Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

### La Jolla
- 4510 and 4520 Executive Drive  
  San Diego, CA 92121
- 8910 Villa La Jolla Drive  
  La Jolla, CA 92037
- 8899 and 8929 University Center Lane  
  San Diego, CA 92122
- 8939 Villa La Jolla Drive  
  La Jolla, CA 92037
- 9333 Genesee Avenue  
  San Diego, CA 92121
- 8950 Villa La Jolla Drive  
  La Jolla, CA 92037
- 9350 Campus Point Drive  
  La Jolla, CA 92037

### Hillcrest
- **4th and Lewis Medical Offices**  
  330 Lewis Street  
  San Diego, CA 92103
- **Medical Offices North**  
  200 West Arbor Drive  
  San Diego, CA 92103
- **Medical Offices South**  
  4168 Front Street  
  San Diego, CA 92103
- **UC San Diego Medical Center**  
  200 West Arbor Drive  
  San Diego, CA 92103

### Encinitas
- **1200 Garden View Road**  
  Encinitas, CA 92024
- **477 North El Camino Real**  
  Encinitas, CA 92024

### Vista
- **910 Sycamore Avenue**  
  Vista, CA 92081

### Scripps Ranch
- **9909 Mira Mesa Blvd.**  
  San Diego, CA 92131

### Kearny Mesa
- 7910 Frost Street  
  San Diego, CA 92123

### Rady Children’s Hospital-San Diego
- 3020 Children’s Way  
  San Diego, CA 92123

### Chula Vista
- 959 Lane Avenue  
  Chula Vista, CA 91914

### Temecula
- 31720 Temecula Parkway  
  Temecula, CA 92592

### Sorrento Valley
- 4910 Directors Place  
  San Diego, CA 92121
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Psychology

Kriston B. Schellinger, PhD
Psychologist

Specialty:
Psychology

La Jolla - Genesee Avenue
Scripps Ranch - Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Kriston Schellinger, PhD, is a licensed clinical psychologist who provides care for mental health concerns in the family medicine setting. She treats individuals of all ages for mental health issues such as depression, anxiety and substance use disorders, or other behavioral changes.
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