chair for Program Development and Operations for the Department of Psychiatry
Professor of Psychiatry

Specialty:
Psychology

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7992

Bio:
William Perry, PhD, is a licensed clinical psychologist and neuropsychologist. He is also a professor and vice chair for Program Development and Operations for the Department of Psychiatry and co-director of the Division of Clinical Psychiatry.
Psychology (cont.)

Kriston B. Schellinger, PhD
Psychologist

Specialty:
Psychology

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Kriston Schellinger, PhD, is a licensed clinical psychologist who provides care for mental health concerns in the family medicine setting. She treats individuals of all ages for mental health issues such as depression, anxiety and substance use disorders, or other behavioral changes.

Katrin Seifert, PsyD
Psychologist
Assistant Professor of Family Medicine and Public Health

Specialty:
Psychology

La Jolla - 8939 Villa La Jolla Drive
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8000
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Katrin Seifert, PsyD, is a board-certified clinical health psychologist who provides mental and behavioral health services in the primary care setting. She sees patients who have been referred to her by their UC San Diego Health primary care physician.

William J Sieber, PhD
Clinical Psychologist
Associate Clinical Professor

Specialty:
Psychology

Hillcrest - 4th & Lewis Medical Offices
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Sieber is on the faculty at the University of California, San Diego in the Department of Family & Preventive Medicine as well as Department of Psychiatry. Dr. Sieber serves as Research Director for the division of Family Medicine. He helps coordinate the Collaborative Care program, delivering clinical services and supervising that of others for the benefit of primary care patients often struggling with chronic illness. Dr. Sieber serves as a reviewer for nearly a dozen peer-reviewed medical journals, has been a consultant to the biotech and pharmaceutical industry, has presented to tens of thousands of health care providers on topics of stress, burnout, and health promotion, and as a licensed psychologist has provided and supervised the delivery of services for over 20 years in a variety of medical settings.
Psychology (cont.)

Wendy G. Tayer, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Wendy Tayer, PhD, is a licensed psychologist who helps people cope more effectively with mental health problems, including life stressors and adaptational challenges. As a trained health psychologist, Dr. Tayer’s expertise involves helping people make behavioral choices that promote better health and prevent illness. She specializes in treating chronic illness and pain, anxiety and depression.
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